

REPORT OF WORKSHOP ON HANDLING EMERGENCY AT WORKPLACE

Mata Sundri College For Women
(University Of Delhi)

Date- 6th February 2024

Time- 1:00pm

Venue-Conference Room, MSCW

On 6th Feb, 2024, the Department of B.EL.ED & ITEP, Mata Sundri College for Women, organised a workshop in collaboration with the Medical Emergency Team, India on medical mitigation. The primary focus of the event was to delve into the major aspects of saving the needy's life. We later explore many other context of the same.

The workshop opened with welcome by our respected teacher Dr. Jasmeet Kaur, emphasising the importance of the event on community level to terminate the death rate of India with the immediate precaution we can take on individual level. However, we lack on this basis because of our lack of knowledge in this particular field. The event was created by the respective C.R. Riya of ITEP Department. The volunteer of B.EL.ED was describing achievements gained by our volunteer guest. This is how we further moved to know more about the aided cautions. Following the inaugural session, the event engaged us by introducing the first aid system (preliminary assistance). We were made familiar with the meaning, uses, and need of initial treatment. During the session, we were introduced to important helpline numbers.....(102 – Ambulance, 112 – Police). We were introduced to DTD essential to first aid ; D- Diagnosis, T – Treatment, D -Disposal)

We were then made known to DOTS or treating someone; (D – Deformity, O – Open wounds, T- Tenderness, S – Swelling). Then, we further began with treatments on practical level. Ojas Singh Walia, then introduced us to treatment of cardiac or breathing problems; (Follow – DRSABCD), were made to give CPR to silicon dummy, performed with subtitles. We were familiarised with different kinds of treatments for different types of blood injuries. We later learnt about choking falter treatment via pump. We were made to make essential measures quickly to save someone; making stretchers, knotting ropes, lifting heavy weights, etc. Were reminded specially of hygiene during performing above all of the measures.

The workshop provided us with the important opportunity to register for mitigation of all unfortunate events. Our guest provided us with their department emails through which we can register to learn all the ways.

Conclusion:

The Medical Emergency workshop provided us with ample information about us with the most information at times. The event not only enriched the knowledge of participants but also paved the way for future initiatives aimed at aimed at enhancing the first aid education in India.

