

Mata Sundri College for Women
Department of Physical Education & Sports Sciences
Annual Report: 2017-2018

Mata Sundri College for Women is celebrating its 51st Jubilee year in the academic session in 2017-18. Students of our College excels in sports and brought laurels to the college by winning medals and by participating in International, All India University, Nationals, Inter-College and state level tournaments/competitions. Mata Sundri College is acknowledges for producing Sports person of high Caliber. It is possible by the regular and disciplined practice sessions under trained coaches of various Sports like Athletics, Judo, Wrestling, Volleyball, Archery, Taekwondo, Kho-kho, Ball-Badminton, Kabaddi, Yoga and Gatka.

This year our various team won the Championships and Medals in different games at International, All India Inter University, National State and Inter-College all our teams are in the top 6 team of University of Delhi and it is a matter of immense pride that our college has 1 International, 13 All India Inter University, 9 National, 22 Inter College, 30 state and more than 42 Invitational 146 State Level Medallists. Department has organized the following activities to promote sports.

- **Inter College Invitational Volleyball, Judo & Athletics Meet (for Visual Impaired Students)** was organized by the Department 1st&2nd February, 2018. The tournament was a great success 15 college all across Delhi University participated in the events.
- **1st Invitational Inter College Gatka Tournament** was organized by the department on 15th January, 2018. 80 students from different Delhi University College participated in the event of Gatka **S. Manjit Singh GK** president of DSGMC, **S. Paramjit Singh Rana** President Delhi Gatka Association, **S. Vikram Singh** General Secretary Delhi State Shromani Akali Dal and member of DSGMC all were present to grace the occasion.

Highlights of the Department Achievements

International

Indo Bhutan Volleyball Exchange Student Games 2017 held at Phuentsholing, Bhutan from 9th September to 10th September, 2017.

SN	Name	Class	Roll No.	Game	Place	Position
1	Karina Chauhan	B.A. (Prog)	336	Volleyball	Phuentsholing Bhutan	Gold

All Indian Inter University Championship

S.N	Name	Class	Roll No.	Game	Place	Position
1	Deepanjali	B.A. (Prog)	152	Yoga	KIIT University	Gold
2	KiranKumari	B.A. (Prog)	137	Volleyball	MDU Rohtak Haryana	Participation
3	SapnaYadav	B.A. (Prog)	157	Volleyball	MDU Rohtak Haryana	Participation
4	Mahima	B.A. (Prog)	287	Wresling	MDU Rohtak Haryana	Participation
5	Monika Chauhan	B.Com(H)	093	Archery	KIIT University	Participation
6	Jyoti	B.A. (Prog)	104	Ball Badminton	MDU Rohtak Haryana	Participation
7	Ishrat	B.A. (Prog)	045	Kabaddi	MDU Rohtak Haryana	Participation
8	BaljinderKaur	Punjabi (H)	035	Gatka	SangroorPatiala Punjab	Silver
9	ManikaranKaur	B.Com (H)	156	Gatka	Sangroor Patiala Punjab	Silver
10	AmandeepKaur	Pol. Sci. (H)	173	Gatka	Sangroor Patiala Punjab	Silver
11	RamandeepKaur	B.A. (Prog)	284	Gatka	Sangroor Patiala Punjab	Silver
12	JapneetKaur	Psychology (H)	035	Gatka	Sangroor Patiala Punjab	Silver
13	SurpreetKaur	Punjabi (H)	054	Gatka	Sangroor Patiala Punjab	Bronze

Total: 13 Students were participate in All India Inter University Championship

National Championship

S. N	Name	Class	Roll No.	Game	Place	Position
14	Chanchal	B.Com (Prog)	443	Kho-Kho	Maharashtra Nanded	Bronze
15	VanikaKamboj	Comp. (H)	081	Taekwondo	PAP Stadium Jalandhar Punjab	Gold
16	AsthaTanwar	B.Ccom (H)	110	Taekwondo	PAP Stadium Jalandhar Punjab	Gold
17	Aastha Sharma	B.Com (H)	168	Taekwondo	PAP Stadium Jalandhar Punjab	Bronze
18	Krishna	B.Com (Prog)	565	Volleyball	West BegalVardhaman	Participation
19	Jyoti	B.Com (Prog)	444	Volleyball	West BegalVardhaman	Participation
20	Sapna	B.A.(Prog)	157	Volleyball	M.P. Khandwa	Participation
21	Kiran	B.A. (Prog)	137	Volleyball	M.P Khandwa	Participation
22	YuktaGoswami	Pol. Sci. (H)	129	Table Tenise	Indira Gandhi RajyaKhelParisar Shimla	Silver
23	Karina Chauhan	B.A. (Prog)	336	Volleyball	M.P. Khandwa	Participation

Total: 10Students were participate in National Championship

Delhi University Inter College Championship/Participation

S.N	Name	Class	Roll No.	Game	Place	Position
24	Shalini	B.Com (Prog)	098	Judo	Delhi University	Silver
25	Sumiran Nagar	B.A. (Prog)	285	Judo	Delhi University	Silver
26	Kajal	English (H)	048	Judo	Delhi University	Bronze
27	Shalini	B.Com (Prog)	039	Judo	Delhi University	Bronze
28	Rita	Maths (H)	044	Judo	Delhi University	Bronze
29	Mahima	B.A. (Prog)	287	Wrestling	Delhi University	Gold
30	Sumiran Nagar	B.A. (Prog)	285	Wrestling	Delhi University	Bronze
31	Ishrat	B.A. (Prog)	045	Kabaddi	Daulat Ram College	Bronze
32	Prerna	B.A. (Prog)	288	Kabaddi	Daulat Ram College	Bronze
33	Arti	B.A. (Prog)	226	Kabaddi	Daulat Ram College	Bronze
34	Manju	B.A. (Prog)	153	Kabaddi	Daulat Ram College	Bronze
35	Pavitra	History (H)	074	Kabaddi	Daulat Ram College	Bronze
36	Jyoti	B.A. (Prog)	284	Kabaddi	Daulat Ram College	Bronze
37	SurbhiRawat	B.Com (H)	442	Kabaddi	Daulat Ram College	Bronze
38	Anju	B.A. (Prog)	125	Kabaddi	Daulat Ram College	Bronze

39	KalimunNisha	B.A. (Prog)	136	Kabaddi	Daulat Ram College	Bronze
40	Arsee	B.A. (Prog)	211	Kabaddi	Daulat Ram College	Bronze
41	Meena	B.A. (Prog)	152	Kabaddi	Daulat Ram College	Bronze
42	Chanchal	B.Com (Prog)	443	Kabaddi	Daulat Ram College	Bronze
43	Arti	B.A. (Prog)	226	Weight Lifting	NSIT Dwarka	Gold
44	Astha Sharma	B.Com (H)	168	Taekwondo	Delhi University	Silver
45	VanikaKamboj	Comp. (H)	081	Taekwondo	Delhi University	Silver

Total: 22 Students were participate in Delhi University Inter College Championship/Tournament

State Tournament

S.N	Name	Class	Roll No.	Game	Place	Position
46	Deepanjali	B.A. (Prog)	152	Yoga	BalBharti Public School Pitampura	Gold
47	Meenu	History (H)	053	Ball Badminton	Vikaspuri Delhi	Gold
48	Yashika	B.A. (Prog)	064	Ball Badminton	Vikaspuri Delhi	Silver
49	AsthaTanwar	B.Com (H)	110	Taekwondo	Tyagraj Stadium Delhi	Gold
50	Aastha Sharma	B.Com (H)	168	Taekwondo	Tyagraj Stadium Delhi	Bronze
51	Yukta	Pol. Sci. (H)	129	Table Tennis	Tyagraj Stadium	Gold
52	Mahima	B.A. (Prog)	287	Wrestling	Najafgarh Delhi	Gold
53	VanikaKamboj	B.Sc. (H)	081	Taekwondo	Mangolpuri F&G District Community Center Delhi	Gold
54	AasthaTanwar	B.Com (H)	110	Taekwondo	Mangolpuri F&G District Community Center Delhi	Gold
55	Bindu Sharma	B.Com (H)	339	Taekwondo	Mangolpuri F&G District Community Center Delhi	Gold
56	Navdha	Pol. Sci. (H)	034	Taekwondo	Mangolpuri F&G District Community	Gold

					Center Delhi	
57	Shweta	Pol. Sci. (H)	016	Taekwondo	Mangolpuri F&G District Community Center Delhi	Gold
58	Sapna	B.A. (Prog)	157	Volleyball	(BITS) Sports Meet Pilani	Bronze
59	Kiran	B.A. (Prog)	137	Volleyball	(BITS) Sports Meet Pilani	Bronze
60	JyotiBehra	Pol. Sci. (H)	163	Volleyball	(BITS) Sports Meet Pilani	Bronze
61	Sakshi	B.A. (Prog)	104	Volleyball	(BITS) Sports Meet Pilani	Bronze
62	Meena	B.A. (Prog)	152	Volleyball	(BITS) Sports Meet Pilani	Bronze
63	KalimunNisha	B.A. (Prog)	136	Volleyball	(BITS) Sports Meet Pilani	Bronze
64	Krishna	B.Com (Prog)	565	Volleyball	(BITS) Sports Meet Pilani	Bronze
65	Pathika	B.Sc. (H) Maths	130	Volleyball	(BITS) Sports Meet Pilani	Bronze
66	Bhoomika	English (H)	130	Volleyball	(BITS) Sports Meet Pilani	Bronze
67	Jyoti	B.Com (Prog)	444	Volleyball	(BITS) Sports Meet Pilani	Bronze
68	SupreetKaur	Punjabi (H)	054	Gatka	Damdama Sahib Gurudwara Delhi	Gold
69	RamandeepKaur	B.A. (Prog)	284	Gatka	Damdama Sahib Gurudwara Delhi	Gold
70	Milan	B.A. (Prog)	133	Gatka	Damdama Sahib Gurudwara Delhi	Silver
71	JapneetKaur	Psychology (H)	035	Gatka	Damdama Sahib Gurudwara Delhi	Silver
72	MankiratKaur	B.Com (H)	106	Gatka	Damdama Sahib Gurudwara Delhi	Silver
73	Manikaran	B.Com (H)	156	Gatka	Damdama Sahib Gurudwara Delhi	Bronze
74	ManpreetKaur	B.A. (Prog)	162	Gatka	Damdama Sahib Gurudwara Delhi	Bronze
75	AmandeepKaur	Pol. Sci. (H)	173	Gatka	Damdama Sahib Gurudwara Delhi	Bronze

Total:30Students were participate in State Tournament