

Ref No. MSC/IQAC/SSR-CR5/5.3.1 Ph: 23237291

Key Indicator - 5.3 Student Participation and Activities

5.3.1 Number of awards/medals for outstanding performance in sports/cultural activities at university/state/national / international level (award for a team event should be counted as one) during the last five years



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YEAR 2016-17 (SPORTS)

SPORTS

Our students excelled in sports and brought glory to the college by winning medals and by participating in International, All India University, Nationals, Inter-College and State level tournaments and competitions. Mata Sundri College is acknowledged for producing Sports person of high calibre. It is possible by the regular and disciplined practice sessions under trained coaches of various sports.

INTERNATIONAL

Ritu Gola and Sapna were a part of the team that won the Indo-Bhutan RokitBall Championshipsix series match was held at Phuentsholing, Bhutan from 16^{th} to 18^{th} July 2016-17.

NATIONAL

Shalini won the silver medal at the All India Senior National Rugby15th Women's Championship held at Kolkata, from 19th Sept. - 23rd Sept., 2016.

Rajwinder, Simran, Taranjeet and Manpreet won silver medals and Rashmeet won bronze medal at the 2nd Gatka National Championship 2016-17 held at Guru Harkishan School, Punjabi Bagh, Delhi.

At the All India Sports Meet at BITS BOSM, Pilani, Rajasthan held from 15th Sept - 19th Sept 2016 the students won many prizes:

- · The college team won Gold in Volleyball.
- In Taekwondo, Priyanka Jha and Bindu won gold medals and Rakhi won silver medal.
- In Athletics 400 M relay, Kiran, Sapna, Priti and Neha Rawat won bronze medals.
- In 1600 M relay, Sapna, Kiran, Anju and Ekta won silver medals.
- In the 400M and 800M race, Priti won bronze medal.
- In the Athletics Jump event, Meena won Gold medal.
- · In 1500 meter running Meena won Gold medal.
- In Shot Put throw event Meena won bronze medal and Anju won silver medal.
- · In Javelin throw Jyoti won bronze medal.



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At the 6th Winter Cup Open National Taekwondo Championship Priyanka, Kanika and Bindu won gold, Inshrat and Manju won Silver and Rakhi won bronze.

At the 4^{th} Senior National RokitBall Championship held at Bir Baba Budha Sahib, Amritsar from 25^{th} Sept- to 27^{th} Sept, the college team won the Championship.

DELHI STATE/ INTER UNIVERSITY/COLLEGE

VOLLEYBALL

Kiran Kumari, Ritu Rani and Priti were selected for the Inter University Volleyball Championship 2017.

TAEKWONDO

Bindu won the silver medal and Priyanka and Rakhi won bronze medals at the 1st Open All India University Taekwondo Championship 2016 for Kyorugi and Poomsae along with the black belt test from Kukkiwon held at Tyagraj Stadium from 5th to 6th November.

WRESTLING

At the Delhi University Inter-College Wrestling Championship 2017 held at Chattrashal Stadium the team secured 3^{rd} place.

ARCHERY

Archery Junior Team won Gold Medal in Delhi State Archery Championship held at Yamuna Sports Complex, Delhi from 28th Feb to 4th March.

(Source – 50th Annual Report, pg 14-15; https://mscw.ac.in/Documents/pub/2016_17_50.pdf)



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List of students who received awards/medals for outstanding performance in sports at university/state/national / international level during 2016-2017

| S.No. | Name of the award/ medal | Team / Individual | University/Stat e/National/ International | Sports category | Name of the student |
|-------|---|----------------------|---|----------------------------|--|
| 1 | All India Sports Meet BITS-BOSM, Pilani/ Silver | Team | National | Athletic (1600 M Relay) | Team (Sapna, Kiran, Anju, Ekta) |
| 2 | All India Sports Meet BITS-BOSM, Pilani/ Bronze | Team | National | Athletic (400 M Relay) | Team (Kiran, Sapna, Preeti, Neha Rawat) |
| 3 | All India Sports Meet BITS-BOSM, Pilani/ Gold | Individual | National | Athletics (1500M) | Meena |
| 4 | All India Sports Meet BITS-BOSM, Pilani/ Bronze | Individual | National | Athletics (400M) | Preeti |
| 5 | All India Sports Meet BITS-BOSM, Pilani/ Bronze | Individual | National | Athletics (800M) | Preeti |
| 6 | All India Sports Meet BITS-BOSM, Pilani/ Gold | Individual | National | Athletics (Jump Events) | Meena |
| 7 | All India Sports Meet BITS-BOSM, Pilani/ Bronze | Individual | National | Athletics(Javelin) | Jyoti |
| 8 | All India Sports Meet BITS-BOSM, Pilani/ Silver | Individual | National | Athletics(Shotput) | Anju |
| 9 | All India Sports Meet BITS-BOSM, Pilani/ Bronze | Individual | National | Athletics(Shotput) | Meena |
| 10 | 2nd Gatka National Championship/ Silver | Individual | National | Gatka | Rajwinder |
| 11 | 2nd Gatka National Championship/ Silver | Individual | National | Gatka | Simran |
| 12 | 2nd Gatka National Championship/ Silver | Individual | National | Gatka | Taranjeet |

| 13 | 2nd Gatka National Championship/ Silver | Individual | National | Gatka | Manpreet |
|----|--|------------|---------------|------------|-----------------|
| 14 | 2nd Gatka National Championship/ Bronze | Individual | National | Gatka | Rashmeet |
| 15 | Indo-Bhutan Rokitball Championship | Individual | International | Rokitball | Ritu Gola |
| 16 | All IndiaSenior National Rugby 15th Women's Championship, Kolkata/ silver | Individual | National | Rugby | Shalini |
| 17 | All India Sports Meet BITS-BOSM, Pilani/ Gold | Individual | National | Taekwondo | Priyanka Jha |
| 18 | All India Sports Meet BITS-BOSM, Pilani/ Gold | Individual | National | Taekwondo | Bindu |
| 19 | All India Sports Meet BITS-BOSM, Pilani/ Silver | Individual | National | Taekwondo | Rakhi |
| 20 | 1st Open All India University Taekwondo Championship/Silver | Individual | University | Taekwondo | Bindu |
| 21 | 1st Open All India University Taekwondo Championship/Bronze | Individual | University | Taekwondo | Priyanka |
| 22 | 1st Open All India University Taekwondo Championship/Bronze | Individual | University | Taekwondo | Rakhi |
| 23 | All India Sports Meet BITS-BOSM, Pilani/ Gold | Team | National | volleyball | Volleyball Team |

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(Ms. Charanjeet Kaur, HOD, Department of Sports and Physical Sciences)



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YEAR 2016-17 (CULTURAL)

CULTURAL SOCIETY

The College Cultural and ECA Society hosted the three day "Quiz" trials of Delhi University ECA Admissions. Preliminary trails were held on 12 and 13th July, 2016. Final Trials were held on 15th July, 2016.

Delightful performances were organised on the occasion of the 50th Student Council Day. It commenced with North Indian Dance Kathak followed by a beautiful showcasing of various dance patterns from different Northern States of the Country. (Punjab, Haryana, Himachal Pradesh, Jammu and Kashmir. The show ended with performance by western, folk and classical dance teams.

The students participated in many competitions and won prizes:

Ms. Simran Kaur, student of B.A (Prog) III Year won the second prize in "Songs of India" organised by Cultural Council of Delhi University and Bhaskaracharya College of Applied Sciences.

Virsa: The Giddha team of Mata Sundri College is a prominent part of the college cultural society. The main motive of the team is to showcase the elegance and majestic beauty of the folk dance of Punjab. They won 1st prize in Moti Lal Nehru College, 2ndprize in Dyal Singh College and PGDAV College. They won 3rd prize in SGTB College, Sri Guru Gobind Singh College of Commerce and Gargi College.

Kayra:The Western Dance team being an integral part of the college's Cultural Society is a beautiful jewel of the college. They won 2nd prize in Satyawati College, 3rd prize in Kalindi College and Delhi College of Arts & Commerce and consolation prize in Deen Dayal Upadhyay College. They were also given 'special mention' in various colleges.

(Source – 50th Annual Report, pg 16-17; https://mscw.ac.in/Documents/pub/2016 17 50.pdf)



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List of awards/medals for outstanding performance in cultural activities at university/state/national / international level during 2016-2017

| S.No. | Name of the award/ medal | Team / Individual | University/State/National / International | Name of the student/Team |
|-------|--|-------------------|---|--------------------------|
| 1 | 1st position in Motilal Nehru College | Team | University | Team Virsa |
| 2 | 2nd position in Dyal Singh College | Team | University | Team Virsa |
| 3 | 3rd position in SGGSCC | Team | University | Team Virsa |
| 4 | Consolation prize in SGTB khalsa College | Team | University | Team Virsa |

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(Cultural Committee Incharges: Dr. Laxmi and Dr. Veenakshi Sharma)

List of awards/medals for outstanding performance by Parindey, the Dramatics society (2016-17)

| S.No. | Name of the award/ medal | Team / Individual | University/State/Nation al/ International | Name of the student/Team |
|-------|---|-------------------|---|-----------------------------|
| 1 | Production Subsidy Prize, Jashn-e- Aman | Team | University | Parindey, Dramatics Society |

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Dramatic Society Incharges (2016-2017): Dr. Indu Kumari and Dr. Lalita Meena



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YEAR 2017-18 (SPORTS)

INTERNATIONAL ACHIEVEMENTS

Karina Chauhan (BAP) won Gold medal at the Indo-Bhutan Volleyball Exchange Student Games 2017 held at Phuentsholing, Bhutan from 09 Sept to 10th Sept 2017.

NATIONAL CHAMPIONSHIP

- Vanika Kamboj Comp (H) 081 and Astha Tanwar B.Com. (H) 110 won Gold medal in Taekwondo at PAP Stadium, Patiala.
- Yukta Goswami Pol (H) 129 won Silver medal in Table Tennis at Indira Gandhi Rajya Khel Parisar, Shimla.
- Astha Sharma B.Com. (H) 110 won Bronze medal in Taekwondo at PAP Stadium, Patiala.
- Chanchal B.Com. (P) 443 won Bronze medal in Kho-Kho at Nanded, Maharashtra.
- Krishna B. Com (P) 565, Jyoti B.Com(P) 444 participated in Volleyball Championship at Bardhaman, West Bengal.
- Sapna BAP / 157, Kiran BAP / 137 and Karina Chauhan BAP / 336 participated in Volleyball Competition in Khandwa, Madhya Pradesh.



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AT THE ALL INDIAN INTER-UNIVERSITY CHAMPIONSHIP:

- Deepanjali BAP/152 won gold medal in Yoga at KIIT University.
- Kiran Kumari BAP/137 and Sapna Yadav BAP/157 participated in Volleyball championship at MDU, Rohtak.
- · Mahima BAP/287 participated in Wrestling at MDU Rohtak, Haryana.
- Monika Chauhan B.Com (H) / 093 participated in Archery at KIIT University.
- · Jyoti BAP/104 participated in Badminton championship at MDU, Rohtak.
- · Ishrat BAP/45 participated in Kabaddi at MDU, Rohtak.
- Baljinder PUN(H)035, Manikaran Kaur B.Com.(H) 156, Amandeep Kaur Pol.Sc. (H) 173, Ramandeep Kaur BAP/284 and Japneet Kaur Pun.(H) 035 won Silver medal in Gatka at Sangroor, Patiala, Punjab.
- Supreet Kaur PUN (H) 054 won the Bronze medal in Gatka at Sangroor, Patiala, Punjab.



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INTER-COLLEGE CHAMPIONSHIP

At the Delhi University Inter-College Championship:

- Mahima BAP/287 won Gold medal in Wrestling.
- · Shalini B.Com (P) 098, and Sumiran Nagar BAP/285 won Silver medal in Judo.
- Astha Sharma B.Com (H) 168 and Vanika Kamboj Computer (H) 081 won Silver medal in Taekwondo
- · Kajal Eng. (H) 048, Shalini B.Com.(P) 39, Rita Math.(H) 44 won **Bronze** medal in Judo.
- Sumiran Nagar BAP/285 won Bronze medal in Wrestling.
- · Ishrat BAP/045, Prerna BAP/288, Arti BAP/226, Manju BAP/153, Pavitra His (H) 074 Jyoti BAP/, Surbhi B.Com.(H), Anju BAP/125, Kalimun BAP/136, Arsee BAP/211, Meena BAP/152, Chanchal B.Com (P) / 443 won **Bronze** medal in Kabbadi.

Arti BAP/ 226 won Gold medal at the Weightlifting tournament held at NSIT, Dwarka.

(Source – 51st Annual Report, pg 12-13; https://mscw.ac.in/Documents/pub/2017_18.pdf)



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List of students who received awards/medals for outstanding performance in sports at university/state/national / international level during 2017-2018

| S.No. | Name of the award/ medal | Team / Individual | University/Stat e/National/ International | Sports category | Name of the student |
|-------|--|----------------------|---|-----------------|---------------------|
| 1 | Indo-Bhutan Volleyball Exchange Student Games/ Gold | Individual | International | Volleyball | Karina Chauhan |
| 2 | Taekwondo Tournament,Patiala/Gold | Individual | National | Taekwondo | Vanika Kamboj |
| 3 | Taekwondo Tournament,Patiala/Gold | Individual | National | Taekwondo | Astha Tanwar |
| 4 | Taekwondo Tournament,Patiala/Gold | Individual | National | Taekwondo | Astha Sharma |
| 5 | Table-Tennis Tournament, Shimla/Silver | Individual | National | Table-tennis | Yukta Goswami |
| 6 | Kho-Kho Tournament, Maharashtra/Bronze | Individual | National | Kho-Kho | Chanchal |
| 7 | Yoga Competition , KIIT University/Gold | Individual | University | Yoga | Deepanjali |
| 8 | Gatka Tournament,Patiala/Silver | Individual | University | Gatka | Baljinder Kaur |
| 9 | Gatka Tournament,Patiala/Silver | Individual | University | Gatka | Manikaran Kaur |
| 10 | Gatka Tournament, Patiala/Silver | Individual | University | Gatka | Amandeep Kaur |
| 11 | Gatka Tournament,Patiala/Silver | Individual | University | Gatka | Ramandeep Kaur |
| 12 | Gatka Tournament,Patiala/Silver | Individual | University | Gatka | Japneet Kaur |
| 13 | Gatka Tournament,Patiala/Bronze | Individual | University | Gatka | Supreet Kaur |
| 14 | Delhi University Inter College Championship/ Gold | Individual | University | Wrestling | Mahima |
| 15 | Delhi University Inter College Championship/ Silver | Individual | University | Judo | Sumiran Nagar |
| 16 | Delhi University Inter College Championship/ Silver | Individual | University | Judo | Shalini |

| 17 | Delhi University Inter College Championship/ Silver | Individual | University | Taekwondo | Vanika Kamboj |
|----|---|------------|------------|-----------|--|
| 18 | Delhi University Inter College Championship/ Silver | Individual | University | Taekwondo | Astha Sharma |
| 19 | Delhi University Inter College Championship/ Bronze | Individual | University | Judo | Kajal |
| 20 | Delhi University Inter College Championship/ Bronze | Individual | University | Judo | Shalini |
| 21 | Delhi University Inter College Championship/ Bronze | Individual | University | Judo | Reeta |
| 22 | Delhi University Inter College Championship/ Bronze | | University | Wrestling | Sumiran Nagar |
| 23 | Delhi University Inter College Championship/ Bronze | Team | University | Kabaddi | Team (Ishrat, Prerna, Arti, Manju, Pavitra, Jyoti, Surbhi, Anju, Kalimiun, Arsi, Meena, Chanchal) |

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(Ms. Charanjeet Kaur, HOD, Department of Sports and Physical Sciences)



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YEAR 2017-18 (CULTURAL)

CULTURAL SOCIETY

The Cultural Society is one of the most active societies of the college. To encourage diverse talents of students two new teams - Bhangra and Music Team was formed. The Cultural society hosted Thirak- the Classical, Folk and Western dance competitions which sees the highest number of participation each year. This was organised on 8th February 2018. The scintillating performances were appreciated by the audience. Both cash prizes and trophies were given to the winners.

The students participated in many competitions and won prizes:

Virsa – the Giddha team with a wonderful combination of elegance and energy performed the traditional form of Giddha. They won prizes in different colleges festivals. At PGDAV College they won 3rd Prize, at Dyal Singh college- 2nd Prize, at Shyama Parsad Mukherjee College- 3rd Prize, at Rajdhani College- 3rd prize, at Deshbandhu College- 3rd Prize, at SGTB College- 3rd Prize and at Sri Guru Gobind Singh College of Commerce- 3rd Prize. Navneet Kaur was judged the best dancer. The Virsa team also gave a scintillating performance at Siri Fort Auditorium on the occasion of the Golden Jubilee Celebration of the college.

Kayra- the western dance team participated in many inter-college competitions. At Zakir Hussain College they won 1ST Prize, at Ramjas College (Maths Department)- 2ndPrize, at Satyawati College-2nd Prize, at Rukmani Devi College-2nd Prize, at NIFT-1st Prize, at Acharya Narendra Dev College-2nd prize, and at Ramjas College they won 2nd Prize. Diksha Punyani was judged the best dancer.

The **Bhangra Team** participated in the popular bhangra competition of India, BHANGRA ARENA 2018. The energy and coordination of their performances won them appreciation from the judges and audience. They won first prize at the folk-dance competition organized by Kiah Events and Man Power. Bhawna Salaria has been judged the best bhangra girl.

(Source - 51st Annual Report, pg 16; https://mscw.ac.in/Documents/pub/2017 18.pdf)



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List of awards/medals for outstanding performance in cultural activities at university/state/national / international level during 2017-2018

| S.No | Name of the award/ medal | Team / Individual | University/State/National / International | Sports/ Cultural | Name of the student/Team | |
|------|--|----------------------|---|------------------|-----------------------------|--|
| 1 | 2nd position in Dyal Singh College | Team | University | Cultural | Team Virsa | |
| 2 | 3rd position in PGDAV College | Team | University | Cultural | Team Virsa | |
| 3 | 3rd position in SPM College | Team | University | Cultural | Team Virsa | |
| 4 | 3rd position in Rajdhani College | Team | University | Cultural | Team Virsa | |
| 5 | 3rd position in Deshbandhu College | Team | University | Cultural | Team Virsa | |
| 6 | 3rd position in SGTB KHALSA COLLEGE | Team | University | Cultural | Team Virsa | |
| 7 | 3rd position in SGGSCC | Team | University | Cultural | Team Virsa | |
| 8 | 1st at Zakir Hussain College | team | University | cultural | Kayra Dance Society | |
| 9 | 2nd at Ramjas College | team | University | cultural | Kayra Dance Society | |
| 10 | 2nd at Satyawati College | team | University | cultural | Kayra Dance Society | |
| 11 | 2nd at Rukhmani Devi | team | University | cultural | Kayra Dance Society | |
| 12 | 1st at NIFT | team | University | cultural | Kayra Dance Society | |
| 13 | 2nd at DDUC | team | University | cultural | Kayra Dance Society | |
| 14 | 1st at Jamia Hamdard | team | University | cultural | Kayra Dance Society | |
| 15 | 1st position in Shyama Prasad Mukherjee College | Team | University | Cultural | Team Virsa | |

| 16 | 1st position in GTBIT | Team | University | Cultural | Team Virsa | |
|----|---|------|------------|----------|------------|--|
| 17 | 2nd position in Swami Shraddhananda College, | Team | University | Cultural | Team Virsa | |
| 18 | 2nd position in SGGSCC | Team | University | Cultural | Team Virsa | |
| 19 | 2nd position in PGDAV College | Team | University | Cultural | Team Virsa | |
| 20 | Consolation prize in SGTB KHALSA | Team | University | Cultural | Team Virsa | |
| 21 | 2nd Prize Inter-State University Competition | Team | University | Cultural | Team Virsa | |

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(Cultural Committee Incharges: Dr. Laxmi and Dr. Veenakshi Sharma)



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List of awards/medals for outstanding performance by Parindey, the Dramatics society (2017-18)

| S.No. | Name of the award/ medal | Team / Individual | University/State/Nation al/ International | Name of the student/Team |
|-------|-------------------------------|-------------------|---|-----------------------------|
| 1 | 1st position at JASHN E AMAN | Team | National | Parindey, Dramatics Society |
| 2 | 1st position at MHF | Team | National | Parindey, Dramatics Society |
| 3 | Mental Health Festival, AIIMS | Team | National | Parindey, Dramatics Society |

Dramatic Society Incharges (2017-2018): Dr. Indu Kumari and Dr. Lalita Meena



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EKANKI NATAK PRATIYOGITA SAMAROH BY DELHI SANSKRIT ACADEMY ON 11.01.2018 (INTERUNIVERSITY LEVEL EVENT)







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Students participated in natak competition 2017 18

Chahat Chauhan

Vaishali

Poonam

Vandana

Khushboo Kumari

Ayushu

Riya Banga

Richa Sharma

Manisha Sharma

Jyoti Chaudhary

Dr. Asha Rani (T.I.C.)



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YEAR 2018-19 (SPORTS)

DEPARTMENT OF PHYSICAL SCIENCE

This year our team won championships and medals in different games at International level, in All India Inter University competitions, as well as National, State and Inter-College competitions. All our different teams were among the top 6 teams of University of Delhi and it is a matter of immense pride that our college has 1 International representation, 06 students participating in All India Inter University Championship, 21 students participating in National Championships, 31 students in Inter College Championships, 29 State Tournaments and more than 42 Invitational participations. We also have 146 State Level Medalists.

INTERNATIONAL REPRESENTATION

"Special Olympics World Games 2019" was held from 14-21st March 2019 at Abu Dhabi, UAE. Meenakshi Negi, our student from History H., 2nd Year went along with the team of SO Bharat as football coach. In her guidance the team secured bronze medal in this prestigious tournament.



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NATIONAL CHAMPIONSHIP

| S.No | Name | Class | Year | Game | Place | Position |
|------|------------------|--------------|------|----------------|--------------|---------------|
| 1 | Sneha Singh | B.A. (P.). | I | Boxing | Karnataka | Participation |
| 2 | Meenu Solanki | His.(H.) | III | Ball Badminton | Bangalore | Participation |
| 3 | Deepanshi Gupta | B.C.(P.) | III | Ball Badminton | Bangalore | Participation |
| 4 | Savita | B.C.(P.) | П | Ball Badminton | Tamil Nadu | Participation |
| 5 | Shreya Garg | B.A.(P.) | П | Ball Badminton | Bangalore | Participation |
| 6 | Neha | B.A.(P.) | I | Ball Badminton | Bangalore | Participation |
| 7 | Ramandeep Kaur | B.A.(P.) | III | Gatka | Jalandhar | Gold |
| 8 | Amandeep Kaur | Pol.Sc. (H.) | III | Gatka | Jalandhar | Gold |
| 9 | Emranjeet Kaur | B.C.(P.) | III | Gatka | Jalandhar | Gold |
| 10 | Mankeerat Kaur | Psy. (H.) | П | Gatka | Jalandhar | Gold |
| 11 | Harpreet Kaur | His.(H.) | III | Gatka | Jalandhar | Gold |
| 12 | Baljinder Kaur | Pun. (H.) | III | Gatka | Jalandhar | Gold |
| 13 | PriyaMehlawat | Pol.Sc. (H.) | I | Volleyball | Chennai | Participation |
| 14 | Pathika Sharma | Math.(H.) | II | Volleyball | Pune | Participation |
| 15 | AsthaTanwar | B. C. (H) | П | Taekwondo | Odisha | Participation |
| 16 | HanshikaVashisht | B.Sc.(H.) | I | Shooting | Kerala | Participation |
| 17 | Neeshu Saini | B.C. (P.) | I | Shooting | Kerala | Participation |
| 18 | Nisha | B.C. (P.) | III | Kho-Kho | Uttarakhand | Participation |
| 19 | Ruby Rawat | B.C. (P.) | III | Kho-Kho | Uttarakhand | Participation |
| 20 | Akriti | B.C. (P.) | I | Judo | Vishakhapat | Gold |
| 21 | Archana | Hindi (H.) | I | Rugby | Am Mumbai | Silver |



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STATE TOURNAMENT

| S. | Name | Class | Yea | Game | Place | Position |
|----|-----------------|--------------|-----|----------------|----------------------|-----------|
| 1 | Arunika | Pol.Sc.(H.) | III | Archery | Yamuna Sports | Gold |
| 2 | Kaushiki | B. A.(P.) | II | Archery | Jharkhand | Gold |
| 3 | Sneha Singh | B.A.(P.) | I | Boxing | Palam, Delhi. | Gold |
| 4 | Meenu Solanki | His. (H.) | III | Ball Badminton | Delhi | Gold |
| 5 | Deepanshi Gupta | B.C.(P.) | III | Ball Badminton | Delhi | Gold |
| 6 | Shiksha Verma | B.A.(P.) | II | Ball Badminton | Delhi | Gold |
| 7 | Savita | B.C. (P.) | II | Ball Badminton | Delhi | Gold |
| 8 | Vaishali Tiwari | Math. (H.) | III | Ball Badminton | Delhi | Gold |
| 9 | Priya Tyagi | Phi. (H.) | II | Ball Badminton | Delhi | Gold |
| 10 | Priya Chaudhary | Pol.Sc.(H.) | II | Ball Badminton | Delhi | Gold |
| 11 | Neha | Pol.Sc.(H.) | I | Ball Badminton | Delhi | Gold |
| 12 | Sarita | Hindi (H.) | I | Ball Badminton | Delhi | Gold |
| 13 | Chanchal | B.C. (P.) | II | Ball Badminton | NDelhi | Gold |
| 14 | Ramandeep Kaur | B.A.(P.) | III | Gatka | Medan E Jang – Gtbit | Gold |
| 15 | Baljinder Kaur | Punj.(H.) | III | Gatka | Medan E Jang – Gtbit | Gold |
| 16 | Amandeep Kaur | Pol.Sc. (H.) | III | Gatka | Medan E Jang – Gtbit | Gold |
| 17 | Priyanka | B.C. (H.) | III | Judo | Medan E Jang – Gtbit | Bronze |
| 18 | Sarika | Snkt. (H.) | II | Judo | Medan E Jang – Gtbit | Bronze |
| 19 | Reeta | Math. (H.) | II | Judo | Medan E Jang – Gtbit | Bronze |
| 20 | Anju | His. (H.) | I | Wrestling | CCV-Vyayamshala | Bronze |
| 21 | Neeshu Saini | B.C.(P.) | I | Shooting | Dr. Karni Singh | 4th Place |
| 22 | Hanshika | C.Sc.(H.) | I | Shooting | Dr. Karni Singh | Qlf.Pre- |
| 23 | Asthatanwar | B.Com. (H) | II | Taekwondo | Thyagraj Stadium | Gold |
| 24 | Vanika Kamboj | Comp.(H.) | II | Taekwondo | Thyagraj Stadium | Bronze |
| 25 | Pathika Sharma | Math.(H.) | II | Volleyball | Delhi | Bronze |
| 26 | Neha Rawat | B.Com. (H.) | III | Volleyball | Delhi | Bronze |
| 27 | Mansi Rawat | Psy. (H.) | III | Volleyball | Delhi | Bronze |
| 28 | Deepanjali | B.A.(P.) | III | Yoga | Delhi | Gold |
| 29 | Reena | B.Com. (H.) | III | Yoga | Delhi | Silver |



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ALL INDIAN INTER UNIVERSITY CHAMPIONSHIP

| S.No | Name | Class | Yea | Game | Place | Position |
|------|---------------|-------------|-----|----------------|------------|---------------|
| 1 | Meenu Solanki | His.(H.) | III | Ball Badminton | Vijaywada | Participation |
| 2 | Deepanjali | B.A.(P.) | III | Yoga | Chennai | Participation |
| 3 | Surbhi Rawat | B.Com. (P.) | II | Weight Lifting | Kamataka | Participation |
| 4 | Sumiran | B.A. (P.) | II | Weight Lifting | Kamataka | Participation |
| 5 | Akriti | B.Com(P.) | I | Wrestling | Aurangabad | Participation |
| 6 | Sneha Singh | B.A.(P.) | I | Boxing | Rajasthan | Participation |



Ref No. MSC/IQAC/SSR-CR5/5.3.1

DELHI UNIVERSITY INTER COLLEGE CHAMPIONSHIP

| S.No | Name | Class | Year | Game | Place | Positio |
|------|-----------------|---------------|------|-------------|-----------------------|---------|
| 1 | Prerna | B.A. (P.) | III | Kabaddi | Laxmibai College | Bronze |
| 2 | Manju Sharma | B.A. (P.) | III | Kabaddi | Laxmibai College | Bronze |
| 3 | Jyoti Mehto | B.A. (P.) | II | Kabaddi | Laxmibai College | Bronze |
| 4 | Surbhirawat | B.Com. (P.) | П | Kabaddi | Laxmibai College | Bronze |
| 5 | Arsee | Pol. Sc. (H.) | II | Kabaddi | Laxmibai College | Bronze |
| 6 | Neha | Po1. Sc. (H.) | I | Kabaddi | Laxmibai College | Bronze |
| 7 | Sarita Kumari | Hindi (H.) | I | Kabaddi | Laxmibai College | Bronze |
| 8 | Sarita | His (H.) | I | Kabaddi | Laxmibai College | Bronze |
| 9 | Shivani | B.A. (P.) | I | Kabaddi | Laxmibai College | Bronze |
| 10 | Nupur Kumari | Po1. Sc. (H.) | I | Kabaddi | Laxmibai College | Bronze |
| 11 | Sneha Singh | B.A. (P.) | I | Boxing | Dyal Singh College | Gold |
| 12 | Ramandeep Kaur | B.A. (P.) | III | Gatka | SGTB Khalsa | Gold |
| 13 | Amandeep Kaur | Pol.Sc.(H.) | III | Gatka | SGTB Khalsa | Gold |
| 14 | Kritnit Kaur | B.C.(H.) | I | Gatka | SGTB Khalsa | Gold |
| 15 | Abhireet Kaur | Math (H.) | IIII | Gatka | SGTB Khalsa | Gold |
| 16 | Emranjeet Kaur | B.C.(P.) | III | Gatka | SGTB Khalsa | Gold |
| 17 | Damanpreet Kaur | B.C.(P.) | I | Gatka | SGTB Khalsa | Gold |
| 18 | Mankeerat Kaur | Psy.(H.) | II | Gatka | SGTB Khalsa | Gold |
| 19 | Harpreet Kaur | His.(H.) | III | Gatka | SGTB Khalsa | Gold |
| 20 | Yashdeep Kaur | B.A.(P.) | I | Gatka | SGTB Khalsa | Gold |
| 21 | Sarika | Skrt.(H.) | II | Judo | D.U.Multipurpose Hall | Silver |
| 22 | Reeta | Math.(H.) | II | Judo | D.U.Multipurpose Hall | Bronze |
| 23 | Akriti | B.C.(P.) | I | Judo | D.U Multipurpose Hall | Silver |
| 24 | Reeta | Math.(H.) | П | Wrestling | Chhatarsal Stadium | Bronze |
| 25 | Sumiran | B.A.(P.) | II | Wrestling | Chhatarsal Stadium | Bronze |
| 26 | Akriti | B.C.(P.) | I | Wrestling | Chhatarsal Stadium | Gold |
| 27 | Rashi | Math.(H.) | I | Wrestling | Chhatarsal Stadium | Bronze |
| 28 | Reeta | Math.(H.) | П | Weightlifti | Deshbandhu College | Bronze |
| 29 | Sumiran | B.A.(P.) | II | Weightlifti | Deshbandhu College | Gold |
| 30 | Aastha Sharma | B.Com.(H.) | П | Taekwondo | D.U.Rugby Ground | Bronze |
| 31 | Jasmeet Kaur | B.Com.(P.) | I | Taekwondo | D.U.,Rugby Ground | Bronze |
| | | | | • | | |

(Source - 52nd Annual Report, pg 27-30;

https://mscw.ac.in/Documents/pub/Annual%20Report19.pdf)



Ref No. MSC/IQAC/SSR-CR5/5.3.1

| List of students who received awards/medals for outstanding performance in sports at university/state/national / int | ternational |
|--|-------------|
| level during 2018-2019 | |

| S.No. | Name of the award/ medal | Team / Individual | University/Sta te/National/ International | Sports category | Name of the student |
|-------|---|----------------------|---|-----------------|---------------------|
| 1 | Archery State Tournament, Yamuna Sports Complex/Gold | Individual | State | Archery | Arunika |
| 2 | Archery State Tournament, Jharkhand/Gold | Individual | State | Archery | Kaushiki |
| 3 | Ball Badminton State Tournament, Delhi/Gold | Individual | State | Ball Badminton | Meenu Solanki |
| 4 | Ball Badminton State Tournament, Delhi/Gold | Individual | State | Ball Badminton | Deepanshi Gupta |
| 5 | Ball Badminton State Tournament, Delhi/Gold | Individual | State | Ball Badminton | Shiksha Verma |
| 6 | Ball Badminton State Tournament, Delhi/Gold | Individual | State | Ball Badminton | Savita |
| 7 | Ball Badminton State Tournament, Delhi/Gold | Individual | State | Ball Badminton | Vaishali Tiwari |
| 8 | Ball Badminton State Tournament, Delhi/Gold | Individual | State | Ball Badminton | Priya Tyagi |
| 9 | Ball Badminton State Tournament, Delhi/Gold | Individual | State | Ball Badminton | Priya Chaudhary |
| 10 | Ball Badminton State Tournament, Delhi/Gold | Individual | State | Ball Badminton | Neha |
| 11 | Ball Badminton State Tournament, Delhi/Gold | Individual | State | Ball Badminton | Sarita |

| 12 | Ball Badminton State Tournament, Delhi/Gold | Individual | State | Ball Badminton | Chanchal |
|----|--|------------|---------------|----------------|--|
| 13 | Boxing State Tournament, Delhi (Palam)/Gold | Individual | State | Boxing | Sneha Singh |
| 14 | Coach / Olympic World Games, Abu Dhabi | Individual | International | Football | Meenakshi Negi |
| 15 | Gold in Gatka National Championship, Jalandhar | Individual | National | Gatka | Ramandeep kaur |
| 16 | Gatka National Championship, Jalandhar/Gold | Individual | National | Gatka | Amandeep Kaur |
| 17 | Gatka National Championship, Jalandhar/Gold | Individual | National | Gatka | Emrandeep Kaur |
| 18 | Gatka National Championship, Jalandhar/Gold | Individual | National | Gatka | Mankeerat kaur |
| 19 | Gatka National Championship, Jalandhar/Gold | Individual | National | Gatka | Harpreet Kaur |
| 20 | Gatka National Championship, Jalandhar/Gold | Individual | National | Gatka | Baljinder Kaur |
| 21 | Medan E Jang Gatka State Tournament, Delhi/Gold | Individual | State | Gatka | Ramandeep kaur |
| 22 | Medan E Jang Gatka State Tournament, Delhi/Gold | Individual | State | Gatka | Baljinder Kaur |
| 23 | Medan E Jang Gatka State Tournament, Delhi/Gold | Individual | State | Gatka | Amandeep Kaur |
| 24 | Delhi University Inter College Championship, SGTB Khalsa College/Gold | Team | Universty | Gatka | Ramandeep kaur, Amandeep Kaur, Kritnit Kaur, Abhireet kaur, Emranjeet Kaur, Damanpreet Kaur, Mankeerat Kaur, Harpreet Kaur, Yashdeep Kaur |
| 25 | Judo National Championship, Vishakhapatnam/Gold | Individual | National | Judo | Akriti |



Ref No. MSC/IQAC/SSR-CR5/5.3.1

| 26 | Delhi University Inter College Championship, Laxmibai College/Silver | Individual | Universty | Judo | Sarika |
|----|--|------------|--------------|----------------|---|
| 27 | Delhi University Inter College Championship, Laxmibai College/Bronze | Individual | Universty | Judo | Reeta |
| 28 | Delhi University Inter College Championship, Laxmibai College/Silver | Individual | Universty | Judo | Akriti |
| 29 | Delhi University Inter College Championship, Laxmibai College/Bronze | Team | Universty | Kabaddi | Prerna, Manju Sharma, Jyoti Mehto, Surbhi Rawat, Arsee, Neha, Sarita Kumari, Sarita, Shivani, Nupur Kumari |
| 30 | Rugby National Championship, Mumbai/Silver | Individual | National | Rugby | Archana |
| 31 | 2 SILVER in 38th North Zone shoooting championship, dehradune | Individual | Zonal | Shooting | Neeshu Saini |
| 32 | GOLD in 28th G.V Mavalanker shooting championship(pre-national), chennai | Individual | Pre-national | Shooting | Neeshu Saini |
| 33 | Volleyball State Tournament, Delhi/Bronze | Individual | State | Volleyball | Pathika Sharma |
| 34 | Volleyball State Tournament, Delhi/Bronze | Individual | State | Volleyball | Neha Rawat |
| 35 | Volleyball State Tournament, Delhi/Bronze | Individual | State | Volleyball | Mansi Rawat |
| 36 | Participation in All India Inter University Championship, Karnataka | Individual | University | Weight-Lifting | Surbhi Rawat |
| 37 | Delhi University Inter College Championship, Laxmibai College/Bronze | Individual | University | Weight-Lifting | Reeta |

| 38 | Delhi University Inter College Championship, SGTB Khalsa College/Gold | Individual | University | Weight-Lifting | Sumiran |
|----|--|------------|------------|----------------|------------|
| 39 | Wrestling State Tournament, Delhi/Bronze | Individual | State | Wrestling | Anju |
| 40 | Delhi University Inter College Championship, Laxmibai College/Bronze | Individual | University | Wrestling | Reeta |
| 41 | Delhi University Inter College Championship, Laxmibai College/Bronze | Individual | University | Wrestling | Sumiran |
| 42 | Delhi University Inter College Championship, SGTB Khalsa College/Gold | Individual | University | Wrestling | Akriti |
| 43 | Delhi University Inter College Championship, Laxmibai College/Bronze | Individual | University | Wrestling | Rashi |
| 44 | Yoga State Tournament, Delhi/Gold | Individual | State | Yoga | Deepanjali |
| 45 | Yoga State Tournament, Delhi/Silver | Individual | State | Yoga | Reena |

(Ms. Charanjeet Kaur, HOD, Department of Sports and F



Ref No. MSC/IQAC/SSR-CR5/5.3.1

YEAR 2018-19 (CULTURAL)

CULTURAL SOCIETY

The Cultural Society promotes a variety of Western, Folk and Classical dances. It also hosts *Thirak*-the Classical, Folk and Western Dance competitions during college fest Saarang every year. This year different colleges actively took part in Thirak which comprised of 14 teams from classical category, 16 teams from folk and 15 teams from western category.

Virsa the Giddha team with a wonderful combination of elegance and energy performed the traditional form of Giddha and won 2nd prize at PGDAV College, Swami Shradhanand College and Sri Guru Gobind Singh College of Commerce, 3rd prize at SGTB Khalsa College and Consolation prize at Maitreyi College and Motilal Nehru College. They won 1st prize at Shyama Prasad Mukherjee College and Guru Tegh Bahadur Institute of Technology. Ms. Ravkiran Kaur secured 1st position in Solo Folk Dance at Guru Teg Bahadur Institute of Technology.

Kayra the Western Dance Team was among the top 15 teams of University of Delhi. They won 1st prize at Shyam Lal College (E.), 2nd prize at Lady Irwin College, Satyawati College (E.) and Ganga Institute of Technology and Management and 3rd prize at St. Stephens College and Indraprastha Engineering College.

The **Bhangra team** participated in various inter-college competitions and won the 3rd prize at Maharaja Agrasen Institute of Management Studies.

(Source – 52nd Annual Report, pg 26; https://mscw.ac.in/Documents/pub/Annual%20Report19.pdf)



Ref No. MSC/IQAC/SSR-CR5/5.3.1

Ph: 23237291

List of awards/medals for outstanding performance in cultural activities at university/state/national / international level during 2018-2019

| S.No. | Name of the award/ medal | Team / Individual | University/State/National/ International | Name of the student/Team |
|-------|---|-------------------|---|--------------------------|
| 1 | 3rd position at St. Stephens College | team | University | Kayra Dance Society |
| 2 | 2nd position at Lady Irwin College | team | University | Kayra Dance Society |
| 3 | 3rd position at Inderprastha Engineering College | team | University | Kayra Dance Society |
| 4 | 2nd at Satyawati College | team | University | Kayra Dance Society |
| 5 | 1st at Shyam Lal College | team | University | Kayra Dance Society |
| 6 | 2nd at GITAM | team | University | Kayra Dance Society |
| 7 | 1st Position | Team | Punjabiyan Da Mella(Vaisakhi Event) | MSC Bhangra Society |
| 8 | Consolation | Team | University | MSC Bhangra Society |

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(Cultural Committee Incharges: Dr. Rama Verma, Dr. Gurpreet Kaur and Dr. Veenakshi Sharma)



Ref No. MSC/IQAC/SSR-CR5/5.3.1

YEAR 2019-20 (SPORTS)

DEPARTMENT OF PHYSICAL EDUCATION AND SPORTS SCIENCE

This year the college has 2 international representatives, 26 students represented their state teams at the National Level, 5 Khelo India representatives and 10 selections for Inter-University competitions.

ARCHERY

Kaushiki BA (P) 3rd Year participated in Delhi University Inter-College Archery (W)
Tournament, 2019 held at Hansraj College and secured 2nd position. She was selected for
All India Inter-University Archery Championship, 2019 held at KIIT University,
Bhubaneswar, Odisha. She was selected for Khelo India University Games 2020 held in
Odisha.

ATHLETICS

• Neha Pol.Sc. (H)1st Year participated in Delhi University Inter-College Athletics (W) Tournament,2019 held at Polo Ground (D.U.) and secured 2nd position in the 400m event. She also bagged 3rd Position (200m) and 2nd Position (400 m) in Delhi State Athletic Championship, 2019 held at Jawaharlal Nehru Stadium, New Delhi. She was also selected for All-India Inter-University Athletics Championship, 2019 held at Bangalore, Karnataka and Khelo India University Games 2020 held in Odisha.

BOXING

- The College team participated in Delhi University Inter-College Boxing Tournament, 2019 held at Kirorimal College (D.U.) and secured 6th rank out of 40 colleges.
- Sneha BA (P) 2nd Year secured 1st position in the same. She also participated in Delhi State Boxing Championship, 2019 held at Palam Sports Complex, New Delhi; Senior National Boxing Championship held at Kannur, Kerala; All-India Inter University Boxing Championship, 2019 held at Meerut, U.P. She was selected for Khelo India University Games 2020 held in Odisha.
- Komal B.Com. (P)1st Year participated in All-India National Boxing Championship held at Haryana and secured 1st position.



Ref No. MSC/IQAC/SSR-CR5/5.3.1

Ph: 23237291

JUDO

- Our college team secured 3rd rank in Delhi University Inter-College Judo Competition, 2019 held at DUSC Sports Council, University of Delhi with 4 gold, 1 silver and 5 bronze medals.
- Akriti Tyagi B.Com. (P) 2nd Year was selected for Junior National Judo Championship held at Lucknow, U.P.

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BADMINTON

 The College team participated in Delhi University Inter-College Badminton Tournament, 2019 held at DUSC Sports Complex and the 10th Indraprastha Invitational Badminton and Tennis Tournament held at Indraprastha College, University of Delhi.

BOULES

 The College team of six girls, participated in Senior National Boules Championship (W) held at Shirdi, Maharashtra in Single/Doubles/Team Event categories and won 3 gold along with 3 bronze medals overall.



Ref No. MSC/IQAC/SSR-CR5/5.3.1

Ph: 23237291

CHESS

 Chess was introduced for the first time in College and the chess team participated in Delhi University Inter-College Chess Tournament, 2019 held at DUSC Sports Complex (D.U.) and secured 8th rank in Delhi University.

FRISBEE

 Kalpana History (H) 1st Year participated in Ultimate Frisbee Sectional Championship held at Ashoka University, Sonipat, Haryana and secured 1st position. She won 3rd position in the Ultimate Frisbee National Championship held at Ahmedabad. She has been selected for the India team for the competition to be held in Sweden (which has been postponed until further notice due to COVID-19).

GATKA

- Mankeerat Kaur Psychology (H) 3rd Year secured 1st Place in the Under-22 Single Stick category in Gatka National Championship, 2019 held at Amritsar, Punjab. She also bagged 2nd Place in the Under-22 Single Stick category in Sikh National Games, 2020 held at Siri Fort Sport Complex, New Delhi. She also participated in Delhi State Gatka Championship held at Hari Nagar Sports Complex, New Delhi and secured 2nd position in Single Stick and 3rd place in Demo categories
- Yashdeep Kaur B.A. (P) 2nd Year secured 2nd position in Single Stick Under-19 category in Gatka National Championship 2019 held at Amritsar, Punjab. She also bagged 3rd Place in the Single Stick Under-19 category in Delhi State Gatka Championship held at Hari Nagar Sports Complex, New Delhi.
- Kamakhya Hindi (H) 2nd Year secured 3rd position in Under-19 fari soti in Sikh National Games, 2020 held at Siri Fort Sport Complex, New Delhi.



Ref No. MSC/IQAC/SSR-CR5/5.3.1

- Parvinder Kaur Psychology (H) 2nd Year secured 3rd Place in the Under -22 fari soti category in Sikh National Games, 2020 held at Siri Fort Sport Complex, New Delhi.
- Kritneet Kaur B.Com (H) 2nd Year bagged 2nd Place in Under-22 fari soti in Delhi State Gatka Championship held at Hari Nagar Sports Complex, New Delhi. She also bagged 2nd position in Under-22 fari soti in Inter-College Gatka Tournament, 2019 held at Sri Guru Gobind Singh College of Commerce (D.U.).
- Amandeep Kaur Punjabi (H) 3rd Year bagged 3rd Place in Under-22 fari soti event in Delhi State Gatka Championship held at Hari Nagar Sports Complex, New Delhi.

HANDBALL

 Introduced for the first time in college, the College handball team participated in Delhi University Inter-College Handball Tournament, 2019 held at DUSC Sports Complex (D.U.) and secured 5th rank.

KABADDI

- The College team secured 4th place in Delhi University Inter-College Kabaddi Competition 2019 held at Daulat Ram College, (D.U.).
- Nidhi Hindi (H) 1st Year was selected for All India Inter-University Kabaddi Championship-2019 held at Sonipat, Haryana and Junior National Kabaddi Championship held at Rohtak, Haryana.
- Surbhi B.Com (Prog.) 3rd Year was selected for Senior National Kabaddi Championship held at Jaipur, Rajasthan.
- Pavitra History (H) 3rd Year was selected for Senior National Kabaddi Championship held at Jaipur, Rajasthan.



Ref No. MSC/IQAC/SSR-CR5/5.3.1

Ph: 23237291

KHO-KHO

- The College team participated in Delhi University Inter-College Kho-Kho Competition 2019 held at Daulat Ram College, (D.U.) and secured 4th place.
- Priya B.Com. (H) 3rdYear was selected for All India Inter-University Kho-Kho Championship 2019 held at Barabanki, U.P.
- Priya B.Com. (H) 3rd Year and Tannu Kumari BAP 2nd Year participated in the Federation Cup Open National Kho-Kho Championship 2019 held at Pondicherry.
- Meenakshi History (H) 3rd Year participated in Senior National Kho-Kho Championship held at Bemetara, Chhattisgarh.

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RUGBY

 Archana Hindi (H) 1st Year and Tannu B.A. (P) 1st Year participated in South Asia Rugby Championship 2019 held at Kolkata, West Bengal and Junior All India Rugby Championship held at Bhubaneshwar, Odisha.

SWIMMING

 Priya B.A. (P) 3rd Year secured 4th place in Delhi University Inter-College Swimming Competition 2019 held at Dr. Shyama Prasad Mukherjee Swimming Pool Complex, New Delhi.



Ref No. MSC/IQAC/SSR-CR5/5.3.1 SHOOTING

- The College team, comprising of Hanshika Computer Sc.(H.)2nd Year, Neeshu B.Com (P) 2nd Year and Gurveen B.A. (P) 3rd Year participated in Delhi University Inter-College Shooting Competition, 2019 held at Hansraj College, (D.U.).
- Hansika and Neeshu participated in Haryana State Shooting Championship held at Dr. Karni Singh Shooting Range, Tughlakabad, New Delhi.
- Hanshika, Neeshu and Gurveen participated in the 39th North-Zone Shooting Championship held at Dr. Karni Singh Shooting Range, Tughlakabad, New Delhi.
- Hanshika, Neeshu and Gurveen participated in the 63rd National Shooting Championship held at Bhopal, Madhya Pradesh.
- Hanshika, Neeshu and Gurveen have qualified for India Team Selection Trails and World Cup Selection Trails (both tournaments have been postponed until further notice due to COVID-19).

TAEKWONDO

- The College team participated in Delhi University Inter-College Taekwondo Tournament, 2019 held at DUSC Sports Complex (D.U.) and Alisha B.A. (P)1st Year bagged 3rd position.
- Yashika Psychology (H) 1st Year participated in the 3rd International Kyorugi and PooMsae Taekwondo Championship held in Kathmandu, Nepal and won 1 silver and 1 bronze medal. She also participated in Junior National Wushu Championship held at Dausa, Rajasthan and secured 2nd position.

VOLLEYBALL

The College team participated in Delhi University Inter-College Volleyball Tournament,
 2019 held at Indraprastha College for Women, D.U.



Ref No. MSC/IQAC/SSR-CR5/5.3.1

- The College team participated in BOSM, 2019 at BITS Pilani, Rajasthan and secured 2nd position.
- Pathika Maths (H) 3rd Year participated in Senior National Volleyball Championship held at SGTB Khalsa College, D.U and secured 3rd position.
- Sandeep Maths (H) 1st Year participated in Junior National Volleyball Championship held at Laxmi Public School, Karkardooma, New Delhi and won 1st position.
- Bhoomika Eng (H) 3rd Year, Kajal B.A. (Prog) 3rd Year and Aarti B.A.(Prog) 1st Year participated in Youth-State held at Sports Complex, Village Dichaun, Najafgarh, New Delhi and won 3rd position.
- Shikha B.A. (Prog.) 1st Year participated in Junior National Volleyball Championship.
- Shikha and Babita from B.A. (Prog) 1st Year were selected for Khelo India University Games, 2020 held in Odisha.

WEIGHTLIFTING

• The College team participated in Delhi University Inter-College Weightlifting Tournament, 2019 held at Deshbandhu College (D.U.).

WRESTLING

- Our college team is ranked 2nd among Delhi University Wrestling teams, with 2 gold medals, 2 silver medals and 5 bronze medals, all won at the Delhi University Inter-College Wrestling Tournament, 2019 held at Chhatarsal Stadium, New Delhi.
- Akriti Tyagi B.Com (Prog.) 2nd Year and Anju History (H) 2nd Year were selected for All
 India Inter-University Wrestling Championship, 2019 held at Guru Jambheshwar
 University Hissar, Haryana. She was also selected for Khelo India University Games,
 2020 held in Odisha.

(Source - 53rd Annual Report, pg 32-36;

https://mscw.ac.in/Documents/pub/Annual Report 2020.pdf)



Ref No. MSC/IQAC/SSR-CR5/5.3.1

List of students who received awards/medals for outstanding performance in sports at university/state/national / international level during 2019-2020

| S.No. | Name of the award/ medal | Team / Individual | University/Sta te/National/ International | Sports category | Name of the student |
|-------|--|----------------------|---|------------------|---------------------|
| 1 | Delhi University Inter-College Archery/Silver Tournament, 2019 held at Hansraj College | Individual | University | Archery | Kaushiki |
| 2 | Delhi State Athletic Championship, 2019 held at Jawaharlal Nehru Stadium, New Delhi/Bronze | Individual | State | Athletics (200m) | Neha |
| 3 | Delhi State Athletic Championship, 2019 held at Jawaharlal Nehru Stadium, New Delhi/Silver | Individual | State | Athletics (400m) | Neha |
| 4 | Delhi State Athletic Championship, 2019 held at Jawaharlal Nehru Stadium, New Delhi/Silver | Individual | University | Athletics (400m) | Neha |
| 5 | Delhi University Inter-College Boxing Tournament, 2019/Gold held at Kirorimal College (D.U.) | Individual | University | Boxing | Sneha |

| 6 | Delhi University Inter-College Boxing Tournament, 2019 held at Kirorimal College (D.U.)/Gold | Individual | University | Boxing | Sneha |
|----|---|------------|------------|--------|----------------|
| 7 | All-India National Boxing Championship held at Haryana/Gold | Individual | National | Boxing | Komal |
| В | School games development foundation all india boxing national championship, Sonipat, Haryana/Gold | Individual | National | Boxing | Komal |
| 9 | Under-22 fari soti category in Sikh National Games, 2020 held at Siri Fort Sport Complex, New Delhi/Bronze | Individual | National | Gatka | Parvinder Kaur |
| 10 | Under-19 fari soti category in Sikh National Games, 2020 held at Siri Fort Sport Complex, New Delhi/Bronze | Individual | National | Gatka | Kamakhya |
| 11 | 1st Place in the Under-22 Single Stick category in Gatka National Championship, 2019 held at Amritsar, Punjab. | Individual | National | Gatka | Mankeerat Kaur |
| 12 | 2 nd Place in the Under-22 Single Stick category in Sikh National Games, 2020 held at Siri Fort Sport Complex, New Delhi. | Individual | National | Gatka | Mankeerat Kaur |
| 13 | Single Stick category Delhi State Gatka Championship held at Hari Nagar Sports Complex, New Delhi/Silver | Individual | State | Gatka | Mankeerat Kaur |
| 14 | Demo category Delhi State Gatka Championship held at Hari Nagar Sports Complex, New Delhi/Bronze | Individual | State | Gatka | Mankeerat Kaur |



Ref No. MSC/IQAC/SSR-CR5/5.3.1

| 15 | Under-22 fari soti event in Delhi State Gatka Championship held at Hari Nagar Sports Complex, New Delhi/Bronze | Individual | State | Gatka | Amandeep Kaur |
|----|---|------------|------------|-------|---------------|
| 16 | Under-22 fari soti in Delhi State Gatka Championship held at Hari Nagar Sports Complex, New Delhi/Silver | Individual | State | Gatka | Kritneet Kaur |
| 17 | Under-22 fari soti in Inter-College Gatka Tournament, 2019 held at Sri Guru Gobind Singh College of Commerce (D.U.)./Silver | Individual | University | Gatka | Kritneet Kaur |
| 18 | Single Stick Under-19 category in Gatka National Championship 2019 held at Amritsar, Punjab/Silver | Individual | National | Gatka | Yashdeep Kaur |
| 19 | Single Stick Under-19 category in Delhi State Gatka Championship held at Hari Nagar Sports Complex, New Delhi/Bronze | Individual | State | Gatka | Yashdeep Kaur |
| 20 | Delhi University Inter-College Judo Competition, 2019 held at DUSC Sports Council, University of Delhi/Silver | Individual | University | Judo | Rashi |
| 21 | Delhi University Inter-College Judo Competition, 2019 held at DUSC Sports Council, University of Delhi/Bronze | Individual | University | Judo | Sarika |
| 22 | Delhi University Inter-College Judo Competition, 2019 held at DUSC Sports Council, University of Delhi/Bronze | Individual | University | Judo | Sumiran |



Ref No. MSC/IQAC/SSR-CR5/5.3.1

| 23 | Delhi University Inter-College Judo Competition, 2019 held at DUSC Sports Council, University of Delhi/Bronze | Individual | University | Judo | Reeta |
|----|--|------------|---------------|------------|--------------|
| 24 | Delhi University Inter-College Judo Competition, 2019 held at DUSC Sports Council, University of Delhi/Bronze | Individual | University | Judo | Prachi Dhama |
| 25 | 9th place (All-over India) 29th G.V. Mavalankar (pre-national) Shooting Championship held at Ahemdabad, Gujrat | Individual | National | Shooting | Hanshika |
| 26 | 3 rd International Kyorugi and PooMsae Taekwondo Championship held in Kathmandu, Nepal/Silver | Individual | International | Taekwondo | YASHIKA |
| 27 | 3 rd International Kyorugi and PooMsae Taekwondo Championship held in Kathmandu, Nepal/Bronze | Individual | International | Taekwondo | YASHIKA |
| 28 | Delhi University Inter-College Taekwondo Tournament, 2019 held at DUSC Sports Complex (D.U.)/Bronze | Individual | University | Taekwondo | ALISHA |
| 29 | Youth-State held at Sports Complex, Village Dichaun, Najafgarh, New Delhi/Bronze | Individual | National | volleyball | Bhoomika |
| 30 | Youth-State held at Sports Complex, Village Dichaun, Najafgarh, New Delhi/Bronze | Individual | National | volleyball | Kajal |
| 31 | Youth-State held at Sports Complex, Village Dichaun, Najafgarh, New Delhi/Bronze | Individual | State | volleyball | Aarti |



Ref No. MSC/IQAC/SSR-CR5/5.3.1

| 32 | Junior National Volleyball Championship held at Laxmi Public School, Karkardooma, New Delhi/Gold | Individual | National | volleyball | Sandeep |
|----|---|------------|------------|------------|-----------------|
| 33 | Senior National Volleyball Championship held at SGTB Khalsa College, D.U/Bronze | Individual | National | volleyball | Pathika |
| 34 | BOSM, 2019 at BITS Pilani, Rajasthan/Silver | Team | University | volleyball | Volleyball Team |
| 35 | Delhi University Inter-College Wrestling Tournament, 2019 held at Chhatarsal Stadium, New Delhi/Gold | Individual | University | wrestling | AKRITI |
| 36 | Delhi University Inter-College Wrestling Tournament, 2019 held at Chhatarsal Stadium, New Delhi/Gold | Individual | University | wrestling | ANJU |
| 37 | Delhi University Inter-College Wrestling Tournament, 2019 held at Chhatarsal Stadium, New Delhi/Silver | Individual | University | wrestling | Sumiran |
| 38 | Delhi University Inter-College Wrestling Tournament, 2019 held at Chhatarsal Stadium, New Delhi/Silver | Individual | University | wrestling | Sarika |
| 39 | Delhi University Inter-College Wrestling Tournament, 2019 held at Chhatarsal Stadium, New Delhi/Bronze | Individual | University | wrestling | Rashi |
| 40 | Delhi University Inter-College Wrestling Tournament, 2019 held at Chhatarsal Stadium, New Delhi/Bronze | Individual | University | wrestling | Tannu |

| 41 | Delhi University Inter-College Wrestling Tournament, 2019 held at Chhatarsal Stadium, New Delhi/Bronze | Individual | University | wrestling | Prachi Dhama |
|----|---|------------|------------|-----------|--------------|
| 42 | Delhi University Inter-College Wrestling Tournament, 2019 held at Chhatarsal Stadium, New Delhi/Bronze | Individual | University | wrestling | Reeta |
| 43 | Delhi University Inter-College Wrestling Tournament, 2019 held at Chhatarsal Stadium, New Delhi/Bronze | Individual | University | wrestling | Shilpa |

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YEAR 2019-20 (CULTURAL)

CULTURAL SOCIETY

The Cultural Society organized "THIRAK—an Inter-College Dance Competition during Saarang. Teams from various Colleges of University of Delhi participated and showcased Indian classical, folk and western dances. The cultural society members participated in many inter-college and inter-university competitions and won prizes. The Society's Giddha Team 'Virsa' secured 1st position in Maitryi College and 2nd position in PGDAV College. *Kayra*, the Western dance team secured 1st position at 'SIDDHA' 2019 organised by DUSU. The Bhangra team won 2nd position in Shaheed Bhagat Singh College. The outstanding performers of this year are: Best Giddha Dancer- Sukhneet Kaur-Punjabi (3)rd Yr., Best Bhangra Dancer-Harpreet Kaur- B.Com.(P.) 3rd Yr., Best Western Dancer-Divya- Hindi (H.)3rd Yr. and Best Singer-Simran- B.A.(P)3rd Yr.

(Source - 53rd Annual Report, pg 38;

https://mscw.ac.in/Documents/pub/Annual Report 2020.pdf)

List of awards/medals for outstanding performance in cultural activities at university/state/national / international level during 2019-2020

| S.No. | Name of the award/ medal | Team / Individual | University/State/National/ International | Name of the student/Team |
|-------|--|-------------------|---|--------------------------|
| 1 | 1st position in Maitreyi College | Team | University | Team Virsa |
| 2 | 2nd position in PGDAV MORNING | Team | University | Team Virsa |
| 3 | 3rd position in SGTB KHALSA COLLEGE | Team | University | Team Virsa |
| 4 | 2nd at Satyawati College (EVE) | team | university | Kayra Dance Society |
| 5 | 3rd Position | Team | University | MSC Bhangra Society |
| 6 | Consolation | Team | University | MSC Bhangra Society |
| 7 | 2nd Position | Team | University | MSC Bhangra Society |
| 8 | Consolation | Team | University | MSC Bhangra Society |
| 9 | Consolation | Team | Udaan Utsav | MSC Bhangra Society |



(Cultural Committee Incharges: Dr. Rama Verma, Dr. Gurpreet Kaur and Dr. Veenakshi Sharma)



Ref No. MSC/IQAC/SSR-CR5/5.3.1

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List of awards/medals for outstanding performance by Parindey, the Dramatics society (2019-20)

| S.No. | Name of the award/ medal | Team / Individual | University/State/Nation al/ International | Name of the student/Team |
|-------|---|-------------------|---|-----------------------------|
| 1 | 1st position at Rukmini Devi Institute of Advanced Studies | Team | National | Parindey, Dramatics Society |
| 2 | 2nd position at ARSD | Team | National | Parindey, Dramatics Society |
| 3 | 2nd Consolation Prize at Udaan Utsav | Team | National | Parindey, Dramatics Society |
| 4 | Best Performer at ANDC & Rukmini Devi | Individual | National | Parindey, Dramatics Society |

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Dramatic Society Incharges (2019-2020): Dr. Poonam Sharma and Dr. Veenakshi Sharma



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YEAR 2020-21 (SPORTS)

List of students who received awards/medals for outstanding performance in sports at university/state/national / international level during 2020-2021

| S.No. | Name of the award/ medal | Team / Individual | University/Stat e/National/ International | Sports category | Name of the student |
|-------|---|----------------------|---|-----------------|---------------------|
| 1 | ATHLETICS (1500m) in 80th Delhi State Annual Athletics Championship held at J.L.N. Stadium, New Delhi./Silver | INDIVIDUAL | STATE | ATHLETICS | PREETI |
| 2 | ATHLETICS (800m) in 80th Delhi State Annual Athletics Championship held at J.L.N. Stadium, New Delhi./Silver | INDIVIDUAL | STATE | ATHLETICS | PREETI |
| 3 | ATHLETICS(200 m) in 80th Delhi State Annual Athletics Championship held at J.L.N. Stadium, New Delhi./Silver | INDIVIDUAL | STATE | ATHLETICS | NEHA |
| 4 | ATHLETICS(400 m) in 80th Delhi State Annual Athletics Championship held at J.L.N. Stadium, New Delhi./Gold | INDIVIDUAL | STATE | ATHLETICS | NEHA |
| 5 | KABADDI in Junior District Kabaddi Tournament held at Gazipur, Delhi./Silver | TEAM | DISTRICT | KABADDI | Kabaddi Team |
| 6 | KABADDI in Senior District Kabaddi Tournament held at Gazipur, Delhi.//Silver | TEAM | DISTRICT | KABADDI | Kabaddi Team |
| 7 | KURASH in 10Th Senior National Kurash Championship (+87kg category) held at Pachmarhi, M.P./Silver | INDIVIDUAL | NATIONAL | KURASH | ANJU |
| 8 | KURASH in Delhi Olympics Games Kurash Championship (+70 kg category) held at I.G.I.P.E.S.S., New Delhi./Bronze | INDIVIDUAL | OPEN | KURASH | ANJU |
| 9 | KURASH in 10Th Senior National Kurash Championship (+87kg category) held at Pachmarhi, M.P./Bronze | INDIVIDUAL | NATIONAL | KURASH | RASHI |
| 10 | KURASH in Delhi Olympics Games Kurash Championship (70 kg category) held at I.G.I.P.E.S.S., New Delhi./Bronze | INDIVIDUAL | OPEN | KURASH | RASHI |
| 11 | SHOOTING in 1st Abhinandan Shooting Championship held at Rohtak./Silver | INDIVIDUAL | OPEN | SHOOTING | NEESHU SAINI |



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| 12 | SHOOTING in 3rd G.R.D. Shooting Championship Competition held at GRD Shooting Academy, Patparganj/Silver | INDIVIDUAL | OPEN | SHOOTING | STUTI SRIVASTAVA |
|----|--|------------|-------|------------|------------------|
| 13 | VOLLEYBALL in All India Open Volleyball Tournament held at Bihar./Gold | INDIVIDUAL | OPEN | VOLLEYBALL | PUPPY |
| 14 | VOLLEYBALL in Delhi State Senior Volleyball Championship held at Laxmi Public School, Karkardooma./Bronze | INDIVIDUAL | STATE | VOLLEYBALL | PUPPY |
| 15 | VOLLEYBALL in All India Open Volleyball Tournament held at Bihar./Gold | INDIVIDUAL | OPEN | VOLLEYBALL | BABITA |
| 16 | VOLLEYBALL in Delhi State Senior Volleyball Championship held at Laxmi Public School, Karkardooma./Silver | INDIVIDUAL | STATE | VOLLEYBALL | BABITA |
| 17 | VOLLEYBALL in All India Open Volleyball Tournament held at Bihar./Gold | INDIVIDUAL | OPEN | VOLLEYBALL | AARTI |
| 18 | VOLLEYBALL in All India Open Volleyball Tournament held at Bihar./Silver | INDIVIDUAL | OPEN | VOLLEYBALL | AARTI |
| 19 | VOLLEYBALL in Delhi State Senior Volleyball Championship held at Laxmi Public School, Karkardooma./Bronze | INDIVIDUAL | STATE | VOLLEYBALL | AARTI |
| 20 | VOLLEYBALL in Delhi State Senior Volleyball Championship held at Laxmi Public School, Karkardooma./Silver | INDIVIDUAL | STATE | VOLLEYBALL | ЈУОТІ |
| 21 | VOLLEYBALL in Girls Volleyball Championship held at Gaibua./Gold | INDIVIDUAL | OPEN | VOLLEYBALL | SANDEEP SEKHON |
| 22 | VOLLEYBALL in Open Uttrayani Mahotsav held at Halduchaur./Silver | INDIVIDUAL | OPEN | VOLLEYBALL | SANDEEP SEKHON |

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(Ms. Charanjeet Kaur, HOD, Department of Sports and Physical Sciences)



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YEAR 2020-21 (CULTURAL)

List of awards/medals for outstanding performance in cultural activities at university/state/national / international level during 2020-2021

| S.No. | Name of the award/ medal | Team / Individual | University/State/National/ International | Name of the student/Team |
|-------|---|-------------------|---|--------------------------|
| 1 | Ist Prize IIM Nagpur | Team | University | Kayra Dance Society |
| 2 | Ist Prize IIM Kashipur | Team | University | Kayra Dance Society |
| 3 | 3rd Prize IIT Delhi | Team | University | Kayra Dance Society |
| 4 | 1st Prize IFMR Sri City | Team | University | Kayra Dance Society |
| 5 | 1st Prize IMNU Ahmedabad | Team | University | Kayra Dance Society |
| 6 | 2nd Prize IIM Trichy | Team | University | Kayra Dance Society |
| 7 | 2nd Prize Christ University | Team | University | Kayra Dance Society |
| 8 | 2nd Prize IIT Hyderabad | Team | University | Kayra Dance Society |
| 9 | 1st Prize Deen Dayal Upadhyaya College, DU | Team | University | Kayra Dance Society |
| 10 | 2nd Prize SPJIMR Mumbai | Team | University | Kayra Dance Society |
| 11 | 1st Prize SPPSPTM Mumbai | Team | University | Kayra Dance Society |

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(Cultural Committee Incharges: Dr. Rama Verma, Dr. Gurpreet Kaur and Dr. Veenakshi Sharma)

Section Officer (Accounts) Mata Sundri College for Women Mata Sundri Lane, New Delhi-110002

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