

Ph: 23237291

Ref No. MSC/IQAC/SSR-CR7/7.1.8

1. To promote inclusivity, the college offers fee concession and scholarships to economically marginalized students

Detailed records of students availing fee concession and scholarship has been provided in Criteria 5. Kindly refer to them for more details.

2. To promote an intercultural awareness and appreciation of diversity, Student Volunteers of ENACTUS commemorate special occasions by reaching out to underprivileged children.



Figure 1: Enactus Students Celebrating Diwali with Under-privileged children from a neighbouring school





Figure 2: Enactus celebrating Republic Day with children from a neighbourhood school



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- 3. The institution has conscious policies towards the differently abled and makes efforts to include them in the mainstream. We follow a two pronged approach towards the differently abled -
 - Promoting integration of the disabled in college
 - Sensitizing students towards differently abled.

Following are Geo Tagged images of disabled friendly infrastructure to integrate differently abled students with the college life and also sensitize other students towards them.



Figure 3: Geo Tagged image of battery operated stair climber in college campus.



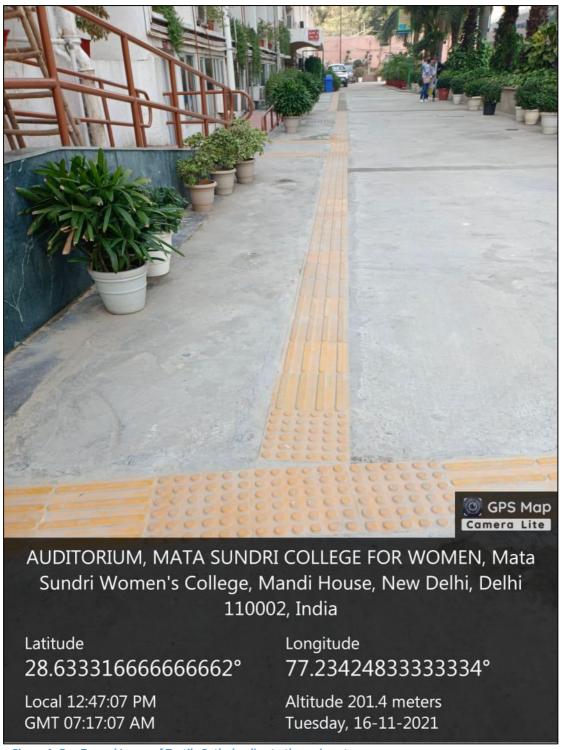


Figure 4: Geo Tagged Image of Tactile Paths leading to the main entrance





Figure 5: Geo Tagged Images of Tactile Ramps.





Figure 6: Special Washroom for people with disability.





Figure 7 Elevator for people with Disability



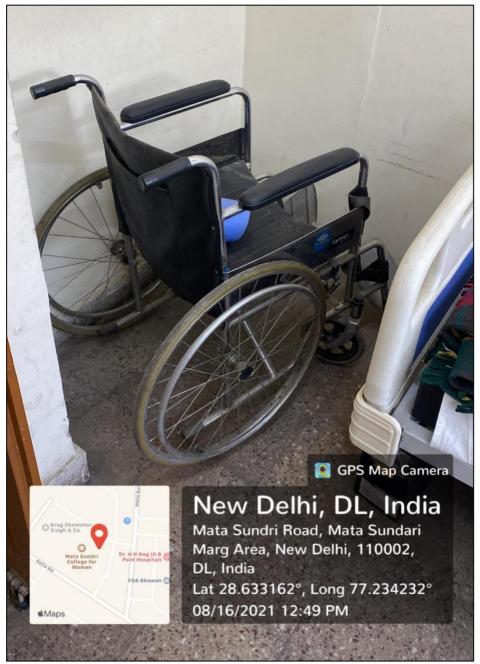


Figure 8 Wheelchair available for person with disability



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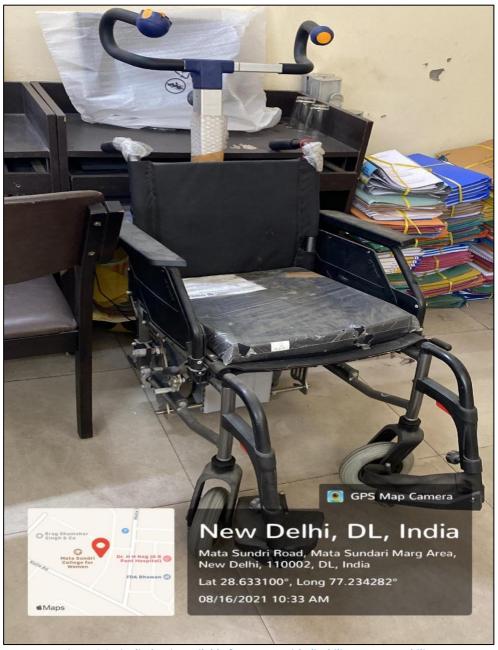


Figure 9 Stair climber is available for person with disability to ease mobility

•



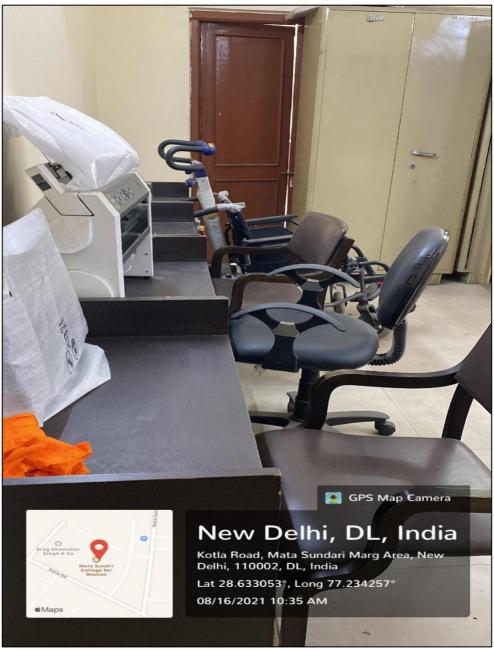


Figure 10 Computers are available for Differently Abled Students



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4. The college has a fully functional Enabling Unit. A Braille embosser, smart phones,

laptops have been provided to aid in the teaching learning process.



Figure 11 Fully Functional Braille Embosser is available in college



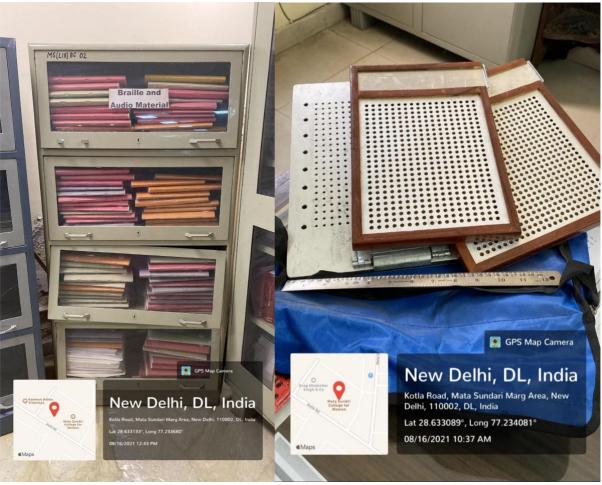


Figure 12 Braille, Audio Material and Mathematical awareness kit in College Library







Figure 13 The Fully Functional Enabling Unit and Resource room for a person with disability





Figure 14 Headphones are available for differently abled students



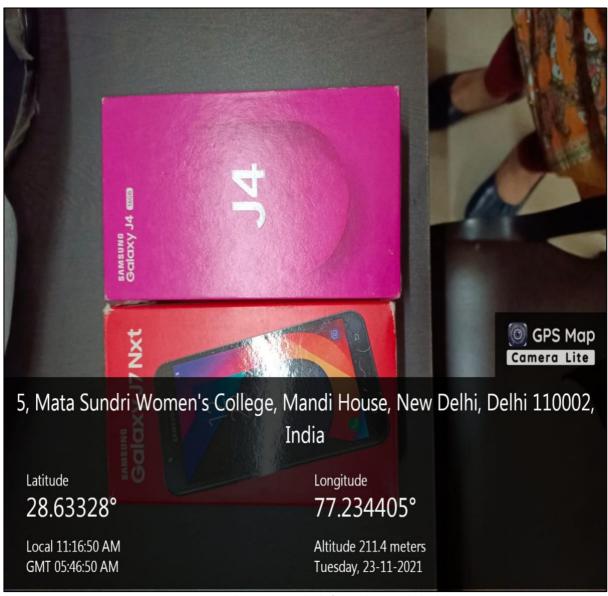


Figure 15. Smartphones are available for students with disability





Figure 16 A Sound Proof Recording to ease teaching learning process for person with disability



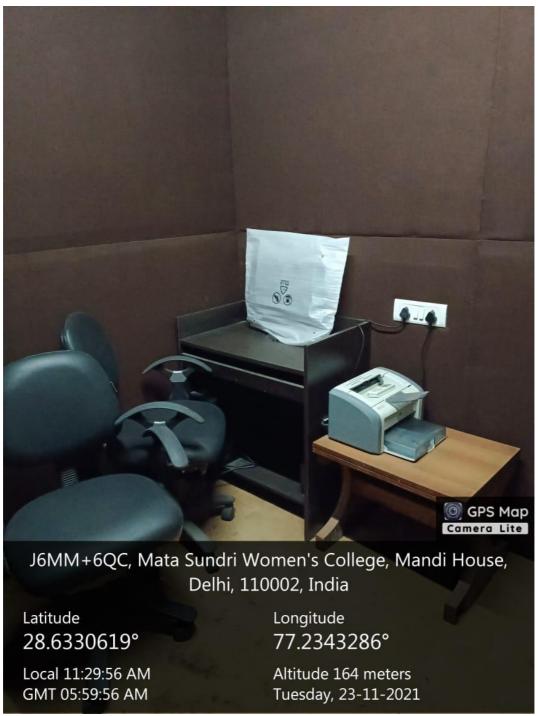


Figure 17. The Sound Proof Recording Room is equipped with a computer and a printer



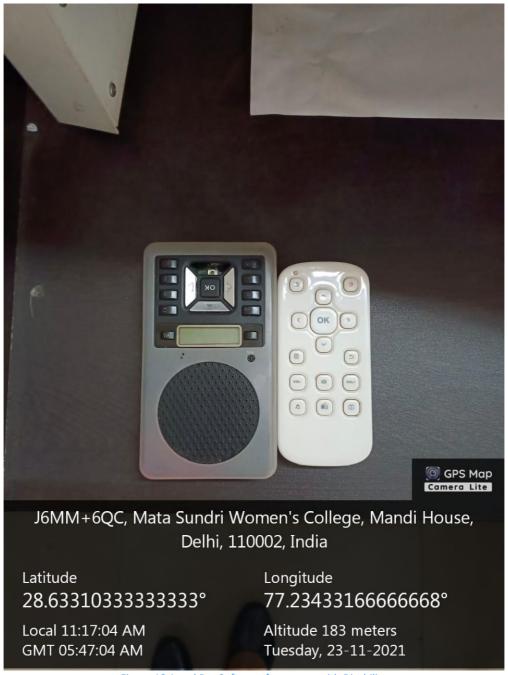


Figure 18 Angel Pro Software for person with Disability



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5. At the level of sensitization, the Department of Physical Education organizes an annual Sports Day which has specific Athletic events for the Visually Challenged students allowing them to enjoy the sports day along with others. Following is the detailed report of the event.

Annual Invitational INTER-COLLEGE Tournament in JUDO (w), KABADDI (w) and ATHLETICS (M & W) for PH/VH students of DELHI UNIVESITY. and for Women.

Mata Sundri College for Women organised 53rd Annual invitational inter college tournament on 12th- 13th February, 2020. Our purpose is to encourage and promote sports among the enthusiasts from all the colleges of Delhi therefore colleges from all over delhi university were invited to participate. Our tournament includes following sports/eventsJudo (W), Kabbadi (W), Athletics (for visually challenged – M & W) the tournament was held at Mata Sundri College Sports Complex. More than 30 colleges participated.

Annual sports day 2019-20

53rd Annual Sports Day of Mata Sundri College was organised on 14th February, 2020 by Department of Physical Education. The talents of the athletes and staff of the college were showcased. Many eminent personalities graced this occasion with their presence. The Chief Guest for the day was Mr. M.S.Tyagi (General Secretary Of Kho Kho Federation-India), Guest of Honour, Dr. Masroor Ahmed Beg (Principal, Zakir Hussain College, D.U.) and Ms. Priya Raghav (International Shooting World Record Holder). A well-orchestrated programe was declared open by The Principal- Dr. Harpreet Kaur. The College students demonstrated their skills in front of the audience. All the performances were treat for the eyes. The gathering was then addressed by the Chief Guest and Guest of Honour. In their speeches they emphasized on the importance of women in society and sports. They laid emphasis on the need for character-building to develop through perseverance and competition, which motivated the students, a lot. The innovative Fun Races kept the entire audience enthralled. Our sports achievers were awarded by our eminent guests and Madam Principal during the celebrations.



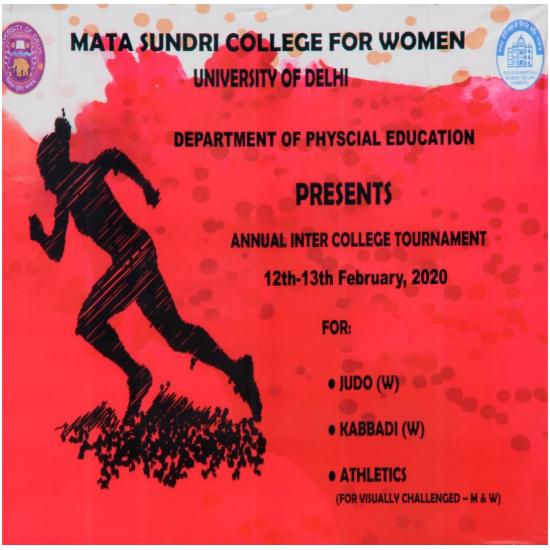


Figure 19 Poster of Annual Sports Meet that includes Athletics for Visually Challenged Participants







Figure 20 Athletic Event for Visually Challenged Participants in Progress



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Workshops on topics related to Disability are regularly organized. One such event was the National Workshops on "Sensitizing Disability" which was organized on November 15, 2018.





Figure 21 National workshop "Sensitizing Disability" session in progress with Principal Prof. Harpreet Kaur addressing the audience along with the Speakers



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To sensitize youngsters towards creating an inclusive environment for all individuals irrespective of their appearances, a workshop was organized on *Body Image Concerns in Young Adults* by Psychology Department on December 6, 2019.

Report on Workshop on Body Image Concerns in Young Adults

A Counselling Initiative was taken up by the Department of Psychology, Mata Sundri College, in association with IQAC. A Workshop was conducted on a very prevalent issue: "Body Image Concerns in Young Adults". The session was held on the 6 February 2019 at 1 PM in Mata Gujri Hall, and was facilitated by Dr. Garima Kumar and Dr. Pooja Jaggi. About 70 students from the *BA (Hons) courses such as Philosophy, Political Science and Mathematics* were present and participated in this Workshop.

The session commenced with Dr. Garima questioning one's own perception of an ideal body image, and how one sees oneself. The concept that the actual physical appearance of a person is different from the 'perceived appearance' was put forth with the help of a classic phrase, "Mirror, mirror on the wall; who's the fairest of them all ". The very fundamental question; what does one's mirror tell them - resulted in varied responses from students but all of them pointed to the deep rooted societal representation of an 'ideal body'. The idea of how body image develops with time was discussed, by picking up examples from various experiences shared by the audience. Statistics were shared that depicted a sharp increase in body image concerns in both Male and females over the years. This helped to bring home the point that having concerns about one's body image were a pervasive phenomenon among young adults everywhere across the world and it was absolutely normal to have questions and apprehensions about the issue.

The role of the media, in influencing one's ideologies about the same, is discussed. Students shared their concerns of how by not promoting body positivity, and instilling unhealthy ideals of looking at oneself, media has been harming the well-being of so many people, directly or indirectly. For example, Dr. PoojaJaggi highlighted how certain diet plans have become a 'fad' in the Western culture and these are being 'followed' in India as well. A lot of brands and magazines openly demonstrate fake standards of beauty; of how one should look physically. Most of the people however don't know how much editing and photoshop all that media goes through. Due to these factors, a lot of youngsters fall prey to maintaining unhealthy standards, and thus are on the onset to eating and lifestyle disturbances. Students also shared concerns about societal and parental pressures to conform to certain idealized standards of beauty and sought clarification of ways to deal with these. The session concluded on a very positive note, Dr. Garima Kumar emphasized ways in which body positivity can be encouraged and how it could be promoted starting now; one should embrace all sizes, and body types without considering any one as a 'perfect' or 'ideal' body size/type; unhealthy representations by media should be openly challenged. Ways of making a conscious



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effort not to indulge in or falling prey to 'fat talk' and promoting body satisfaction and boosting one's self esteem were discussed with students. Students were also made aware of policies, brands and people who have helped in bringing about this positive change in mindset of people. Techniques to enhance body positivity were highlighted. Thus, seeing one's own self in a positive way, being able to appreciate oneself and others as a whole person, promoting body positivity, and high self-esteem in themselves and others around them is something all the students learned. Sharing of concerns in an collegial space with the facilitators helped students to open up about their problems in an uninhibited manner. Overall, the workshop was a great success.

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A similar interactive session was also taken up by Dr. Harinder M. Sandhu for students of BA Programme on Self Esteem Issues in Students Field visits were organized for the students of BA (Hons) II Year to SPYM Juvenile and Drug Deaddiction centre in GTB Nagar, Delhi . to facilitate learning concepts of Applied Social Psychology. Students got the opportunity to interact with various stakeholders including juvenile delinquents, administrative Head of the centre, counsellors among others and get first hand information and opportunity to learn experientially in an applied setting. Similar exercise was also taken up for BA (Hons) III Yr. students' to Surajkund Crafts mela to hone up their skills, practical understanding of the concepts of Counselling Psychology.



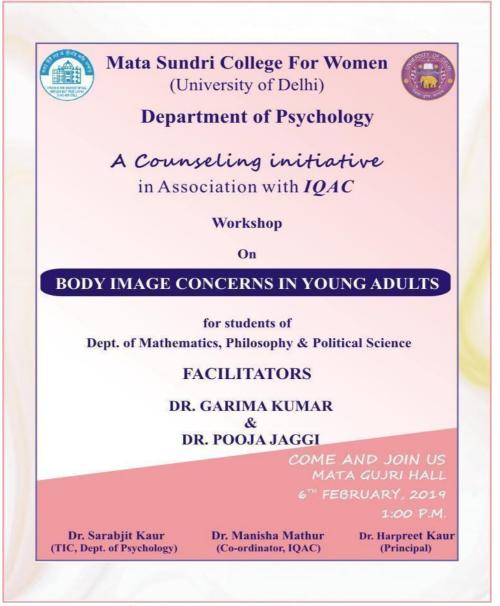


Figure 22 Poster of the counselling Initiative on Body Image Concerns in Young Adults



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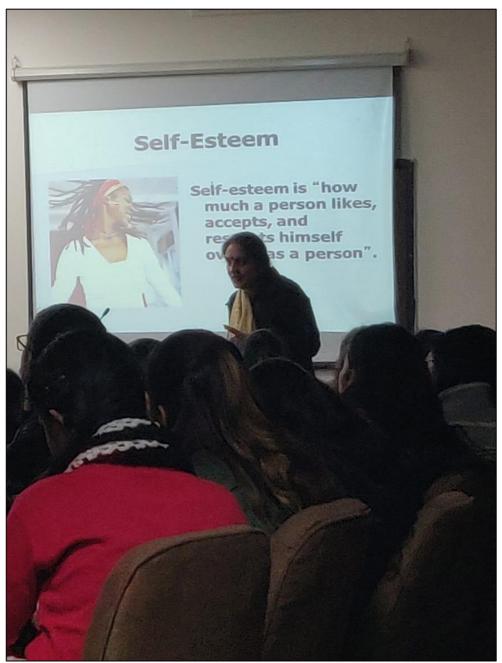


Figure 23 Counselling Session in Progress with Dr. Pooja Jaggi addressing the audience

7. The college believes in promoting linguistic integration and offers courses on English, Hindi, Sanskrit, Urdu and Punjabi. The details of the same can be found in the college prospectus (Pg. 14-21.). The link for the same is -

https://mscw.ac.in/Admission21/prospectus2021-22_22Aug.pdf



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To further this vision, The College Magazine "Bani" has been made multi-lingual. Issues of College Magazine can be read on the link - https://mscw.ac.in/College_Magazines.aspx

8. Courses are also offered in internationally popular languages like German, Spanish and French, which also connect to our ancient heritage. The details of the same can be found in the college prospectus (Pg. 58). The link for the same is -

https://mscw.ac.in/Admission21/prospectus2021-22_22Aug.pdf and https://vocational.mscw.ac.in/about-2/



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9. We organize national level seminars viz: Literature and Discourse and Experiences of Engaging with Diverse Communities: Challenges and Key Learnings in order to promote inclusivity and sensitization towards diversity.

National Seminar on "Literature and Discourse" was organized by BA Program Society Kasak on January 12, 2019.



Mata Sundri College for Women (University of Delhi)



BA Program Society Kasak Invites you to a

National Seminar

On

Literature and Discourse

Date: 12.01.2019 , Time: 11.00 AM Venue: Mata Gujri Hall

(Registration Fees: 300/- Bank Details for NEFT and RTGS, Punjab and Sind Bank, Account No.: 07841000001078, IFSC Code: PSIB0000784

MICR Code: 10023053. Demand Draft in favor of Principal, Mata Sundri College For Women. On the Spot Registration Available. Last Date of Submission of your Research Paper 10 January, 2019)

Dr. Lokesh Kr. Gupta

Dr. Harpreet Kaur Principal

Ms. Praveshika Mishra Co-Convener

Advisors

Dr. Kiranjeet Sethi, Member, Academic Committee

Dr. Manisha Mathur, Coordinator, IQAC

Dr. Laxmi, TIC, Hindi

शोधलेख हेत् विषय : (शब्द सीमा 1000-1500

- साहित्य में नारी विमर्श और चिंतन
- कविता में नारी विमर्श और चिंतन
- कथा साहित्य में नारी विमर्श और चिंतन
- आलोचना में नारी विमर्श और चिंतन
- लोकसाहित्य में नारी विमर्श और चिंतन
- नाटक में नारी विमर्श और चिंतन
- साहित्य में दलित विमर्श और चिंतन
- कविता में दलित विमर्श और चिंतन
- कथा साहित्य में दलित विमर्श और चिंतन
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- लोकसाहित्य में दलित विमर्श और चिंतन
- नाटक में दिलत विमर्श और चिंतन

सहयोग : श्री साहित्य प्रकाशन, दिल्ली

अधिक जानकारी के लिए सपर्क करें : 9968480834

माता सुन्दरी महिला महाविद्यालय, माता सुन्दरी लेन, नई दिल्ली–02

Figure 24 Poster of the Seminar Literature and Discourse





Figure 25 Dr. Lokesh Gupta addressing the audience in the National Seminar on Literature and Discourse



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International Webinar "Experiences of 'Engaging with Diverse Communities and Key Leanings" was organized by IQAC on June 8th, 2020.

Report on International Webinar "Experiences of Engaging with Diverse Communities and Key Leanings"

Convener & Moderator: Dr. Garima Kumar (Dept. of Psychology)

The IQAC, MSC organized an International Webinar on Experiences of 'Engaging with Diverse Communities and Key Leanings'. The Principal Prof.(Dr.) Harpreet Kaur welcomed the panellists and shared her observations on the topic after introductory remarks by Co-ordinator IQAC Dr. Manisha Mathur. The panellists, Ms Surpreet Cheema (Registered Psychologist with Australian & New Zealand Board) and Ms. Vinita Satija (Mental and Public Health Professional, India), two professional with first hand experience of working with diverse communities at the grass root level, responded to a number of questions and concerns raised by Moderator and Convener, Dr. Garima Kumar, who highlighted the need for engaging with communities as a third important pillar of higher education in the new curriculum framework, apart from teaching and research. Pertinent issues discussed were; how to develop an effective approach to engaging with communities?; what strategies are needed to enhance participation?, how can evaluation mechanisms be made robust? How can community engagement be a mutually beneficial process for all, by collectively incorporating diverse perspectives and stories?, how can we remain sensitive to the needs of diverse stakeholders by not just incorporating privileged positions of a dominant few researchers/ practitioners? how can we infuse the spirit of learning and serving in higher education institutions? and more. Sharing real life examples, their challenges and dilemmas from the field, the panellists enriched over 170 participants across different universities of the country with their insightful observations. Some practical steps that emerged from the interaction include:

- Challenging ones assumptions of understanding of what the "other" party looks like or needs. Accepting that there is much we do not know or understand.
- Institutions of higher education, -students, academia, administrators and civil society may begin by simply asking community members about their desires or objectives for a partnership and programme, to make all conversations and programme partnerships mutually meaningful.



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• Significance of evaluating community perspectives, putting their voices at the centre of conversations on partnerships and incorporate the findings into the program design and development. Maintaining a posture of humility in all we do.

The session ended with a vote of thanks by Dr. Harinder M. Sandhu.



Figure 26 Poster of the International Webinar on Experiences of Engaging with Diverse Communities Challenges and Key Learnings



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11. In addition, the North East Cell ensures regular interaction with the students from the North East. The SC/ST Cell and Minority Cell ensures a discrimination free environment.



Figure 20. A Programme organized by the North East Welfare Cell



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For more details, refer to the link - https://mscw.ac.in/North_East_Welfare_Cell.aspx and https://mscw.ac.in/SCST_members.aspx

12. We organized a literacy workshop for our Safai Karamcharis and others to integrate them into the society in December 2018.



Figure 27 Collage of Images of the Literacy workshop for Safai Karamcharis



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13. We regularly organize the *Bani Kirtan* competition to propagate an understanding of the universalistic humanitarian principle and uphold the spirit of tolerance and harmony. It brings together students from diverse backgrounds for an understanding those principles, and also rewards the non-Punjabi speaking students for their performance at various events.



Figure 28 Students Participating in Bani Kirtan 2017





Figure 29 Winners of Bani Kirtan being Commemorated by then Principal Dr. Kawarjit Kaur along with other members





Figure 30 Students and Staff (teaching and non-teaching) coming together for Nagar Kirtan



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14. We believe that, nothing can promote more inclusivity than promoting the culture of breaking bread together. Thus we promote and follow the practice of serving a *langar* - a community meal - from a community kitchen on Founder's Day and other occasions. Promoting diversity and defying hierarchy, it encourages the values of egalitarianism and harmony.



Figure 31 Langar being served in college





Figure 32 People taking Langar in the college premises



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15. To promote the spirit of inclusivity we organize various events like the International Conference on "Guru Nanak Dev Ji View of Life: Contemporary Context" to commemorate the 550th birth anniversary of the great seer. A seminar on Kabir as a Symbol of Syncretic India and Periodic lecture series on *Purusharthas*.

Report on National Seminar on Guru Nanak Dev Ji - View of Life: Contemporary Context.

The Divinity Society organized a National Seminar on Guru Nanak Dev Ji View of Life: Contemporary Context on 27th March, 2018 in Mata Gujri Hall at 11:00 am. Inaugural Address was given by Dr. Jaspal Singh, Former Indian High Commissioner to Mozambique and Swaziland. Dr. Gurmeet Singh Sidhu, Prof. & Head. Dept of Religious Studies, Punjab University, Patiala; S. Harinder Pal Singh, Chairman Gurmat College; Dr. Harjit Kaur Bhatia, Prof. & Head, Dept of Educational Studies, Jamia Millia Islamia, New Delhi; S. N. P. Singh, Former Principal, Super Ability School; Dr. Mohd. Habib, Prof., Dept of Religious Studies, Punjabi University, Patiala; Dr. Pankaj Arora, Associate Professor, Central Institute of Education, University of Delhi, New Delhi and Ms. Bhawna Malik, Counselor, Mata Sundri College for Women were the renowned speakers for the day, who shared their valuable views for the same.



Figure 33 Brochure of National Seminar on Guru Nanak Dev Ji View of Life: Contemporary Context.





Figure 34 On-going session in National Seminar on Guru Nanak Dev Ji - View of Life: Contemporary Context.



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Department of History Organized a Conference on "Kabir: The Symbol of Syncretic India." Following are the images of the report published in the Department of History newsletter "Chronicle."



Figure 35 Images of the event as published in Department of History Newsletter "Chronicle"



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कबीर: "समन्वित भारत का प्रतीक"



B A History Honoure Samester VI

जैसा की हम सभी जानते हैं,कबीर जी की कोई जाति या धर्म नहीं थी,वे एक ऐसे समाज का हिस्सा थे जहाँ उन्होंने समानता , न्याय आदि शब्दों का उपयोग किया।जहाँ समाज कई धर्मों के जटिल जालों में जकड़ा हुआ था।उन जालों से बाहर निकलने व मनुष्य को मानवता के पथ पर लाने के लिए कबीर जी की वाणियों ने पत्थर का कार्य किया।

कबीर की इसी सोच ने हमें आज फिर से इस बात के लिए जागरूक कर दिया है की हम साम्प्रदायिकता के बन्धनों को तोड़ कर कबीर की वाणियों के माध्यम से मानवता का प्रसार करे।

इसी उद्धेश्य के पूर्ति हेतु १६ मार्च २०१८ को माता सुन्दरी कॉलेज के हमारे इतिहास विभाग में मिलकर एक ऐसे सेमीनार का आयोजन किया जिसका लक्ष्य हमारे आज को बेहतर बनाना था। इसी उद्धेश्य को लेकर माननीय वक्ताओं ने अपने अनुभवों को हमारे साथ साँझा किया व भिन्न-भिन्न उदाहरणों के माध्यम से कबीर जी की सोच की आवश्यकताओं व भिन्न-भिन्न धर्मी द्वारा उनकी अहमियत को आज के सन्दर्भ में रखते हुए एक नई सोच का विकास किया।

सेमीनार के उद्धेश्य की पूर्ति उस दौरान हुई जब भिन्न-भिन्न कार्यक्रमाँ जैसे- नाटक, डॉक्यूमॅट्री, प्रश्नोतरी(Quiz) तथा दोहाँ के प्रकटीकरण ने इस बात की पृष्टि कर दी की विद्यार्थियों ने भी इसकी अहमियत को समझा।

माननीय वक्ताओं ने भी गुरु बन्थ साहेब व बीजक के उदाहरणों द्वारा कबीर जी के दोहों को साँझा किया।साथ-ही-साथ उन्होंने ये भी बताया की किस प्रकार भिन्न-भिन्न धर्मों ने कबीर जी की मान्यताओं को अपनाया व अपने अनुरूप या अपने अनुसार उन्हें श्रद्धांजली



Figure 36 Images of the event report as published in the Department of History Newsletter "Chronicle"

For detailed report refer to Department of History newsletter "Chronicle." Link - https://mscw.ac.in/Documents/pub/chronicle_03.pdf



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Department of Philosophy Organized Periodic Lecture Series on *Purushastras*: An Ordinary Man's Guide To Extraordinary Happiness.

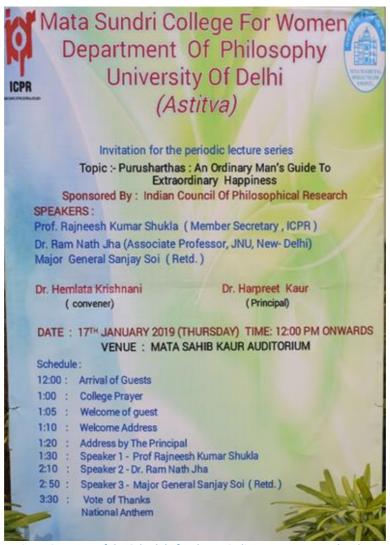


Figure 37 Image of the Schedule for the Periodic Lecture on Purusharthas





Figure 38 Image of the Periodic Lecture in Progress with faculty members, guests and principal Prof. Harpreet Kaur



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Any Other Relevant Information

Our annual college fest *Saarang* organizes folk dance competitions every year to celebrate India's multilingual and multicultural identity. Teams from different colleges actively participate in this event and bring different traditions and customs alive on stage.



Figure 39 Bhangra being performed in college during Saarang 2018





Figure 40 Rajasthani folks dance being performed during Saarang 2018





Figure 41 Bihu being performed during Saarang 2018





Figure 42 Gujarati folk being performed during Saarang 2018.



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Figure 43 Folk dance being performed during Saarang 2018

Section Officer (Accounts)
Mata Sundri College for Women
Mata Sundri Lane,
New Delhi-110002

Internal Quality Assurance Cell
Mata Sundri Collage for Women
(University of Delhi)
New Delhi-110002

Principal
Mata Sundri College For Women
University of Delhi