

१३

MATA SUNDRI COLLEGE FOR WOMEN
(UNIVERSITY OF DELHI)
MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

Internship Data for the Year 2020-21

S. NO	Name of the Student	Roll No.	Year	Name of the Organization	Activities	Duration
1	Kirandeep Kaur	Psy/19/8	3rd	Mind Garden, Youth Empowerment Foundation, Light Up EI	I worked as a coordinator intern with YEF an ngo for 6 months and handled the educational cluster of Dwarka. With Light up EI I took part in their summer internship program for the year 2020. With Soulful minds I took part in a month long clinical psychology internship which was help online.	Yef - 6 months; soulful minds- 1 month; LU- 45 days.
2	Parneet Kaur	PSY/19/64	3rd	Uplife	Social media Content writer: Made psychological sciences related content on instagram	2 months (June-August)
3	Anshita Mahapatra	PSY/19/38	3rd	Fortis Mental health, muskurahat foundation, Liberate, Unbottle emotions (organization)	Clinical training internship - Fortis Mental health Fundraiser - Muskurahat Foundation Liberate (organization) - Content Writer Unbottle emotions (organization) - community well-being ambassador (research and ideation)	Fortis - 1st to 15th july, Muskurahat - 1st February to 1st March, liberate - June to August, unbottle emotions - ongoing
4	Jigyasa Singh	PSY/20/47	2nd	FORTIS	No specific role. A student leaning internship	12-17 May 2020



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

5	Ishmeet Kaur	PSY/19/86	3rd	Power Within	Core team member of the Psychology Magazine - ManoGyan. Involved in ideation and photography and content department.	June 2021-present
6	Madhulika Singhal	PSY/19/82	3rd	Karma Center for Counselling & Wellbeing	<p>Social Media & Psychology Intern</p> <p>Social Media Responsibilities:</p> <ul style="list-style-type: none"> - Designing infographics, ads, resources, etc for social media platforms & website - Marketing & outreach services - Leading Campus Ambassadors; Recruiting Campus Ambassadors - Moderating IgTV Live & Clubhouse Sessions taken by Psychologists - Helping in social media scheduling & posting responsibilities - Handling LinkedIn <p>Psychology related Responsibilities:</p> <ul style="list-style-type: none"> - Researching & creating content on Psychology, Mental Health, & Gender Studies - Assisting Psychologists in creating project proposals and modules - Working on hypothetical case formulations, followed by supervisions - Engaging actively in 	29/04/20 - Ongoing



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

					classes & interns' supervision taken by Psychologists at KCCW - Having one-on-one role-plays with Psychologists, followed by feedback and mock supervision - Assisting in hiring by taking demos (where I role play as the client) of the psychologist candidates & thereafter providing feedback (to the hiring team)	
7	Jigyasa Singh	PSY/20/47	2nd	Proactive Procrastinators (youth led online magazine)	Member of the creative team / Content writer	1 July - 31 August 2020
8	Amanpreet kaur	PSY/19/89	3rd	You got brains	Being a senior HR, I have to hire more than 10 teams and each team consists of 10 interns.	I have started from 1st August still working.
9	Ishita Jain	PSY/19/5	3rd	The Secret Ingredient and You're Wonderful Project;	Social Media Managing and creating content related to Mental Health (The Secret Ingredient) and for You're Wonderful Project, I work as an event manager and a photography/videography team member.	5 months for the Secret Ingredient (10th March to 15th August), started working with YWP; in March 2021 as well.
10	Jigyasa Singh	PSY/20/47	2nd	Fashion.Art.Magazine	Content writer/creator. I was solely responsible for their social media (Instagram) content curation.	18 December - 3 March
11	Jigyasa Singh	PSY/20/47	2nd	Haq se period-An initiative of	Content writer/creator. This includes making	July 2021- Current



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

				PEESAFE	videos and posts related to the given topics every week and working in a team environment. Also includes on field activities when required, eg- donation drives etc.	
12	Tarushi Kaur	PSY/19/53	3rd	PowerWithin Education	Currently I'm working as the Head of Student Management. The organisation offers a variety of psychology centric entrance courses coaching. I manage the relationship between the educators and students and other workshops.	1 year
13	Etiva Puri	60	3rd	UpLife India	Psychology Intern- Created content surrounding mental health and psychological awareness, wrote blogs for website.	April 1, 2021 to May 15, 2021
14	Etiva Puri	60	3rd	Department of Mental Health and Behavioral Sciences, Fortis Healthcare	Clinical Psychology Intern	July 1 to July 15, 2021
15	Etiva Puri	60	3rd	Outlive! Project	Focused-Group Discussion and Co-Design Workshop Participant	July 27 to August 31, 2021
16	Harleen Kaur	PSY/19/15	3rd	Liberate: myocdfighter (globally run NGO)	I am an operation intern at Liberate. I manage social media and outreach program. I connect with psychologists too and work with artists and	September 1 - November (2021)- 3 months



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

					writers of Liberate side by side.	
17	Harleen Kaur	Psy/19/15	3rd	Fortis mental health care	Clinical training internship	1 july - 15 july 2021
18	Jaspreet	PSY/19/50	3rd	Light Up	Research and Campaign fellow	8th October 2020 - Ongoing
19	Amanpreet kaur	PSY/19/89	3rd	Project banao	Manager	from 1st april
20	Amanpreet kaur	psy/19/89	3rd	Rotaract club of nified spirits	Vice president, handling different projects and working for many causes.	1 year
21	Priyasha Trehan	BAP/20/4	2nd	Book my pg	I worked as a brand ambassador and had to promote the organisation	1 month(22 November-22 December)
22	Shambhawi Keshri	BAP/20/24	2nd	Psychogenic Modeling	Student(learner)	1 month(6th August-31th August 2021)
23	Gurpreet Kaur	BAP/20/324	2nd	Mata sundari college for woman	Counselling	1 month
24	Bidisha	PSY/19/40	3rd	Fortis Mental Health	Intern	1st July-15th July 2021
25	Bidisha Barua	PSY/19/40	3rd	You're Wonderful Project	Trainee	20th June-11th July 2021
26	Parneet Kaur	PSY/19/64	3rd	AIESEC in Delhi University	1. Attractions (Marketing) 2. Operations (Interviews and approval) 3. Human Resource Manager	September 2019-January 2021
27	Tiya Gupta	BAP/20/17	2nd	Sakshi Youth Program	I was working as a content writer and i did digital work as well for their instagram page.	6 months
28	Tiya Gupta	BAP/20/17	2nd	Pledge a smile	I was helping in raising	1 month(10 may-



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

				foundation	funds for the people in need, and also promoting the NGO	10 june)
29	Manvi Adhikari	PSY/20/40	2nd	Suraksha social initiative	I am the back end volunteer and my role is to inform people in need about the govt policies and help them to have full access of those policies	3 months
30	Jaisveen kaur	Psy/20/58	2nd	RSVI , Metanoia , YCM , Evepaper	Voice over artist , video editor , social networking programmer , researcher	YCM-07/sep/2021
31	Jessica Kaur	Psy/20/69	2nd	You Got Brains	I was selected as an Human Resource intern and my role was to manage all the interns in my team	20th July - 20th September
32	Diya Mahajan	Psy/20/73	2nd	Metvy	Entrepreneurship	1month
33	Vani Sabharwal	PSY/20/27	2nd	Global child wellness centre	Trainee	06/08/2021 to 20/08/2021
34	Shagun Paruthi	Psy/20/24	2nd	Mata sundri college for women	Content writer - for a mental health awareness page and for a studio, that helps market small business!	Since january this year
35	Nanki Kaur	Psy/20/74	2nd	GirlupFiza	Social media management team	6-7 months
36	Khushi Rai	PSY/20/25	2nd	Pledge a smile foundation, Unschool, India foundation of education transformation	Human Resource Intern	10/5/2021-10/6/3021, 23/7/2021-23/8/2021, ongoing
37	Ganeev kaur	Psy/20/60	2nd	Center for child and adolescent well being (Intern (internship cum training program)	1month 23 august 2021 to 22 September



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

				CCAW)		2021
38	Harshita Dhamija	BAP/19/40	3rd	Aruvadai Psychological Support Services and Altreus Technologies	Psychological Intern - Research on various topics - Coordinate with team - Handling Social media platforms - Event Coordinator	6th August 2020 - 7th July 2021
39	Tavleen Singh	PSY/19/59	3rd	1.Career Launcher, Faridabad 2.Fortis	1.Career counsellor. 2.Multiple online courses	1. 2 months. 2. 1.5 months
40	Sampada	Psy/19/52	3rd	RAGE	I was a research intern.	1 month
41	Megha	PSY/20/26	2nd	ESCORTS HOSPITAL	Played a role of Student. I attended the academic classes orienting towards clinical disorders and psychotherapy. These classes held in the hospital itself.	3rd June to 8th June 2019
42	Vanshika Singla	Psy/20/71	2nd	Mend With A Friend	Content Writing, Human Resource	Ongoing
43	Kulnoor Kaur	PSY/20/5	2nd	Step up student	HR manager	Ongoing 2.5 months done, date of joining - 2nd July 2021
44	Kulnoor Kaur	Psy/20/5	2nd	Psychowaves	Psychology intern	One month, date of joining- 10th August 2021
45	Kanika Mandral	PSY/19/49	3rd	Aatman Counselling And Rehabilitation Centre, Liberate: My OCD Fighter	Trainee (in 1st one) & Graphic designer (in 2nd).	1 month (Jul, 2021) & 2nd one is still ongoing (Started on Sept, 2021).
46	Akshita khajuria	Psy/19/87	3rd	Youth for mental health	Intern - training about the skills and various	15th july- 30th july.



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

				Organization	therapies.	
47	Kulnoor Kaur	Psy/20/5	2nd	Muskurahat Foundation	Fundraiser	One month (feb 2021)
48	Tanisha verma	BAP/19/334	3rd	Muskurahat foundation	I am a fundraiser and a sub campaigner.	1 months 6th sept (starting) and 6th October (ending)
49	Akshita khajuria	Psy/19/87	3rd	Icomchain limited	Data operator	1 September 2020- 1 november 2020
50	Akshita khajuria	Psy/19/87	3rd	Rehabilitation society of visually impaired.	Voice over intern-recording various lessons given by the organization for the VI's	9th june 2021- 9th September 2021
51	Akshita khajuria	Psy/19/87	3rd	Rehabilitation society of visually impaired	Voice Team Leader.	9th august - currently
52	Akshita khajuria	Psy/19/87	3rd	Ohana Academy	Content writing.	2 months.
53	Harleen Kaur	PSY/19/15	3rd	Youth for mental health	Designed a prevention and promotion module for a particular mental health issue. Training sessions and feedback sessions were held too at enhancing research skills and theoretical knowledge for ground work.	May 23 to June 7 (2020)
54	Prabhnoor Kaur	PSY/20/64	2nd	Beautiful Mind & Soul	Internship Program in Clinical and Counseling Psychology	60 hours of online internship (April, 2021)
55	Pankhuri Gupta	PSY/20/43	2nd	MATA SUNDRI COLLEGE OF DELHI UNIVERSITY	I worked as a graphic designer in group Powerwithin for their social media handle.	1 month (3 june - 3 july 2020)



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

56	Harleen Kaur	PSY/20/46	2nd	You Got Brains	Research and development Intern	2 months (31 July 2021- 30 September 2021)
57	Vani Sabharwal	PSY/20/27	2nd	Neo way	Trainee	14th april- 23rd may 2021
58	Aradhya Gandhi	PSY/20/20	2nd	SK Children Foundation	Worked as an HR in an NGO working for underprivileged children. Job role included recruitment of people on board, heading over public relations domain and people working on ground for the NGO.	4 months (2nd May 2021- 2nd September 2021)
59	Aradhya Gandhi	PSY/20/20	2nd	Listening Inn	Working as a Design Intern at a listening based community organisation. Job role includes designing posts and stories for social media platform. It also includes making short video clips as well.	3 months (24 June 2021 - 24 September 2021)
60	Aradhya Gandhi	PSY/20/20	2nd	Training Programme in Counselling and Psychotherapy (by Manogya Sahay)	Includes introduction to counselling and psychotherapy skills, understanding key theories used in psychotherapy, supervision groups etc	30 days (5th august 2021 to 11th august 2021)
61	Pooja Ranjan	BAP/20/13	2nd	Uolo Education Technology	Relationship Manager Post-basically need to connect with third party collaborators and build and maintain a relationship with them so that they work for the company, alongside need to be in relation with	15th June 2021- 14th September 2021



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

					other related processes and ensure its smooth functioning.	
62	Prabhleen kaur	BAP/19/315	3rd	Altreus technologies and Aruvadai psychological support services	I was the youth ambassador of the organization. My work was to spread mental awareness through all social-media platforms (instagram) by creating content and posters and conducting IGTV sessions	3 MONTHS (MAY 15 2020- 15AUGUST 2020)
63	Avantika choudhary	PSY/20/34	2nd	Aashman Foundation (NGO)	Psychology intern	6 months (January to July)
64	Gurmehak kaur	BAP/20/407	2nd	Cognizavest	Intern	One month (10th oct - 9th nov)
65	Srishti Jagga	BAP/19/314	3rd	Qrg healthy city, Faridabad	Clinical psychology intern	16 August 2021- 16 November 2021
66	Meenal kakkar	BAP/19/293	3rd	QRG health city	Clinical psychology intern	3 months (16/08/2021 to 16/092021)
67	Bisman	Psy/19/88	3rd	You're Wonderful Project	I started working in the organisation in the Workshop Organising Committee where my main task was to ideate, plan and execute various Psychology workshops. Later on I got into the Communications core team where my main tasks were to again ideate, plan and execute campaigns for social media boost, manage	Workshop OC- Aug 2020- Nov 2020 ; Communications- Jan 2021-Jun 2021



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

					68daily postings, create trending memes, make social media analysis reports.	
68	Bisman	Psy/19/88	3rd	Power Within	Started as content writer, writing different blogs or quora answers for Psychology topics, later promoted to Content Manager where my main task was to manage the Psychology content going on the social media.	Sept 2020 - Feb 2021
69	Bisman	Psy/19/88	3rd	DU Connect	Worked as HR Intern, my main tasks included screening resumes, scheduling and taking interviews, managing and organising various office files.	Feb 2021 - May 2021
70	Bisman	Psy/19/88	3rd	Ekal Shiksha	Worked as HR Intern, my main tasks included managing end to end recruitment requirements of the organisation as well as planning engagement activities for the employees and interns.	May 2021 - July 2021
71	Bisman	Psy/19/88	3rd	Toshi Unplugged Films	Worked as Content Writer, my main tasks included ideating and writing blogs, making graphics, researching for various topics.	Jun 2021 - Aug 2021
72	Bisman	Psy/19/88	3rd	Udayy	Worked as HR Intern, my main tasks included screening resumes for	Jun 2021 - Aug 2021



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

					various level profiles, conducting starting level interview rounds, maintained office files, conducted engagement activities for employees.	
73	Kritika Chandra	PSY/19/35	3rd	Youth for Mental Health	Outreach Intern	3 months (2020)
74	Harnaaz Kaur	PSY/20/72	2nd	The Dancerdowns, Project StepOne, Ahaana - For a Change	<p>At The Dancerdowns, I was interning in the creative team. Wherein my role mainly included creating reels, writing content, (for their social media handle), and coming up with ideas for events/activities (the organisation aimed at inclusive and awareness for individuals with Down syndrome)</p> <p>At project stepOne, which was a project initiated to help the doctor for telemedicine in the amid of covid. The role included calling patients who were covid positive to verify the information and add their symptoms, any requirements, and if they are consulting a doctor already/or need to speak to one. So that doctors only call upon right numbers and the ones who need assistance.</p>	<p>The dancerdowns: 5/09/2020 - 5/11/2020, Project step one: 16/09/2020 - 30/12/2020, Ahaana-for a change for one month.</p>



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

					At Ahaana-for a change, I was a part of the content team and so on had to write content for their posters for different events and occasions.	
74	Ashveen Kaur	Psy/20/59	2nd	Fortis Hospital, Scriven, Queeracademy, sikhteens	These internships included a variety of job roles like content writing, social media marketing and gaining psychology based information	1-2 months
75	Aarthy lyengar	PSY/19/70	3rd	Feeljoy.in, Liberate:MyOC DFighter, Zentered Minds, Girl Up Guwahati, CCAW's EmoAid	Attended at Youth for Mental Heath's 15 day Summer Internship program, then took up the post of content Writer at Feeljoy.in a mental health related page for 8 months, initially content writer to being social media content manager at Liberate a page devoted especially to spreading awareness about OCD, working still, been here for 1year and 2 months. Campus Ambassador at Zentered Minds, a newly found mental health page that conducts regulars webinars and internships, worked here for over 6 months. Currently working at Girl Up Guwahati as the Content Team Head, we focus on Mental Health	Yfmh: 15days May 2020, Feeljoy: July 2020 to April 2021, Liberate: August 2020 to present, Zentered Minds: July 2020 to March 2021, Girl Up Guwahati: October 2020 to present, EmoAid training by CCAW: November 2020



MATA SUNDRI COLLEGE FOR WOMEN

(UNIVERSITY OF DELHI)

MATA SUNDRI LANE, NEW DELHI-110 002

PHONE : 23237291



Ref. No. : MSC/ADMN/.....

Dated :

					and feminism related themes here too. Lastly, I even took part in the one month training in Emotional First Aid held by CCAW. All these jobs were related to creating mental health awareness.	
76	jaasvi singh	BAP/19/532	3rd	Manmarziyan	Content creator	12 Dec 2020 - 12 Jan 2021
77	Laxmi devi	Psy/20/88	2nd	Aashman foundation	Human resource	45 days
78	Navya Sharma	BAP/20/57	2nd	Manas Ganga Clinic	Introduction to counselling and psychotherapy (training)	30 days (5 August - 11 September 2021)

Section Officer (Accounts)
Mata Sundri College for Women
Mata Sundri Lane,
New Delhi-110002

Coordinator
Internal Quality Assurance Cell
Mata Sundri College for Women
(University of Delhi)
New Delhi-110032

Principal
Mata Sundri College For Women
University of Delhi