



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Key Indicator - 5.1 Student Support**

**5.1.3 Capacity building and skills enhancement initiatives taken by the  
institution**

**Year 2016-2017**

**International Yoga Day celebration by NSS unit of college**

The following activities were conducted this year :

As directed by the Ministry of Youth Affairs, N.S.S. unit of Mata Sundri College celebrated **International Yoga Day** on 21<sup>st</sup> June 2016. A large number of N.S.S. volunteers and staff participated in this programme. The programme was followed by a film screening on **importance of yoga in life.**

College observed **Swachhta Pakhwara** from 16 August to 1 September. On this occasion a seminar was organised on the topic "Personnel hygiene and clean surrounding". The students visited a slum near the college to spread awareness about cleanliness. They also visited Dr. Deen Dyal Viklang Jan Sansthan to dedicate their services to the cleanliness drive there.

**Freedom Fortnight**(9<sup>TH</sup> August to 23<sup>rd</sup> august), 'Ajadi 70 Yaad Karo Kurbani', was celebrated in college. On this occasion the national anthem was sung and patriotic song competition was

**Source - 50th Annual Report, pg.23 ([https://mscw.ac.in/Documents/pub/2016\\_17\\_50.pdf](https://mscw.ac.in/Documents/pub/2016_17_50.pdf))**



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**Reports of activities organised by NSS for capacity building and skill enhancement**

College observed Swachhta Pakhwara from 16 August to 1<sup>st</sup> September. On this occasion a seminar was organised on the topic "Personal Hygiene and Clean Surrounding". The students visited a slum near the college to spread awareness about cleanliness. They also visited DR. DEEN DYAL VIKLANGJAN SANSTHAN to dedicate their services to the cleanliness drive there.

FREEDOM FORTNIGHT (9<sup>th</sup> August to 23 August) 'Azadi 70 Yaad Karo Kurbani' was celebrated in the College. On this occasion the national anthem was sung and patriotic song Competition was organised. Students also participated in Tiranga March held at India Gate on 22 August. Students made cards for JAWANS posted at the border stations.

NSS DAY was celebrated on 24 September. A slogan writing competition was held on the topic 'Ill effects of Drug Addiction', followed by a street play and awareness rally.

DRY DAY FOR TOBACCO was observed on 30<sup>th</sup> September. A discussion was held with the students on the ill effects of tobacco. Students also participated in a rally chanting slogans to spread awareness.

An Electoral Camp was organised in the college premises 6<sup>th</sup> and 20<sup>th</sup> October.



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**Reports of activities organised by NSS for capacity building and skill enhancement**

A talk was organised on 27<sup>th</sup> October on "Cervix Cancer - Awareness And Its Preventions".

On 4<sup>th</sup> November, a workshop was organised on DISASTER MANAGEMENT. In this workshop, students were trained to act during disasters like fire, earthquake drowning etc.

On account of birth anniversary of SARDAR VALLABHAI PATEL, RASHTRIYAA EKTA SHAPATH week celebrated from 2<sup>nd</sup> Nov – 6<sup>th</sup> Nov. Many activities were held during the week. Students took a pledge to preserve the unity, integrity and security of the nation, the students participated in slogan writing and essay writing competition.

VIGILANCE AWARENESS WEEK was also observed in the college from 31<sup>st</sup> Oct. to 5<sup>th</sup> Nov. A debate was held on 'Ill Effects of Corruption.' The students took a pledge to do their duty and act without fear or favour.

On 26<sup>th</sup> Nov. Constitution Day was celebrated. A lecture was organised on Importance of Fundamental Duties' a pledge was taken by the students to obey their Fundamental Duties.

VITTIYA SAKSHARTA ABHIYAN-VISAKA aims at creating awareness among people about digital economy and cashless mode of transactions. In order to make the staff and the students a part of this campaign, a presentation on cashless economy and digital payment was organised to apprise them about the recent developments in the economy and digital modes of payment.

NSS organised number of outreach activities.

Source: AQAR 2017, pg 18 (<https://mscw.ac.in/Documents/AQAR.pdf>)



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**Workshop on Gender Sensitivity and Workplaces'**

**MATA SUNDRI COLLEGE FOR WOMEN**

**UNIVERSITY OF DELHI**



**Department of Economics**

**Organizes**

**Workshop on 'Gender Sensitivity and Workplaces'**

**Resource Person- Dr. Anjali Nigam**

CEO and Founder Director  
(WhiteSwan Consulting Group)

**DATE : 12TH AUGUST, 2016**

**TIME: 10 AM ONWARDS**

**VENUE: MATA GUJRI HALL**

**Ms. Niti Arora**

(Event Coordinator)

**Dr. Kawarjit Kaur**

(Offg. Principal)

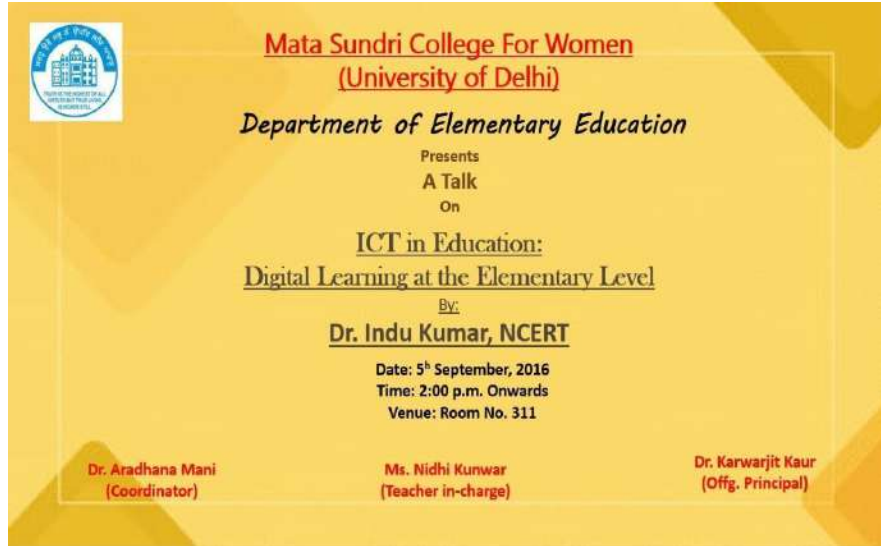


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**Talk on 'ICT in education: digital learning at the elementary level**



**Mata Sundri College For Women  
(University of Delhi)**  
*Department of Elementary Education*  
Presents  
A Talk  
On  
ICT in Education:  
Digital Learning at the Elementary Level  
By:  
**Dr. Indu Kumar, NCERT**  
Date: 5<sup>th</sup> September, 2016  
Time: 2:00 p.m. Onwards  
Venue: Room No. 311

Dr. Aradhana Mani  
(Coordinator)

Ms. Nidhi Kunwar  
(Teacher in-charge)

Dr. Karwarjit Kaur  
(Offg. Principal)





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**Talk-Waste Management Scenario and Initiatives**

**MATA SUNDRI COLLEGE FOR WOMEN**

UNIVERSITY OF DELHI



**Department of Economics**

Organizes

**TALK ON**

**WASTE MANAGEMENT SCENARIO AND INITIATIVES**

by

**Col. SURESH REGE**

(EXECUTIVE DIRECTOR, MAILHEM IKOS ENVIRONMENT PVT. LTD., INDIA)

**DATE- 20 SEPTEMBER, 2016**

**TIME- 11AM ONWARDS**

**VENUE- MATA GUJRI HALL**

**Ms. Niti Arora**  
(Event Coordinator)

**Dr. Kawarjit Kaur**  
(Offg. Principal)




**Mata Sundri College for Women  
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**Talk- 'The World of Picture Books: Possibilities and Pedagogical Exploration'**



DEPARTMENT OF ELEMENTARY EDUCATION  
MATA SUNDRI COLLEGE FOR WOMEN  
(UNIVERSITY OF DELHI)

**DECENNIAL ANNIVERSARY CELEBRATIONS**

*A TALK*  
*ON*  
**"THE WORLD OF PICTURE BOOKS: POSSIBILITIES AND PEDAGOGICAL EXPLORATION"**  
*BY*  
**Dr. Sonika Kaushik**  
(Senior Consultant, Early Literacy Programme, Department of Elementary Education, NCERT)

Date: 2<sup>nd</sup> November, 2016 (Wednesday)  
Timings: 11 am -1 pm  
Venue: Mata Gujri Hall

*Interested Faculty members of all the colleges are cordially invited*





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**Seminar on 'Multilingualism in the classroom'**

**MATA SUNDRI COLLEGE FOR WOMEN**  
UNIVERSITY OF DELHI

**DEPARTMENT OF EDUCATION**  
**ORGANIZES**  
A SEMINAR ON  
**MULTILINGUALISM IN THE CLASSROOM**

**RESOURCE PERSON:** **Dr. SHIVANI NAG**  
(AMBEDKAR UNIVERSITY, DELHI)

**DATE-**  
3 NOV, 2016

**TIME-**  
1 PM ONWARDS

**VENUE-**  
MATA GUJRI HALL

**Dr. RADHIKA MENON**  
(CONVENOR)

**Dr. KAWARJIT KAUR**  
(OFFG. PRINCIPAL)



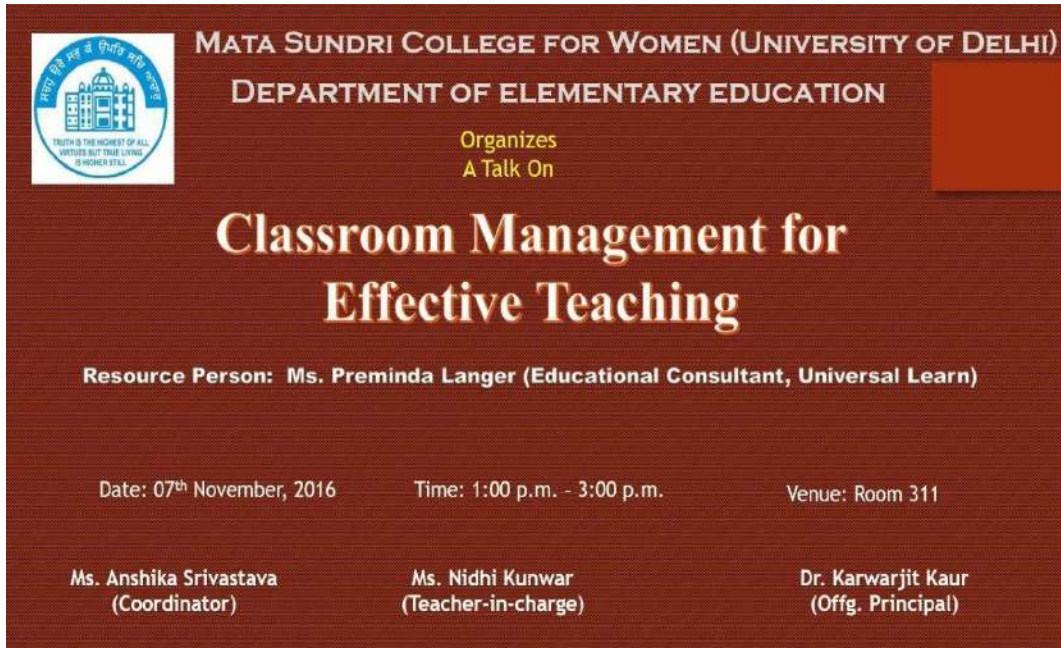


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**Talk on Classroom Management for effective teaching**



The poster is for a talk on Classroom Management for Effective Teaching. It features the logo of Mata Sundri College for Women (University of Delhi) on the left. The text on the poster includes: MATA SUNDRI COLLEGE FOR WOMEN (UNIVERSITY OF DELHI), DEPARTMENT OF ELEMENTARY EDUCATION, Organizes A Talk On, Classroom Management for Effective Teaching, Resource Person: Ms. Preminda Langer (Educational Consultant, Universal Learn), Date: 07<sup>th</sup> November, 2016, Time: 1:00 p.m. - 3:00 p.m., Venue: Room 311, Ms. Anshika Srivastava (Coordinator), Ms. Nidhi Kunwar (Teacher-in-charge), and Dr. Karwarjit Kaur (Offg. Principal).





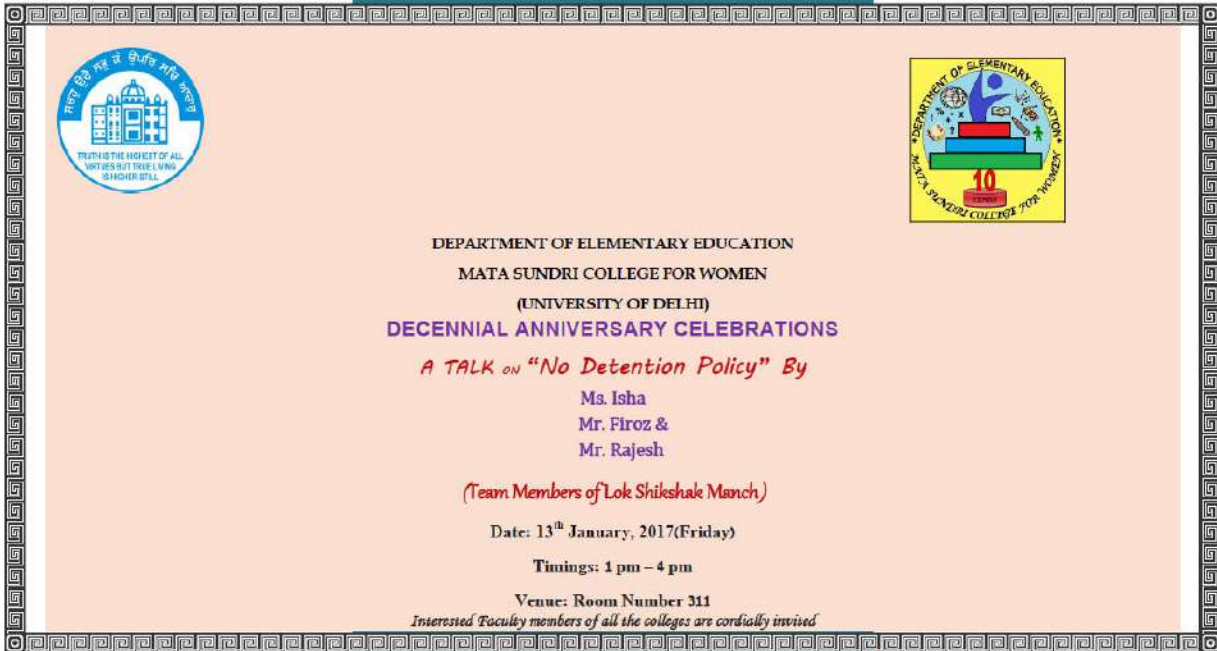


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**Talk on No Detention Policy**



DEPARTMENT OF ELEMENTARY EDUCATION  
MATA SUNDRI COLLEGE FOR WOMEN  
(UNIVERSITY OF DELHI)  
**DECENNIAL ANNIVERSARY CELEBRATIONS**  
*A TALK ON "No Detention Policy" By*  
Ms. Isha  
Mr. Firoz &  
Mr. Rajesh  
*(Team Members of Lok Shikshak Manch)*  
Date: 13<sup>th</sup> January, 2017(Friday)  
Timings: 1 pm – 4 pm  
Venue: Room Number 311  
*Interested Faculty members of all the colleges are cordially invited*



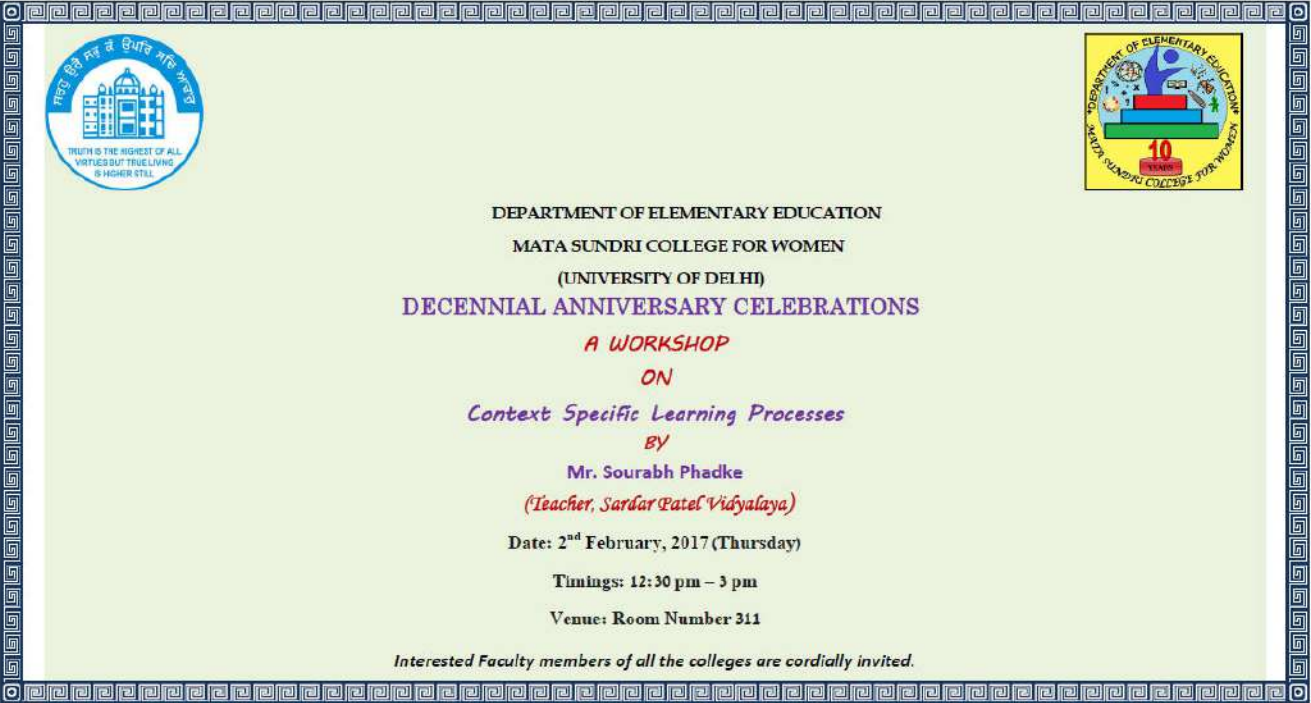




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**Workshop on Context specific learning process**



DEPARTMENT OF ELEMENTARY EDUCATION  
MATA SUNDRI COLLEGE FOR WOMEN  
(UNIVERSITY OF DELHI)  
**DECENNIAL ANNIVERSARY CELEBRATIONS**  
*A WORKSHOP*  
*ON*  
*Context Specific Learning Processes*  
*BY*  
**Mr. Sourabh Phadke**  
*(Teacher, Sardar Patel Vidyalaya)*  
Date: 2<sup>nd</sup> February, 2017 (Thursday)  
Timings: 12:30 pm – 3 pm  
Venue: Room Number 311  
*Interested Faculty members of all the colleges are cordially invited.*





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### Talk and theatre performance- Gandhi on our times

**DEPARTMENT OF ELEMENTARY EDUCATION**  
(MATA SUNDRI COLLEGE FOR WOMEN,  
UNIVERSITY OF DELHI)

As part of its *DECENNIAL ANNIVERSARY CELEBRATIONS SERIES*  
Welcomes you to a Talk and Theatre Performance  
On the topic  
**'GANDHI ON OUR TIMES'**

Talk by Prof. Apoorvanand  
(Professor, Department of Hindi, University of Delhi)

Theatre Performance by B.El.Ed. students under the guidance of  
Ms. Jaimala Iyer and Mr. Lokesh Jain

On 8<sup>th</sup> February '17, Wednesday from 1 p.m. onwards.  
Venue: Room no. 324

(Interested faculty members are invited.)



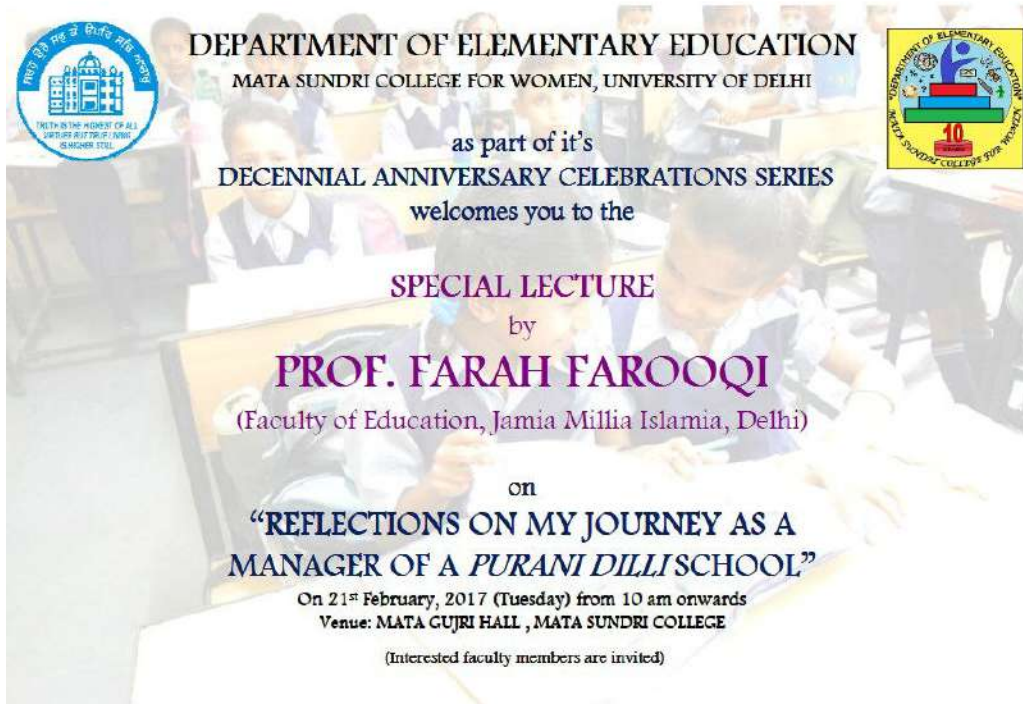



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### **Special Lecture by Prof. Farah Farooqi**



 **DEPARTMENT OF ELEMENTARY EDUCATION**  
MATA SUNDRI COLLEGE FOR WOMEN, UNIVERSITY OF DELHI


as part of it's  
**DECENNIAL ANNIVERSARY CELEBRATIONS SERIES**  
welcomes you to the

**SPECIAL LECTURE**  
by  
**PROF. FARAH FAROOQI**  
(Faculty of Education, Jamia Millia Islamia, Delhi)

on  
**“REFLECTIONS ON MY JOURNEY AS A  
MANAGER OF A *PURANI DILLI* SCHOOL”**

On 21<sup>st</sup> February, 2017 (Tuesday) from 10 am onwards  
Venue: MATA GUJRI HALL , MATA SUNDRI COLLEGE

(Interested faculty members are invited)





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**Talk on Inspiration for Success On All Fronts by Seema Malhotra**



**Mata Sundri College For Women  
University of Delhi**

**B.A. Program Society  
organises**

**A Talk on  
"Inspiration For Success On All Fronts"  
Dr. Seema Malhotra  
(Founder, SCOPE Plus)**

**Venue  
Mata Gujri Hall**

**DATE  
10 March 2017**

**TIME  
10 A.M.**



**Mata Sundri College for Women  
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**Workshop on Kahani Chunana aur Kehna**

**DEPARTMENT OF ELEMENTARY EDUCATION**  
(MATA SUNDRI COLLEGE FOR WOMEN, UNIVERSITY OF DELHI)

As a part of its  
**DECENNIAL ANNIVERSARY CELEBRATIONS SERIES**  
Welcomes you to the talk

**‘कहानी: चुनना और कहना’**

by  
**Ms. Prachi Kalra**  
(Assistant Professor, Department of Elementary Education,  
Gargi College)

On 30<sup>th</sup> March, 2017 (Thursday) from 9:00 a.m. onwards  
Venue: Room Number 311, MATA SUNDRI COLLEGE  
(Interested faculty members are invited)





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**Year 2017-2018**

**EVENTS BY NSS UNIT OF COLLEGE**

**Yoga Day celebration;  
Swachhta Pakhwada-oath taking, slum visit and cleanliness drive;  
Essay writing competition on - What Will I Do For Cleanliness ;  
Cleanliness drive at college**

**NATIONAL SERVICE SCHEME**

The motto of N.S.S. is "Not me but you" an important principle in inculcating a sense of social and civic responsibility among students. On 21st June, National Yoga Day was celebrated in the college premises. College students, Teaching and Non-Teaching Staff participated in it. On 27<sup>th</sup> and 28<sup>th</sup> July a Voter's Identity Card Camp was organised. The SDM officer interacted with the students and informed them about the process of acquiring a Voter's Identity Card. Swachhata Pakhwara was celebrated from 2<sup>nd</sup> -10<sup>th</sup> August. During that period many activities like, Oath Taking Ceremony, Slum Visit, Cleanliness drive (inside & outside the Campus) were organized. The main purpose of Rally for Rivers was to protect our rivers. NSS volunteers attended workshops on Rally for Rivers held in Delhi on 29<sup>th</sup> August, 19<sup>th</sup> September and 22<sup>nd</sup> September. Our volunteers also participated in rallies conducted by the NSS Unit. On 1<sup>st</sup> September a Cloth Donation Camp was organized to help the slum dwellers. On 8<sup>th</sup> September an Essay Writing Competition on the topic 'What I Will Do For Cleanliness' was organised. NSS Day was celebrated on 25<sup>th</sup> September. NSS volunteers participated in cleanliness drive in the college. On the occasion of Diwali, our volunteers visited the slum area near our college. They distributed sweets and candles among the slum dwellers. They also spread awareness of the ill effects of pollution caused by burning of crackers among the latter. On 30<sup>th</sup> October a Poster Making Competition was organized on the topic: 'Beti Bachao Beti Pado'. On the occasion of Constitution Day a lecture was organized on the importance of Fundamental Duties. One of our volunteer participated in National Youth Festival at Gautam Budha University Noida, Uttar Pradesh from 12<sup>th</sup> to 16<sup>th</sup> January.

**NATIONAL CADET CORPS**

The National Cadet Corps wing of the college is a part of the Indian Military Cadet Corps





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**Photo of International Yoga Day celebration**





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### **Workshop on- Exploring the world of Picture books**

**DEPARTMENT OF ELEMENTARY EDUCATION  
(MATA SUNDRI COLLEGE FOR WOMEN, UNIVERSITY OF DELHI)**

As a part of its  
**DECENNIAL ANNIVERSARY CELEBRATIONS  
SERIES**  
Welcomes you to the workshop

**Exploring The World of Picture Books**  
By the team members of  
**Reading Caterpillar Children's Library**

On September 09, 2017 (Saturday) from 10:00 a.m.  
onwards  
Venue: Room Number 311, MATA SUNDRI COLLEGE  
(Interested faculty members are invited.)





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**Talk on Working in any Organisation and its Dynamics**

**Mata Sundri College for Women**  
(University of Delhi)

Psychology Association  
organizes an interactive Talk on

**WORKING IN ANY ORGANISATION  
AND ITS DYNAMICS**  
by  
**Ms. Pushpa Prahara**  
(HR Consultant)

Date	Time	Venue
15 <sup>th</sup> September 2017	11:30 am onwards	Mata Gujri Hall

Dr. Harinder M. Sandhu  
Dr. Garima Kumar  
Convenors

Dr. Sarabjit Kaur  
Teacher in-charge

Dr. Kwarjit Kaur  
Offg. Principal



**Mata Sundri College for Women  
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**Lecture on Critical Inquiry and Education**

DEPARTMENT OF ELEMENTARY EDUCATION  
(MATA SUNDRI COLLEGE FOR WOMEN,  
UNIVERSITY OF DELHI)

As a part of its  
DECENNIAL ANNIVERSARY CELEBRATIONS  
SERIES  
Welcomes you to the talk

**Critical Inquiry and Education**  
By **Prof. Harjeet Kaur Bhatia**  
(Head of Department of Educational Studies,  
Jamia Millia Islamia)

On September 25, 2017 (Monday) from  
09:30 a.m. onwards  
Venue: Mata Gujri Hall, MATA SUNDRI COLLEGE  
(Interested faculty members are invited.)





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**Talk on -Creative Arts And Dance Movement Therapy in Clinical Practice**



**Mata Sundri College For Women  
(University of Delhi)  
Psychology Association**

Presents

**Talk on Creative Arts And Dance Movement Therapy in Clinical  
Practice**

by

**Ms. Ritushree**

(Art Therapist and Child Psychiatrist)

**27 September 2017**

**At 9:00AM**

**Mata Sahib Kaur Auditorium**

**Dr. Harinder M. Sandhu  
Dr. Garima Kumar  
(Conveners)**

**Dr. Pooja Jaggi  
(Event Coordinator)**

**Dr. Kawarjit Kaur  
(Offg. Principal)**



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**Workshop on 'Enhancing Coping Abilities and Skill Development'**



**Mata Sundri College For Women  
(University of Delhi)**

*Psychology Association*

Presents

*Workshop on*

*Enhancing Coping Abilities and Skill Development*

**Resource Person: Ms. Selena Khosla  
(Clinical Psychologist)**

**Dr. Harinder M. Sandhu  
Dr. Garima Kumar  
(Conveners)**

**27 September 2017  
At 12:30 PM  
Mata Sahib Kaur Auditorium**

**Dr. Kawarjit Kaur  
(Offg. Principal)**



**Mata Sundri College for Women  
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**Creative writing workshop on 'The Art of Writing' by English Department**





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**Talk on Organisational Behaviour in India**

Mata Sundri College for Women  
(University of Delhi)

*Psychology Association*  
presents

*Talk on Organisational Behaviour  
in India*


by  
*Prof. Aanand Prakash*  
(Head, Dept of Psychology & Dean International Relations, Humanities & Social  
Sciences, University of Delhi)

11<sup>th</sup> October, 2017  
At 11:00 am  
Mata Gujri Hall

**Dr. Harinder M.Sandhu  
Dr. Garima Kumar  
Convenors**

**Dr. Sarabjit Kaur  
Teacher in-charge**

**Dr. Kavarjit Kaur  
Offg. Principal**







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**Talk on Diverse Indian Childhoods**





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**Talk on Identity and Multiple Childhoods**

DEPARTMENT OF ELEMENTARY EDUCATION  
(MATA SUNDRI COLLEGE FOR WOMEN, UNIVERSITY OF DELHI)

As a part of its  
DECENNIAL ANNIVERSARY CELEBRATIONS  
SERIES  
Welcomes you to the talk

**MULTIPLE CHILDHOODS**  
By  
**Prof. Anita Ghai**  
(Department of Psychology, Ambedkar University)

On  
October 30, 2017 (Monday) from  
11:00 a.m. onwards  
Venue: Room Number 311, MATA SUNDRI COLLEGE  
(Interested faculty members are invited.)





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**Workshop on 'Awareness and Prevention of Drug Abuse' by AIWEFA foundation**



**Programme Schedule  
Mata Sundri College for women, University Of Delhi,  
Thursday 4 January 2017  
Time: 12:00 p.m. to 03:00 p.m.**

Workshop on **"Awareness and Prevention of Drug Addiction"**

Time	Activity & Details	Resource Person
12:00 p.m. to 12:05 p.m.	Lamp Lighting	
12:05 p.m. to 12:10 p.m.	Welcome address:	Mata Sundri College
12:10 p.m. to 12:15 p.m.	AIWEFA Introduction:	<b>Dr. Renu Malaviya</b> <i>Jt. Secretary AIWEFA (Workshop Incharge)</i>
12:15 p.m. to 01:20 p.m.	Welcome Chief Guest Programme Introduction	<b>National Institute of Social Defence (NISD)/ Dr. Renu Malaviya(AIWEFA)</b>
01: 20 p.m. to 02:10 p.m.	<b>Session I : Technical Session :</b> <b>Substance abuse:</b> a. its signs, symptoms and misconceptions b. causes and consequences	<b>Dr. Deepak Yadav</b> <i>(Medical Expert: Substance abuse prevention.)</i>
02:10 a.m. to 03:00 p.m.	<b>Session II : Substance abuse and laws:</b> a. related laws b. myths and misconceptions	<b>Adv.Ms. Shveta Gupta</b> <i>(Lawyer registered with Delhi Bar Association and Delhi Legal services)</i>
03:00 p.m. to 03:50 p.m.	<b>Session III : Evolving strategies</b> a. reflection and brainstorming session using film screening b. strategies for drug abuse prevention: multidisciplinary approach c. question box : question answer session d. administration of feedback forms and follow up e. pledge - taking	<b>Dr. Renu Malaviya:</b> <i>(Associate Professor of Education, Pedagogue &amp; Mental health professional.)</i>
03:50 p.m. to 03:55	<b>Vote of thanks</b>	<b>Mata Sundri College</b>
03:55 p.m.	<b>Refreshments</b>	



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## **Workshop on Innovative Learning Materials in Mathematics**

**MATA SUNDRI COLLEGE FOR WOMEN  
(UNIVERSITY OF DELHI)**

**DEPARTMENT OF ELEMENTARY EDUCATION**  
Organizes


**WORKSHOP ON INNOVATIVE LEARNING MATERIALS IN MATHEMATICS**  
By  
**JODO GYAN SHIKSHA**

**Date:**  
17 January  
2018  
**Time:** 2pm-  
4pm

**RESOURCE PERSONS:**  
Ms. Neha  
Ms. Jazcinth

**Venue:**  
311

Ms. Ruchi Garg and Ms. Bhawna Mishra  
(Coordinator)      Ms. Nidhi Kunwar  
(Teacher- in-charge)      Dr. Kawarjit Kaur  
(Offg. Principal)





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Talk on Decision Making Using Data Sciences on 21/02/2018**



The poster is a blue rectangle with white text. At the top center is the University of Delhi logo. Below it, the text reads: "MATA SUNDRI COLLEGE FOR WOMEN (UNIVERSITY OF DELHI)", "Department of MATHEMATICS STATISTICS COMPUTER SCIENCE", and "jointly presents". The main title is "MASTACOM'18" in large, bold letters, followed by "Career Counselling Session". Below this, there are two columns of text. The left column is titled "CAREER OPPORTUNITIES & PROSPECTS IN MATHEMATICAL SCIENCES" and lists "Dr. Babita Goyal, Associate Professor, Ramjas College". The right column is titled "DECISION MAKING USING DATA SCIENCES" and lists "Mr. Vibhor Gupta, Founder & Director, Weekendr & Mobiquel".





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**Workshop on Storytelling: A Pedagogical Resource**

**Mata Sundri College for Women  
(University of Delhi)**



**Department of Elementary Education**

presents a workshop on

**Storytelling: A Pedagogical Resource**

**Resource Person: Ms. Indira Mukherjee  
(Storyteller & Children's Literature Author)**

**Ms. Shubneet Kaur  
Ms. Taruna Jain  
(Workshop Coordinator)**

**Venue: Room No. 311  
Time: 1:00 pm  
Date: 10 April 2018**

**Ms. Nidhi Kunwar  
(Teacher In-Charge)**





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(University of Delhi)  
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**Workshop on Classroom Management Strategies**



**MATA SUNDRI COLLEGE FOR WOMEN**

UNIVERSITY OF DELHI

**DEPARTMENT OF ELEMENTARY EDUCATION**

ORGANIZES

**Workshop on  
Classroom Management Strategies**

**RESOURCE PERSON: Ms. Avneet Kaur (Freelancer)**

**DATE: 16 APRIL, 2018**

**TIME: 2pm to 5pm**

**VENUE: Room No. 311**

**Ms. ANSHIKA SRIVASTAVA  
(WORKSHOP COORDINATOR)**

**Ms. NIDHI KUNWAR  
(TEACHER INCHARGE)**



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

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**Events attended by NCC cadets**

**Yoga Day celebration by NCC cadets at Annual Training camp  
&  
Sanitation campaign of PM Shri Narendra Modi - Swachhta hi Sewa**

**NATIONAL CADET CORPS**

The National Cadet Corps wing of the college is a part of the Indian Military Cadet Corps

21

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**51<sup>st</sup> Annual Report**

with its headquarters in New Delhi. The cadets are given basic military training in small arms, drills, first aid, nursing, map reading and civil defense.

65 Cadets completed **Combined Annual Training Camp** between 13<sup>th</sup> -22<sup>nd</sup> June. At the camp **Yoga Day** was celebrated on 21<sup>st</sup> June 2017. The cadets participated in many competitions and won prizes. They were given the title of Camp Senior, Mess Senior and Cultural Senior. A total of 9 cadets were selected to attend the first cadre (19<sup>th</sup> - 28<sup>th</sup> July). 3 cadets qualified for the 3<sup>rd</sup> cadre (4<sup>th</sup> -13<sup>th</sup> September) where they were further trained in map reading, field signals, obstacles, home nursing and firing. 3 cadets participated at **National Integration Camp , West Bengal and Sikkim**. The Senior Under Officer of the college NCC was appointed as the 2<sup>nd</sup> senior of the camp, the title of Best Cadet and Master of Ceremony were also given to our cadets.

70 cadets participated in the fortnight-long sanitation campaign of PM Narendra Modi '**Swachhta hi Seva**'. President Ram Nath Kovind launched the programme on 15<sup>th</sup> September from Ishworiganj village in Kanpur to highlight the Swach Bharat mission. A poster making competition was organised as a part of this campaign. The second rally for Swachhta hi Seva campaign was held on 21<sup>st</sup> September at the NCC office Kashmere Gate and surrounding areas. **Social Awareness Week** was observed from 6-11 November 2017. Some important themes were 'Beti Bachao Beti Pado', 'Anti-Corruption' and 'Road Safety Awareness'. From 1<sup>st</sup> November to 28<sup>th</sup> December 1 cadet competed in the **Republic Day Celebration** selections at Safdarjang Enclave. 20 cadets were selected on the basis of drill and cultural performance. In December the cadets also met the Brigade Commander of 22 Artillery Brigade and were given weapon demonstration.

(Source- 51st Annual Report; pg 22. [https://mscw.ac.in/Documents/pub/2017\\_18.pdf](https://mscw.ac.in/Documents/pub/2017_18.pdf))





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**Photos of Yoga Day celebration**





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**Year 2018-19**

**Seminar on - Journey Inwards-Perspectives on Consciousness on occasion  
of Indian Philosophers Day**

**Mata Sundri College for Women  
Department of Philosophy  
(Astitva)**

Invites you to celebrate  
**Indian Philosophers' Day**

Sponsored By: Indian Council of Philosophical Research  
Topic: Journey Inwards; Perspectives on Consciousness  
Date: 9<sup>th</sup> August, 2018  
Time: 10:00 A.M. onwards  
Venue: Mata Sahib Kaur Auditorium

**Schedule**

10:00 AM: Arrival of Guests  
10:15 AM: Welcome of Guests  
10:30 AM: Pushpanjali  
10:40 AM: Nirvan Shatkam by Dr. Kuldeep  
: (Sanskrit Department)  
10:50 AM: Address by the Principal  
11:00 AM: Welcome address; topic highlights by the  
Teacher-in-charge  
11:15 AM: Prof. (Dr.) H.S. Prasad (Chairperson)  
12:00 PM: Prof. (Dr.) A.K. Mohanty (Speaker)  
12:45 PM: Dr. A.K. Gupta  
1:30 PM: Vote of Thanks  
1:40 PM: National Anthem  
2:00 PM: Lunch



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**A lecture demonstration on —Role of Instruments in Vocal music**





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**Interactive talk on-technophilia - Impact of Information Technology on Society**





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**Workshop on theme 'Human body'**

MATA SUNDRI COLLEGE FOR WOMEN  
(UNIVERSITY OF DELHI)  
DEPARTMENT OF ELEMENTARY EDUCATION

ORGANISES

**WORKSHOP  
ON  
HUMAN BODY**

BY  
MR. ASHUTOSH UPADHYAY  
& TEAM  
(ALLIANCE OF SCIENCE)

September 11, 2018 at 2 PM  
Room no 305

Coordinator: Ms. Divya Sharma  
Teacher in-charge: Dr. Radhika Menon  
Offg. Principal: Dr. Kawarjit Kaur





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

**Ph: 23237291**

**Awareness Workshop on Digital India Initiative**



Mata Sundri College For Women  
(University of Delhi)

Invites you for  
**Awareness Workshop**  
On  
**Digital India Initiative**

Conducted by CSC e-Governance Services India Ltd

**Venue: Mata Sahib Kaur Auditorium**  
**Date: 12<sup>th</sup> September 2018, Wednesday**  
**Time: 12:00 to 2:00 pm**

**Jointly organized by:  
Department of Mathematics, Statistics  
& Computer Science**

**All teachers & students are cordially invited**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

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Ph: 23237291

**Photo collage of Workshop on Digital India Initiative**





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**Seminar on—Hindi Bhasha aur Sahitya ka Bhavishya on occasion of Hindi Diwas**








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Ph: 23237291

**Workshop on “Introduction to Python”**

**Mata Sundri College for Women  
University of Delhi**



**The Department of Mathematics and Statistics**  
jointly organise  
Hands on learning workshop on

**“INTRODUCTION TO PROGRAMMING PYTHON”**

**In partnership with Weekendr**

**Date : 28th Sept 2018  
Time : 10 am**

**Speaker- Mr. Vibhor Gupta  
Founder and Director- Weekendr and Mobiquel  
Co founder- Findow**



**Mata Sundri College for Women  
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**Photo collage of workshop on “Introduction to Python”**





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**Report on  
Presentation on Improving Command over English Language  
&  
Motivational Talk on Self Esteem on 26/10/2018**

*Welcoming the Freshers*

Kasak, the B.A. Programme Committee welcomed the freshers in an event held on 26th October, 2018 in Mata Sahib Kaur auditorium. Dr. Harinder Sandhu, Associate Professor, Department of Psychology was invited as the chief guest.

The event commenced with a presentation by Akanksha Gaur describing an overview of the BA Programme course, its structure, and subsequent options for post graduation followed by numerous career options that can be pursued after completion of the course. Next was a presentation by Mrs. Praveshika Mishra, Department of English, Co-convenor, B.A. Programme, on improving one's command over the English language. She guided students on how they could seek the right inspiration, improve their spoken and written expression, and enhance their vocabulary. She also went over common errors made while writing and explained how use of incorrect spellings and grammar while using mobile phones is detrimental to one's formal expression of the language.

Post this enlightening presentation, a motivational talk was presented by the chief guest Dr. Sandhu. She started with an introduction on how this course is a ticket to whichever destination a student chooses to reach with emphasis on diverse options provided by this course. Her talk was centered on self-esteem. With an explanation of 'self concept', she guided students on how they could develop a realistic understanding of themselves, and use this understanding to progress further in life.

The talk was followed by an impromptu speech by Dr. Lokesh Gupta, Co-convenor, B.A. Programme. He spoke about the course and its increasing popularity among students at a nation-wide level. He also addressed the B.A. Programme committee elections which had taken place on 1st September in his speech.

Next was the Badge Ceremony where the officially elected members of the committee, event coordinators (Gurleen Kaur and Dilpreet Kaur) along with volunteers were honoured with their respective badges.

The event then progressed to choosing the girl of the day, Miss Freshers. Ms. Poonam Sharma, Ms. Shivani Verma, and Ms. Gurleen Kaur were the esteemed judges. The main event commenced with a dance on Ganesh Vandana followed by a few other dance performances. These were then followed by the first round of the competition, which comprised of ramp walk and introduction.

While the judges finalised the results, the audience was engaged in an audience round of fun tongue twisters. This was followed by a fusion music performance. Then came the second round where the participants had to showcase their talents. They chose to do so through dance, song, and poetry recitation.



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Then to give the competition some break and to sink in the depth of the strings of melody, Punjabi folk performance was presented by the students of Music Department. This was followed by the most awaited round, the finale following which Miss Freshers for 2018-19 was to be crowned. It was a question-answer round in which the participants had to answer questions from chits they chose. At the end of this round, the winners were announced as follows:

Miss Freshers : Gulsheen Kaur  
First Runner Up : Dhaarinee Kashyap  
Second Runner Up : Ranjitha Rajesh

This was followed with recognition of the best anchors for the day. Their names are as follows:

1 Position: Farah Shabir and Zill-e-Huma  
2 Position: Radhika Bansal  
3 Position: Priya

Dr. Lokesh Gupta presented a concluding address and invited Dr. Iffat Zareen from the Urdu Department, a well-known contemporary poet, to conclude the event with a beautiful ghazal.





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**Workshop to familiarize students with Library Software on 301/10/2018**

**Mata Sundri College for Women  
(University of Delhi)**

**Internal Quality Assurance Cell**

Organises

**A Workshop on “Library Software- OPAC & E- Resources”**


by

*Mrs. Sangeeta Pathak*

Date-30 October 2018  
Venue-Mata GujriHall  
Time-11 AM

Dr. Manisha Mathur  
(IQAC Coordinator)

Dr. Kwarjit Kaur  
(Offg. Principal)





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**Lecture on —Punjabi Sabhiyachar**





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**A periodic lecture series on the topic, —Purusharthas: An Ordinary Man’s Guide to Extraordinary Happiness, sponsored by Indian Council of Philosophical Research**

**Mata Sundri College For Women  
Department Of Philosophy  
University Of Delhi  
(Astitva)**

Invitation for the periodic lecture series  
Topic :- Purusharthas : An Ordinary Man’s Guide To  
Extraordinary Happiness  
Sponsored By : Indian Council Of Philosophical Research

**SPEAKERS :**  
Prof. Rajneesh Kumar Shukla ( Member Secretary , ICPR )  
Dr. Ram Nath Jha (Associate Professor, JNU, New-Delhi)  
Major General Sanjay Soi ( Retd. )

**Dr. Hemlata Krishnani**  
( convener)

**Dr. Harpreet Kaur**  
( Principal)

**DATE : 17<sup>TH</sup> JANUARY 2019 (THURSDAY) TIME: 12:00 PM ONWARDS**  
**VENUE : MATA SAHIB KAUR AUDITORIUM**

**Schedule :**  
12:00 : Arrival of Guests  
1:00 : College Prayer  
1:05 : Welcome of guest  
1:10 : Welcome Address  
1:20 : Address by The Principal  
1:30 : Speaker 1 - Prof Rajneesh Kumar Shukla  
2:10 : Speaker 2 - Dr. Ram Nath Jha  
2: 50 : Speaker 3 - Major General Sanjay Soi ( Retd. )  
3:30 : Vote of Thanks  
National Anthem





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(University of Delhi)  
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**Invited talks on Mobile communication  
&  
Problem based learning in Mathematics**

 **MATA SUNDRI COLLEGE FOR WOMEN  
( UNIVERSITY OF DELHI )**

# MASTACOM'19

ORGANIZED BY  
DEPARTMENT OF  
MATHEMATICS | STATISTICS | COMPUTER SCIENCE

## INVITED TALKS

BY

<b>PROF. D. K. LOBIYAL</b> DEAN, SCHOOL OF COMPUTER & SYSTEM SCIENCES JAWAHARLAL NEHRU UNIVERSITY  TOPIC : MOBILE COMMUNICATION		<b>PROF. SHOBHA BAGAI</b> CLUSTER INNOVATION CENTRE UNIVERSITY OF DELHI  TOPIC : PROBLEM BASED LEARNING IN MATHEMATICS
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JANUARY 19, 2019  
MATA SAHIB KAUR AUDITORIUM  
10:00 AM - 12:00 NOON





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**Picture collage of Mastacom'19**



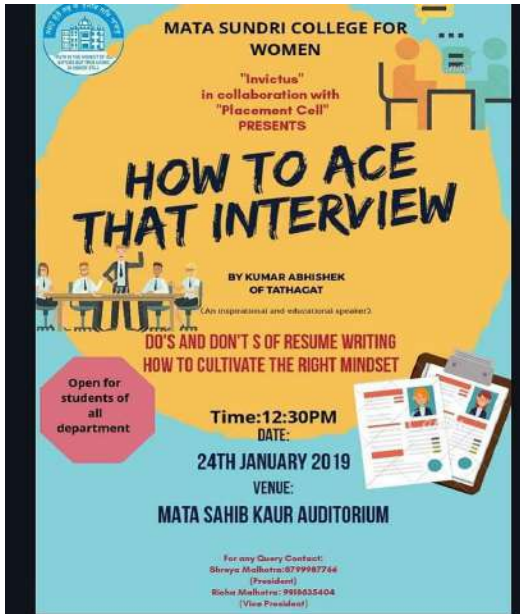


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**Talk by commerce department on-How to ace that interview**





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**An International Workshop on Education for Sustainable Development: Curricular and Pedagogic Experiences from Switzerland and India**

**International Workshop**  
On  
**Education for Sustainable Development: Curricular and Pedagogic Experiences from Switzerland and India**  
Organised by  
**DEPARTMENT OF ELEMENTARY EDUCATION**  
(Mata Sundri College for women, University of Delhi)  
In collaboration with  
**Haute école pédagogique(HEP)**  
Lausanne, Vaud, Switzerland

Programme Schedule		
Date	Venue	Time
January 29 <sup>th</sup> 2019	Schools	8:30 am onwards
January 30 <sup>th</sup> , 2019	Mata Gujri Hall, Mata Sundri College for Women	9:00 am onwards
January 31 <sup>st</sup> , 2019	CIE Basic School, University of Delhi	1:00 pm onwards

Dr. Radhika Menon (CONVENOR)      Ms. Nadia Lusselet (CHARGÉE D'ENSEIGNMENT, HEP)      Dr. Harpreet Kaur (PRINCIPAL)





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**Counselling on Body Image concerns in young adults**

**Mata Sundri College For Women**  
(University of Delhi)

**Department of Psychology**

*A Counseling initiative*  
in Association with *IQAC*

**Workshop**  
On  
**BODY IMAGE CONCERNS IN YOUNG ADULTS**

for students of  
Dept. of Mathematics, Philosophy & Political Science

**FACILITATORS**  
**DR. GARIMA KUMAR**  
&  
**DR. POOJA JAGGI**

*COME AND JOIN US*  
*MATA GUJRI HALL*  
*6<sup>TH</sup> FEBRUARY, 2019*  
*1:00 P.M.*

Dr. Sarabjit Kaur  
(TIC, Dept. of Psychology)

Dr. Manisha Mathur  
(Co-ordinator, IQAC)

Dr. Harpreet Kaur  
(Principal)





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

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**Workshop on Hands-On Training Usage of World Bank Open Data**

DEPARTMENT OF ECONOMICS  
&  
B.A PROGRAMME SOCIETY  
MATA SUNDRI COLLEGE FOR WOMEN  
In Association With  
World Bank Library

Organises  
**WORKSHOP**  
On  
Hands on Training Usage of World Bank Open Data

Speaker: Ms. Sunita Malhotra  
Senior Member, World Bank Library  
Wednesday 13<sup>th</sup> February, 2019  
12:00 noon – 02:30 pm  
Venue: College Computer Lab No.3

Dr. Niti Arora  
Convenor

Dr. Meenakshi Swami  
Co-Convenor

Dr. Lokesh K. Gupta  
Convenor, BA Prog.

Dr. Harpreet Kaur  
Principal





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

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### *Hands-On-Training on Usage of World Bank OpenData*

A Workshop on 'Hands on Training on Usage of World Bank Open Data' was organized on Wednesday, February 13, 2019 in Computer Lab No.3 by the Department of Economics and B.A. Programme Society. It was attended by students of Research Methodology, BSc Mathematics (Hons.) and BSc. Statistics (Hons.).

The workshop commenced with the welcome address by the Principal Dr. Harpreet Kaur and then the world bank resource person, Ms Sunita Malhotra, who is a Senior Member of the World Bank Library, briefed the audience about the history and origin of the World Bank, the International Bank for Reconstruction and Development (IBRD) and the five other institutions that are a part of the World Bank group. She explained how World Bank made the data publicly available in 2010 under the "Right to Access" to information. She explained about open development, open data, its reusability and different open tools trainings available for people on its website. She also emphasized on how to collect data, draw charts and some easy data research techniques to obtain micro data. Students were given time to practice it on their own.

She discussed the presence of World Bank on different social networking platforms like Facebook, Twitter and Tumblr and the different programs that world bank offersto people around the world like Young Professional Program and the open learning campus along with job opportunities at the World Bank. The workshop ended with a small session of discussion for the doubts and queries of the students.





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**Short term course on Mastering The Stock Market**






**BSE Certified Program on Stock Market**

BSE Institute Limited is a wholly owned subsidiary of BSE Limited. BSE Institute inherits from BSE the knowledge and insights into the capital markets industry, garnered over the past 143 years. BSE Institute Ltd. in association with Mata Sundri College for Women, New Delhi, intends to offer you a unique program called BSE Certified Program on "Mastering the Stock Markets" which provides students & professionals with the knowledge & skills required to successfully pursue a career in Financial Markets.

**Key Highlights**

- Bird's eye view of the financial markets in general and stock market in particular
- Appreciate & understand the features of BSE's online trading particularly BOLT plus
- Mock trading / live trading sessions
- Understand the do's & don't of trading in the stock market selection
- Learn the golden rules of trading stock
- Understand & apply fundamental and technical analysis

**Modules**

- Introduction to Financial Market
- Technical Analysis
- Financial Planning
- Tax Planning
- Fundamental Analysis
- Derivatives

<b>Faculty Co-ordinator:</b> Dr. Sapna Dhaliwal	<b>Last Day of Submission:</b> 25th January, 2019
<b>Course Duration :</b> 50 hours	<b>Course Fee:</b> 10,000 inclusive GST
<b>Course Co-ordinator :</b> Manisha Lakra (9654776273) manisha.lakhra@bseindia.com	
<b>Contact:</b> Manjot Kaur (Commerce Department) +91 9871388315	




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**Workshop on Material Development in Mathematics**



**MATA SUNDRI COLLEGE FOR WOMEN  
(UNIVERSITY OF DELHI)**

**DEPARTMENT OF ELEMENTARY EDUCATION**  
Organizes

**WORKSHOP ON MATERIAL DEVELOPMENT IN  
MATHEMATICS**

By  
**JODO GYAN SHIKSHA**

DATE: 18<sup>th</sup> February 2019  
TIME: 1:00 – 3:00 PM  
VENUE: Room No. 311

Resource Persons:  
Ms. Neha  
Ms. Shrayasi

Ms. Ruchi Garg  
(Coordinator)

Dr. Radhika Menon  
(Teacher in-charge)

Prof. Harpreet Kaur  
(Principal)







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**Extension lecture on Lok- Natki:Nat-Roop by Punjabi department**





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**Workshop- Books for all by Guzarish, NGO**

The poster is a green rectangular sign with a brown border. In the top left corner is the college logo. The text is centered and reads: 'Mata Sundri College For Women (University of Delhi) Department of Elementary Education Organizes Workshop On "BOOKS FOR ALL" INITIATIVE By: Mr. Sankalp (Guzarish, Delhi-Based NGO) Date: 27<sup>th</sup> February, 2019 Time: 2:00 p.m. Onwards Venue: Mata Gujri Hall'. At the bottom, three yellow boxes list the organizers: Dr. Jasmeet Kaur (Placement Coordinator), Dr. Radhika Menon (Teacher-in-charge), and Dr. Harpreet Kaur (Principal).





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Ph: 23237291

### **Workshop on Movie Making: Creating Pedagogical Resources**

**Mata Sundri College For Women (University of Delhi)**  
**DEPARTMENT OF ELEMENTARY EDUCATION**

Organizes  
Workshop  
On

**Movie Making :  
Creating Pedagogical Resource**

By:  
**Ms. Shiwani Maan**  
(B.EL.ED Alumna)

Date: 1<sup>st</sup> March, 2019  
Time: 2:00 p.m. Onwards  
Venue: Room 311

Ms. Taruna Jain  
(Coordinator)

Dr. Radhika Menon  
(Teacher-in-charge)

Dr. Harpreet Kaur  
(Principal)






**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Workshop by 'Safe Campus'**



**Mata Sundri College For Women (University of Delhi)**  
**Department of Elementary Education**

Organizes  
**Workshop**  
by  
**Safe Campus**  
[Delhi-based NGO]  
For B.EL.ED IV year students

**Resource persons:**  
Ms. Deepti (Safe Campus coordinator)  
Ms. Shiwani ( Safe Campus coordinator)

Date: 11<sup>th</sup> March , 2019  
Venue: Room 311

Dr. Jasmeet Kaur  
(Coordinator)

Dr. Radhika Menon  
(Teacher-in-charge)

Prof. (Dr.) Harpreet Kaur  
(Principal)





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Talk on —Sahitya ke Aalochnatmak Mandand by Dr. Ashutosh**







**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3


**Ph: 23237291**

**SKILL DEVELOPMENT WORKSHOP ON PYTHON**

 **MATA SUNDRI COLLEGE FOR WOMEN**   
**UNIVERSITY OF DELHI**

**PLACEMENT AND INTERNSHIP CELL**  
presents  
**Skill Development Workshop on Python**  
by  
**Microsoft AEP(9Ledge Pro)**

**Dates: 10th June 2019**  
to  
**14th June 2019**

 **LAST DATE TO APPLY: 30th May2019**

In case of queries drop us a mail at: [matasundripcell@gmail.com](mailto:matasundripcell@gmail.com)



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**SKILL DEVELOPMENT WORKSHOP ON ADVANCE EXCEL**

The poster features a light green background with a faint image of a laptop and a mug. At the top left is the University of Delhi logo, and at the top right is the Mata Sundri College logo. The text is centered and reads: 'MATA SUNDRI COLLEGE FOR WOMEN UNIVERSITY OF DELHI', 'PLACEMENT AND INTERNSHIP CELL presents Skill Development Workshop on Advance Excel by Microsoft AEP(9Ledge Pro)'. Below this, there are two sections: 'DATES: 17th June 2019 - 21st June 2019' and 'LAST DATE: 30th May 2019, 5:00 PM'. Each section is preceded by a green checkmark icon. At the bottom, there is an illustration of a woman at a podium on the left and a woman with a medal on the right, connected by a large black arrow pointing right.

In case of queries drop us a mail at: [matasundripcell@gmail.com](mailto:matasundripcell@gmail.com)



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Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**NCC initiatives for capacity building**

<b>Swacch Bharat Abhiyan</b> <i>The cadets carried out a week-long cleanliness drive in which they cleaned the nearby bus stops, parks, statues, college area and went for a Cleanliness March to make everyone aware about the importance of keeping the country and our vicinity clean.</i>	<b>NCC</b>	2	<b>30</b>
<i>Ek Bharat Shreshth Bharat 9<sup>th</sup> -20<sup>th</sup> November 2018</i>	<i>NCC, Two Delhi Girls Battalion</i>	2	<b>15</b>
<b>World Water Day 22<sup>nd</sup> March 2019</b> <i>NCC organised a save water rally. The cadets participated with an objective to spread awareness about the scarcity of water and measures to save and use water wisely.</i>	<b>NCC</b>	2	<b>20</b>
<b>Advance Leadership Camp</b>	<b>NCC, Delhi Directorate</b>	2	<b>2</b>

Source - AQAR 19, pg.25 ([https://mscw.ac.in/Documents/AQAR\\_19.pdf](https://mscw.ac.in/Documents/AQAR_19.pdf))





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(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

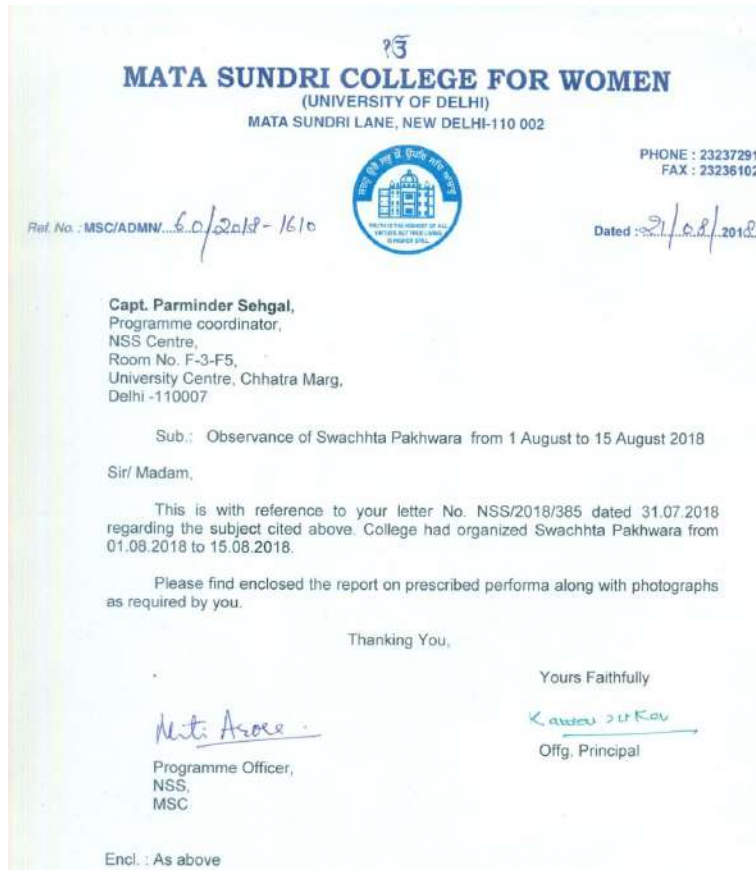
Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**NSS initiatives for capacity building**

<b>Campus Cleaning Initiative August 2018</b>	<b>NSS</b>	<b>1</b>	<b>43</b>
<b>Door to Door Campaign in one adopted Slum Quarter in Mata Sundri Lane and local market</b>	<b>NSS</b>	<b>2</b>	<b>18</b>
<b>Intensive Cleaning of selected places like Old Age homes</b>	<b>NSS</b>	<b>2</b>	<b>10</b>
<b>Cleanliness drive on the Railway Station</b>	<b>NSS</b>	<b>2</b>	<b>11</b>
<b>NukkadNatak for awareness about personal hygiene</b>	<b>NSS</b>	<b>2</b>	<b>20</b>
<b>Swachh Bharat Summer Internship Program 2018</b>	<b>NSS</b>	<b>1</b>	<b>24</b>

Source - AQAR 19, pg.26 ([https://mscw.ac.in/Documents/AQAR\\_19.pdf](https://mscw.ac.in/Documents/AQAR_19.pdf))





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National Service Scheme

**Action Plan Format- cum-Reporting Format for  
Swachhta Pakhwada (Fortnight) Activities from 1<sup>st</sup> to 15<sup>th</sup> August, 2018**

Name of Regional Directorate:.....Delhi..... Name of State:*New Delhi*  
 No. of Universities+2 Councils who would conduct the Swachhta Pakhwada.....  
 No. of Colleges/ Institutions who would conduct the Swachhta Pakhwada : .....  
 No. of NSS Volunteers to be involved in conduct of Swachhta Pakhwada: 60 approx.

Sr. No	Name of the programme	No. of Universities / Institutions			No. of NSS Volunteers taken Swachhta Shapath (Oath)			Name of the eminent personalities/ Speakers invited to address NSS Volunteers
					Male	Female	Total	
1.	Swachhta Shapath (Oath), seminars and Discussions (1 <sup>st</sup> August 2018)				-	55	55	-
2.	All the NSS Units Cleaning their Institutions ( 2 <sup>nd</sup> & 5 <sup>th</sup> August, 2018)	No. of Universities / Institutions	No. of Area Cleaned	Total Man Hours Devoted	Male	Female	Total	Remarks
	a) Classrooms(2/8/18)			3		12	12	
	b) Laboratories			-			-	
	c) Libraries(3/8/18)			2		6	6	
	d) Toilets(3/8/18)			1		4	4	
	e) Auditoriums(3/8/18)			1		4	4	
	f) Playgrounds(4/8/18)			1		5	5	
	g) Lawns(4/8/18)			1		4	4	
	h) Roads(4/8/18)			2		8	8	
	<b>Total</b>	-	-	11	-	43	43	

*Mita Arora.*  
(NSS-Incharge)  
MCC  
Mata Sundri College For Women  
(University of Delhi)  
New Delhi-2



**Mata Sundri College for Women  
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Ph: 23237291

3.	Door to Door campaigning in the adopted villages/Slums on Swachhta (ODF, General cleanliness & hygiene 6 <sup>th</sup> to 8 <sup>th</sup> August, 2018)  {DDA Slum Quarters, Mata Sundri Lane; and local market}	No. of Universities / Institutions	No. of Villages/Slums adopted for door to door campaign about importance of cleanliness	No. of Villages/Slums aware about open defecation free (ODF)	No. of leaflet, handouts distributed on awareness	No. of NSS Volunteers			Total Man Hours Devoted
						Male	Female	Total	
						(6/8/18)6	6	2	
						(7/8/18)5	5	3	
						(8/8/18)7	7	3	
		1	1		20	18	18	8	
	<b>Total</b>	-	1	1	20	18	18	8	
4.	Distribution of Literature collected from concerned Departments in the district (9 <sup>th</sup> to 10 <sup>th</sup> August, 2018)	No. of Universities / Institutions	No. of adopted Villages/slums for intensive cleaning	No. of People made aware about the cleanliness so that, they understand the dignity of labour and develop a habit of keeping their surroundings clean	No. of NSS Volunteers			Total Man Hours Devoted	
					Male	Female	Total		
	<b>Total</b>	-	-	-	-	-	-	-	
5.	Intensive cleaning of the Villages & selected Places (11 <sup>th</sup> to 13 <sup>th</sup> August, 2018)	No. of Universities / Institutions	Cleanliness Activities undertaken (No. of Hospitals, Dispensaries etc. may be given)		No. of NSS Volunteers			Total Man Hours Devoted	
					Male	Female	Total		
	a) Hospitals								
	b) Dispensaries								
	c) Community Centers								
	d) Old Age Homes (13/8/18)		Cleaning dishwashing area, brooming rooms and corridors, dusting of rooms.		10	10	10	3	
	e) Historical Places								
	f) Orphanages								
	g) Centre for disabled								
	h) Rehabilitation Centre								
	i) Railway Station (11/8/18)		Checking and cleaning water cooler area, cleaning platforms and stairs, encouraged people to use dustbins		11	11	11	4	
	j) Bus stations								
	k) Statues (12/8/18)		Statue was locked and inaccessible, cleaned the entrance grills		4	4	4	0.5	

*Muti Aroee*  
 (NSS - Incharge)  
 Mata Sundri College For Women  
 (University of Delhi)  
 New Delhi-2.



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l) Archeological sites and Tourist Places									
Total									
6.	Rally in the village (14 <sup>th</sup> August, 2018)  {DDA Slum Quarters, Mata Sundri Lane; and local market}	No. of Universities / Institutions	No. of Rallies Organize in Cities/Villages by depicting various Messages of cleanliness		No. of NSS Volunteers			Total Man Hours Devoted	
			No. of Cities Covered	No. of Villages Covered	Male	Female	Total		
				1		28	28		2
Total		-	-	1	-	28	28	2	
7.	Review of activities during the fortnight, future plans to sustain the cleanliness. (15 <sup>th</sup> August, 2018)	No. of Universities / Institutions	No. of Meeting of NSS Volunteers held in their campuses under the Chairmanship of Head of the Institution for future plans of sustaining cleanliness in the area		No. of Institutions declared as clean institutions			No. of NSS Volunteers	
					Male	Female	Total		
				55		-	55	55	
Total			55		-	55	55		

Signature

State NSS Officer with Office Stamp

Date: 17-08-2018

*Miti Arora*  
(NSS-Incharge)  
MSC  
Mata Sundri College For Women  
(University of Delhi)  
New Delhi-2



**Mata Sundri College for Women  
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**Photographs of NSS activities**





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**YEAR 2019-20**

### **International Yoga Day celebration**





**Mata Sundri College for Women  
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Mata Sundri Lane, New Delhi-110002**

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**One week cleanliness drive at college by NSS unit of college**





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**Swachhhta Pakhwaras - including awareness rallies, door-to-door campaigning, garbage collection and poster making competitions by NSS unit of college**

# Swakshata pakhwada







**Mata Sundri College for Women  
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Ref No. MSC/IQAC/SSR-CR5/5.1.3

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**Fit India Movement &  
Walkathon by NSS unit of college**

# Fit India Walkathon






**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

### **Remedial English Language Classes**




**MATA SUNDRI COLLEGE FOR WOMEN  
UNIVERSITY OF DELHI**

**DEPARTMENT OF ENGLISH  
PRESENTS**

**REMEDIAL ENGLISH CLASSES**

**19TH AUGUST 2019 TO  
11TH SEPTEMBER, 2019**

**FROM 3:00PM TO 4:30PM**



**FOR STUDENTS OF BA PROGRAMME**

**THE CLASSES WILL HELP STUDENTS WORK ON THEIR SPOKEN  
AS WELL AS WRITTEN ENGLISH. WORKSHEETS WILL BE  
PROVIDED.**

<b>CO-CONVENER</b>	<b>CONVENER</b>	<b>PRINCIPAL</b>
<b>SHWETA DUSEJA</b>	<b>PRAVESHKA MISHRA</b>	<b>PROF. (DR.) HARPREET KAUR</b>



**Mata Sundri College for Women  
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### **Workshop on Exploratory Data Analysis**

The poster is for a 'ONE DAY HANDS ON WORKSHOP EXPLORATORY DATA ANALYSIS'. It is jointly organized by the Departments of Mathematics, Statistics & Computer Science for 3rd Year Students. The event is held on 31st August 2019 at Computer Lab 3, from 9:30 AM to 4:00 PM. It is conducted by Hackveda Pvt Ltd. The poster features logos of the college and university, a large pencil graphic, and icons representing data analysis tools like a magnifying glass, bar chart, and document.





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Ph: 23237291

### **Orientation Session on Microsoft Skill Development Programme**

The poster features a central blue banner with white text. Above the banner, the college name and university affiliation are displayed in black. The banner itself contains the Microsoft logo and 'AEP Authorized Education Partner' text. Below the banner, the date, time, and location are listed. At the bottom, there is a call to action and a logo for '9Ledge Pro Empowering your potential'.

**MATA SUNDRI COLLEGE FOR WOMEN**  
UNIVERSITY OF DELHI

**THE PLACEMENT CELL**  
*Invites you to the*

 **Microsoft** AEP  
Authorized Education  
Partner

**ORIENTATION PROGRAMME**

SEPTEMBER 9, 2019  
12.30 PM

AUDITORIUM

 **9Ledge Pro**  
Empowering your potential

**JOIN TO GAIN THE UTMOST BENEFITS**  
**OPEN FOR STUDENTS FROM ALL THE COURSES**



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Anaemia Camp by NCC in collaboration with Enactus**

**T3 ANAEMIA CAMP**

Enactus for its second project collaborated with NCC to organise a camp on **anaemia** followed by a **talk** afterwards in the college on 20th September 2019. The objective of the camp was to **generate awareness** among the students regarding anaemia. Dr. Puneet Jaitley, programme officer for the central district arranged a meeting with our Principal Ma'am, Prof (Dr.) Mrs. Harpreet Kaur to organise the anemic camp in our college. Enactus and NCC were given the responsibility to oversee the modus operandi of the camp. The T3 camp consisted of 2



sites, in-front of the Gurudwara and in the counsellor room on the ground floor. There were 5 teams, assisted by two doctors and each team consisted of a pathologist and a counsellor. Facilities of free hemoglobin checkup were provided and students identified to be anemic were issued with IFA, Vitamin C and Albendazole tablet. They were also encouraged to attend the interactive session with the doctors.

The Enactus team ensured the smooth working of the drive and refreshments were provided to the teams.



The counselling session was conducted by Dr. Puneet Jaitley. He discussed the symptoms of anaemia, spread awareness about different levels of anaemia: from being mildly/ moderately anaemic to being severely anaemic, provided nutrition counselling for the same and advised the students to take further treatment at nearby dispensaries.



The Enactus team encouraged the student participation via campaigning done both online and offline. Messages about the same were circulated, posters were put up on the notice boards and several announcements were made in the classrooms. Total 862 students were tested, out of which 194 students were non anemic, 404 students were mildly anemic, 261 students were moderately anemic and 3 students were severely anemic. The camp site was operational from 9:30 AM to 1:30 PM and the interactive session was orchestrated from 12:30 PM to 1:30 PM.





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**Talk on Nutrition and First aid training on NSS day**

Nss day celebration.  
Talk on nutrition



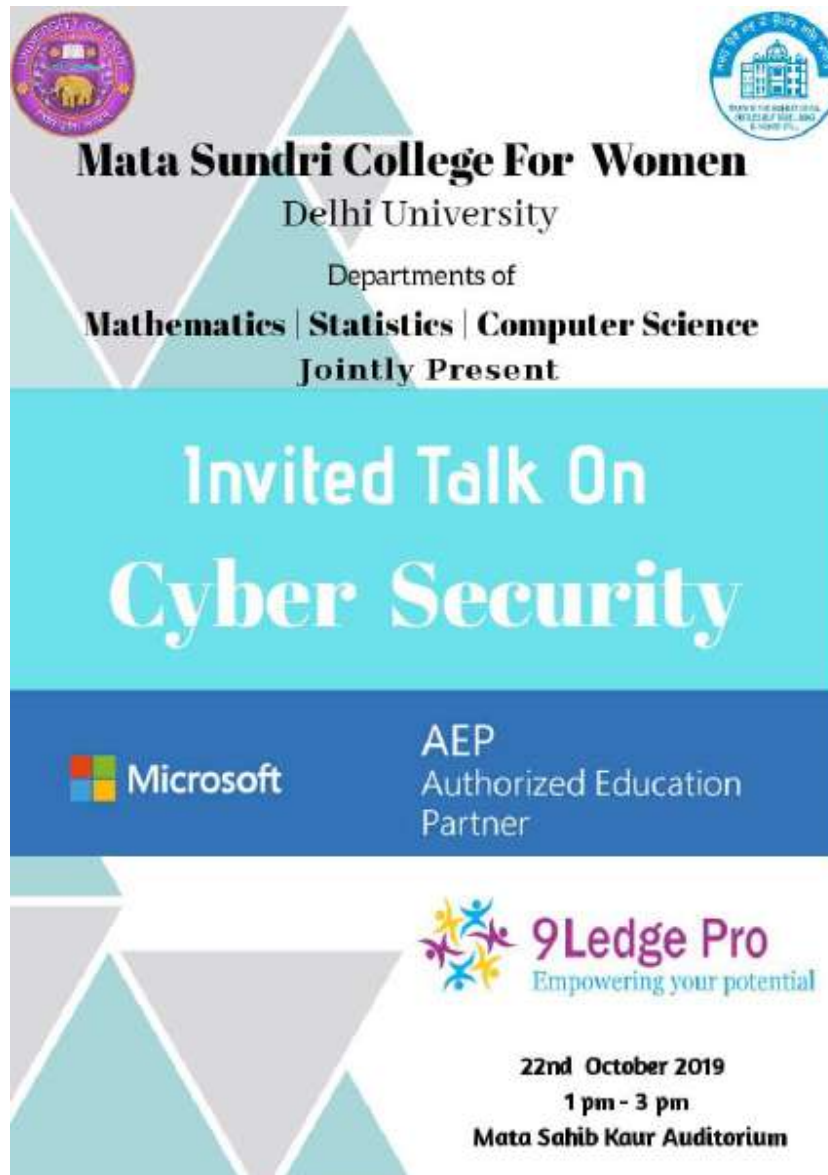


**Mata Sundri College for Women  
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Ph: 23237291

### Invited talk on Cyber Security



The poster features a background of overlapping triangles in shades of grey and teal. At the top left is the University of Delhi logo, and at the top right is the Mata Sundri College logo. The central text reads: **Mata Sundri College For Women**, Delhi University, Departments of **Mathematics | Statistics | Computer Science**, Jointly Present. A large teal banner contains the text **Invited Talk On Cyber Security**. Below this, a dark blue banner displays the Microsoft logo and the text **AEP Authorized Education Partner**. At the bottom right, the 9Ledge Pro logo is shown with the tagline **Empowering your potential**. The event details are listed as **22nd October 2019**, **1 pm - 3 pm**, at **Mata Sahib Kaur Auditorium**.



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Photos of invited talk on Cyber Security**







**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Talk on Leadership & Personality Development for NCC unit on 31/10/2019**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Session on Resume Building, Soft Skills and Interviewing**

**Mata Sundri College for Women  
Delhi University**

*Placement Cell presents*  
**Interactive Session  
on  
Resume Building ,  
Soft Skills and  
Interviewing skills**

By-  
Dr. Shilki Bhatia  
HOD and Professor  
Department of MBA, Delhi Institute of Advance Studies  
GGSIPU

**OPEN FOR ALL**  
**Date : 8 NOVEMBER 2019**  
**TIME : 12 noon Onwards**  
**VENue: Mata Gujri hall**



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Photo collage of session on 'Resume Building, Soft Skills and Interviewing'**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Skill Development Program on Advanced Excel & PPT**

The poster is for a 'WINTER WORKSHOP ADVANCE EXCEL & POWERPOINT' presented by the Placement Cell. It features the University of Delhi logo at the top left and the college logo at the top right. The text on the poster includes: 'Placement Cell presents WINTER WORKSHOP ADVANCE EXCEL & POWERPOINT', 'DEC 17-19, 8:30 AM TO 4 PM', 'VENUE- LAB 3', and logos for '9Ledge Pro Empowering your potential' and 'Microsoft AEP Authorized Education Partner'.







**Mata Sundri College for Women  
(University of Delhi)  
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Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Skill Development Workshop on Cyber Security**



**MATA SUNDRI COLLEGE FOR WOMEN**  
**(UNIVERSITY OF DELHI)**

**THE PLACEMENT CELL**  
presents

**Workshop on**  
**CYBER SECURITY**

**19 Dec - 21 Dec 2019**  
**8:45 AM - 4:00 PM**

**Venue- VOCATIONAL LAB**



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Photo collage of Skill Development Workshop on Cyber Security**

**WORKSHOP AT A GLANCE**







**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3



Ph: 23237291


## **Skill Development Program on Data Science using Python**

 **MATA SUNDRI COLLEGE FOR WOMEN**   
Delhi University

**PLACEMENT CELL**  
presents

workshop on  
**DATA SCIENCE  
USING PYTHON**

 Microsoft  
 AEP  
Authorized Education  
Partner

 **9Ledge Pro**  
Empowering your potential

**DATE : 22 -24 DECEMBER 2019**  
**TIMINGS : 8:30 AM - 4:00 PM**  
**VENUE : LAB 3**



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Photographs of Skill Development Program**







**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

## Digital Marketing Workshop



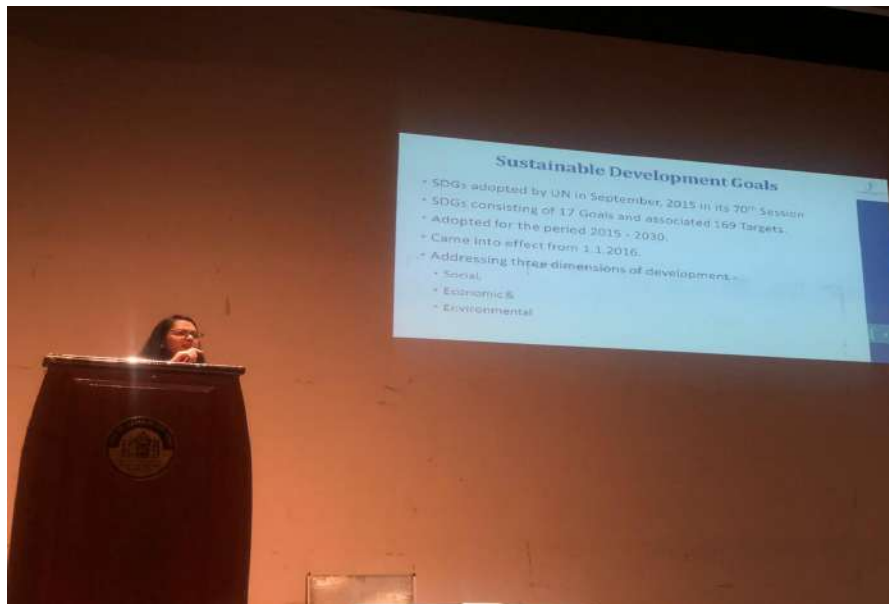


**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Invited talk on Statistical Indicators for Sustainable Development Goals in India**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**International Seminar - Workshop on Practice and Pedagogies for Sustainability**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Photographs of International Seminar-Workshop**





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Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Self Defence workshop by NSS unit**

# Self-defense workshop



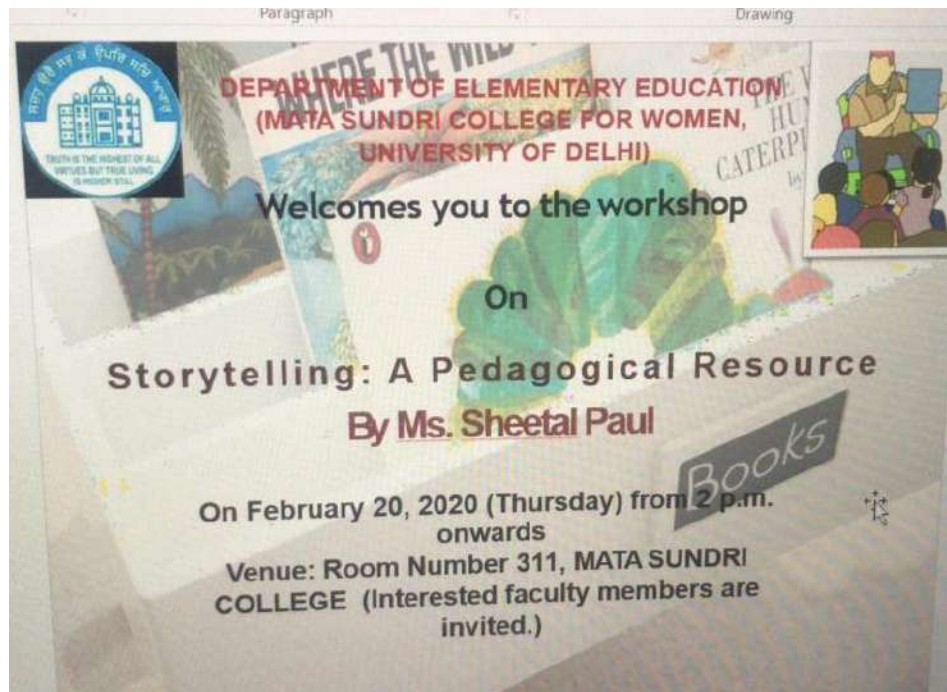


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### **Workshop on storytelling**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

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Ph: 23237291

**Classroom Management Workshop**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Session on How to Work from home effectively**

**MATA SUNDRI COLLEGE FOR WOMEN  
DELHI UNIVERSITY**

THE PLACEMENT AND INTERNSHIP CELL

*presents a session on*  
***How to work from home Effectively :  
Tips, Techniques and Tools***

*Unleashing the power of online Tools  
in the times of Global Lockdown*

**Microsoft**  
ADP  
Empowering your potential

**9Ledge Pro**  
Empowering your potential

**OPEN FOR  
ALL THE FACULTY AND STUDENTS  
APRIL 30, 2020**

**FOR FACULTY : 10:00 AM - 11:00 AM  
FOR STUDENTS : 11:30 AM - 12:30 PM**

**DR. S KALPANA DEVI**  
CONVENER

**MS. ASHEMA HASTI**  
CO CONVENER

**DR. HARPREET KAUR**  
PRINCIPAL





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Webinar on Success through teamwork**




**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3


Ph: 23237291


**International Webinar on Emotional Well-being**


NATIONAL CADET CORPS  
MATA SUNDRI COLLEGE FOR WOMEN  
presents  
**INTERNATIONAL WEBINAR**  
on  
EMOTIONAL WELL-BEING  
MAY 23, 2020 at 4 PM.




**Panelists**

  
**Dr. Jaya Mohan**  
Psychologist

  
**Dr. Laxmi Budhwar**  
Clinical Psychologist  
United Kingdom

  
**S . Sukhwinder Singh Sodhi**

  
**Prof. (Dr.) Harpreet Kaur**  
Principal, Mata Sundri College

**Moderator :**  
**Dr. Pranita Gaur**

**Ms. Gurvinder Kaur, Convenor**  
**Dr. Pooja Wadhawan, Co – Convenor**  
**Ms. Ishleen Kaur , Co – Convenor**

**Ms. Charanjeet Kaur**  
Advisor, NCC

**SUO Farheen (8447195269)**  
**JUO Shivani (9582786116)**  
**JUO Deepa (9899250002)**



Weblink of the event- <https://youtu.be/xhW3du1tQYA>




**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**


Ref No. MSC/IQAC/SSR-CR5/5.1.3


Ph: 23237291

**Web lecture on 'Balance is the best art of living in Indian Philosophy**

**DEPARTMENT OF SANSKRIT  
MATA SUNDRI COLLEGE FOR WOMEN  
(University of Delhi)  
invites you for  
**Web-Lecture**  
*on*  
*Balance is the Best Art of Living in  
Indian Philosophy*  
Date: 31st May, 2020 Time: 4:30p.m.  
VIA GOOGLE MEET**

  
**Speaker**  
Prof. Shashi Tiwari  
President, WAVES

  
**Chairperson**  
Prof. Harpreet Kaur  
Principal

  
**Convenor**  
Dr. Asha Rani  
Teacher-In-Charge






**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**National Webinar on “Stress Management for Work Life Balance”**



**DEPARTMENT OF COMMERCE  
MATA SUNDRI COLLEGE FOR WOMEN  
(UNIVERSITY OF DELHI)**  
ORGANIZES  
**WEBINAR**  
on  
**Stress Management for Work- Life Balance**  
June 14, 2020 11:00 A.M.

**Speaker :**  
Dr. Vikram Singh  
Senior Physical Educator in JNU  
Gold medalist in Physical Education

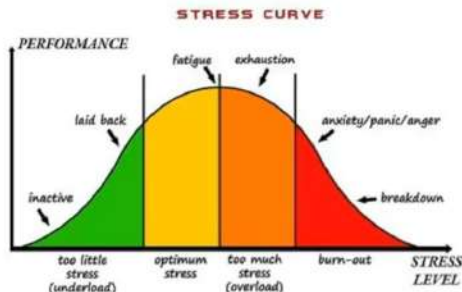
**Introductory Address by**  
Prof. (Dr.) Harpreet Kaur  
Principal

Ms. Jaspal Kaur Sahni T.I.C    Ms. Kanwaljit Kaur Advisor    Ms. Jasmeet Kaur Convener    Ms. Gurpreet Kaur Co-Convener    Ms. Sangeeta Pathak Technical Support

☺-certificates will be awarded to the participants. Register here-> <https://forms.gle/jqLeBFpArVP4Yrv29>  
Online registration – mandatory    Google Meet link will be shared via e mail    For any queries - 8826859385

**Eustress vs Distress**

- The optimal stress curve





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**International Webinar on International Yoga Day**



**Mata Sundri College for Women**  
(University of Delhi)



**Department of Physical Education & Sports Science**

presents



**International Webinar  
on  
International Yoga Day  
June 21, 2020  
10:00 to 11:30 am**

***“Yoga at Home and Yoga with Family”***

**[Click here to Register](#)**

*E-Certificates will be issued*

***Speakers***



**Dr. Lalitha Gaurav**  
Yoga Expert  
Assit. Prof. LNIPE Gwalior



**Mr. Ashish Singh**  
International Yoga Trainer  
A.S.O in Indian Embassy (Peru)



**Prof. Harpreet Kaur**  
Principal

**Ms. Charanjeet Kaur**  
Convener

**Ms. Gursharan Kaur**  
Co-Convener

For further queries contact at 9643465763



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**YEAR 2020-2021**

**Webinar on Future Skills to Boost Employability**



**MATA SUNDRI COLLEGE**  
University of Delhi

*Placement & Internship Cell, under the  
Aegis of Principal Dr. Harpreet Kaur  
Invites You To A Session On*

**Future Skills To Boost  
Employability**

by

**Mr Gagan Singh**



*IIM-A, DCE Alumni, All India CBSE Topper, 23yrs of  
Corporate Leadership Training Experience,  
Conducted Over 1mn Interviews & GDs Globally*

**FRIDAY, 10TH JULY,  
11 AM - 12:15 PM**

Hosted on Google Meet:

**<https://meet.google.com/zyj-opra-qta>**

Made with PosterMyWall.com



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Webinar by Stepup Analytics**

Mata Sundri College for Women  
University of Delhi

PLACEMENT CELL PRESENTS

Why Python Programming for Data Analytics?

The Demand of the Data Science Industry, a brief introduction

Hands on session on Python using COVID-19 India dataset (Learning by doing approach)

How to build a Data Science and Analytics Portfolio?

WEBINAR BY  
**STEPUP  
ANALYTICS**

Open Mic, Q&A Session

**15 JULY 2020!**  
2:30 pm onwards

For queries: Mail us at [matasundripcell@gmail.com](mailto:matasundripcell@gmail.com)



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Efficient use of Google meet, Google classrooms and Google site**

**MATA SUNDRI COLLEGE FOR WOMEN**  
(UNIVERSITY OF DELHI)

**THE PLACEMENT AND INTERNSHIP CELL**  
IN COLLABORATION WITH

**Microsoft**  
Partner Network

**SLEDGE PRO**  
SPECIALISTS FOR TRAINING

Exclusively for students of  
Mata Sundri College for Women

**EFFICIENT USE OF GOOGLE MEET, GOOGLE CLASSROOM AND GOOGLE SITES**

**SPEAKER**  
**MR. PARTH SHUKLA**  
Co-Founder  
@ledgePro

**MS. MISHIKA RAWAT**  
Student Coordinator

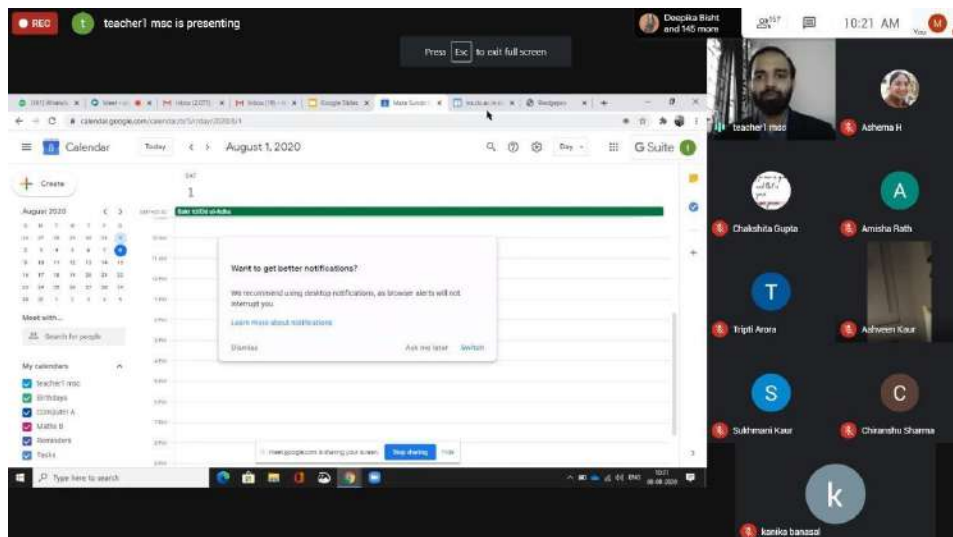
**DATES : 7TH - 8TH AUGUST 2020**  
**DURATION : 10.00 A.M. TO 1:00 P.M.**

**TOPICS :**  
**DAY 1 : INTRODUCTION TO GOOGLE CLASSROOM, DRIVE AND SHEETS**  
**DAY 2 : WORKING WITH GOOGLE SITES AND PUBLISHING CONTENT**

**PATRON**  
**PROF. (DR.) HARPREET KAUR**  
Principal

**DR. S KALPANA DEVI**  
Convener

**MS. ASHEMA HASTI**  
Co-convener








**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Online Workshop on Using MS PowerPoint as Teaching Aid**

**Department of Elementary Education  
Mata Sundri College for Women (University of Delhi)  
organises**



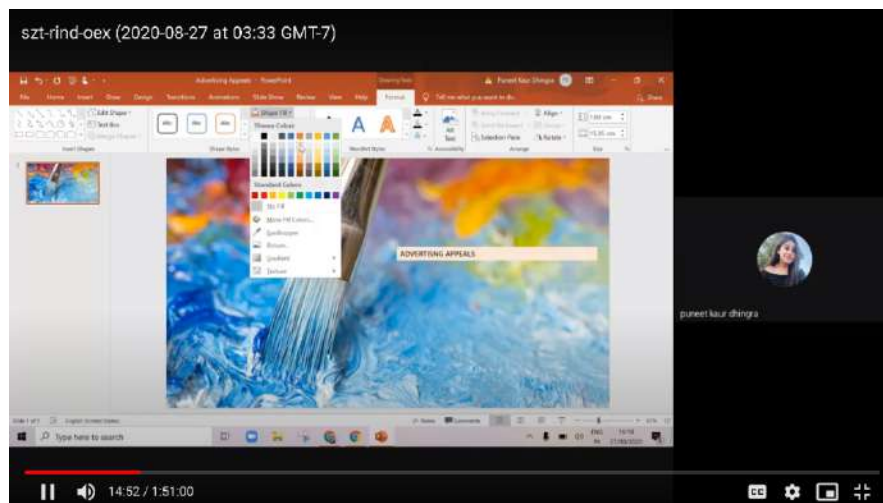
**WORKSHOP  
ON  
USING POWERPOINT AS TEACHING AID**

**By:**  
**Ms. Puncet Kaur (Assistant Professor, MSC)**

**for B.El.Ed. IV year students**

**Date: 27.08.2020**      **Time: 04:00 – 06:00PM**      **Venue: Google Meet**

**Ms. Divya Sharma  
Dr. Manisha Subba  
(Coordinators)**      **Dr. Ravneet Kaur  
(Teacher in-charge)**      **Prof. (Dr.) Harpreet Kaur  
(Principal)**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Webinar on How to do well in interviews and building a strong Resume**

**MATA SUNDRI COLLEGE FOR WOMEN  
UNIVERSITY OF DELHI**

Placement and Internship Cell  
presents  
**WEBINAR OPPORTUNITY**  
by  
**T.I.M.E. Institute**

**Topic of Webinar -**

- How to do well in Personal Interviews
- How to build a strong CV/Resume

**Date - 10th September, 2020 Time - 6:00pm to 7:30pm**

**Last Date To Apply- 10th September, 2020 by 12:00pm**

In case of any queries, drop us a mail at- [matasundripcell@gmail.com](mailto:matasundripcell@gmail.com)





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Webinar - Fit to Fitter: Overcoming Women Health Challenges**

**MATA SUNDRI COLLEGE FOR WOMEN  
(University Of Delhi)  
NATIONAL SERVICE SCHEME  
presents  
webinar  
FROM FIT TO FITTER:  
OVERCOMING WOMEN HEALTH CHALLENGES**

**On**  
12th September 2020 ; 4:00pm-5pm

Registration link:  
<https://forms.gle/t1MXaTPyexpPgNcq6>

E-certificates for the registered attendees

**Dr. Puja Dewan**  
Gynaecologist, Obstetrician & Musician  
MBBS, DGO, DNB, FRCOG (UK), FRSH (UK), PhD

**JOIN US ON GOOGLE MEET**

**AMITOJ KAUR**  
PRESIDENT

**Dr. MAMTA CHAWLA**  
PROGRAMME OFFICER (NSS)

**Dr. (Prof.) HARPREET KAUR**  
PRINCIPAL



Weblink of the event- [https://youtu.be/BU5XRHPjc\\_g](https://youtu.be/BU5XRHPjc_g)



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

**Ph: 23237291**

**Webinar on Financial Markets by Share Vidya**

**MATA SUNDRI COLLEGE FOR WOMEN  
UNIVERSITY OF DELHI**

Placement and Internship Cell  
presents  
**WEBINAR**  
By  
**SHAREVIDYA**

**Topic -  
Financial Markets**

**Date : 19th & 20th,  
September 2020  
Time- 12 Noon to 2 PM**

For queries, drop us a mail at : [matasundripcell@gmail.com](mailto:matasundripcell@gmail.com)



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Webinar on Data Science**

MATA SUNDRI COLLEGE FOR WOMEN  
UNIVERSITY OF DELHI

DEPARTMENT OF STATISTICS  
presents  
WEBINAR  
On  
**DATA SCIENCE**  
"Revolutionizing business decisions"

**SPEAKER :**  
Ms. NITIKA MALHOTRA  
Data Science Manager,  
MINISTRY OF HEALTH, SINGAPORE

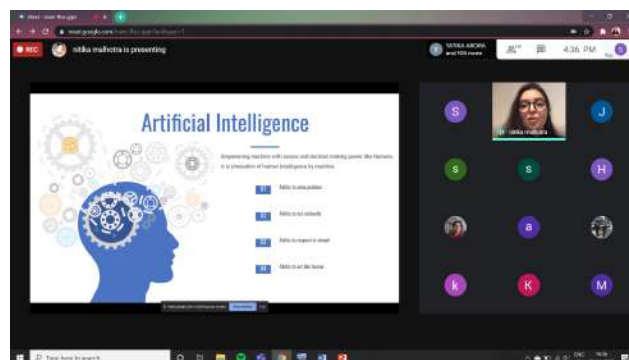
**DATE** – 8<sup>th</sup> OCTOBER 2020  
**PLATFORM** – Google Meet  
**TIME** – 4 PM  
**REGISTER AT:**  
<https://tinyurl.com/datascien>  
cemsew

**In case of queries contact:**  
Alisha Manku (9821413672)  
Gourisha Narang (9971785977)  
Bhavya Walecha (7703947039)

Dr. Swati Kujal  
Teacher Convenor

Ms. Prabhsharan Kaur  
Teacher Co-ordinator

Prof. (Dr.) Harpreet Kaur  
Principal





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Workshop on Online safety**

The poster features a purple header with the college's name and logo. The main text is centered on a grey background with a blue and white geometric pattern. It includes the text: 'PLACEMENT AND INTERNSHIP CELL IN COLLABORATION WITH Youth Online Learning Organisation', 'PRESENTS A WORKSHOP ON ONLINE SAFETY', and 'HOW TO USE THE TECH SPACES SAFELY FOR COMMUNITIES'. The date and time are listed as 'Date : 9th October, 2020' and 'Time: 6:30 pm onwards'. At the bottom, it provides the contact email: 'In case of queries, Mail us at : pcell.msc@gmail.com'.





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**International Webinar on Mental Health: Challenges and Opportunities**

COMMEMORATING WORLD MENTAL HEALTH DAY 10 TH OCTOBER

**MATA SUNDRI COLLEGE FOR WOMEN**  
UNIVERSITY OF DELHI

DEPARTMENT OF PSYCHOLOGY  
PRESENTS

**MENTAL HEALTH :CHALLENGES AND OPPORTUNITIES**  
AN INTERNATIONAL WEBINAR

**DR DIVYA SADANA**  
CLINICAL NEUROPSYCHOLOGY MENTOR  
New Jersey, USA

**DR. PROMILA AGARWAL**  
INDIAN INSTITUTE OF MANAGEMENT  
AHMEDABAD

22ND OCTOBER, 2020  
TIME: 4 P.M.  
ON LINE PLATFORM -  
GOOGLE MEET

REGISTRATION LINK  
<https://forms.gle/paAYJ5fnuY9ytpxeA>

**DR. POOJA JAGGI**  
CONVENOR

**PROF. HARPREET KAUR**  
PRINCIPAL





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Short Term Course on Python for Machine Learning and Data Science**

The poster is a vertical rectangular graphic with a color gradient from pink at the top to dark blue at the bottom. It features logos for the Department of Mathematics, IQAC, and 9LEDGE PRO. The text is centered and uses various colors (white, red, black) for emphasis. A large black curved shape on the left side contains the course duration and fees. The right side lists the names and titles of the course staff. At the bottom, there is a registration link and contact details.

**DEPARTMENT OF MATHEMATICS  
&  
INTERNAL QUALITY ASSURANCE CELL (IQAC)  
MATA SUNDRI COLLEGE FOR WOMEN  
IN COLLABORATION WITH  
9LEDGEPRO- MICROSOFT PARTNER NETWORK  
PRESENTS  
SHORT TERM SKILL DEVELOPMENT CERTIFICATE COURSE  
ON  
PYTHON FOR MACHINE LEARNING AND DATA SCIENCE**

**Patron:  
Prof. Harpreet Kaur  
(Principal)  
Mata Sundri College for Women**

**Course Duration:  
30Hrs.**

\* Live Sessions will commence  
from 31st October 2020.

**Course Fees:  
2420/-**

\* Recommended PC/Laptop with  
internet connection for course.

**IQAC Coordinator:  
Dr. Lokesh Kumar Gupta**

**Teacher-In-Charge:  
Ms. Mandeep Walia**

**Course Coordinator:  
Ms. Sonia Aneja**

**Instructor:  
Mr. Parth Shukla  
Microsoft Certified Trainer**

**Registration and Payment Link:**  
<https://forms.gle/jesvtEt1wu2VBeQK7>

**Contact Details:**  
Dr. Karuna Mamtani (9953313083)  
Dr. Ramita Sahni (9999707491)





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Workshop on Conservation Storytelling**

**MATA SUNDRI COLLEGE FOR WOMEN**  
**EARTHCON SOCIETY**  
**DEPARTMENT OF ENVIRONMENTAL STUDIES**

invites you for a  
**WORKSHOP**

**4:00 PM Onwards**

**CONSERVATION STORYTELLING-  
A MODERN APPROACH TO CONSERVATION**

**SPEAKER**

**DAY 1 OCTOBER 31, 2020**  
THEME: BASICS OF STORYTELLING

**DAY 2 NOVEMBER 01, 2020**  
THEME: CONSERVATION STORYTELLING

**ISHAN SHARMA**  
(Cinematographer, Storyteller and Filmmaker)

His short film titled 'A tree' won the title of Ultra Short Film. The film portrays montage of shorts delivering the importance of a single tree.

**AWARD**  
Festival International Nature Namur (2019)

**Prof. (Dr.) Harpreet Kaur (Principal)**  
**Dr. Jasjit Kaur (EVS Coordinator)**  
**Dr. Uzma Nadeem (Convener)**

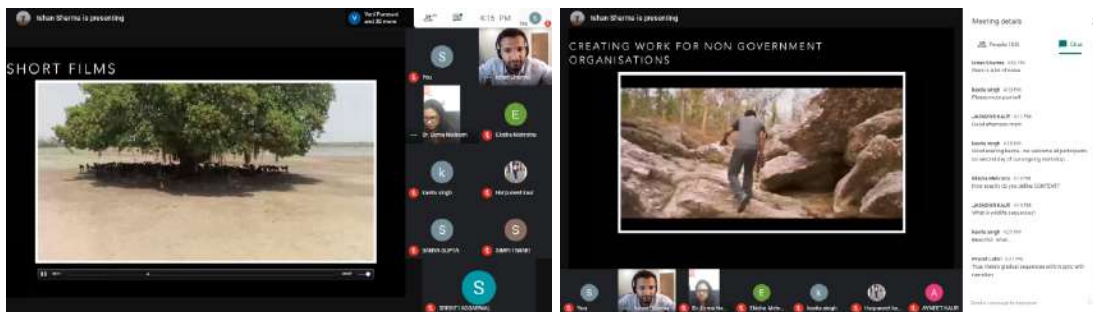
For any queries, contact:  
Ekisha Mehrotra: 8920555653  
Harpuneet Kaur: 7291917101  
Sanya Gupta: 9891164141

**Note: Results of Wildlife Week Competition will be declared on 31st October 2020.**

f @earthcon13  
www.mscw.ac.in  
@earthconsocietymsc

**E CERTIFICATES WILL BE PROVIDED\***

**Register Here**



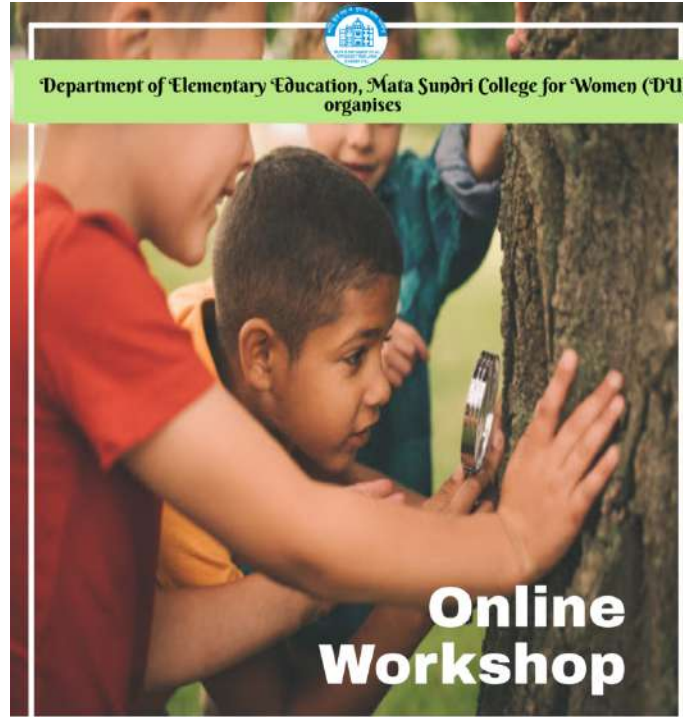


**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Online Workshop on Strategies of Teaching EVS**



**Strategies of teaching EVS**



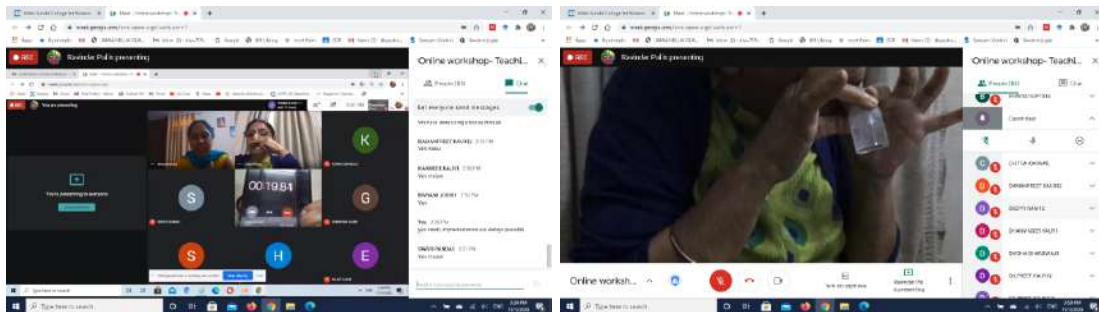
**Resource Person- Dr. Ravinder Pal  
(Educational Consultant & Teacher Educator)**

**Tuesday, 3rd November, 2020  
2:30 pm onwards  
@ Google Meet**

Ms. Divya Sharma  
Dr. Manisha Subba  
(Workshop Coordinators)

Dr. Ravneet Kaur  
(Convenor)

Prof. Harpreet Kaur  
(Principal)





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Webinar on Solid Waste Management by Enactus**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

**Ph: 23237291**

**Sanskrit Sambhashan Karyashala**

संस्कृत विभाग  
माता सुंदरी महाविद्यालय  
तथा  
संस्कृत भारती दिल्ली  
के संयुक्त तत्वावधान में  
पंद्रहदिवसीय आनलाइन  
संस्कृत संभाषण कार्यशाला  
नवम्बर 17,2020 से दिसंबर 1,2020  
अपराह्न 4:00-5:30

जुड़ने हेतु लिंक शीघ्र दिया जाएगा।

संयोजिका  
डा० आशा रानी

संरक्षिका  
प्रो० हरप्रीत कौर



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Student Induction Program "Get to Know Google Classroom and Google Meet"-  
Day-1**

MATA SUNDRI COLLEGE FOR WOMEN  
(University of Delhi)

**GET TO KNOW  
GOOGLE CLASSROOM  
AND GOOGLE MEET**

**For first year  
Commerce students**  
Bcom(Hons)

Date: 28th November, 2020  
(Saturday)

T.I.C: Ms. Jaspal Kaur Sahni  
Faculty: Ms. Manjot Kaur  
Ms. Kamna Virmani

**Student Induction Program "Get to Know Google Classroom and Google Meet"  
Day-2**

MATA SUNDRI COLLEGE FOR WOMEN  
(University of Delhi)

**GET TO KNOW  
GOOGLE CLASSROOM  
AND GOOGLE MEET**

**For first year  
Commerce students**  
B.com (Prog)

Date: 29th November, 2020  
(Sunday)

T.I.C: Ms. Jaspal Kaur Sahni  
Faculty: Ms. Manjot Kaur  
Ms. Kamna Virmani  
Ms. Ishpreet Kaur



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**E-waste recycling and management workshop**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Counseling session on Stress Management in the Current Academic Environment**

**Mata Sundri College for Women**  
(University of Delhi)

*B.A. Programme Society*  
In collaboration with  
**IQAC**

**A COUNSELING SESSION ON**  
**Stress Management in  
the Current Academic  
Environment**

with  
**ASHOK ARORA**  
(Motivational Speaker)  
Advocate, Secretary, Supreme Court  
Bar Association

Connect with us & Live on You Tube  
on Zoom [Click here to Join](#) (Passcode: 013718)  
 [Join on YouTube](#)

*Dr. Harinder M. Sandhu*  
Program Coordinator

*Dr. Manisha Mathur*  
Co-Coordinator  
BA Programme

*Dr. Lokesh Kr. Gupta*  
Coordinator  
IQAC and BA programme

*Prof. Harpreet Kaur*  
Principal

**3<sup>rd</sup> December | 5:00 P.M.**

E-Certificates will be issued to participants who fill the feedback form



Weblink of the event- <https://youtu.be/G0XQ-AkWT6k>



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Hand Hygiene for all- Handwash Day celebration by NCC unit of MSC**









**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

**Ph: 23237291**

**Short Term Course on Graphics Designing & Front End Web Development**



**MATA SUNDRI COLLEGE FOR WOMEN**  
(UNIVERSITY OF DELHI)

**DEPARTMENT OF COMPUTER SCIENCE and INTERNAL QUALITY ASSURANCE CELL**  
in association with GirlScript Foundation

Organize an Online Short Term Certificate Course on  
**Graphics Designing & Front-End Web Development**  
(2<sup>nd</sup> Jan 2021 – 5<sup>th</sup> Feb 2021)

<b>PATRON: PROF. (DR.) HARPREET KAUR</b>	<b>IQAC Coordinator: Dr. Lokesh Kumar Gupta</b>
<b>Teacher in Charge: Dr. Kiranjeet Sethi</b>	<b>Programme Coordinator: Ms. Ashema Hasti</b>

**Organizing Team: Department of Computer Science**  
**Student Coordinators: Jyoti Balodhi (6398383584, 9871979597) and Darshpreet Kaur (8287684314)**



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Short Term Course on Translation by Hindi Department**



## हिन्दी विभाग

और

### आंतरिक गुणवत्ता प्रमाणन प्रकोष्ठ

### माता सुन्दरी महिला महाविद्यालय

तथा

### भारतीय अनुवाद परिषद

के संयुक्त तत्वाधान में

### आयोजित

लघु अवधि अनुवाद प्रमाणपत्र पाठ्यक्रम  
में पंजीकरण के लिए स्वागत है।



संरक्षक  
प्रो. हरप्रोत कौर  
प्राचार्या

डॉ. लोकेश कुमार गुप्ता  
संयोजक  
आंतरिक गुणवत्ता प्रमाणन प्रकोष्ठ

डॉ. ललिता भीणा  
प्रभारी  
हिन्दी विभाग

डॉ. इन्दू कुमारी  
कार्यक्रम संयोजक  
हिन्दी साहित्य परिषद

प्रो. पूरनचंद टंडन  
पाठ्यक्रम निदेशक एवं सचिव  
भारतीय अनुवाद परिषद

- ❖ Limited Seats Available
- ❖ Registration : First Come First
- ❖ Course Duration : 30 Hours
- ❖ Registration Fees : 500/-  
(Non-Refundable)

पंजीकरण लिंक एवं पेमेन्ट लिंक : <https://forms.gle/czMkpJQEU1KjGbWu5>

संपर्क सूत्र -9873405194 Mail ID: hindi@ms.du.ac.in



Weblink of the event- <https://youtu.be/6Xe2xgqOxWU>



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

### Online Workshop on- Using Puppets in Classroom

DEPARTMENT OF ELEMENTARY EDUCATION  
MATA SUNDRI COLLEGE FOR WOMEN  
(UNIVERSITY OF DELHI)  
PRESENTS

# PUPPETS IN CLASSROOM!

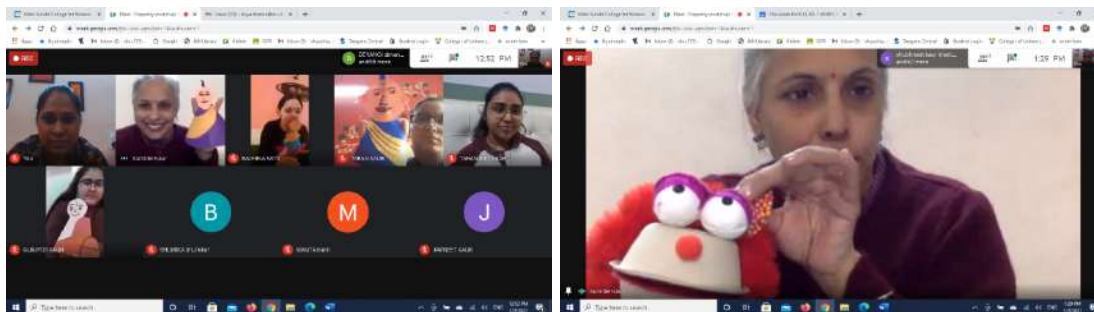
A PUPPETRY WORKSHOP  
FOR B.EL.ED. I YEAR STUDENTS

January 7, 2021  
From 12:00 to 1:00PM  
@ Google Meet

**Resource Person**  
**Ms. SURINDER KAUR**  
(MENTOR TEACHER, DOE)

**Prof. Harpreet Kaur**  
(Principal)  
**Dr. Ravneet Kaur**  
(Teacher In-charge)

Workshop Coordinated by :  
Dr. Radhika Menon, Ms. Divya Sharma,  
Ms. Ruchi Garg & Ms. Neha Sharma  
(School Contact Programme team)



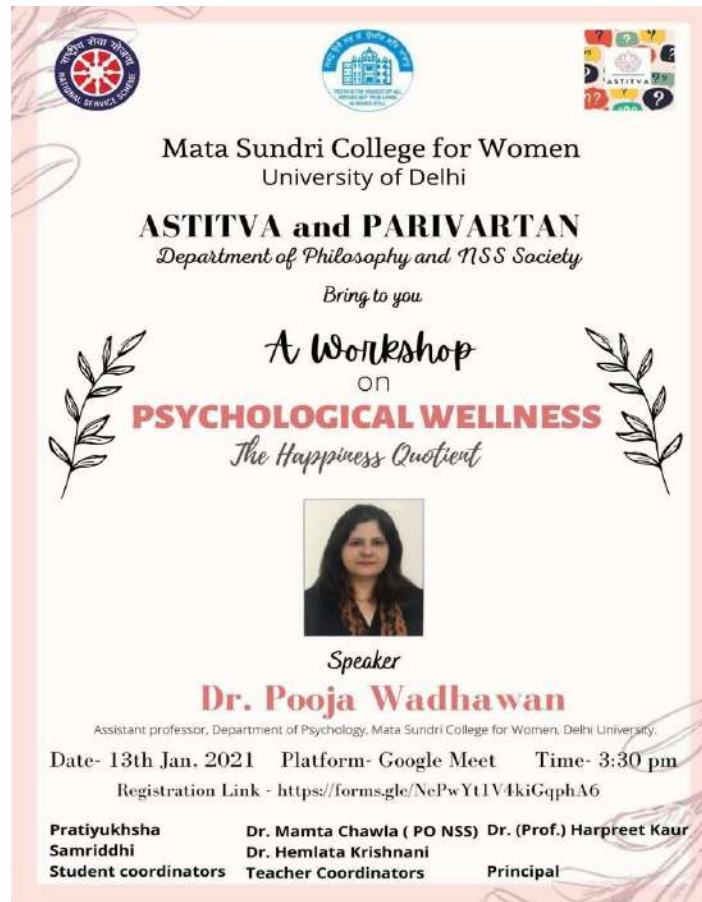


**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Workshop on Psychological Wellness**




Mata Sundri College for Women  
University of Delhi

**ASTITVA and PARIVARTAN**  
*Department of Philosophy and NSS Society*

Bring to you

**A Workshop**  
ON  
**PSYCHOLOGICAL WELLNESS**  
*The Happiness Quotient*

  
*Speaker*

**Dr. Pooja Wadhawan**  
Assistant professor, Department of Psychology, Mata Sundri College for Women, Delhi University.

Date- 13th Jan, 2021 Platform- Google Meet Time- 3:30 pm  
Registration Link - <https://forms.gle/NePwYt1V4kiGqphA6>

**Pratiyuksha Samridhi** Student coordinators  
**Dr. Mamta Chawla ( PO NSS)** Teacher Coordinators  
**Dr. (Prof.) Harpreet Kaur** Principal



Weblink of the event- <https://youtu.be/32Bg9PtHsiY>



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Short Term Skill Development Program on Microsoft 365 Suite**

**MATA SUNDRI COLLEGE FOR WOMEN**  
IN COLLABORATION WITH  
**SLEDGEPRO** PRESENTS  
**SHORT TERM ONLINE SKILL DEVELOPMENT PROGRAM ON  
MICROSOFT 365 SUITE**

**PATRON**  
PROF. HARPREET KAUR  
PRINCIPAL (MSCFW)

**TEACHER-IN-CHARGE**  
MS. JASPAL KAUR SANHI

**COURSE COORDINATOR**  
DR S. KALPANA DEVI  
ADVISOR  
MS. KANWALJIT KAUR

**COURSE DURATION : 30 HOURS**

**COURSE DATE: 23 JAN 2021 ONWARDS**

**INSTRUCTOR**  
MR. PARTH SHUKLA  
MICROSOFT CERTIFIED TRAINER

### OBJECTIVE

**UNDERSTANDING MICROSOFT OFFICE 365 SUITE**

- Learn the essential and advanced Microsoft Office Skills in Excel, Word, PowerPoint, Outlook, Teams and Access
- Learn practical methods to backup and recover your Excel spreadsheets and recover lost data
- Effectively use Insert and Flash fill to you are more productive in Microsoft Excel
- Discover the essentials of using formulas and functions in Excel
- Discover how to create stunning charts and graphs in Excel
- Learn practical methods to sort and filter your data in Excel
- Discover new features in PowerPoint 2019 including icons and 3D Models
- Learn how to insert shapes, graphics and pictures to add some "zing" to your PowerPoint
- Add charts, graphs and tables to your PowerPoint presentation information in a non-trivial format
- Wow your audience by adding animations, audio and video to PowerPoint
- Discover practical tips to present your PowerPoint presentation to your audience- Learn time saving techniques including how to copy slides, and exporting your presentation
- Maximize the most common uses of Microsoft Word
- Learn Word tools including using columns, indents, footers, borders and watermark
- How to create a mail merge in Microsoft Word
- Learn how to correctly Print envelopes and labels in Word
- Learn to protect your Word document from changes
- Insert professional pictures and graphics in your Word documents
- Make your Word documents look amazing by inserting and editing tables
- Sorting information and running queries in Access
- How to get set up in Outlook
- All about sending and receiving emails
- How to customize your mailbox and view
- How to organize and manage your mail including ignoring, flagging and conditional formatting
- How to organize and manage your mail including ignoring, flagging and conditional formatting
- Creating and managing tasks and reminders
- How to use signatures and voting buttons
- Adding, managing and searching contacts in the address book
- Working with the Outlook Calendar, including creating meetings and appointments
- How to create Notes and link Outlook to OneNote

### COURSE CONTENTS

- Getting started with PowerPoint Creating a Presentation
- Wrapping up a Presentation Getting Started with Excel
- Formatting in Excel If Function
- Creating Charts Performing Lookups
- Pivot Table What-If Analysis
- Introduction to MS-Word Formatting Documents
- Sharing Word Documents Footnotes
- Citation & Bibliography Inserting Captions
- Working with SharePoint & One-Note Working with Outlook Calendar & MS-Teams

### ABOUT THE COURSE INSTRUCTOR

**Co-Founder, SledgePro - Microsoft Partner Network and Google Cloud Reseller**  
Subject Matter Expert (Application Development and Data Analytics)

Guest Faculty in various reputed institutions across India (AKTU, OGPDU, SPPU, Mumbai and Delhi University).

Conducted 2 day Workshop at National Academy of Customs, Indirect Taxes & Narcotics (NACIN), Central Board of Indirect Taxes and Customs (CBIC), Dept. of Revenue, Govt. of India (Apea training academy in the indirect Tax administration).

MCA-Software Engineering and into Python Application development Training and consulting.

His key domain is Development and Information Security Management.

His Technical Skills include -  

- ✓ Microsoft Certified Trainer (MCT), Microsoft Certified Professional (MCP)
- ✓ Machine learning with R and Python
- ✓ Business Analytics using Advance Excel/R, Office-365 Apps
- ✓ OWSAP Framework, .NET Windows/Web Application development
- ✓ Cloud Application Development using Azure.

**Parth Shukla**

He is associated with Microsoft Imagine Academy for promoting skill development programs since January 2014



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Skills and Competencies agenda and enhancing employability and work participation  
of women**

**MATA SUNDRI COLLEGE FOR WOMEN**  
(UNIVERSITY OF DELHI)

**IQAC & B.A. Programme Society**  
*is organizing*  
**A SKILLED BASED COUNSELLING SESSION**  
*on*  
**SKILLS AND COMPETENCIES AGENDA AND ENHANCING EMPLOYABILITY AND WORK PARTICIPATION OF WOMEN**

[Register Here](#)

by  
**Dr. Manish Kumar**  
Chief Executive Officer  
**National Skill Development Corporation**

<b>Dr. Niti Arora</b> Co-Convenor, BA (P)	<b>Dr. Manisha Mathur</b> Dy. Coordinator, IQAC	<b>Dr. Harinder M. Sandhu</b> Program Convener	<b>Prof. Harpreet Kaur</b> Principal
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Weblink of the event- <https://youtu.be/3MFeWU8T2dQ>



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Short Term Course on Building a Positive Self Image for Success**



**ONLINE  
SHORT TERM  
CERTIFICATE COURSE  
ON  
BUILDING  
A POSITIVE SELF  
IMAGE FOR SUCCESS**

Organised by:  
Department of Philosophy  
&  
Internal Quality Assurance  
Cell (IQAC)  
Mata Sundri College for Women  
(University of Delhi)

In collaboration with  
Inner Happiness Index

Patron  
**Prof. Harpreet Kaur**  
Principal

Dr. Lokesh Kumar Gupta  
IQAC, Coordinator

Dr. Hemlata Krishnani  
Program Coordinator,  
Teacher-in-charge

Dr. Jolly Singh  
Organizing Secretary

Ms. Shalini Vikrant  
Course Instructor

Fee Structure: ₹300 (non-refundable)

[Payment & Registration Link](#)

Course Duration: 30 Hours (online)

Eligibility: Undergraduate students



**About the course**

This course will teach students how to create and restore a positive self-image for a happy and a successful life. This course aims to familiarize the students with tools and methods to embark on the journey of personal growth. A positive self-image is one of the key elements for a successful life. Thinking positive and saying Happy is a conscious effort. It is a life skill which needs to be learned and practiced every day for a better life. This course will take the students through the process of self-discovery and it will reinforce the belief that they have the power to create the life which they want. The course will be highly interactive and will focus on experience rather than theory. The students will learn how to build a positive self-image through activities, experience sharing and real-life stories. The course is designed in various modules which will focus on the power of choosing the right words, of being oneself, forgiveness (others and self), kindness, gratitude, compassion, leadership and mindfulness. Students will be assessed at the end of each module by means of a quiz and/or a written test. They will be required to record their interpretation of the course learnings in their daily life in a journal. They will also be expected to collate the experiences and present in a form of a group presentation or an essay.

**About the Department of Philosophy, Mata Sundri College for Women**

Department of Philosophy, Mata Sundri College was established in 1965. It offers Honours program and inter-disciplinary courses in Philosophy for undergraduate students. The faculty comprises of hardworking and exemplary teachers who motivate young minds constantly. The department

takes pride in having illustrious current and former faculty members, among whom Dr. Satnam Kaur has been the former principal of the college.

**About the college**

Mata Sundri College For Women is an institution where we strive to achieve excellence not only in higher education but also women empowerment. A committed college of the University of Delhi, the college, was founded on 17th July, 1967 by the Gurukulwa Pradhikaran Committee, Delhi State. We are proud of a robust student strength of more than four thousand vibrant young women in the college and a strength of 175 distinguished faculty members and 64 members of the non-teaching staff. With its extremely well-qualified teaching faculty and an efficient support staff backing them, the college provides an ideal learning environment for young women, giving shape to their most cherished dreams and wings to their creative pursuit. We are a college offering Humanities, Commerce and Science courses to students who come from an eclectic background. Our college is one of the eight colleges of University of Delhi, which offers the Bachelor of Elementary Education (B.Ed.) course which is an integrated professional degree program. In addition, with a view to encourage skill based education, we offer many skill development programs like Basic and Advanced Courses in Computers, Travel and Tourism, Textile Designing and Foreign Languages. Our mission is to provide quality education to students that not only nurtures individual talents but also fosters a spirit of camaraderie and teamwork. This is blended with sound values and ethics. Besides our commitment to academic excellence, we also pursue extra-curricular activities with equal enthusiasm.

Link to inaugural session- <https://youtu.be/Fo6bmDw5Zus>

Link to valedictory session <https://youtu.be/i9NkKZX0XHA>



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Skill based Counseling Session on Role of Urdu Language in Education**

**MATA SUNDRI COLLEGE FOR WOMEN**  
(University of Delhi)

DEPARTMENT OF URDU & INTERNAL QUALITY ASSURANCE CELL  
*Is organizing*

A SKILL BASED COUNSELLING SESSION  
on  
**ROLE OF URDU LANGUAGE IN EDUCATION**

by  
**Dr. Iffat Zarrin**  
Assistant Professor  
Department of Urdu  
Mata Sundri College for Women

Date : 4<sup>th</sup> February , 2021  
Time : 4:00 pm

**REGISTER HERE**

E- Certificates will be provided

STUDENT COORDINATORS  
Shabana : 7827178232  
Rida Fatima: 9899413290

YouTube Zoom

Dr. Uzma Nadeem (Co-Convenor)      Dr. Lokesh Kumar Gupta (IQAC, Coordinator)      Dr. Iffat Zarrin (Program Convenor)      Prof. Harpreet Kaur (Principal)



Weblink of event- [https://youtu.be/PBx\\_fZVN1FI](https://youtu.be/PBx_fZVN1FI)







**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Short Term Course on Entrepreneurial Idea Development and Skill Enhancement**



**INTERNAL QUALITY ASSURANCE CELL**  
**UDDHAM, THE ENTREPRENEURSHIP CELL,**  
And  
**THE DEPARTMENT OF COMMERCE,**  
**MATA SUNDRI COLLEGE FOR WOMEN**  
**(University of Delhi)**

In collaboration with  
**UGC NSQF - Skill development, KIRORIMAL COLLEGE,**  
**UNIVERSITY OF DELHI**

Invites students:  
To Apply for a 30 Hours Online Certificate Course on  
**“Entrepreneurial Idea Development and Skill  
Enhancement”**  
[Click here to register](#)

Date: 5 February 2021 – 15 February 2021



Weblink of the event- <https://youtu.be/oTiUhKgA6GU>



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Online Workshop – Art Integrated learning**

MATA SUNDRI COLLEGE FOR WOMEN  
DEPARTMENT OF ELEMENTARY EDUCATION  
PRESENTS A WORKSHOP ON

# ART INTEGRATED LEARNING

INTERACTIVE SERIES BY ALUMNAE AND PLACEMENT CELL

**RESOURCE  
PERSON**  
JAPSIFAT KAUR  
ALUMNI  
BELED DEPARTMENT

**FEB 9, 3:00 PM ON GOOGLE MEET.**

DR JASMEET KAUR  
MS. RUCHI GARG  
(COCONVENOR)

MS. NEERJA YADAV  
(CONVENOR)

DR. RAVNEET KAUR  
(TIC)

PROF. HARPREET KAUR  
(PRINCIPAL)





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**A counselling session on Psychology as a Life skill by Dr. Aruna Broota**

**MATA SUNDRI COLLEGE FOR WOMEN**  
(University of Delhi)

Internal Quality Assurance Cell  
in Collaboration With  
**Department of Psychology**  
Organizes  
**A Counselling Session**  
on  
**PSYCHOLOGY AS LIFE SKILL**  
By  
**Prof. Aruna Broota**  
Renowned Psychologist  
Former Professor, Department of Psychology  
(University of Delhi)

**Date: Feb. 11, 2021**  
**Time: 3 PM**

<https://www.youtube.com/c/matasundricollegeforwomen>

<https://zoom.us/j/94561619350?pwd=blQ0SUsjaGF6TVM4ZFYVElOTUwdz09>  
Meeting ID: 945 6161 9350 Passcode: 734169

**Dr. Pranita Gaur** Co- Convener  
**Dr. Harjinder Kaur** Convener  
**Dr. Pooja Jaggi** Teacher-In-Charge  
**Dr. Lokesh Kumar Gupta** Coordinator, IQAC  
**Prof. Harpreet Kaur** Principal



Weblink of event- <https://youtu.be/hgAAiXsgXUE>



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Workshop on Tally Prime**

**MATA SUNDRI COLLEGE FOR WOMEN**  
University of Delhi

Department of Commerce  
IN COLLABORATION WITH  
**NIIT FOUNDATION (TALLY EDUCATION PARTNER)**

Organises  
**A one day Workshop on TALLY PRIME**

13TH FEBRUARY 2021  
10AM ONWARDS  
ZOOM APP

REGISTRATION LINK  
https://www.zoom.us/j/925864065445  
www.msc.edu.in/niit  
www.niit.edu

**ORGANISING COMMITTEE**  
PROF. (DR.) HARPREET KAUR  
PRINCIPAL

MS. JASPAL KAUR SAHNI  
TEACHER IN CHARGE

MS. KANWALJIT KAUR  
ADVISOR

MS. RAMEET KAUR  
CONVENER

MS. NAINA KAUR  
DR. HARSHMEETA KAUR SONI  
CO-CONVENER

ANSHITA KOCHAR  
AVLEEN KAUR  
STUDENT COORDINATOR

**FOR MORE QUERIES CONTACT:**  
Anshita-8586065445 Avleen- 9667800504

zoom

TallyPrime - Invoice

EDU - Company

Supplier Invoice No.: 1 Date: 1-Apr-20

Particulars	Debit	Credit
Dr Cash Cur Bal: 85,000.00 Dr		15,000.00
Dr Purchase A/c Cur Bal: 15,000.00 Dr	15,000.00	

Balance: 15,000.00 15,000.00

Navigation: 15,000.00 15,000.00

Zoom Meeting

Weblink of the event- <https://youtu.be/y4Rieg2D8jc>



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Webinar on Cancer Preventions: How much effective**

**MATA SUNDRI COLLEGE FOR WOMEN  
(University of Delhi)**

**PARIVARTAN**  
The NSS Society

in collaboration with  
**Rajiv Gandhi Cancer Institute  
and Research Center**

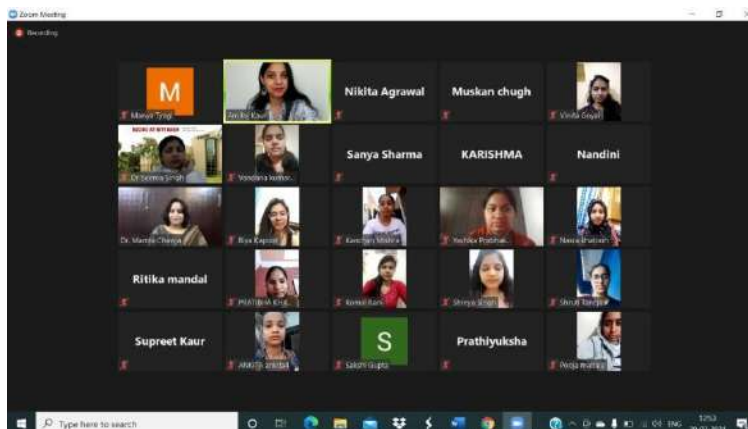
invites you to a webinar on

**CANCER PREVENTIONS :  
HOW MUCH EFFECTIVE**

by  
**Dr. Seema Singh**  
Consultant Surgical Oncology

**Date : 20th February 2021 (Saturday)**  
**Time : 12 noon**  
**Venue : Zoom Meetings**

**Amitoj Kaur (President)**      **Dr. Mamta Chawla (Programme Officer)**      **Prof. Harpreet Kaur (Principal)**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Counselling session on Legal Challenges in Digital Age with Special Reference to  
Specially Abled People in India**

**Mata Sundri College For Women,**  
University of Delhi  
The Enabling Unit,  
Internal Quality Assurance Cell (IQAC)  
and Student Council

PRESENTS  
A Counselling Session on

**" LEGAL CHALLENGES IN DIGITAL AGE  
WITH SPECIAL REFERENCE TO  
SPECIALLY ABLED PEOPLE IN INDIA "**  
(Open for all students)

DATE- 22 FEBRUARY, 2021  
TIME- 2 PM  
VENUE- ZOOM

Speaker : **Ashwini Siwal**  
Assistant Professor in IP & IT Laws,  
Faculty of Law, University of Delhi & Director,

**Student Council-**  
Alisha Manku (9821413672)  
Bhavneet Kaur (7703893385)  
Shreya Singh (8252656465)  
Sahida Khatoon (9599848152)

Prof. Dr. Harpreet Kaur  
(Principal)  
Dr. Lokesh Kumar Gupta  
(IQAC, Co-ordinator)

@ MSCWBulletin



Weblink of the event- <https://youtu.be/cilVPLVMwrc>



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Short Term Course on Holistic Fitness and Wellness Learning**

**ABOUT MATA SUNDRI COLLEGE FOR WOMEN**

Mata Sundri College for Women is an institution where we strive to achieve excellence in higher education and women empowerment. A constituent college of the University of Delhi, the college was founded on 15th July, 1967 by the Honourable Presidential Committee, Delhi State. We are proud to have a strength of 4000 vibrant young women in the college. There are 150 distinguished faculty members and 54 members of the Hon'ble teaching staff. We provide diverse education in Humanities, Commerce as well as Sciences. Our College is one of the eight colleges of University of Delhi which offer the B.A.BEd course that is an integrated professional degree programme.

Our mission is to provide quality education to students that not only nurtures individual talents but also fosters a spirit of camaraderie and teamwork. This is backed with sound values and ideal, innovative teaching methods including experiential activities, project work and fieldwork are an inherent aspect of the teaching learning process. Focused by thorough mentoring on an individual level by teachers, students are provided not only with a strong conceptual foundation but also nurtured their skills and competencies to succeed in a competitive world. We make all endeavours to instill a spirit of research among faculty and students, we recognize that it is the edifice for any institution of higher Learning. Besides our commitment to academic excellence, we also pursue extra-curricular activities with equal enthusiasm. Located in the heart of Delhi, with easy accessibility to metro stations of D.D. Park, Connaught Place, Barakhamba Road and the Metro College is an ideal destination for those who choose to chart out their own unique trajectory.

**ABOUT SRI GURU NANAK DEV KHALSA COLLEGE**

Initially named after Sri Guru Tegh Bahadur, ninth Guru of the Sikhs, this institution (started) out as Sri Guru Tegh Bahadur Khalsa (Evening) College in 1973. In 1988, it was called Sri Guru Tegh Bahadur Khalsa Post-Graduate (Evening) College. In 2005, the college was converted into a full-fledged day college and renamed Sri Guru Nanak Dev Khalsa College after the first Sikh Guru. A constituent college of the University of Delhi, the college is now registered under Section 21 and 12B of the UGC Act, 1956, and is managed by the Delhi Sikh Gurdwara Management Committee - the parent body that takes pride in managing quality educational institutions. The institution has completed more than 40 years of exemplary service in the field of education. The college has about 2000 students in its rolls in the various courses that are offered.

Since its inception the College has been constantly striving to achieve academic excellence coupled with all-round development of its students. Inspired by the teachings of Guru Nanak Dev ji, the college has also endeavoured to inculcate a spirit of scientific temper along with the values of spirituality and truthfulness. It aims to build the character of its students by following the tenets of 'Nertkaras, naanapna andvachnukar' and 'naamkij(sacchikar)kaarcharan', i.e. doing one's duty, remembering God and sharing the fruits of one's labour with less fortunate.

The vision is to see S.G.N.D. Khalsa College as a torch-bearer by inculcating basic moral values, community development, and providing fair access to the poor and socially disadvantaged groups in the light of changing economic, social and cultural developments.

Our mission is to instil scientific zeal and develop skilled human resource to meet contemporary challenges and to facilitate learners with opportunities to hone their leadership potential along with sensitising them towards inclusive social concerns, human rights, gender and environmental issues.

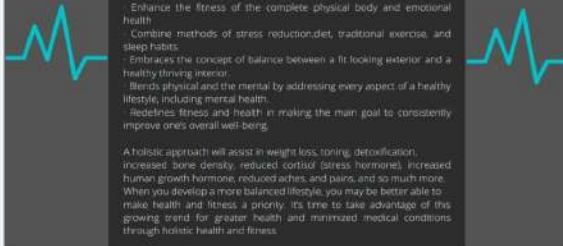
**OBJECTIVES OF THE PROGRAMME**

As life becomes more stressful and our health is under attack daily from long hours of work, poor nutrition, and environmental toxins around us, it is becoming more important that we save our health into our own hands. Traditional exercise focus more on outward appearance ignoring the physical condition of our inner body and our emotional state. That's why to keep healthy inside and out we need "Holistic Fitness and Wellness Learning".

Holistic Fitness and Wellness Learning addresses more than just muscle strength and endurance. It is a health protocol that seeks to:

- Enhance the fitness of the complete physical body and emotional health
- Combine methods of stress reduction, diet, traditional exercise, and sleep habits.
- Embraces the concept of balance between a fit-looking exterior and a healthy thriving interior.
- Blends physical and the mental by addressing every aspect of a healthy lifestyle, including mental health.
- Reconnects fitness and health in making the main goal to consistently improve one's overall well-being.

A holistic approach will assist in weight loss, toning, detoxification, increased bone density, reduced cortisol (stress hormone), increased human growth hormone, reduced aches and pains, and so much more. When you develop a more balanced lifestyle, you may be better able to make health and fitness a priority. It's time to take advantage of this growing trend for greater health and minimized medical conditions through holistic health and fitness.





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

HOLISTIC FITNESS AND WELLNESS LEARNING  
Short Term Online Certificate Course  
Course-content

S. No.	Topic	Resources Person	Day & Date	Duration
1.	SCIENCE OF EXERCISE	Dr Sheela K.S.	Monday 01.03.2021	1.5 hrs
2.	INTRODUCTION TO ACTIVE LIFE: FITNESS	Dr Monica Dewan	Wednesday 03.03.2021	1.5 hrs
3.	INTRODUCTION TO ACTIVE LIFE: WELLNESS	Dr Monica Dewan	Thursday 04.03.2021	1.5 hrs
4.	NUTRITION	Dr Vikram Singh	Monday 08.03.2021	1.5 hrs
5.	DIET	Dr Vikram Singh	Wednesday 10.03.2021	1.5 hrs
6.	DIETARY GIMMICKS AND MYTHS	Dr Vikram Singh	Thursday 11.03.2021	1.5 hrs
7.	WEIGHT MANAGEMENT & GYM OPERATIONS	Dr Seema Kaushik	Monday 15.03.2021	1.5 hrs
8.	BEHAVIOUR MODIFICATION	Mr Mudit	Wednesday 17.03.2021	1.5 hrs
9.	STRESS MANAGEMENT	Mr Vipin Sareen	Thursday 18.03.2021	1.5 hrs
10.	SOCIAL DEVELOPMENT THROUGH PERSONALITY DEVELOPMENT	Mr Vipin Sareen	Monday 22.03.2021	1.5 hrs
11.	SOCIAL DEVELOPMENT THROUGH COMMUNICATIVE SKILL DEVELOPMENT	Dr Pooja wadhawan	Wednesday 24.03.2021	1.5 hrs
12.	SPRITUAL DEVELOPMENT THROUGH YOGA	Dr Navdeep Joshi	Thursday 25.03.2021	1.5 hrs
13.	YOGA ASANAS	Dr Navdeep Joshi	Monday 29.03.2021	1.5 hrs
14.	MEDITATION	Dr Navdeep Joshi	Wednesday 31.03.2021	1.5 hrs
15.	LIFESTYLE DISEASES	Prof Ajay Malik	Thursday 01.04.2021	1.5 hrs
16.	SUBSTANCE USE DISORDER	Prof Arvind Malik	Monday 05.04.2021	1.5 hrs
17.	POSTURE AND CORRECTIVE EXERCISES	Dr Vinit	Wednesday 07.04.2021	1.5 hrs
18.	FIRST -AID	Dr Sourmya	Thursday 08.04.2021	1.5 hrs
19.	SCREENING AND HEALTH EVALUATION	Dr Benu Gupta	Monday 12.04.2021	1.5 hrs
20.	A-Z TIPS FOR HEALTH AND WELLNESS	Dr Monica Dewan	Wednesday 14.04.2021	1.5 hrs





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**DR. SHEELA K.S. (M.Sc., M.Phil., Ph.D.)**  
ASSOCIATE PROFESSOR  
DEPT. OF PHYSICAL EDUCATION AND SPORTS SCIENCES  
(MATA SUNDRI COLLEGE)

**DR. SEEMA KAUSHIK (M.P.H., Ph.D.)**  
ASSOCIATE PROFESSOR  
DEPT. OF PHYSICAL EDUCATION AND SPORTS SCIENCES  
(MATA SUNDRI COLLEGE)

**DR. MONIKA DEWAN**  
(M.P.H., GOLD MEDALIST, M.Sc. (SUSAL), Ph.D.)  
INTERNATIONAL CO-ORDINATOR AND DIRECTOR OF DEPT. OF  
EMERGENCY SERVICES, LIFE CARE AND NUTRITION

**DR. BENU GUPTA (M.P.H., Ph.D.)**  
ASSOCIATE PROFESSOR  
DEPT. OF PHYSICAL EDUCATION AND SPORTS SCIENCES  
(MATA SUNDRI COLLEGE)

**DR. NAVDEEP JOSHI (Ph.D.)**  
YOGA AND NA TUDIKAR (MATA SUNDRI)

**MR. VIKRAM SINGH**  
(Ph.D., Ph.D., Ph.D.)  
CERTIFIED T3 MASTER TRAINER  
IN STROKE/TBI / FREELANCE TRAINER

**DR. VIKRAM SINGH MSc., M.PED., M. PHIL., Ph.D.,  
PGDIPLOMA IN SPORTS MANAGEMENT)**  
ASSISTANT PROFESSOR, DEPT. OF PHYSICAL EDUCATION AND SPORTS SCIENCES

**DR. SAUMYA VIG**  
(B.A., Physiotherapy)  
DEPT. OF PHYSIOTHERAPY AND SPORTS MEDICINE  
SRI HOSPITAL

**MR. MUDIT KRISHNANI**  
PH.D. (SPORTS AND PHYSICAL EDUCATION)  
LITISHIKHARJAN UNIVERSITY

**DR. AJAY MALIK (M.P.H., Ph.D.)**  
ASSOCIATE PROF. DEPT. OF PHYSICAL EDUCATION  
KANGRI VISHWAKULYA

**MR. HARSH MISHRA (M.P.H., Ph.D.)**  
ASSOCIATE PROF.  
DEPT. OF PHYSICAL EDUCATION AND SPORTS SCIENCES  
(MATA SUNDRI)

**DR. POOJA WADHAWAN (M.A., Ph.D.)**  
ASSISTANT PROF. DEPT. OF PSYCHOLOGY (MATA SUNDRI)

**PROF. ARVIND MALLIK (M. Ph.D.)**  
PROF. & HEAD OF GURUPREKASH

**5-6/8**

**ORGANISING TEAM**

**SRI GURU NANAK DEV KHALSA COLLEGE**

(PATRON) Dr. Gurmohinder Singh Principal	(Co-convenor) Dr. Rajwant Singh TIC Phy. Edu. & Sports Sciences
(Convenor) Dr. I.P. Singh Sports Committee	(Coordinator) Dr. Neeta Dhingra Coordinator- IQAC

**MATA SUNDRI COLLEGE FOR WOMEN**

(PATRON) Prof. Harpreet Kaur Principal	(CONVENOR) Ms. Charanjeet Kaur TIC Phy. Edu. & Sport Science	(COORDINATOR) Dr. Lokesh Kumar Gupta Coordinator- IQAC
--	--	--

(ORGANISING COMMITTEE)

- Mr. Manjeet Singh
- Dr. Gursharan Kaur

Weblink of event- <https://youtu.be/eNFNoCS5t9c>



**Mata Sundri College for Women  
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Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Webinar- Healthy Lifestyle for everyone**

MATA SUNDRI COLLEGE FOR WOMEN  
University of Delhi

**PARIVARTAN**  
*The NSS Society*  
presents  
**Webinar**  
*on the occasion of*  
**INTERNATIONAL WOMEN'S DAY**  
**HEALTHY LIFESTYLE FOR EVERYONE**

 **Dr. Lavleen Kaur**  
*Dietitian, Clinical Nutritionist  
and Lifestyle Coach*  
*'Most Promising Youngest  
Dietitian in North India'*

8th March 2021 | 5:30pm | Zoom Meeting  
**Meeting ID: 961 5455 8752**  
**Passcode: 137158**

**E-certificates to all the attendees**

**Amitoj Kaur** (President) | **Dr. Jasmeet Kaur** (Moderator) | **Dr. Mamta Chawla** (Programme Officer, NSS) | **Dr. Harpreet Kaur** (Principal)



Weblink of event- <https://youtu.be/VKdhfQ79O5M>



Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002

Ref No. MSC/IQAC/SSR-CR5/5.1.3

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**Counselling session on Cyber crime and self protection organised by NSS**

**MATA SUNDRI COLLEGE FOR WOMEN**  
University of Delhi

**PARIVARTAN**  
The NSS Society

on the occasion of  
**INTERNATIONAL WOMEN'S DAY**

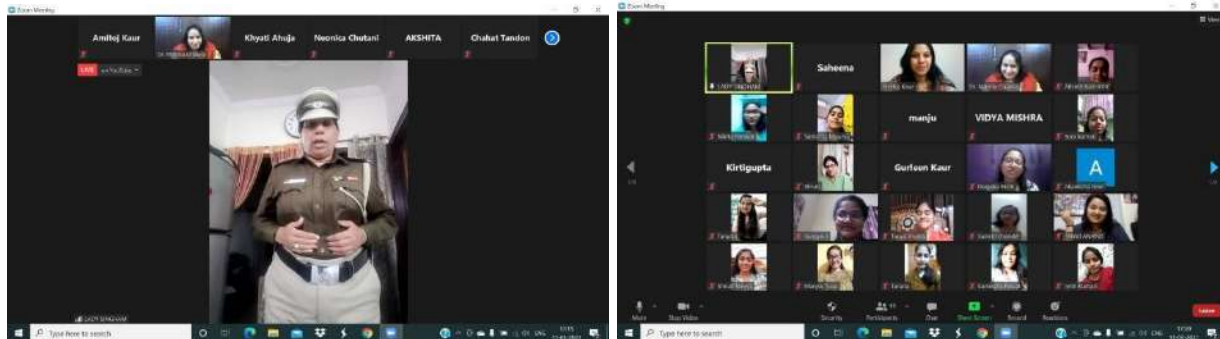
is organising  
**WOMEN'S DAY WEEK**  
**Counselling Session on**  
**Cyber Crime and**  
**Self Protection**

with  
**Kiran Sethi, Sub-Inspector of**  
**Delhi Police**

**Lady Singham**  
*She is a chief trainer in the Self Defence course in Prahar, which has trained more than 5000 school and university students. Maam's name is in the Limca Book of Records.*

11th March 2021 | 4:30pm | Zoom Meeting  
**E-Certificates to all the attendees**

Amitoj Kaur (President)      Dr. Mamta Chawla (Programme Officer)      Dr. (Prof.) Harpreet Kaur (Principal)



Weblink of event- <https://youtu.be/BSA6ZBEPfac>




**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Interactive Counseling session on The Practice of psychology**



Psychology Association  
**MATA SUNDRI COLLEGE FOR WOMEN**  
(University of Delhi)  
In association with  
**Internal Quality Assurance Cell**  
Organizes  
An Interactive Counselling session  
For UG & PG Students  
On  
**THE PRACTICE OF PSYCHOLOGY**  
**DATE: 09/04/2021**  
**TIME: 7:30 P.M.**

Resource person : **Cindy Dominique, Psy.d.,**  
Life Change Psychological Services  
Columbia, MD  
USA

<b>Dr. Garima Kumar</b> Co-convenor	<b>Dr. Harinder M Sandhu</b> Convener	<b>Dr. Lokesh Kumar Gupta</b> Coordinator IQAC	<b>Professor Harpreet Kaur</b> Principal
--	--	---	---

Join Zoom Meeting  
<https://zoom.us/j/93415629418?pwd=MjRGa1krYXpzQVZuMlNlVd0lxZTd1Zz09>  
Meeting ID: 934 1562 9418      Passcode: 839094



Weblink of event-<https://youtu.be/7ANkwpsxGXI>



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Sessions on Mindfulness by NSS**

**MATA SUNDRI COLLEGE FOR WOMEN**  
University of Delhi

**PARIVARTAN | The NSS UNIT**

**MINDFULNESS**  
*on the occasion of*  
**INTERNATIONAL YOGA DAY**  
**21ST JUNE 2021**

Discover your inner peace with Yoga!

Ms. Deepanjli  
Position Holder in National  
Yogasana Championship

Google Meet 4:00 PM

@nss\_msc @Parivartan\_msc @nss\_msc

**MINDFULNESS**

Day 1 (26 May 2021)	Power of Surya Namaskar
Day 2 (2 June 2021)	How to improve Mental Health in pandemic
Day 3 (8 June 2021)	Yogic practices of Pranayama
Day 4 (15 June 2021)	General Yoga Protocol
Day 5 (21 June 2021)	General Yoga Protocol

@nss\_msc @Parivartan\_nss @nss\_msc

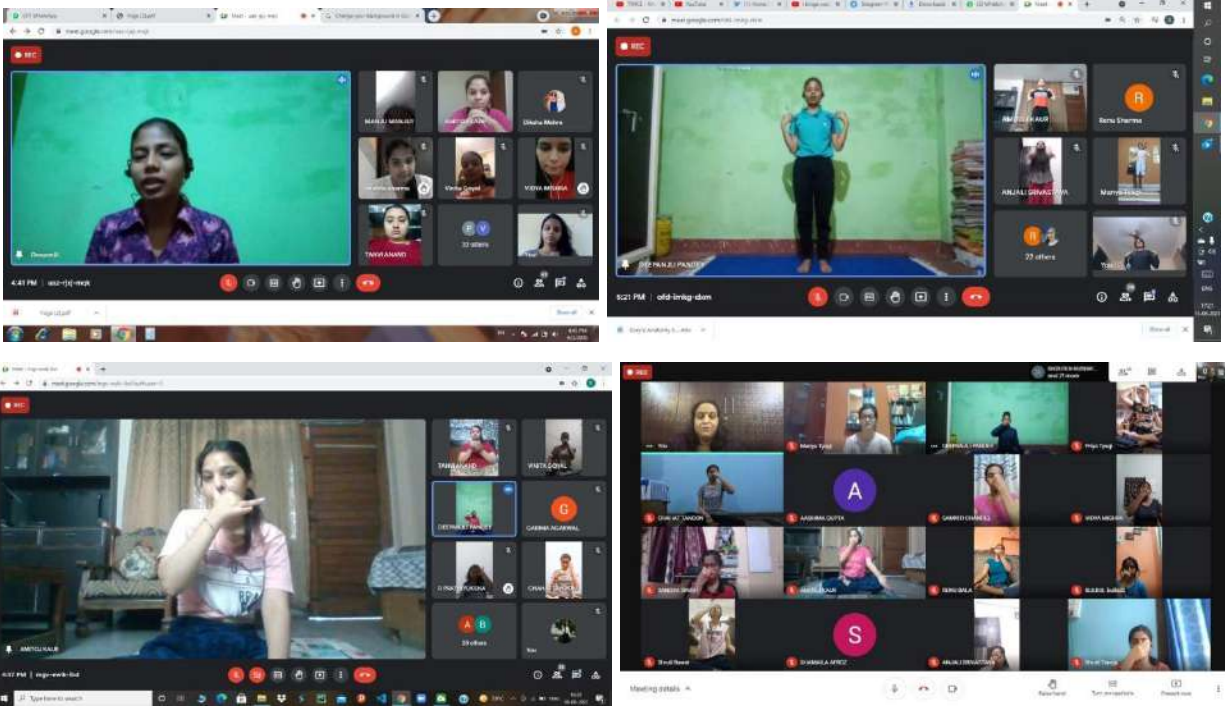


**Mata Sundri College for Women  
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Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Photos of Sessions on Mindfulness by NSS**



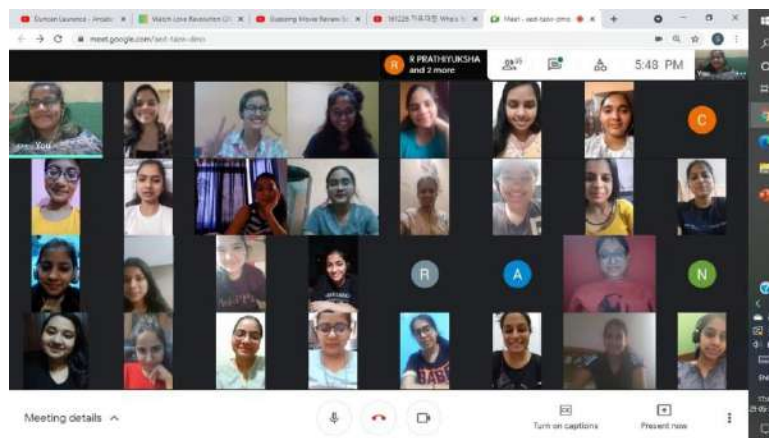


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Ph: 23237291

**Session on Covid-19 Awareness and Debunking Myths by NSS**





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Webinar on Cyber Security**

The screenshot shows a Zoom meeting interface. The main window displays a presentation slide with the title "Opportunities in cyber security Multiplied due to demonetization". The slide content includes a screenshot of an article from The Indian Express dated 29th January 2016, with the headline "'Go digital' drive brought cyber security to the fore in India". The article text discusses the impact of demonetization on the digital economy and cyber security. Below the article, there are links for "Learn Digital Marketing" and "Finish Your AdWords Sign Up". The Zoom interface shows a list of participants on the right, including Parth Shukla, NANDINI AGGARWAL, ANANYA JAITLEY, HARSHITA har, Harshita Sachdeva, Suman chaudhary, KHUSHI SHARMA, mohak makkar, and 22 others. The bottom of the screen shows the Zoom control bar with icons for mute, video, chat, and other functions.

The screenshot shows a Zoom meeting interface. The main window displays a presentation slide titled "Microsoft Imagine Academy". The slide features a photograph of four students wearing safety goggles and smiling. Below the photo, there is a logo for "CERTIPORT" and the text "AUTHORIZED TESTING CENTER". The Zoom interface shows a list of participants on the right, including Parth Shukla, KHUSHI SHARMA, kalpana devi, mohak makkar, DEEPIKA BISHT, SALONI JAIN, HARSHITA har, YASHI GOTAL, and 21 others. The bottom of the screen shows the Zoom control bar with icons for mute, video, chat, and other functions.





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**Microsoft Global Certification on Excel**

**THE PLACEMENT AND INTERNSHIP CELL**  
Mata Sundri College for Women  
University of Delhi

**Microsoft  
Global  
Certification  
on Excel**  
by  
**9Ledge Pro**

**Enroll now!**

**Cost of the program:  
Rs. 2690**

**📅 DATES:**  
16 June to  
30 June  
2021

**🕒 TIMINGS:**  
Monday to  
Saturday:  
4:30 - 6 pm  
Sunday:  
10 am - 1 pm

**👤 INSTRUCTOR:**  
Mr. Parth  
Shukla

In case of queries drop us a mail at: [matasundripcell@gmail.com](mailto:matasundripcell@gmail.com)



**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

**Ph: 23237291**

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by  
**9Ledge Pro**

**Enroll now!**

**Cost of the program:  
Rs. 2690**

<b>DATES:</b> 16 June to 30 June 2021	<b>TIMINGS:</b> Monday to Saturday: 6:30 - 8 pm Sunday: 2 pm - 5 pm	<b>INSTRUCTOR:</b> Mr. Parth Shukla
--	--	---

In case of queries drop us a mail at: [matasundripcell@gmail.com](mailto:matasundripcell@gmail.com)

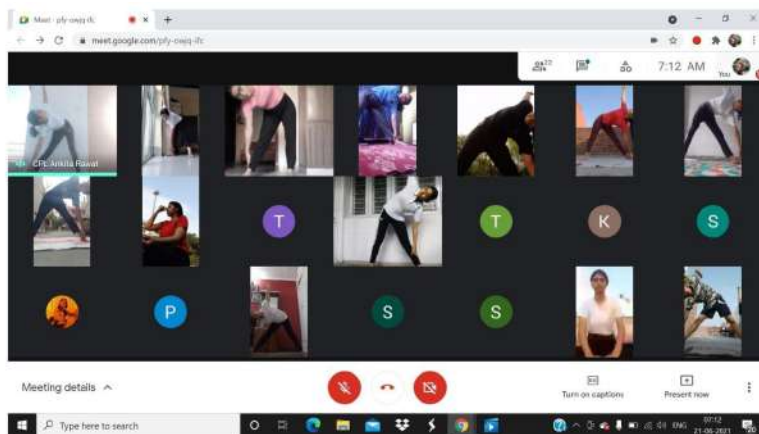
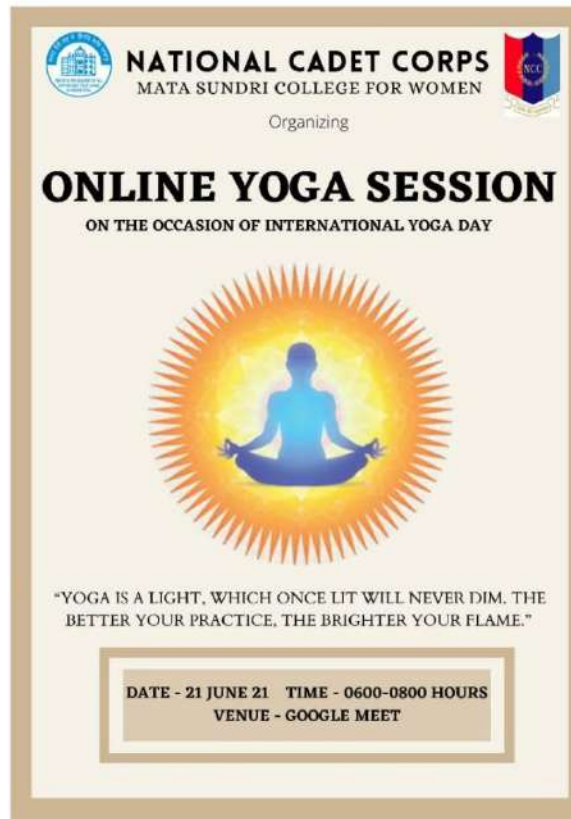


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Ph: 23237291

**Online Yoga Session by NCC**





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(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**Session on - Yoga for Well-being**

delhiuniversityofficial  
Mata Sundri College

MATA SUNDRI COLLEGE FOR WOMEN  
UNIVERSITY OF DELHI

DEPARTMENT OF PHYSICAL EDUCATION & SPORTS SCIENCE

IS CELEBRATING

**INTERNATIONAL YOGA DAY**

June 21st, Monday, 2021  
at 10 am

Platform:- ZOOM  
([HTTPS://ZOOM.US/j/987523863a7PwD=WLHxFZEK3VsZ3VRZLZfALHIVHpkB2og](https://zoom.us/j/987523863a7PwD=WLHxFZEK3VsZ3VRZLZfALHIVHpkB2og))

**YOGA FOR WELL-BEING**

Prof. Harpreet Kaur  
(Principal)

Miss Arpita Gupta  
(Yoga Expert, CultFit)

Ms. Charanjeet Kaur  
Convenor

Dr. Gursharan Kaur  
Co-Convenor

for further queries whatsapp:- 9274440006

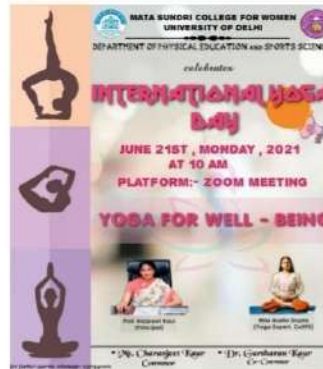


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(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

PICTURES OF THE DAY





**Mata Sundri College for Women  
(University of Delhi)  
Mata Sundri Lane, New Delhi-110002**

Ref No. MSC/IQAC/SSR-CR5/5.1.3

Ph: 23237291

**National Workshop- Psychological Wellbeing of Women during Disaster Era**

**Psychological Well-Being of Women During Disaster Era**  
National Workshop

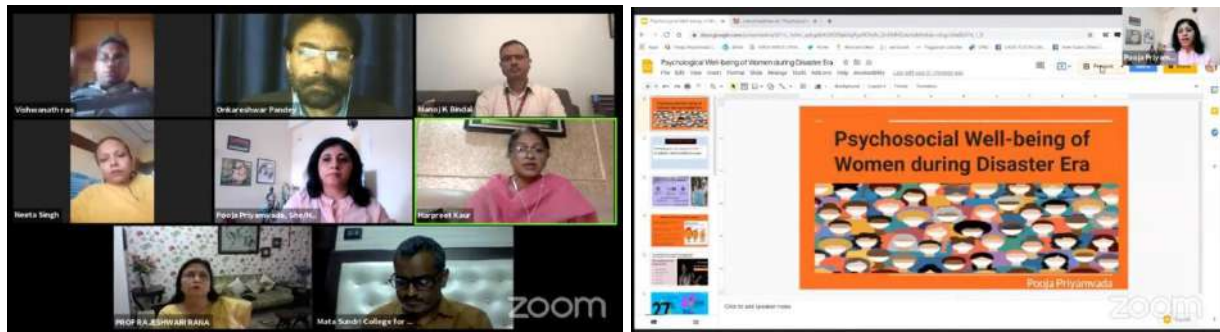
E-Certificate Will be issued | Date : 24 June, 2021, Time: 11 AM | Registration Link

**Panel of Speakers:**

- PROF. HARPREET KAUR, Principal, Mata Sundri College For Women, University of Delhi
- DR. RASHMI SINGH, IAS Spl Secy Cum Director, Social Welfare, WCD Govt. of NCT of Delhi
- MANOJ K BINDAL, Executive Director, NIOM, MMA Govt. of India
- POOJA PRIYAMVADA, Author, Columnist, Poet, Media consultant
- ONKARESHWAR PANDEY, Editor in Chief, Indian Observer Post Thought Leader

Organized by Internal Quality Assurance Cell, Mata Sundri College for Women in Collaboration With Golden Signatures Research & Consulting (GSRC)

Dr. Manisha Mathur, Program Convener | indianobserverpost.in | Dr. Lokeesh Kr. Gupta, Coordinator, IQAC | Indian Observer Post



Youtube link of event <https://youtu.be/Wyth2hrIVDk>



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Ref No. MSC/IQAC/SSR-CR5/5.1.3

**Ph: 23237291**

**ADD ON COURSES OFFERED BY COLLEGE FOR CAPACITY BUILDING AND SKILL  
ENHANCEMENT**

**1. Computer Application**

The Computer Application Programme has been designed with a year wise approach in mind. By offering such a range of courses after completion of 1st year certification course one is eligible to join 2nd year diploma course. This course provides knowledge of programming languages, databases and software application development methodology and also provides knowledge of website designing through a variety of applications. Upon successful completion of the second year, the students would be in the third year course, which deals with some of the advances and emerging aspects in information system. It is felt that at this stage the students would be well equipped to take part in large projects in IT companies and get a flavor for the current challenges in software development and implementation. Each course is designed to be of 250 credits, each credit will be of 1 hour duration.

Teacher In-Charge: Ms. Gurpreet Kaur

**Course Details**

Ist Year	IIInd Year	IIIrd Year
<ul style="list-style-type: none"><li>• DOS</li><li>• Windows</li><li>• MS Office<ul style="list-style-type: none"><li>• MS Word</li><li>• MS Excel</li><li>• MS PowerPoint</li><li>• MS Access</li></ul></li><li>• Internet</li></ul>	<ul style="list-style-type: none"><li>• Concepts of Internet</li><li>• HTML</li><li>• Photoshop</li><li>• Corel Draw</li><li>• Programming Techniques</li><li>• C++</li><li>• SQL</li><li>• System Analysis &amp; Design</li><li>• Project</li></ul>	<ul style="list-style-type: none"><li>• DotNetFrame Work</li><li>• C#</li><li>• ASP.Net</li><li>• MS SQL Server</li><li>• Software Engineering</li><li>• Project</li></ul>

**Weblink of the course information-**

**<https://vocational.mscw.ac.in/computer-applications/>**



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## **2. Courses in Foreign Languages - French, German and Spanish**

With the globalization of Indian economy, multinationals coming to India and more and more companies going for joint ventures abroad, the job scenario for those proficient in foreign languages have opened up. The ever increasing amount of scientific, technological and cultural information promises a growing need for those who are able to facilitate international communications. Academic qualifications in foreign languages helps in pursuing careers in the areas of tourism, entertainment, public relations and mass communication, international organizations, embassies, diplomatic service, publishing houses, BPO's etc. More and more avenues are opening up in tourism and call centers. The College offers Certificate/Diploma Courses in French, German and Spanish in collaboration with the Department of Germanic and Romance Studies, University of Delhi.

Teacher In-Charge: Dr. Suprita Jha

### **Eligibility For Certificate Course In Foreign Languages**

- Minimum Qualification – 10+2
- For part time foreign language courses, the candidate should be the student of Delhi University i.e. Regular, SCL, NCWEB
- Selection Criteria – On Merit

### **Eligibility For Diploma Course In Foreign Languages**

- Pass in Certificate Exam
- For part time foreign language courses, the candidate should be the student of Delhi University i.e. Regular, SCL, NCWEB
- Selection Criteria – On Merit

### **Weblink of the course information-**

<https://vocational.mscw.ac.in/about-2/>

Section Officer (Accounts)  
Mata Sundri College for Women  
Mata Sundri Lane,  
New Delhi-110002

Coordinator  
Internal Quality Assurance Cell  
Mata Sundri College for Women  
(University of Delhi)  
New Delhi-110002

Principal  
Mata Sundri College For Women  
University of Delhi