

Ph: 23237291

Ref No. MSC/IQAC/SSR-CR1/1.3.1

# Additional Information Links to Supporting Documents

## **Activities to address Gender concerns**

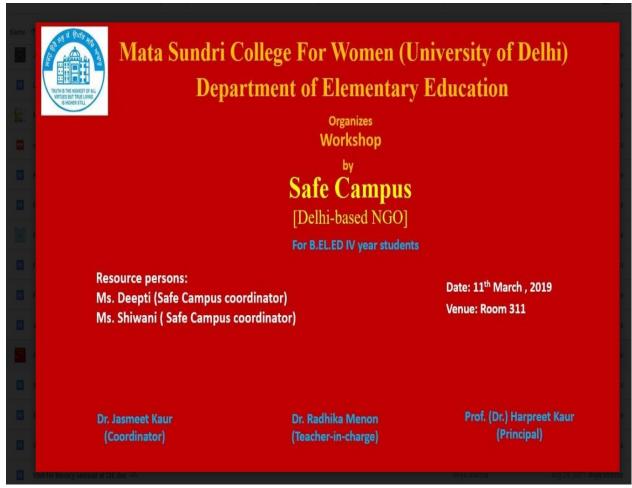
#### 2018-2019



Play organized by Women Development Cell, Mata Sundri College for Women, DU in collaboration with Collegiate Drama Society, Delhi



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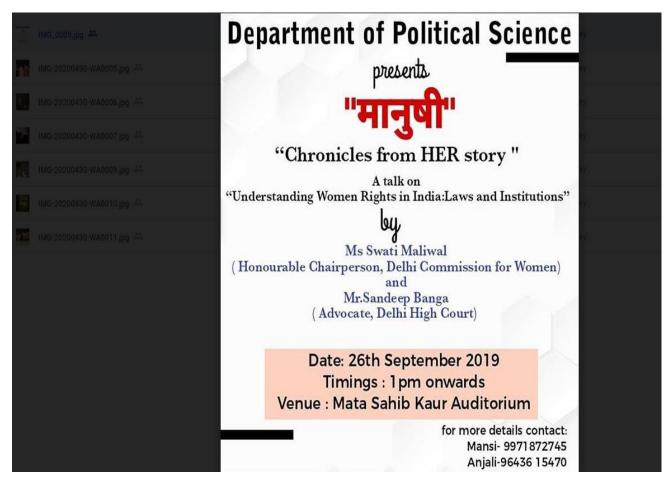


Workshop organized by Department of Elementary Education, Mata Sundri College for Women, DU in collaboration with Safe Campus, Delhi



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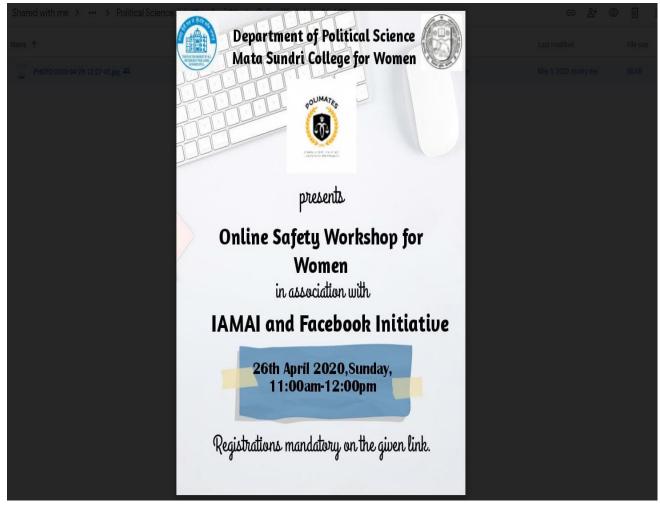
#### 2019-2020



Talk on Understanding Women Rights in India: Laws and Institutions organized by Department of Political Science, Mata Sundri College for Women, DU



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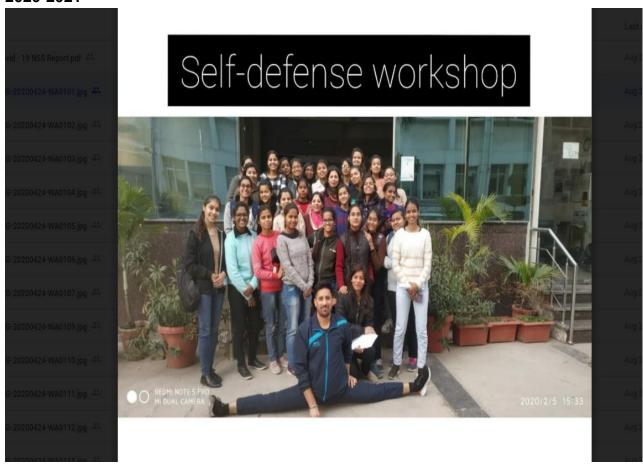


Online Safety Workshop for Women organized by Department of Political Science, Mata Sundri College for Women, DU in association with IAMAI and Facebook Initiatives



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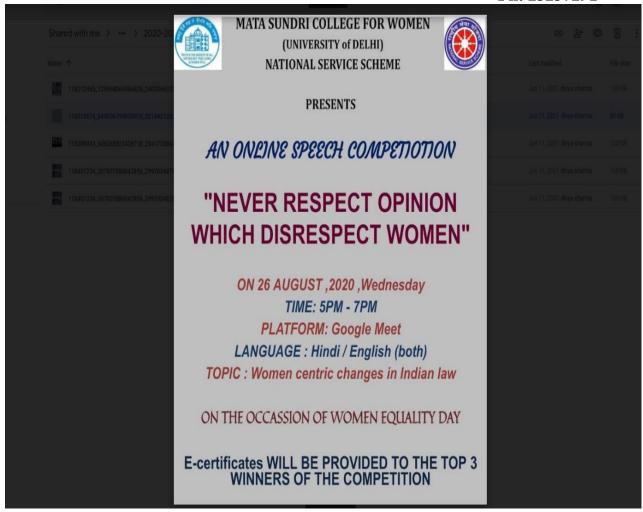
#### 2020-2021



Self Defence Workshop organized by Parivartan, NSS Society, Mata Sundri College for Women, DU



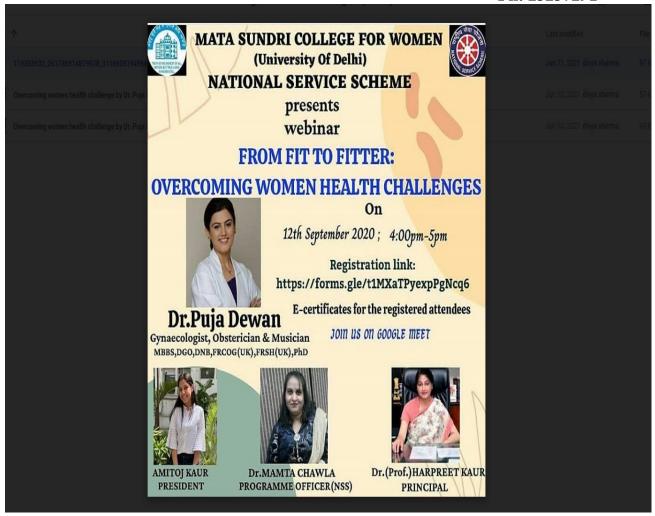
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Online Speech Competition organized by Parivartan, NSS Society, Mata Sundri College for Women, DU



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Webinar on From Fit to Fitter: Overcoming Women Health Challenges organized by Parivartan, NSS Society, Mata Sundri College for Women, DU



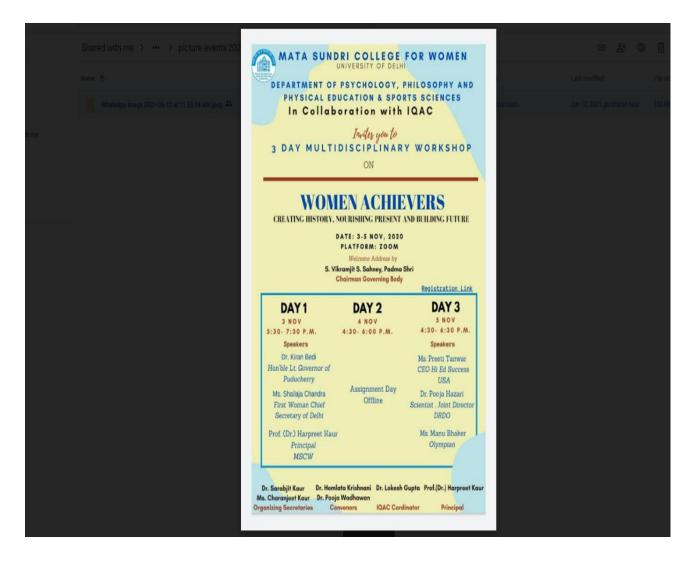
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A 30 hours Short-Term Online Certificate Course for Undergraduate Students on Gender Studies organized by Department of Political Science & IQAC, Mata Sundri College for Women, DU



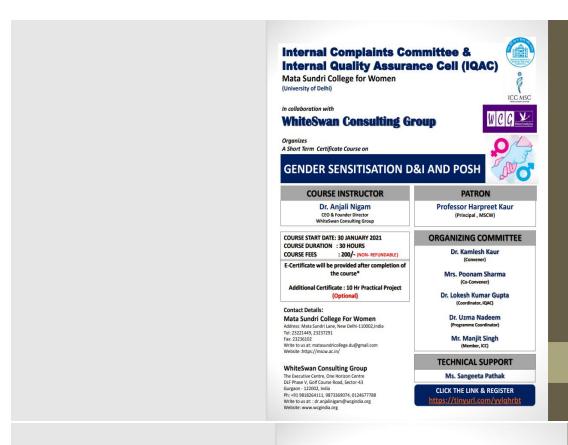
Ph: 23237291



3 Day Multidisciplinary Workshop on Women Achievers: Creating History, Nourishing Present and Building Future organized by Department of Psychology, Philosophy and Physical Education, Mata Sundri College for Women, DU



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#### ABOUT WHITESWAN CONSULTING GROUP (WCG):

WhiteSwan Consulting Group (WCG) is an 'Organizational Effectiveness' Company having special winteswant consulting group (wc.): a an Organizational enectiveness company having special focus on 'Improving Quality of Working Life'. WCG was given ITDO global HRD award 2013 by the President of India and also HRD award in 2017. Our faculty has vast experience & in-depth knowledge in the area. They facilitate programs with highly interactive and innovative pedagogy. WCG has been working tiredly in the Gender Equality, D&I, & POSH for the last 8 years. They have trained more than 43,000 mandays in 120+ organisations including. WhiteSwan Consulting Group has been awarded 'Special Mention in Gender Equality' by UN Women Awards 2020, IFTDO by President of India & 'Best HRD Practice Award 2017' in 30 countries at Oman.

#### COURSE OBJECTIVES :

- Preventive steps to avoid complaints.

- □ Developing Gender Sensitive workplaces.
  □ Respect of other Gender.
  □ Understanding Recent POSH law and Rules.
  □ Preventive steps to avoid complaints.
  □ Preventive steps to avoid complaints.

#### COURSE COVERAGE :

- $\begin{tabular}{ll} $\square$ & Gender Sensitization: Gender Biases, Stereotypes \& Subconscious level of Gender prejudices and \\ \end{tabular}$
- their impact.

  Re-generating Values & Company specific Value Framework.

  POSH Act and Rules, 2013- Role of ICC, HR and Procedure.
- Preventive role of organization, How to reduce complaints & create mutual trust and respect.
   Role of Managers, Employees and Organizations in creating harmonious & gender Sensitive

#### ABOUT INSTRUCTOR:

Dr. Anjali Nigam
CEO & Founder Director, WhiteSwan Consulting Group (WCG)

- Awards & Recognitions

  Honoured by PowerToFly Globally with 2021 Women Leadership Advocate of the Year Award for D&I,

  Leadership Award 2019 by IWIUL.

  Best HRD Practice Award 2017, IFTDO Global HRD Awards 2017.

  International Woman Leadership & Innovation Award 2017, for Leadership in Training & Development.

  IFTDO Global HRD Award 2013 for 'Improved Quality of Working Life', by President of India.

  Award of Honour, 2013 for Outstanding Contribution by Indian Society for Training & Development.

  Quality Initiative Mission Award 2013', by Knowledge Resource & Weldrag Group, IIT Alumni Org.
- Welfare Group, IIT Alumni Org.





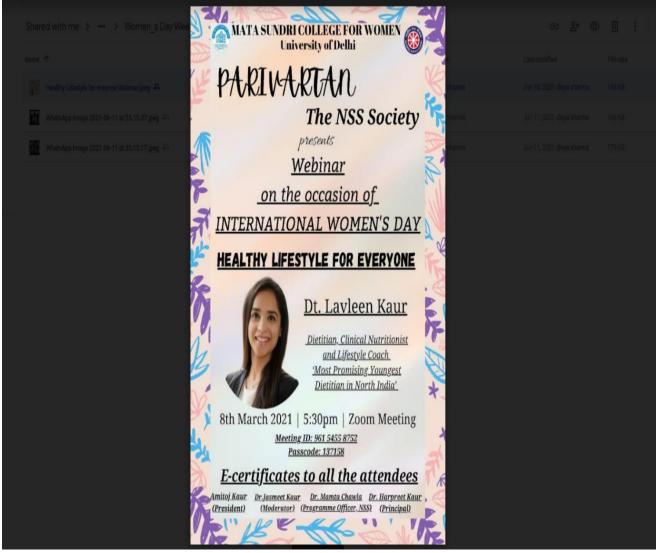
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A 30 hours Short-term Certificate Course on Gender Sensitization, D&I and POSH organized by Internal Complaints Committee & IQAC, Mata Sundri College for Women, DU in collaboration with WhiteSwan Consulting Group.



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Webinar on the occasion of International Women's Day organized by Parivartan, NSS Society, Mata Sundri College for Women, DU



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National Workshop on Research Trends in Women Studies organized by IQAC, Mata Sundri College for Women, DU in collaboration with WSRC, Rani Durgavati Vishwavidalaya, MP



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## Activities to orient on Environment and Sustainability

#### 2015-2016



## 3. Workshop of paper recycling unit at Bal Bhavan

Participated in workshop of paper recycling unit at Bal BhawanMandi House, New Delhi, Delhi 110002 on 5th March 2016. Students were given hands on the process of waste paper recycling involving mixing used/old paper with water to break it down resulting into mixture called pulp, or slurry and subsequently removing water from mixture turning slurry into paper.

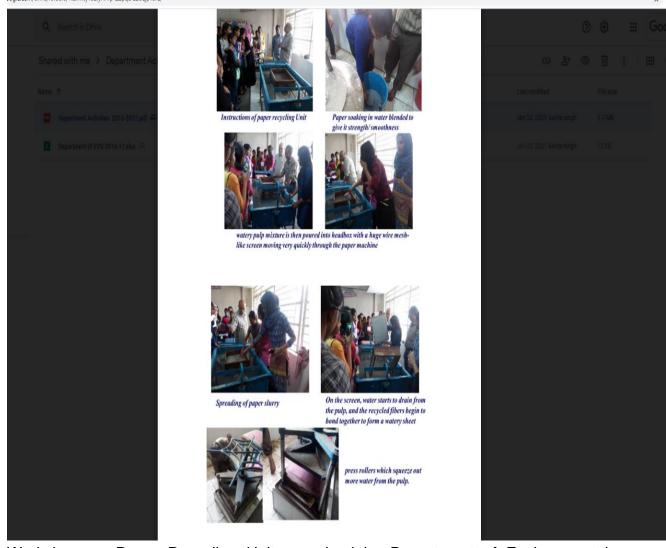




Workshop on Paper Recycling Unit organized by Department of Environmental Studies, Mata Sundri College for Women, DU in collaboration with Bal Bhawan, Delhi



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Workshop on Paper Recycling Unit organized by Department of Environmental Studies, Mata Sundri College for Women, DU in collaboration with Bal Bhawan, Delhi



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#### 2017-2018



Heritage Awareness Walk organized by Department of Environmental Studies, Mata Sundri College for Women, DU in collaboration with National Museum of Natural History, Subordinate Office of Ministry of Environment, Forest and Climate Change, Government of India.

This walk raised awareness about the diversity of cultural and natural heritage, and motivate them to keep our heritage preserved and intact.



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#### 2018-2019



International Workshop on Education for Sustainable Development: Curricular and Pedagogic Experiences from Switzerland and India organized by Department of Elementary Education, Mata Sundri College for Women, DU in collaboration with Haute école pédagogique (HEP), Lausanne, Vaud, Switzerland



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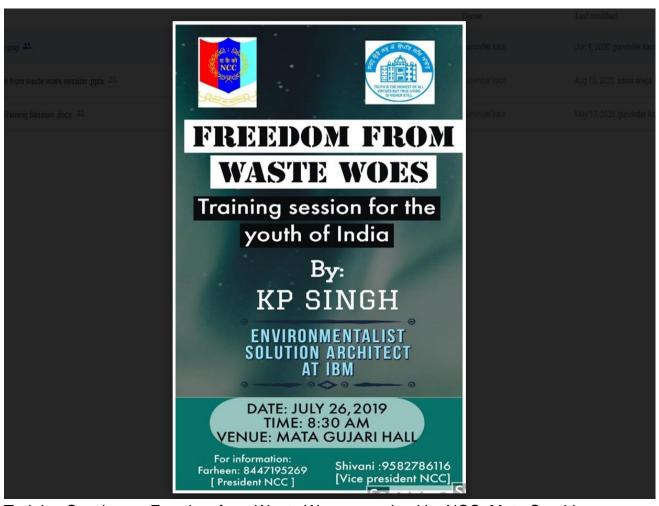


International Workshop on Education for Sustainable Development: Curricular and Pedagogic Experiences from Switzerland and India organized by Department of Elementary Education, Mata Sundri College for Women, DU in collaboration with Haute école pédagogique (HEP), Lausanne, Vaud, Switzerland



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#### 2019-2020



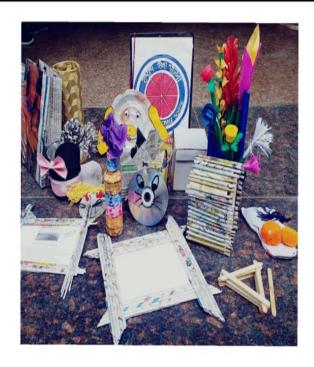
Training Session on Freedom from Waste Woes organized by NCC, Mata Sundri College for Women, DU



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# Best out of waste

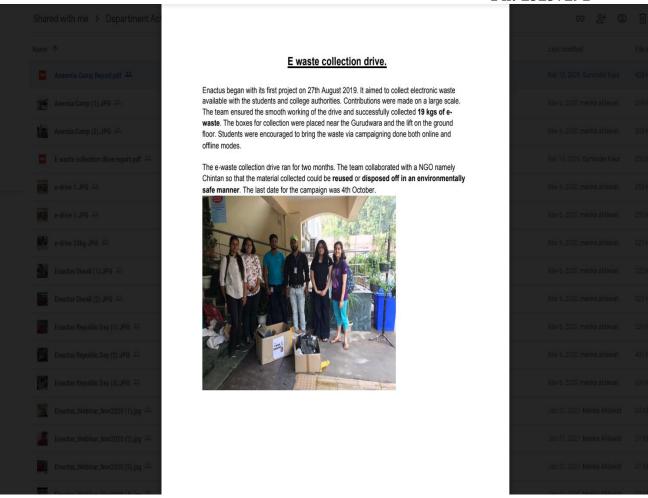




Workshop on Best Out of Waste organized by Parivartan, NSS Society, Mata Sundri College for Women, DU



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E-waste Collection Drive organized by Team Enactus, Mata Sundri College for Women, DU



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E-waste Collection Drive organized by Team Enactus, Mata Sundri College for Women, DU



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Competition on Best out of Waste (using only plastic) organized by Parivartan, NSS Society, Mata Sundri College for Women, DU



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Green Diwali Campaign organized by Department of Environmental Studies, Mata Sundri College for Women, DU



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International Seminar-Workshop on Practices and Pedagogies for Sustainability organized by Department of Elementary Education, Mata Sundri College for Women, DU in collaboration with Haute école pédagogique (HEP), Lausanne, Vaud, Switzerland



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International Seminar-Workshop on Practices and Pedagogies for Sustainability organized by Department of Elementary Education, Mata Sundri College for Women, DU in collaboration with Haute école pédagogique (HEP), Lausanne, Vaud, Switzerland



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International Seminar-Workshop on Practices and Pedagogies for Sustainability organized by Department of Elementary Education, Mata Sundri College for Women, DU in collaboration with Haute école pédagogique (HEP), Lausanne, Vaud, Switzerland



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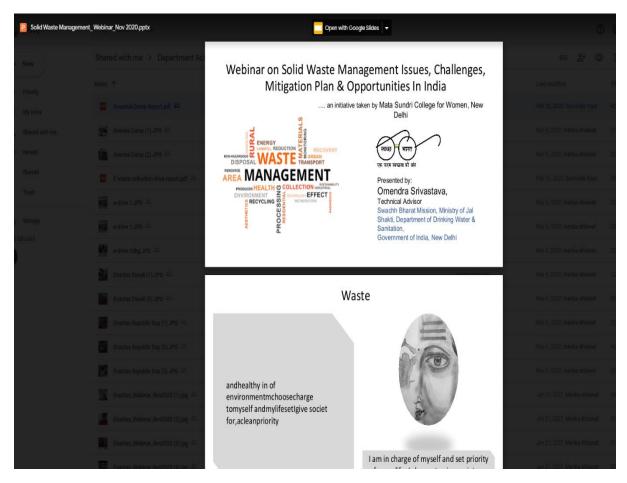


Plastic Bottles Collection Drive organized by Department of Mathematics, Computer Science and Statistics, Mata Sundri College for Women, DU in collaboration with NGO KIND BEINGS



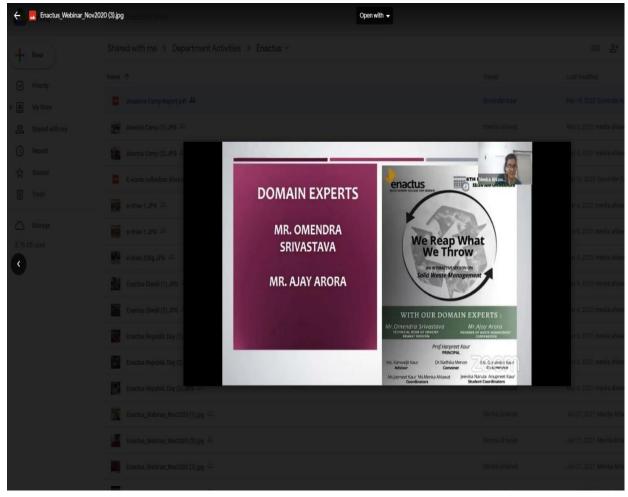
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#### 2020-2021





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"We Reap What We Throw" - An Interactive Session on Solid Waste Management

Date: 8th November, 2020

Team Enactus, Mata Sundri College for Women conducted an Interactive Webinar on Solid Waste Management on 8th November 2020 at 11:30am via Google Meet. The domain experts for the event were Mr. Omendra Srivastava, Technical Head of Swachh Bharat Mission and Mr. Ajay Arora Founder of Waste Management Corporation. Honourable Principal Dr. Harpreet Kaur graced the event with her presence and offered encouragement to the participants. A total of 125 participants attended the webinar.

Mr. Omendra Srivastava focused on changing the misconceptions around waste by emphasizing that waste is a resource which can generate energy and employment if correctly managed. He talked about the huge career potential for youth in the field of solid waste management in India, providing data through a stimulating presentation that revealed that India is currently managing only 30% of solid waste in a compliant manner whereas the rest 70% is disposed of in landfills and is gradually being managed with improved technology and resources.

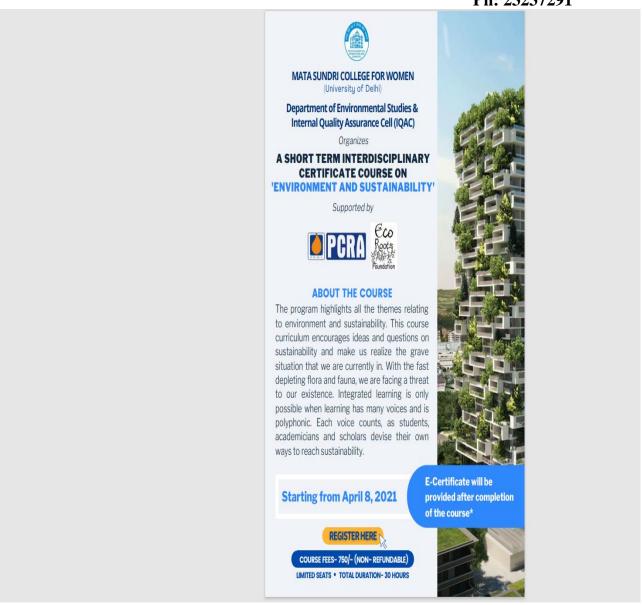
Mr. Ajay Arora outlined the milestones and achievements of the start-up company Waste Management Corporation to inspire students to explore the field and emphasized the dignity of labour involved in waste-management. He outlined the business prospects of SWM and encouraged students to do field-trips to their organization and collaborate with various NGOs to get started.

The experts answered wide-ranging questions asked by the audience, including queries on biomedical waste-management and waste worker-safety during the Covid-19 Pandemic and how plastic is being recycled and being reinserted as a resource into the economy.

The webinar was a thoroughly educational event for the audience. As feedback for the event, Mr Omendra Srivastava remarked, "I on behalf of Ministry of Drinking Water and Sanitation (Jal Shakti) congratulate the entire management, teachers, advisors, students of Mata Sundri College and assure them my best support ever for any noble cause related to environmental field."



Ph: 23237291





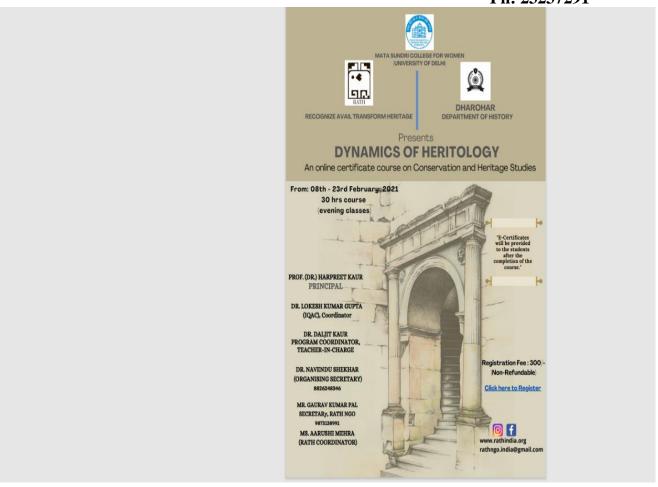
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A 30 Short-Term Interdisciplinary Certificate Course on Environment and Sustainability organized by Department of Environmental Studies & IQAC, Mata Sundri College for Women, DU



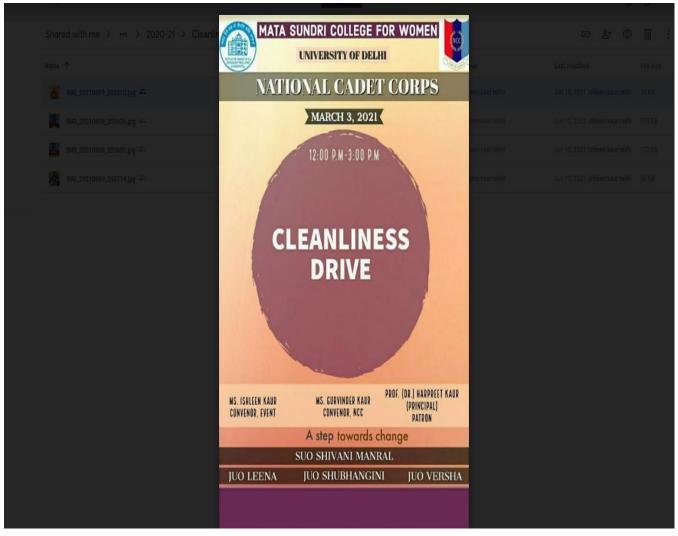
Ph: 23237291



A 30 hours Online Certificate Course on Conservation and Heritage Studies: Dynamics of Heritology organised by DHAROHAR, Department of History, Mata Sundri College for Women, DU in collaboration with NGP RATH



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Cleanliness Drive organized by NCC, Mata Sundri College for Women, DU



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Cleanliness Drive organized by NCC, Mata Sundri College for Women, DU



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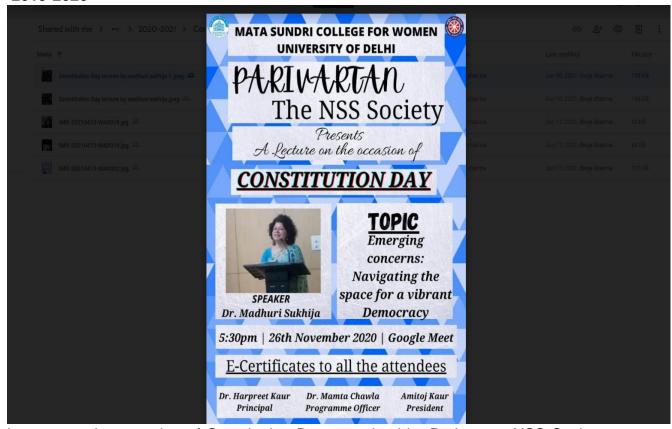
Cleanliness Drive organized by NCC, Mata Sundri College for Women, DU



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## **Activities to orient on Human Values**

## 2019-2020

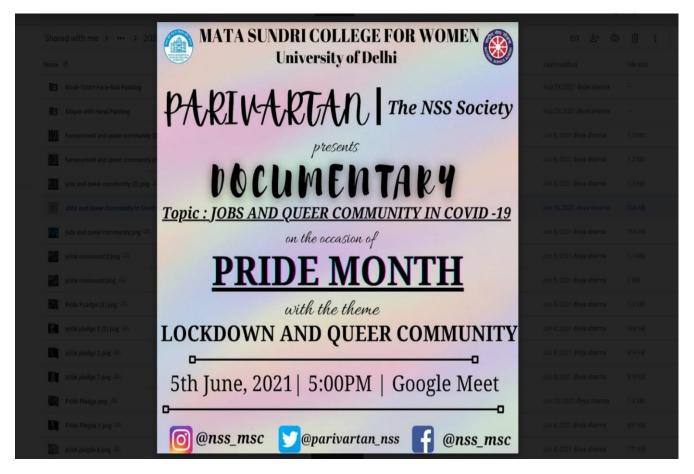


Lecture on the occasion of Constitution Day organized by Parivartan, NSS Society, Mata Sundri College for Women, DU



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## 2020-2021



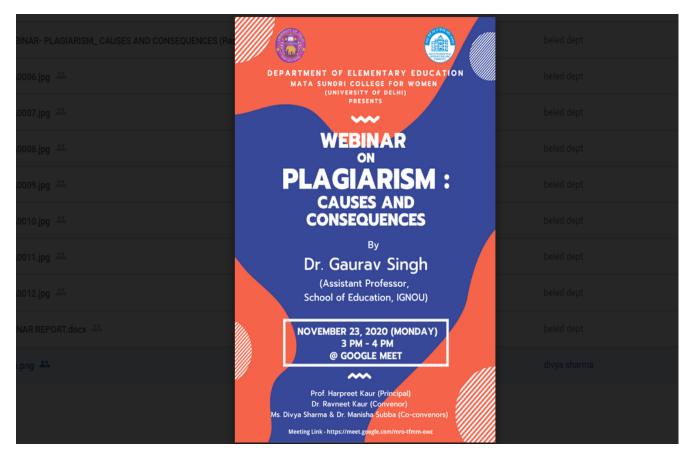
Documentary Screening on Jobs and Queer Community in COVID-19 organized by Parivartan, NSS Society, Mata Sundri College for Women, DU



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## **Activities to address Professional Ethics**

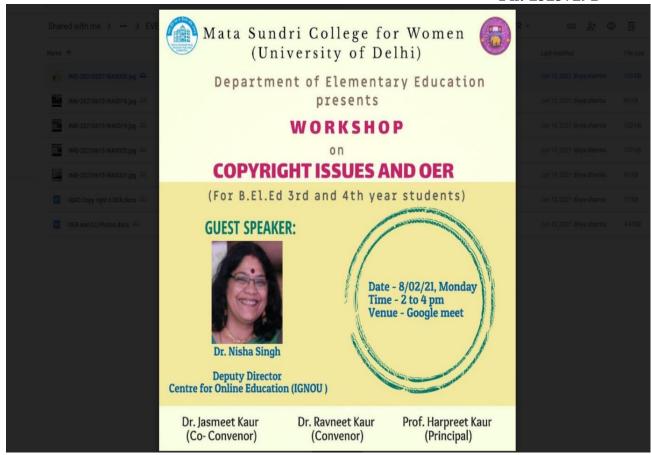
## 2020-2021



Webinar on Plagiarism: Causes and Consequences organized by Department of Elementary Education, Mata Sundri College for Women, DU



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Workshop on Copyright Issues and OER organized by Department of Elementary Education, Mata Sundri College for Women, DU



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Inter-Disciplinary National Conference on Professional Ethics: Theory and Practice organized by Department of Philosophy, Mata Sundri College for Women, DU



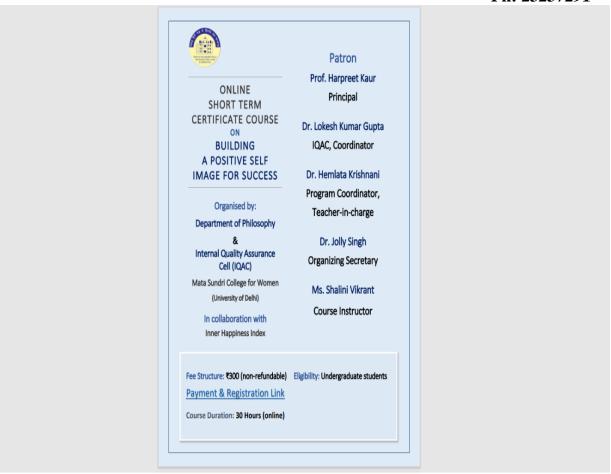
Ph: 23237291



Inter-Disciplinary National Conference on Professional Ethics: Theory and Practice organized by Department of Philosophy, Mata Sundri College for Women, DU



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A 30 hours Online Short-Term Certificate Course on Building a Positive Self-Image for Success organised by Department of Philosophy and IQAC, Mata Sundri College for Women, DU in collaboration with Inner Happiness Index



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### About the course

This course will teach students how to create and successful life. This course aims to familiarize the students with tools and methods to embark on the journey of personal growth. A positive self-image is one of the key elements for a successful life. Thinking positive and staying happy is a conscious effort, it is a life skill which needs to be learned and practiced every day for a better life. This course will take the students through the process of self-discovery and it will reinforce the belief that they have the power to create the life which they want. The course will be highly interactive and will focus on experience rather than theory. The students will learn how to build a positive self-image through activities, experience sharing and real-life stories.
The course is designed in various modules which will focus on the power of choosing the right words, of loving oneself, forgiveness (others and self), kindness, gratitude, compassion, leadership and mindfulness. Students will be assessed at the end of each module by means of a guiz and/or a ritten test. They will be required to record their life in a journal. They will also be expected to

Philosophy, Mata Sundri College for Women

Department of Philosophy, Mata Sundri College as established in 1969. It offers Honours program and inter disciplinary courses in Philosophy for undergraduate students. The faculty comprises of hardworking and exemplary teachers who motivate young minds constantly. The department

takes pride in having illustrious current and forme faculty members, among whom Dr. Satnam Kaur has been the former principal of the college.

### About the college

Mata Sundri College For Women is an institution where we strive to achieve excellence not only in higher education but also women empow A constituent college of the University of Delhi, the college, was founded on 17th July, 1967 by the Gurudwara Prabhandak Committee, Delhi State. We are proud of a robust student strength of more than four thousand vibrant young women in the college and a strength of 175 distinguished faculty members and 64 members of the non-teaching staff. With its extremely well qualified teaching faculty and an efficient support staff backing them, the college provides an ideal learning envi for young women, giving shape to their most cherished dreams and wings to their creative pursuit. We are a college offering Humanities, Commerce and Science courses to students who one of the eight colleges of University of Delhi written test. They will be required to record their interpretation of the course learnings in their daily (B.E.E.d.) course which is an integrated life in a journal. They will also be expected to collate the experiences and present in a form of a view to encourage skill based education, we offer many skill development programs like Basic and Advanced Courses in Computers, Travel and About the Department of Tourism, Textile Designing and Foreign Languages. Our mission is to provide quality education to students that not only nurtures individual talents but also fosters a spirit of camaraderie and teamwork. This is blended with sound values and ideals. Besides our commitment to academic excellence, we also pursue extra-curricular activities with equal enthusiasm.

A 30 hours Online Short-Term Certificate Course on Building a Positive Self-Image for Success organised by Department of Philosophy and IQAC, Mata Sundri College for Women, DU in collaboration with Inner Happiness Index



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### Students' Benefits

By the end of the course the students will gain clarity and confidence in their own abilities and strengths. They will learn:

- The value of a positive self-image
- How to face challenging situations which create a sense of despair within them.
- How to create, assimilate, restore and further strengthen their positive self-image and how it could be an effective leadership tool.
- They will also assess and understand their own strengths, how to maximize their core strengths to lead a happy and successful
- working as a team is important in every environment. The course is designed in a way to guide students to work cohesively as a unit.

Students who volunteer to coordinate the activities in the class will receive a special mention as a coordinator in their certificate.

# About Inner Happiness

Inner Happiness Index is a sole proprietorship firm owned by Ms. Shalini Vikrant.

motivational speeches, conventions, courses(for all age groups , in educational institutions and private/public forum/groups and companies, corporates) in the field of happiness, gratitude, mindfulness, compassion, joy, leadership, team building, working together, forgiveness, everything which comes under overall wellbeing and managing relationships and inculcating good work ethics, spiritual camps, meditation, teacher trainings, cultural activities, education, relaxation, all kinds of meditation, training and providing tools for wellbeing & stress management. The firm creates content, written/audio visuals/podcasts/videos/ quotes & short stories related to the above.

### Course Instructor



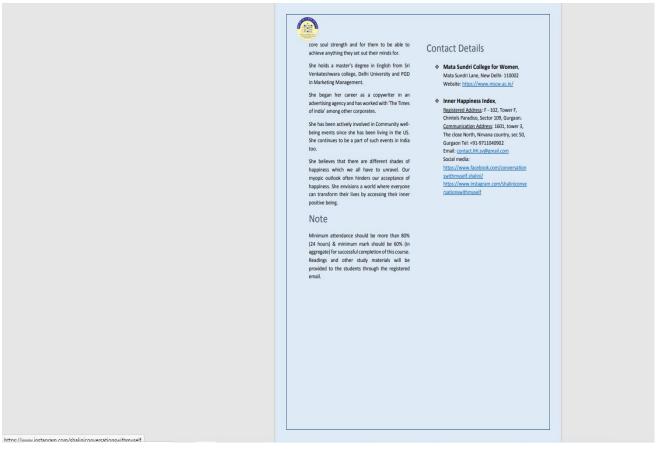
Ms. Shalini Vikrant is the founder and owner of the sole proprietorship firm- 'Inner Happiness Index'. She is a motivational speaker, writer and a mentor for guided mediations. On creating a successful program on joy, she is now fondly referred to as the 'Ambassador of Joy'. She believes that words can heal. She connects with people through her workshops, talks, courses, poems, prose, short quotes and captivating audiovisuals. She reiterates that holding on to one's faith can lift depression that holding on to one's fathr can introppersonal through the providing of the providing of the providing certificates where needed conferences, colloquiums, seminars, workshops, spiritual talks, motivational speeches, conventions, coursesifor all content and blogs for companies in both India and the providing the providing that t UK, but her heart always goes for soulful inspirational writing.

She conducts guided Meditation sessions (both in India and in US) to help people tap into their inner

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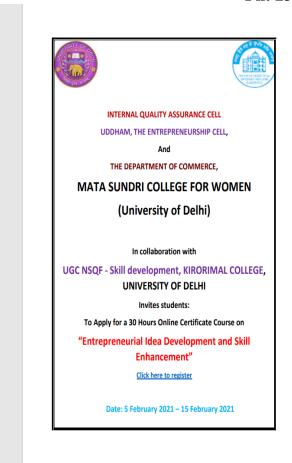
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### **ABOUT THE COLLEGE**

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College Website: https://mscw.ac.in

## ABOUT THE DEPARTMENT OF COMMERCE

The department of Commerce was established in 1977. This department is the largest department of the College. It places high value on providing its students with academic excellence, professional knowledge and practical skills globally suited for industry, business and service sector. The Commerce department organizes several extra- curricular activities including inter-college and inter-department events. The Department provides a stimulating environment for the holistic development of its students and envisions students to become leading



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professionals by continuously grooming them in corporate etiquette, campus to corporate transition, communication skills and interview skills by special lectures and talks by eminent personalities.

### ABOUT UDDHAM: THE ENTREPRENEURSHIP CELL

With the ongoing vogue of Start-up India, Mata Sundri College for Women has come up with the platform for uncovering the latent entrepreneur among the students, and continuing with it, established an entrepreneurial cell for the students to learn, develop and enhance entrepreneurial skills to establish and run a successful startup, thereby making them financially independent as well as job providers. It intends to provide a platform for students to get excellent professional mentorship from experienced, varied and distinguished mentor pool, and to showcase their ideas in front of Venture Capitalists, Angel Investors and Industry Leaders, from time to time in industry interactions.

### ABOUT THE KIRORIMAL COLLEGE

Kirori Mal College is an institution of academic excellence, established in 1954, the college has always strived to, and successfully maintained its place as one of the finest within the University of Delhi. The college encourages a quest for knowledge that is rooted in an ethical understanding of the world. Over the years, the college has built up an impressive array of academic facilities such as a fully computerized library, a state of the art computer center and an active placement cell. The college has also initiated six months' certificate on Entrepreneurship and Start-up under UGC - National Skill Qualification Framework (NSQF) to inculcate skills among young students to start their own venture.

### <u>ABOUT THE CERTIFICATE COURSE – "Entrepreneurial Idea</u> Development and Skill Enhancement"

Skill and knowledge are the driving forces of economic growth and social development for any country. Presently, the country faces a demand – supply mismatch, as the economy needs more 'skilled' workforce than that is available. In the higher education sphere, knowledge and skills are required for diverse forms of employment in the sector of education, health care manufacturing and other services. Keeping this in mind, we are pleased to announce that Mata



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Sundri College for Women has signed an MOU with UGC Community College, Kirorimal College for skill development in entrepreneurship and education aimed at enhancing self-employment opportunities. The course will be spread over 30 hours and offers 2 credits as per CBCS.

### Course Content

- Introduction to Entrepreneurship and start-up
- Idea Identification and Assessment
- · Building a legal foundation
- Understanding financial basics
- Introduction to business planning
- Fund raising and business promotion activity
- Soft, ICT and Communication skills
- Motivation, Leadership and Communication skills
- Business Research and Management practices.

### **Registration Process:**

Eligibility: Undergraduate Students from all the courses are eligible to apply for this course. Seats will be reserved on first come first serve basis.

Course Fees: Rs. 500 only.

Payment Mode: Online

### Click here to pay

#### Note:

The duration of the program is 30 hours from 5<sup>th</sup> February 2021 onwards. The sessions will be held post classes on weekdays and on weekends. Students need to have a PC/laptop/mobile phone with internet connection for the hands-or sessions.

The last date for registration is 3rd February 2021.



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A 30 hours Online Certificate Course on Entrepreneurial Idea Development and Skill Enhancement organised by Department of Commerce, Mata Sundri College for Women, DU in collaboration with UGC-NSQF Skill Development, Kirori Mal College, University of Delhi

Section Officer (Accounts)
Mata Sundri College for Women
Mata Sundri Lane,
New Delhi-110002

Internal Quality Assurance Cell
Mata Sundri College for Women
(University of Delhi)
New Delhi-110032

Principal
Mats Sundri College For Women
University of Delhi