



DEPARTMENT OF MUSIC
MATA SUNDRI COLLEGE FOR WOMEN
(University of Delhi)



Organizes
Two days workshop
On

**Yoga & Music as Medium of Health, Happiness and
Independence**



Mrs. Neerja Joshi
Yoga and Music Expert
(USA)

Date: **18-19** February 2022

Time: 4-5 pm IST, 5:30-6:30am EST



Prof. Gursharan Kaur
(Convener & Moderator)



Prof. Harpreet Kaur
(Principal)

Dr. Sunil Kumar
(Co- Convener)

Link for registration:- <https://forms.gle/9VAfczKYxNTjnXE7>