

**MATA SUNDRI COLLEGE FOR WOMEN  
(UNIVERSITY OF DELHI)  
DEPARTMENT OF ELEMENTARY EDUCATION**

**Workshop: EXPLORING GENDER**

**Date: 18.01.2023**

**Time: 10:00 AM to 04:00 PM**

**Venue: Room No. 311**

**Participants: B. El. Ed. First Year Students**

**OBJECTIVES:**

1. To enable discussion on gender, gender binary, societal expectations of gender roles and stereotypes.
2. To work in a group to construct activities that addresses aspects of masculinity and femininity.
3. To provide understanding about gender and sex.
4. To increase awareness about gender equality and rights of all.

**REPORT:**

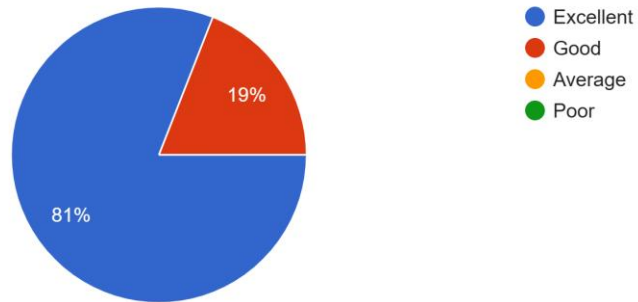
The workshop commenced with introduction of the resource persons, Dr. Indu Prakash Singh and Mr. Lokesh Jain. Their personal experiences and what led them to their work in this area laid the groundwork in introducing students to the theme. A quick ice breaking session was done to open up the students to their notions of gender and their expectations from the workshop. Students were divided into smaller groups and were told to select any woman character from the epics and describe their situation at that time. Students brainstormed within their groups and made interesting presentations about women's agency, their rights and struggle. The presentations were followed with questioning and interesting observations. Students discussed on women's rights, whether they are present or completely absent and the presence of the patriarchy system in the society. Post lunch break, the resource persons shared writings of famous men on women's roles and rights. Though they stood for equality and rights, but their definition of rights was limited to men's rights. The prevalence of sati and how it was a connected to economic control was also discussed. Students were also introduced to life history of Gargi and Maitreyi, and how they challenged the patriarchal practices during their times.

Issues faced by people and more so by women living in shelter homes was briefly discussed. This would be followed up in subsequent session later.

Dr. Manisha Subba  
Convenor

### How did you find the workshop?

42 responses



### How would you rate the resource persons who facilitated the session?

42 responses

