

## CHILDHOOD AND GROWING UP

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## Preface

This book has been neatly organised into separate chapters, it begins with an introduction to the nature and meaning of psychology and explains the related aspects of growth, development, child abuse, obesity etc. This book will help the in service and pre service teachers get familiar with techniques of teaching children with special needs. I have tried to make the psychological concepts clear on the basis of experience of the readers themselves. This text book caters to the need of the students studying at different universities and who have opted for higher education, teaching and research as a career. The language of the book is simple and will benefit even those students who have changed their medium from Hindi or any other regional language to English at B.EIEd., B.Ed. and M.Ed. level. The book also covers the syllabus of major Indian universities.

Though every effort has been made to present the subject matter in a logical sequence and to understand the difficulties of the students and to solve them then and there and that too with the help of their own experience, yet I cannot claim that the book is complete in all aspects. The suggestions of the readers would be welcome with thanks

I wish to place on record the contribution of my colleagues, Prof. Harjeet Kaur Bhatia (Head, Department of Educational Studies, Jamia Millia Islamia), Prof. Sudesh Mukhopadhayay (Chairman, Rehabilitation Council of India) and many more from different institutions who have been a real source of