## FAMEX (Familiarization Exercise)

Date : 19 January 2023 Time : 11:30 am Venue : Mata Sahib Kaur Auditorium Coordinator : Prof. Pooja Jaggi Convener : Dr. Kavita Singh Co-Conveners : Dr. Uzma Nadeem & Dr. Prabhat Kashyap

FAMEX (Familiarization Exercise) was organized by the Department of Environmental Studies in by District Disaster Management Authority, Central Delhi in collaboration with 8th Battalion, National Disaster Response Force (NDRF), Ghaziabad, central Delhi on 19 January 2023 for the students, teaching and non-teaching staff members.

FAMEX is essentially a community awareness programme that instructs individuals in emergency response techniques like search and rescue, first aid, and fire safety. This programme is intended to aid community members in serving as first responders when emergency services like the NDRF, SDRF, and fire service are not readily accessible.

The NDRF team commander, along with his team gave demonstrations about different response skills to the participants.

During the programme, awareness and different activities of MFR(Medical First Aid Responder) like methods of control bleeding, CPR (Cardiopulmonary Resuscitation), improvised Splinting etc imparted and displayed to students and staff followed by an exhibition of the CSSR equipment.

Total number of participants: 263



Time:- 11:00 AM onwards Venue :- Auditorium

https://forms.gle/iTTeg4wtarK2dxRT6

Dr. Kavita Singh (Convenor) Prof. Pooja jaggi (EVS Coordinator) Prof. Harpreet Kaur (Principal)

Dr. Prabhat Kashyap (Co- convenor) Dr. Uzma Nadeem ( Co-convenor)

Student coordinator:-

Sakshi Singh , Rhythm Divyanshi , Muskan















Kotla Narg

