

Report on "Training Workshop and Job Fair"

An Initiative of Mata Sundri College for Women in Collaboration with **Elios Healthcare** held across as a three day event in Mata Gujri Hall.

Diverse. Innovative. Inspired.

Driven towards making an impact and at the same time upholding core social values for 'collective good', Elios envisions writing stories for the most complex problems in the most simple manner. In accordance to their vision of wholesome skill development with focus on producing practical and long-term results, as well as empowering their clients to grow and lead, no matter what the issues, **Elios Healthcare** conducted a **Training Workshop** hosted by PRAYAS, The Placement and Internship Cell of Mata Sundri College for Women, on the **29th August 2022**, followed by a **Job fair** on the 30th and 31st August 2022 for the final year students and Alumni of Mata Sundri College for Women, held at the **Mata Gujri Hall** of the College.

ELIOS is a consultancy, management, and health service firm founded in 2021 to give long-term solutions to organisations working in the social, digital, and financial sectors.

With a mix of ambitious ideas and transformational technology, they help organisations innovate more sustainably, generate long-term performance gains, and build workforces that will thrive for today & tomorrow. NGOs, governments, donors, private sector businesses, and local business units are among their clientele.

They work with clients at all levels of their businesses, whether as a trusted advisor to higher management or a hands-on coach for front-line staff. They collaborate with customers to implement recommendations and work closely with them over time to increase competences, drive operational efficiency, and implement new working practises.

Receiving an immensely interactive participation from the students, the session aimed at providing a counseling and training session on Building **Soft Skills** with respect to the corporate world along with **Live CV screening** and a thorough **Mock Interview** session which was lead by Ms. Vidhi Vats (speaker at the workshop), Ms. Aishwarya Singh (business development manager, also spoke at the workshop), Mr. Mehtab (administrator), Mr. Davindar Sharma (project manager IAHV) and Ms. Shruti Srivastava (project coordinator IAHV). Our Placement Committee faculty members Mrs Kalpana Devi Ma'am, Mrs Ashema Hasti Ma'am, Mrs Harshmeeta Kaur Ma'am and Mrs Ishleen Kaur Ma'am graced the event with their active support, guidance and presence, all through the 3 day long affair. The opening speech was given by Srishti Sachdeva and the vote of thanks was delivered by Anoushka Kalawatia.

Ms Vidhi Vats, with an experience of 8 years and an MBA in HR, is an eloquent and innovative counsellor with expertise in encouraging clients to talk about complex, significant problems and aid them with best suited, new age solutions. Vidhi ma'am holds 5 years of experience working as a counsellor and a Soft skill Trainer. Currently, she has been associated with The British Council for 3 years working as a soft skills trainer.

With the physical presence of over **170 students** on the first day itself in **Mata Gujri Hall**, about 155 students registered, with the event starting at **2pm** in the afternoon till **5pm** in the evening on **Day 1**.

Day-1

Right from the very beginning of the workshop day, Ms. Vidhi Vats ensured, while addressing the students, her session to be a thoroughly interactive one, with participation from students seated at every corner, literally. She repeatedly ensured the visibility of her screen to each and every student present, to guarantee that maximum use is made of this seminar for the benefit of the students.

She began with a small exercise of taking the initial of one's name and finding an adjective that best describes them starting from this letter. The Exercise was to emphasise on the importance of knowing yourself well for a good interview.

In continuation, she asked the students to perform a SWOT analysis of their own self, and very diligently helped students recognize their strengths and weaknesses one by one. She discussed the Johari Window with the attendees and encouraged them to develop this window and conduct a personality test for themselves.

Later she discussed with the students how everything, from what you wear, how you enter the room, to your body language, matters when one appears for an interview.

She taught the students to have a firm body language, Usage of audible yet polite pitch, Voice modulation and how a subtle attire will go a long way.

Ms Aishwarya addressed the queries that the attendees had regarding the workshop and about the following days Job Fair and overall, brought this informative session to an end.




PRAYAS


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PLACEMENT
&
INTERNSHIP CELL
 ORGANISES
TRAINING WORKSHOP
&
JOB FAIR
 IN COLLABORATION WITH
ELIOS HEALTHCARE


 GPS Map Camera



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Day-2

On Day-2, Mr Davindar Sir, via a hilarious story about job search, discussed about the job opportunities available for the students and highlighted the fact that these opportunities are dependent on one's growth and their trust in themselves. He told the attendees that their skillset decides where they stand and what opportunities come their way, along with a brief description of The International Association of Women, established in 2000.

He emphasised on recognizing one's needs of all sorts- Ambitious, Materialistic, Power, Affection, Information and various other forms of needs and how it isn't about the job, but, about your own needs first.

He referred to a person's first job as their "Real School".

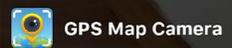
He further went on to provide much more practical information like the differences between a CV, a RESUME and a PORTFOLIO and explained in detail, the essentials of the job hunting process, like Job description and which Platforms might aid the students in this entire process.



Day-3

Jasmine gave the opening speech. Speakers were welcomed and felicitated by teachers. One of the speakers (Ms Vidhi Vats) addressed the students and guided them about some important points to keep in mind while giving a job interview. The session was very interactive and students were actively participating in it.

This short session was followed by the mock job interviews that took place first for the graduates and then for the final year students.



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