

REPORT- WEBINAR

The Department of Sanskrit had organized a webinar on the topic of **Balance in Indian Philosophical Tradition: The Art of Living**. The speaker of this webinar was honourable Prof. Shashi Tiwari, Retd. Professor, Maitreyi College. The webinar was coordinated by Dr. Asha Rani, Head of the Department. The webinar was concluded under the efficient management of Dr. Monika Mishra, faculty of the department. The program was started by Manglacharan by Dr. Kalpana Sharma.

The head of the department, Dr. Asha Rani invoked the topic in simple and effective words. With inspiring statements, the Principal congratulated the department and the students for the efficient organization and also threw light on the usefulness of the subject. Brief description of keynote speaker Dr. Shashi Tiwari was Presented by the faculty of the department, Dr. Kalpana Sharma.



Starting his speech wisely, Dr. Shashi Tiwari explained the importance of balance in life and Propounded utility from a philosophical basis.

How should a human being try to maintain a balance in the personality, in the family, in the society, in the community and in the country. Define balance in simple words.

Dr. Kuldeep Kumar Sehgal thanked Dr. Shashi Tiwari for his inspirational statement. The webinar was completed after the students' doubts discussion.

