

Report on Webinar on

“How to Accelerate Your Career During and Post Covid-19 Crisis”

An Initiative of Mata Sundri College for Women in association with Passionately Curious

We are in the middle of a global COVID-19 pandemic which has affected all segments of the society in one way or the other. Be it the health sector, economy, education, or livelihood. In times of constant information overload and emerging infodemics, reliable information is becoming more valuable than ever.

During the coronavirus lockdown, the Placement and Internship Cell of Mata Sundri College for Women strives hard to impart valuable information and keep them going using webinar series. In continuation of the same, a webinar using Zoom platform was conducted on “How to Accelerate Your Career During and Post Covid-19 Crisis” for the students across Delhi University on May 29, 2020 from 11:00 AM to 1:00 PM, by Placement & Internship Cell, Mata Sundri College for Women, in association with **Passionately Curious**. The webinar was attended by **74** participants.

The resource person was Mr Saurabh Mittal, the CEO and Founder of Passionately Curious and Co-Founder of Effortless Yoga. He is an FMS, Delhi alumnus with corporate experience in Investment Banking at JP Morgan and over 8 years of experience in the education sector. He has also served as a subject matter expert with Upgrad.

The speaker focused on the tactics and the right mindset to prepare for various kinds of examinations and/or while looking for internships and jobs. The session covered the pros and cons of being a single tasker and multi-tasker, how to keep away from excessive use of social media platforms, practical techniques to meet the self-assigned deadlines, and the importance of putting the gained knowledge into use instead of just writing in resumes.

The session had witnessed enthusiastic participation from students of various colleges. Numerous queries were entertained during the session and participants actively involved themselves in gaining insight on how to be productive during the global crisis. The good conduct of the session was recognized by the convenor and co-convenor of the placement cell.

