

# REPORT-The Status of Women in India and Russian Society

The department of Sanskrit organized an International workshop on 2nd March 2020 .The topic was 'The Status of Women in India and Russian Society'. Professor Eugenia Vanina, faculty of "Institute of Oriental studies, Moscow" and Dr Iffat Zarrin Assistant professor Department of Urdu, Mata Sundri College for women, delivered the speech .



Dr Harsha Kumari, faculty of Sanskrit Department introduced the speakers of the workshop. Program began with invocation presented by Dr Kuldeep Sehgal faculty of Sanskrit Department. Dr Asha Rani faculty of Sanskrit Department welcomed the guest and principal ma'am by presenting a bouquet. At the outset, Principal ma'am

delivered a motivational speech on women empowerment. Dr Iffat Zarrin enlightened us that Women Empowerment means power in the hands of women. Further she added that women should be given equal opportunity in every field, irrespective of any discrimination. Prof Eugenia conveyed that Women Empowerment is the most crucial point to be noted for the overall development of a country.

Further she defined the meaning of empowerment:-

Empowerment is the process that creates power in individuals over their own lives, society, and in their communities. People are empowered if they have access to opportunities without any limitations or restrictions such as in education, profession and in their way of life. Feeling entitled to make your own decisions creates a sense of empowerment. Some students of the Sanskrit Department and Urdu Department also presented their papers and touched the different aspects of women empowerment. At the end of the session, Dr Kuldeep Sehgal, faculty of Sanskrit department gave a vote of thanks.