

WORKSHOP REPORT

Name of event - Online Workshop on Self in Social Context

Date and time of event- Sept 07, 2021 from 2:00- 4:00 pm

Location of event- Google meet

Number of participants- 29

Resource person - Ms. Kavita Arora (Co-founder and Director at Mittika)

Theme of the workshop- Self in Social Context

Organised by- Department of Elementary Education, Mata Sundri College for Women

Faculty members present-

Dr. Ravneet Kaur (convenor)

Ms. Neha Sharma (co- convenor)

Dr. Shubhneet Kaur Kharbanda

Dr. Jasmeet Kaur

An online workshop on the theme Self in Social Context was organised on September 7, 2021 by the Department of Elementary Education, Mata Sundri College for Women. It was attended by students of B. El. Ed. second year. The resource person for the workshop was Ms. Kavita Arora. She is the Co-founder & Director of Mittika- an organisation devoted to social services. The workshop commenced with an introductory note by Ms. Neha Sharma. She introduced the relevance of the theme in contemporary times. The workshop aimed at reflecting on our 'self' and its significance in our life. This was followed by a welcome address by Dr. Ravneet Kaur. She thanked the resource person for joining the session and enlightening the participants. Post that, Ms. Neha Sharma provided a comprehensive biographical sketch of the resource person and opened the session.

The first activity of the session was an ice-breaking activity in which the attendees were to tell others about their 'name' and what they like/ dislike about it, also citing the reason one by one. She further carried on with the session by giving another task which was an adaptation of *Name, Place, Animal and Thing* game. It required us to take on some personal views and responses from other participants. Then the participants were supposed to make an attractive A4 size *Visiting Card* reflecting on their identity issues and engaging with their personal life story. The participants, further, discussed their visiting cards in groups of four and noted down common pointers amongst them. Everybody then displayed their attractive visiting cards. Then, a discussion on self and identity and the need for self exploration through various instances and quotes took place and the real purpose of the workshop was served by pondering on the theme and its relevance. The significance of self-introspection and the ways to practice it were also discussed . The question of how we can know more about ourselves was also taken up. Eventually, a concluding remark for the guest speaker was delivered by Ms. Neha Sharma as a vote of thanks.


Poster for the Workshop

Mata Sundri College for Women
(University of Delhi)

Department of Elementary Education
Presents a Workshop on

SELF IN SOCIAL CONTEXT

For B.El.Ed Second Year Students
Date: September 7, 2021
Time: 2:00 to 4:00 p.m.
Google Meet: <https://meet.google.com/zkk-aquh-ggq>



Resource Person
Ms. Kavita Arora
Co-founder & Director, Mittika

Ms. Neha Sharma
(Co-Convenor)

Dr. Ravneet Kaur
(Convenor)

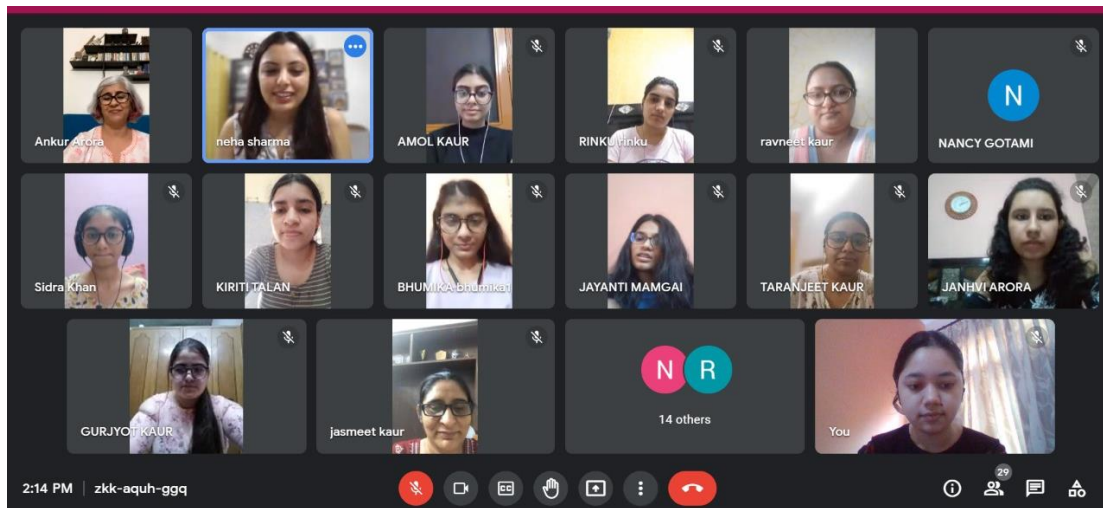
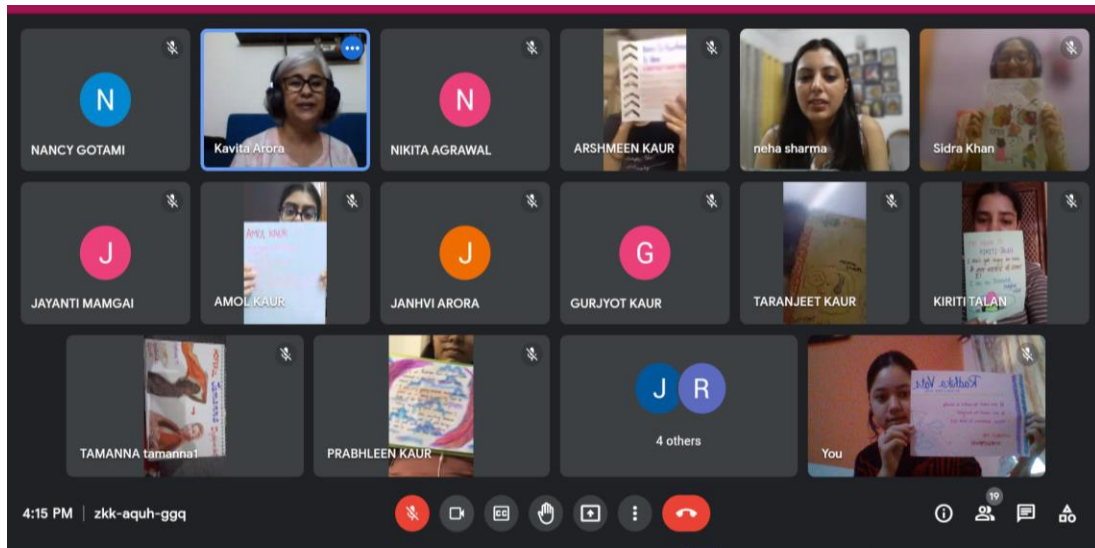
Prof. Harpreet Kaur
(Principal)

Some glimpses from the workshop

2:21 PM | zkk-aquh-ggq

Participants visible in the grid:

- neha sharma
- ravneet kaur
- KIRIT TALAN
- ARSHVEEN KAUR
- TARANJEET KAUR
- JAYANTI MAMGRI
- 23 others
- You



Report by:

Nikita Agrawal (B.El.Ed II year)

Radhika Vats (B.El.Ed II year)