



**Mata Sundri College for Women
(University of Delhi)
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/AQAR/22-23/4.1.2.

Ph: 2323729

- The College has a **sports ground** with total area of **80X35 meters** with cemented elevated ramp.
- It has a **stage** size of **14.5 X7.5 meters**, a separate office, 01 green room/changing room of **9X4 meters**, 03 store rooms, 01 chest room, and rest rooms are available in the sports ground.
- The user rate is **100 students/day**.

Details of infrastructure for sports	Area	Description of activity
Sports Ground Total Area	80X35 meters	Activities
Volleyball Court	18X9 meters	Kho-Kho, Kabaddi, Volley Ball, Gatka, Handball, G.E. and B.El.Ed P.E. Practical Classes
Kho-Kho Ground	27X16 meters	
Kabaddi	11X8 meters	
Gatka	50 feet radius	



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Judo Hall		Playing area for judo. Wrestling and Kurash.
Gym	8.5X16 meters	Twister, treadmill, front pulley, cross trainer, steppers, free weights
Taekwondo	7.30X14.30 meters	Taekwondo practice
Yoga		Yoga
Boxing	13X16 meters	Boxing
Indoor Sports Facilities	4X4.5 meters	Such as chess, carom, G.E. and B.El.Ed P.E. Theory Classes

Ms. Charanjeet Kaur
Assistant Professor
Department of Physical Education and Sports Sciences

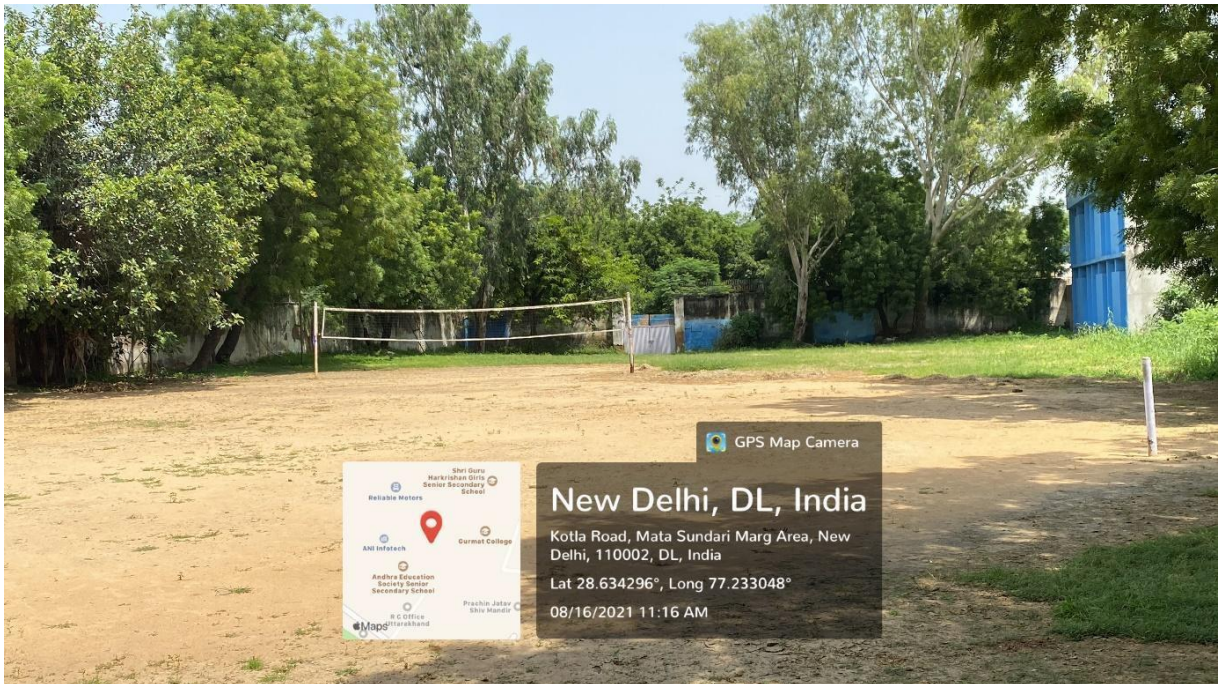


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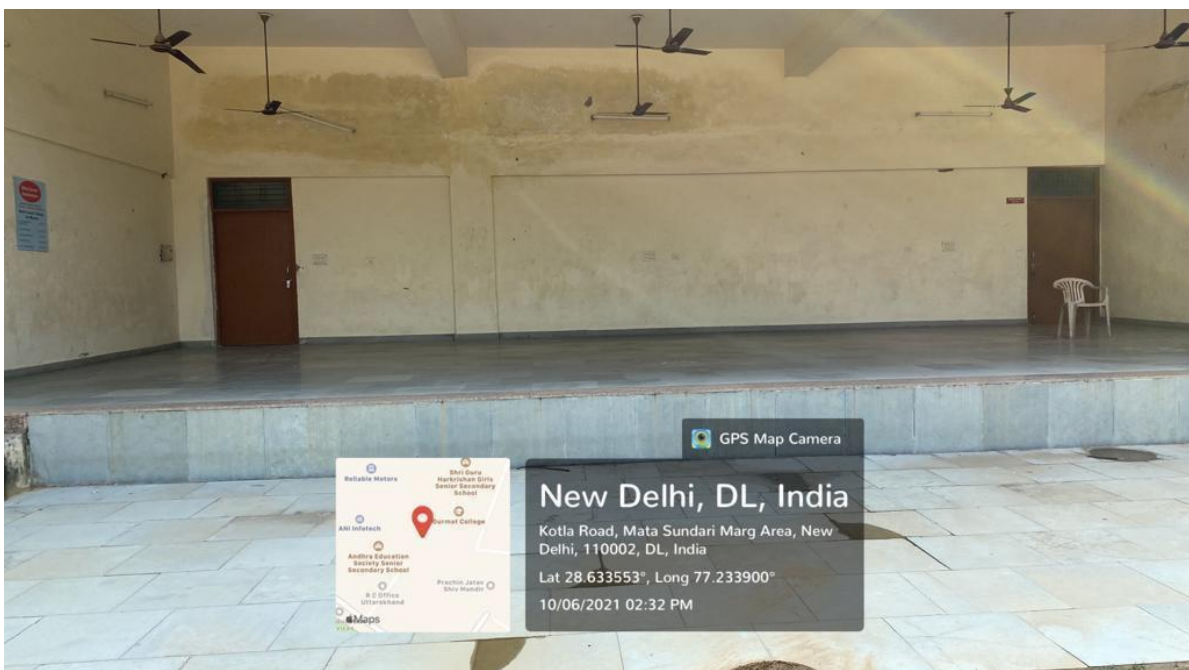
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Metric 4.1.2. Facilities for Sports, games and cultural activities:



Sports Ground



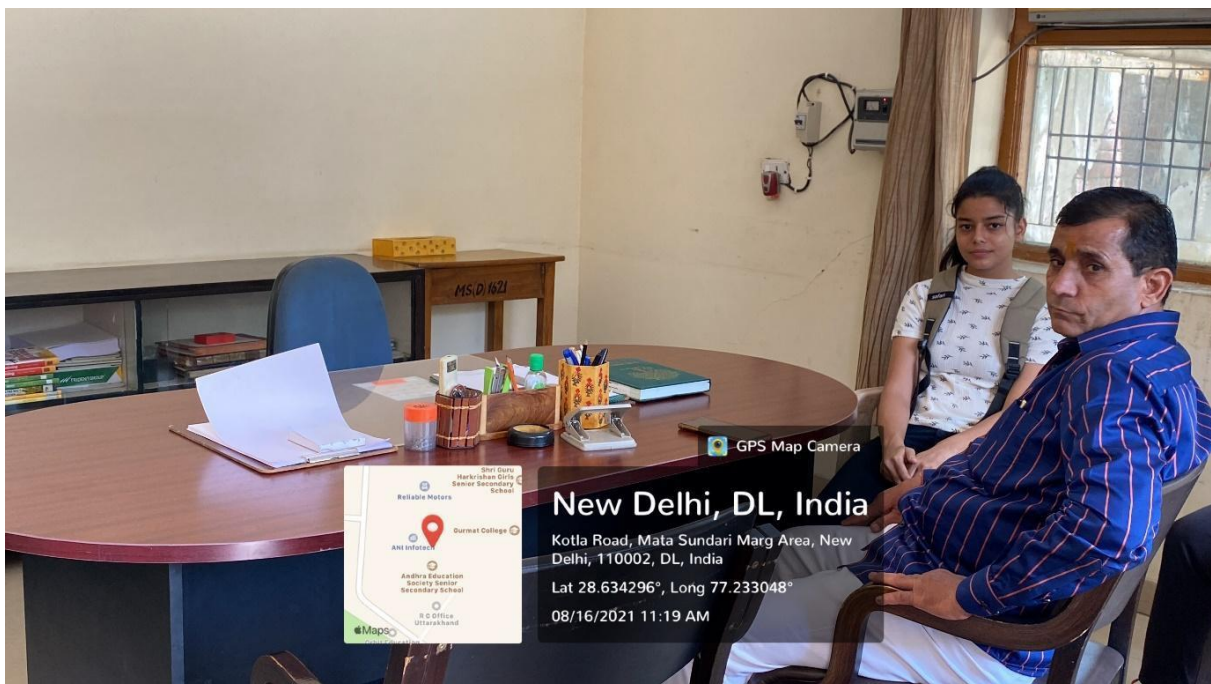


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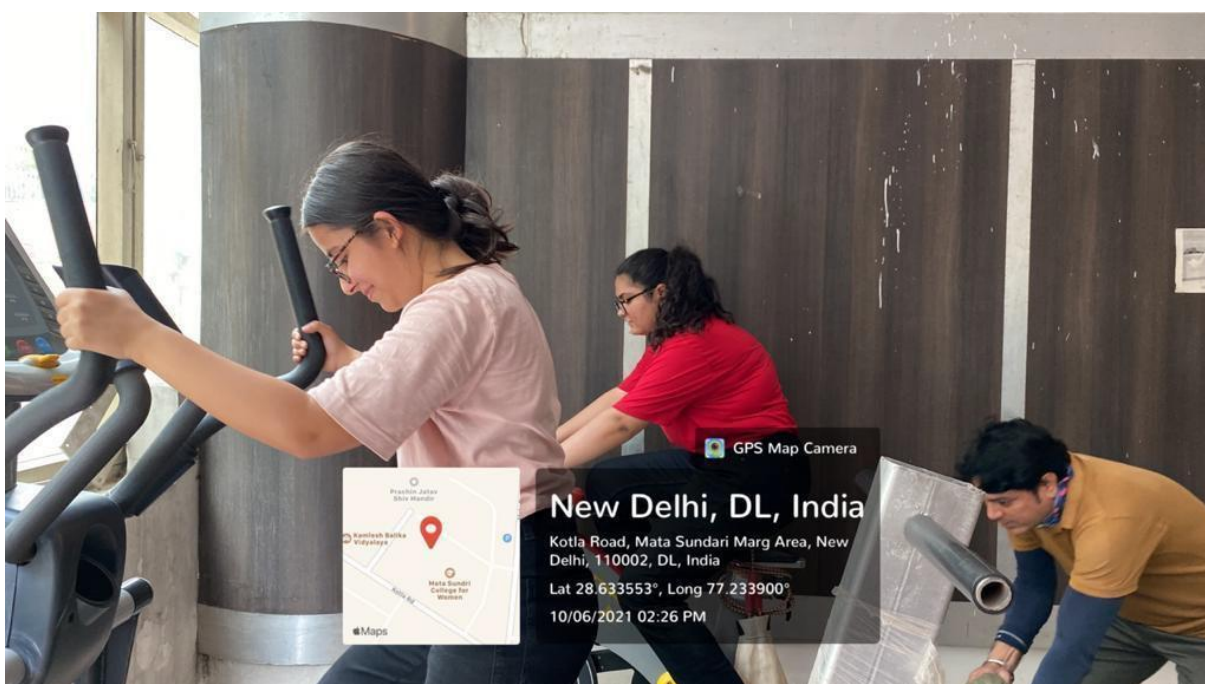
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Stage (Sports Ground)



Department of Physical Education (Office)



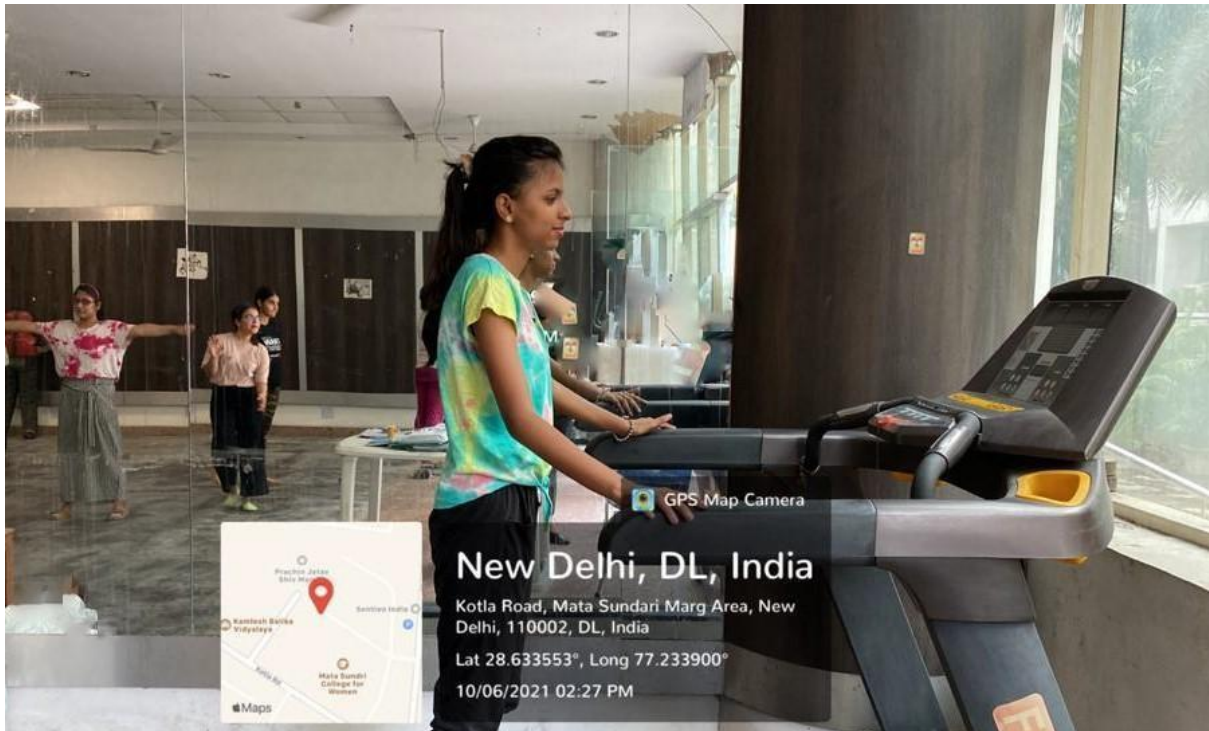
Gymnasium and Judo Hall



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College Auditorium



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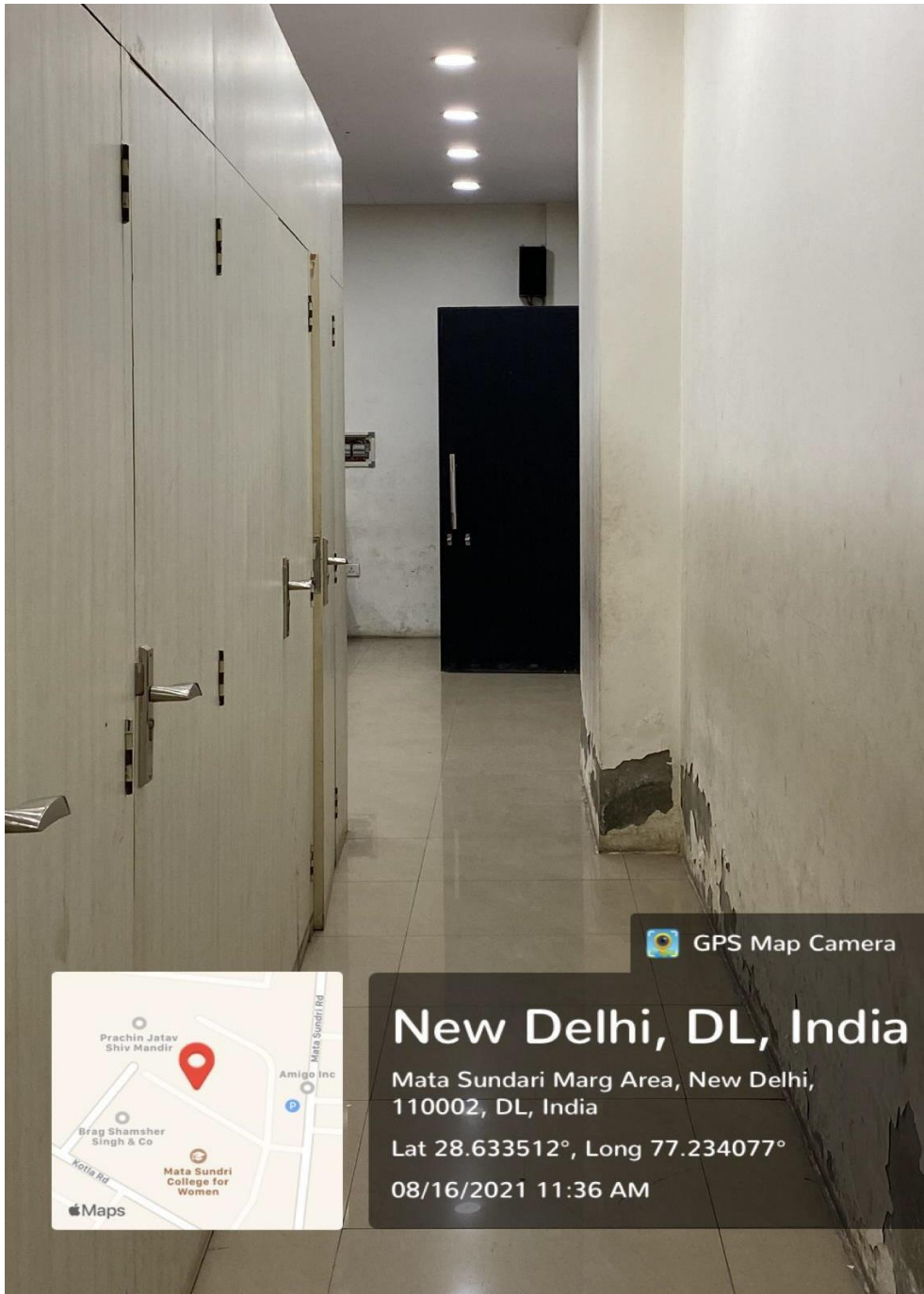
Digital Dimmer (Auditorium)



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Green Room (Auditorium)



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Conference Hall



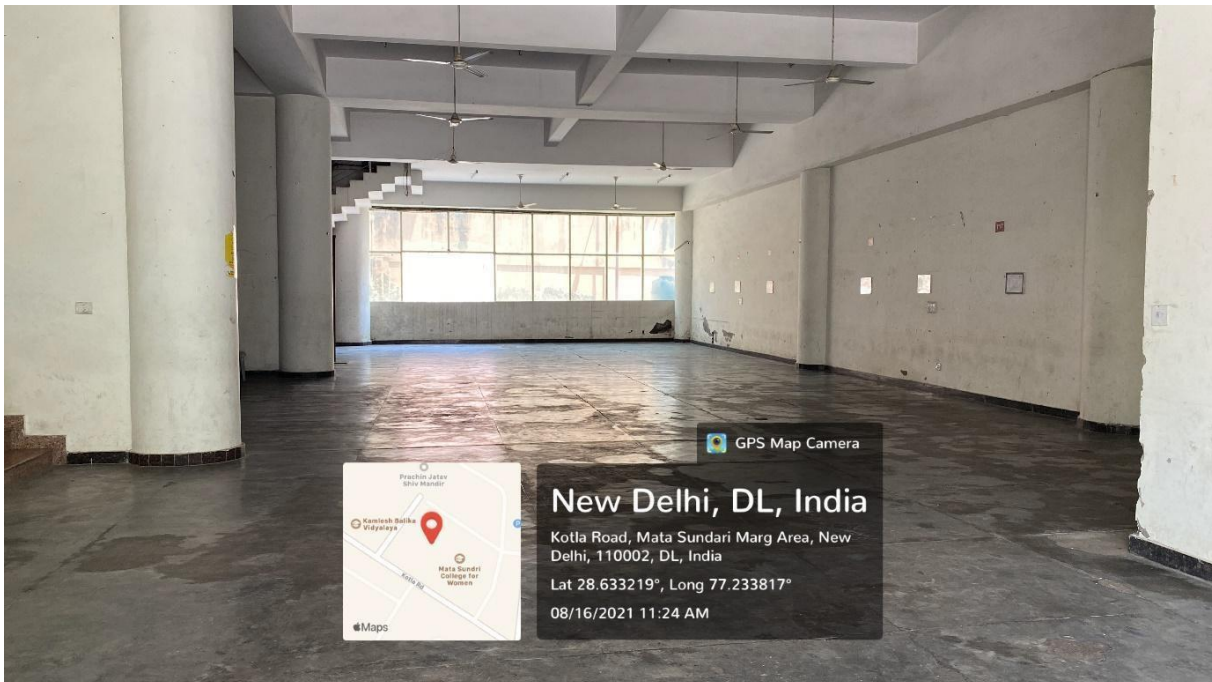
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Conference Hall



Multipurpose Hall



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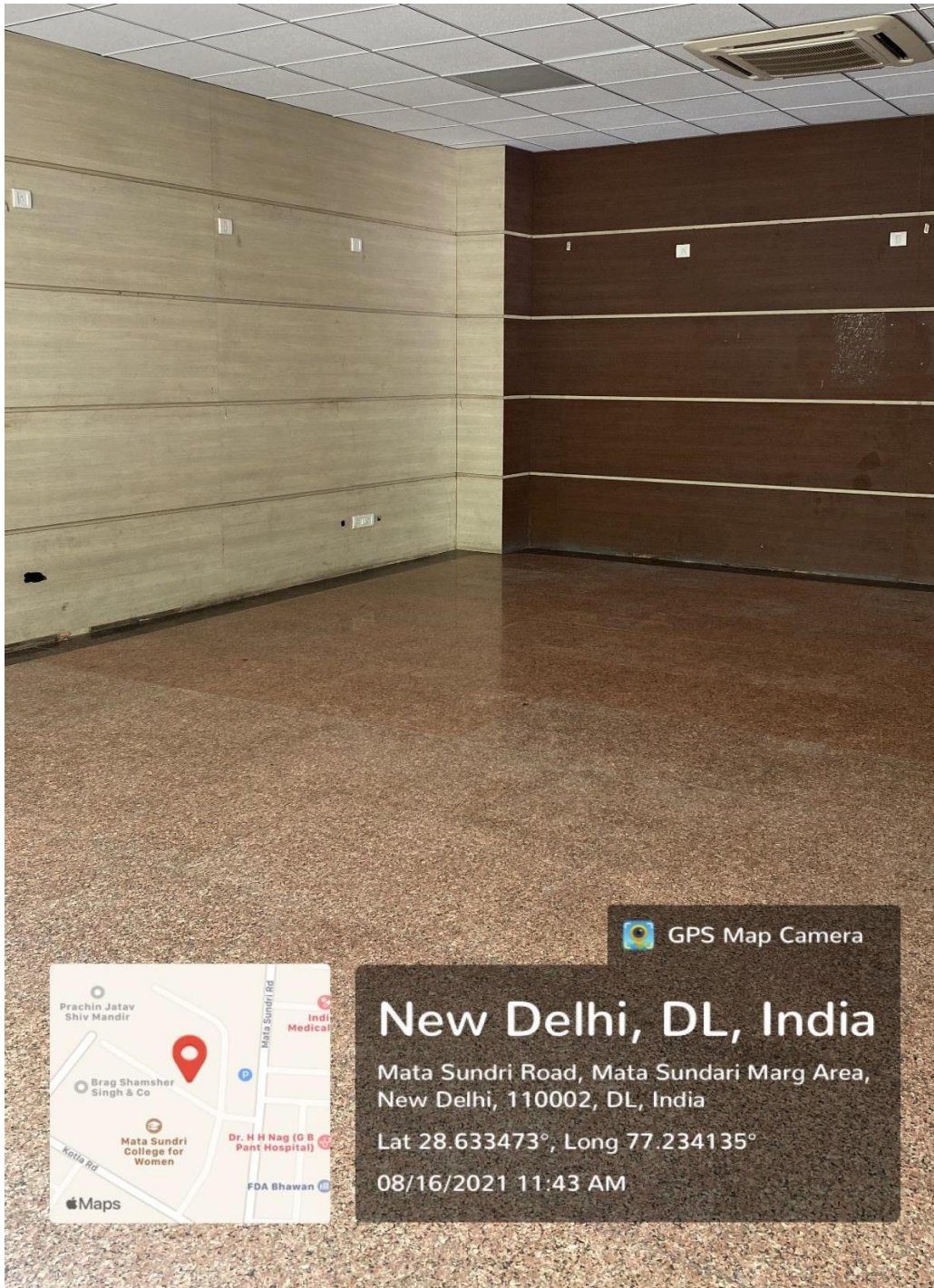
NSS Room



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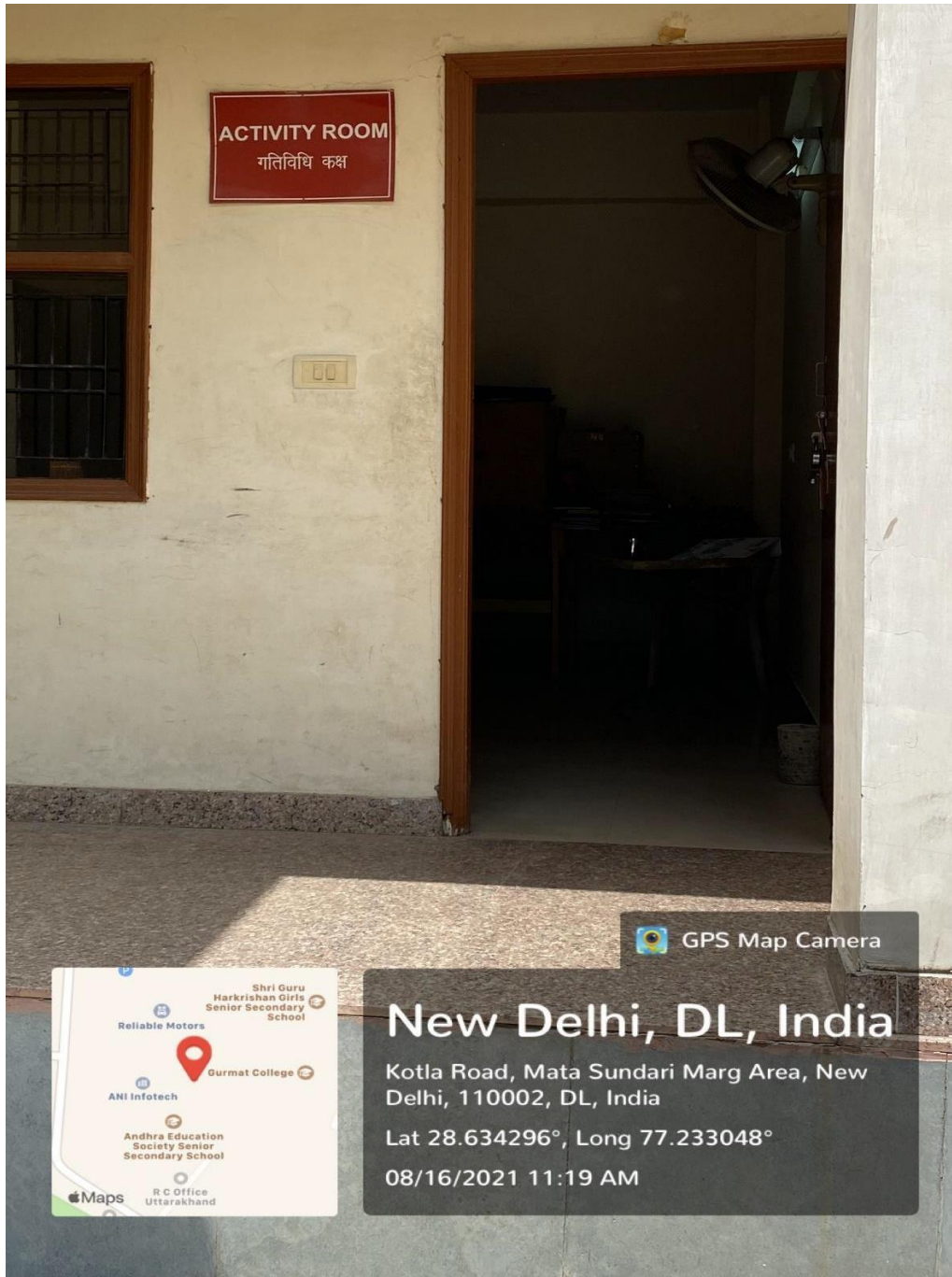
Rehearsal Area for Cultural Activities



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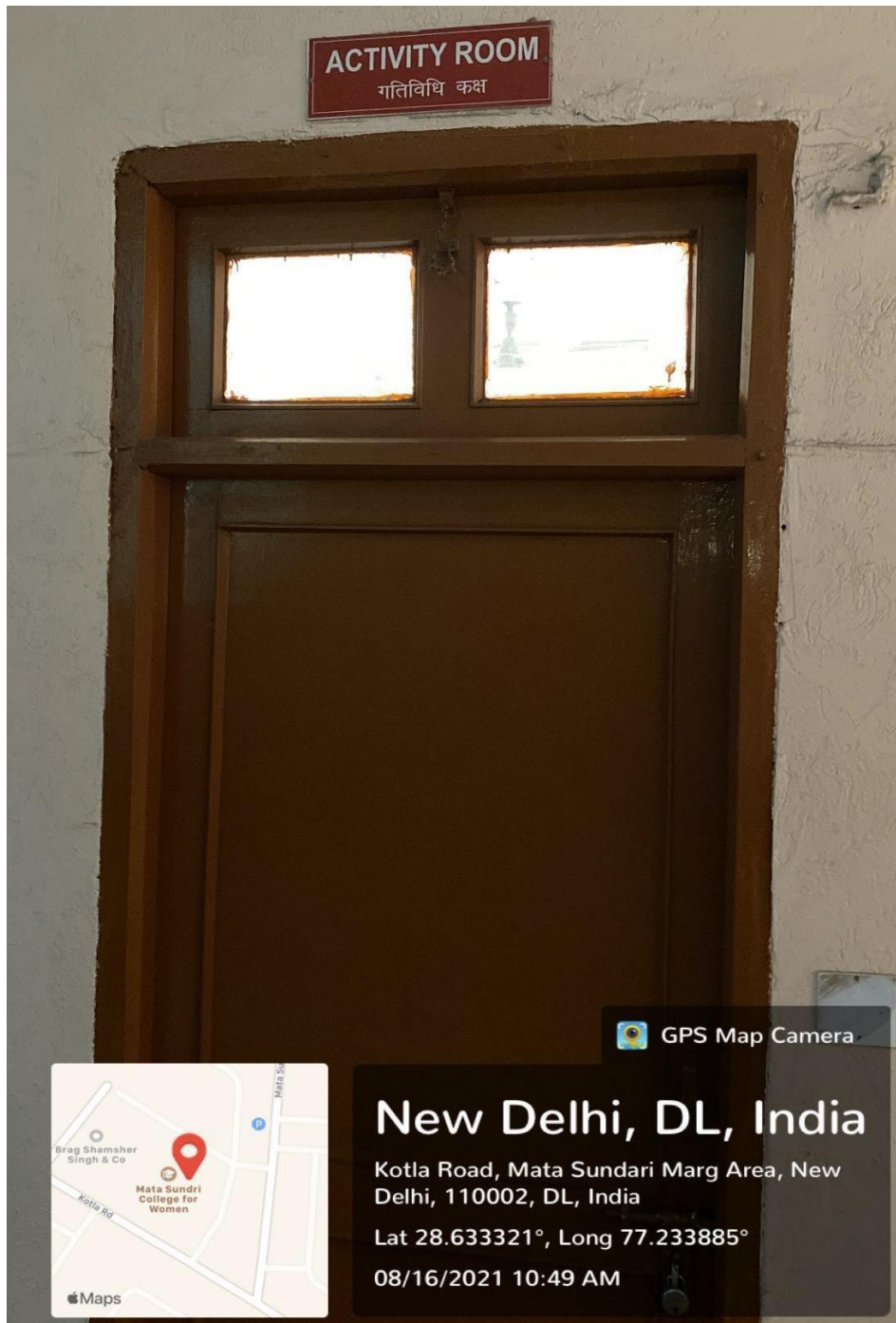
Activity Room (Sports Ground)



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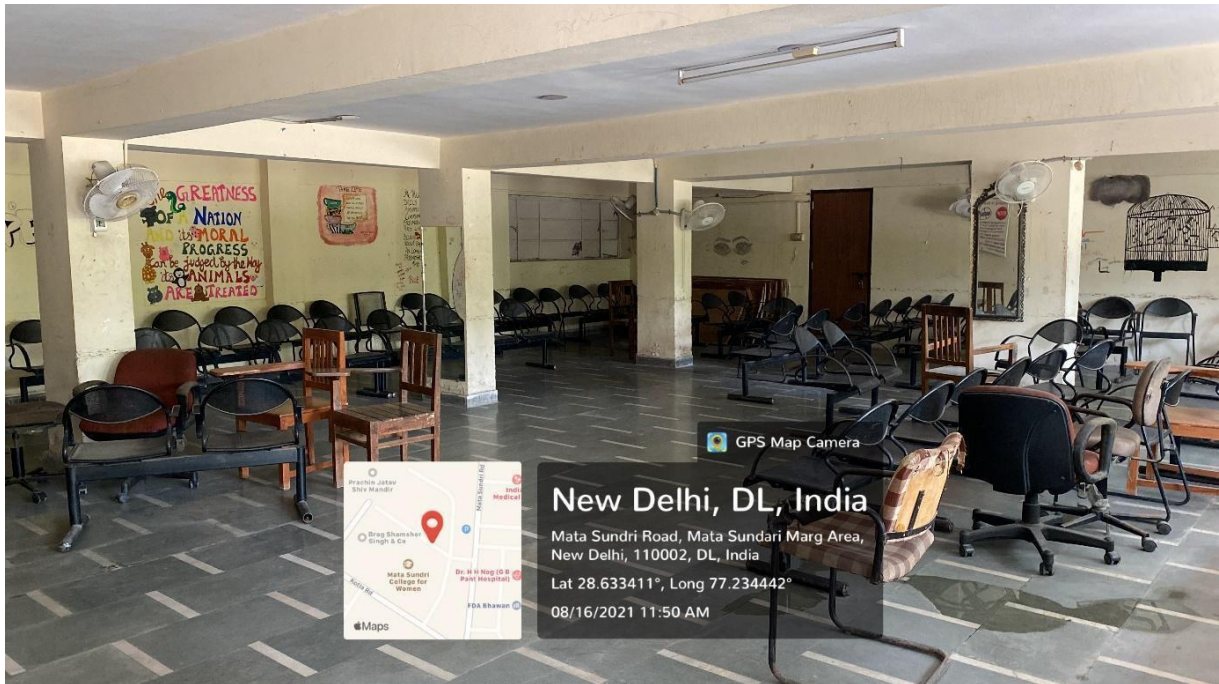
Activity Room (General)



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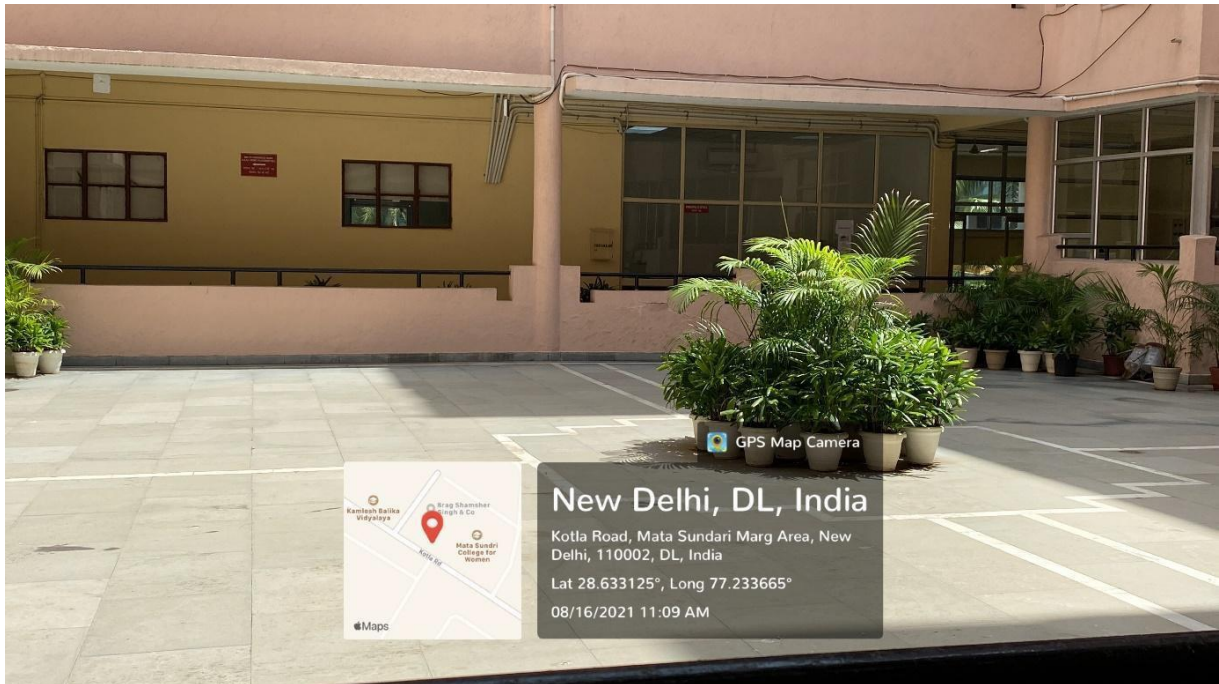
Girls' Common Room



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Courtyard for Outdoor Activities



Activities during college festival


Section Officer (Accounts)
Mata Sundri College for Women
Mata Sundri Lane,
New Delhi-110002


Coordinator
Internal Quality Assurance Cell
Mata Sundri College for Women
(University of Delhi)
New Delhi-110002


Principal
Mata Sundri College For Women
University of Delhi