

NSS Unit "Parivartan" Organises Road Safety Awareness Session at Mata Sundri College for Women

New Delhi, 5 August 2026:

Reinforcing its commitment to community service, civic responsibility, and youth empowerment, the NSS Unit "**Parivartan**" of **Mata Sundri College for Women, University of Delhi**, successfully organised a **Road Safety Awareness Session** on **5 August 2026** at the college campus. The programme was conducted under the guidance of **Dr. Avneet Kaur, NSS Programme Officer**, along with **Dr. Harvinder Kaur, NSS Member**, who played an active role in planning and coordinating the event. The initiative was organised with the objective of creating awareness among students regarding road safety, responsible citizenship, and adherence to traffic regulations.

Road safety has emerged as one of the most pressing public concerns in contemporary society. Every year, thousands of road accidents result in injuries and loss of life, many of which can be prevented through greater awareness, responsible behaviour, and strict adherence to traffic rules. Recognising the importance of educating young citizens on this critical issue, the NSS Unit "Parivartan" organised this awareness programme to encourage students to become informed, responsible, and safety-conscious road users. The session also aligned with the core objectives of the National Service Scheme, which seeks to develop socially responsible individuals through community-oriented activities and awareness campaigns.

The programme witnessed enthusiastic participation from NSS volunteers, students, faculty members, and non-teaching staff. The active involvement of students reflected their keen interest in understanding the importance of road safety and their willingness to contribute towards building a safer society. The event also served as an excellent platform for interaction between students and traffic police officials, enabling participants to gain practical knowledge about traffic management and road discipline.

The session featured distinguished resource persons from the **Delhi Traffic Police**, namely **Sub-Inspector Kulbhushan, In-Charge (Traffic)**, **ASI Rajni Sharma**, and **Constable Manvika**, who shared their professional expertise and practical experiences with the participants. The officers delivered comprehensive and interactive presentations covering various aspects of road safety and traffic management. Their informative lectures focused on traffic rules and regulations, the significance of road signs and traffic signals, pedestrian safety, defensive driving practices, and the importance of responsible behaviour by all road users.

The resource persons highlighted the necessity of wearing helmets while riding two-wheelers and fastening seat belts while travelling in four-wheelers, explaining how these simple precautions significantly reduce the risk of severe injuries during accidents. They also emphasised the dangers of overspeeding, rash driving, distracted driving caused by the use of mobile phones, driving under the influence of alcohol or drugs, and ignoring traffic signals. The officers explained the legal consequences associated with traffic violations and encouraged students to comply with the Motor Vehicles Act and other road safety regulations.

One of the most engaging aspects of the programme was the use of real-life case studies, practical demonstrations, and interactive discussions. Drawing upon their field experiences, the officers shared examples of road accidents caused by negligence and carelessness, helping students understand the serious consequences of irresponsible road behaviour. Participants were encouraged to ask questions and discuss common traffic-related issues, making the session informative, engaging, and highly interactive. The practical examples enabled students to appreciate that road safety is not merely about following rules but about protecting lives and fostering mutual respect among all road users.

The resource persons also stressed the importance of pedestrian safety, urging students to use designated zebra crossings, footpaths, and pedestrian signals while crossing roads. They discussed the need for greater awareness among cyclists and users of electric vehicles regarding road etiquette and emphasised that every road user, irrespective of the mode of transport, has an equal responsibility to ensure public safety. The officers further encouraged participants to remain vigilant while travelling and to report unsafe driving practices whenever necessary.

The programme was efficiently coordinated by the dedicated student leadership of the NSS Unit "Parivartan." Ms. Palak Gangwar, NSS President, and Ms. Vidita, NSS Vice-President, along with the committed team of NSS volunteers, played an instrumental role in organising the event. From welcoming the distinguished guests and managing participant registration to coordinating logistics and ensuring the smooth execution of the programme, the student volunteers demonstrated exceptional organisational skills, teamwork, and leadership qualities. Their sincere efforts contributed significantly to the overall success of the event.

Addressing the gathering, **Dr. Avneet Kaur**, NSS Programme Officer, emphasised that road safety is not solely the responsibility of law enforcement agencies but a collective responsibility shared by every citizen. She highlighted the vital role of young people in promoting road safety awareness and fostering a culture of discipline, responsibility, and respect for traffic regulations. She encouraged students to become ambassadors of road safety by adopting safe

practices themselves and motivating their peers, families, and communities to do the same. She also noted that awareness campaigns such as these strengthen the values of social responsibility, volunteerism, and community service, which lie at the heart of the National Service Scheme.

Dr. Harvinder Kaur, NSS Member, appreciated the enthusiastic participation and active engagement of the students throughout the session. She encouraged the participants to translate the knowledge gained into everyday practice by strictly following traffic rules, promoting responsible road behaviour, and educating others about the importance of road safety. She emphasised that informed and responsible citizens play a crucial role in reducing road accidents and creating safer public spaces.

The programme also highlighted the importance of collaboration between educational institutions and public authorities in promoting awareness on issues of national importance. By partnering with the Delhi Traffic Police, the NSS Unit provided students with direct access to experienced professionals who offered practical guidance based on their extensive field experience. Such collaborations enhance students' understanding of civic responsibilities while strengthening the relationship between educational institutions and community organisations working towards public welfare.

The event concluded with a formal vote of thanks expressing sincere gratitude to **Sub-Inspector Kulbhushan, ASI Rajni Sharma, and Constable Manvika** for sparing their valuable time and sharing their expertise with the students. Their informative presentations and practical insights were highly appreciated by all present. Appreciation was also extended to the college administration, faculty members, NSS volunteers, and student coordinators whose collective efforts ensured the successful organisation of the programme.

The Road Safety Awareness Session proved to be a meaningful and impactful initiative that successfully educated participants about the importance of responsible road behaviour, traffic discipline, and civic responsibility. The programme not only enhanced awareness among students but also inspired them to become proactive advocates for road safety within their communities. Through such initiatives, the NSS Unit "**Parivartan**" continues to uphold its commitment to nurturing socially responsible citizens and promoting values of service, leadership, and community engagement.

The event stands as another significant milestone in the ongoing efforts of Mata Sundri College for Women to provide holistic education that extends beyond the classroom by encouraging students to actively participate in initiatives that contribute to the well-being and development of society. The NSS Unit remains committed to organising similar awareness programmes in the future,

empowering students to become responsible citizens dedicated to building a safer, more informed, and socially conscious nation.

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