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| ace | VII |
|--|---|
| Norms and Departure: Locating Women's Economic Agency within the Dharmaśāstras | 1 |
| Holy Women in Europe in the Early Middle Ages | 14 |
| Subhas Chandra Bose and the Rani of Jhansi Regiment | 26 |
| Progressive Women Members in Indian Constituent Assembly: Their Views and Ideas about Gender Equality | 35 |
| Trade, Commerce & Women in North East: A Historical Perspective | 51 |
| Constraints and Challenges towards Women's Education and Leadership in India: Historical Tradition and Contemporary Scenario | 61 |
| Aparna Sen's Sati : An Inadvertent Submission to Indigenous Conservative Discourse | 72 |
| Ema Keithel | 81 |
| Swarna Chitrakar: A Personification | 92 |
| . Women in Punjab in Precolonial Period | 107 |
| . Stūpa: A Symbol of Evolving Cultic Practice & Gender Equality in Early Buddhism | 11 |
| | Economic Agency within the Dharmasastras Holy Women in Europe in the Early Middle Ages Subhas Chandra Bose and the Rani of Jhansi Regiment Progressive Women Members in Indian Constituent Assembly: Their Views and Ideas about Gender Equality Trade, Commerce & Women in North East: A Historical Perspective Constraints and Challenges towards Women's Education and Leadership in India: Historical Tradition and Contemporary Scenario Aparna Sen's Sati: An Inadvertent Submission to Indigenous Conservative Discourse Ema Keithel Swarna Chitrakar: A Personification Women in Punjab in Precolonial Period Stūpa: A Symbol of Evolving Cultic Practice |

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Women in Punjab in Precolonial Period

CHAPTER

Rupali Bhalla Mathur, Mata Sundari College for Women, University of Delhi

With all its colourful variations, strong and rigid hierarchical structure has been the common constant of the society of Punjab. Home to a number of races and religions, Punjab followed mainly three religions: Sikhism, Hinduism and Islam. Ibbetson in his compilation *Punjab Castes* gives 185 castes in the area of Punjab and many more minor ones. Each caste had its own rules and regulations. However one dark commonality was present in all castes and religions that they treated their women as subordinates and inferiors and the existence of patriarchal system was loud and profound.

Infested with many ills like the whole of India, Punjab society was plagued with many ills. There was existence of child infanticide, child marriage, no education for girls, dowry, Sati, no property rights for women and many more.

Iron Hold of Customs

Held in the vice like grip of customs which pervaded through the very fabric of the soul of Punjab its society was controlled in not only its special occasions like birth, betrothal, marriage etc. but day to day life also. "Custom is thus defined as a rule of conduct which the governed observe spontaneously and not in pursuance of a law set by a political superior. It is a rule of positive morality before it is adopted by the courts and clothed with legal sanctions."