

Report on the 30-Hour Nail Extension and Nail Art Course

Organised by: Career Development Cell, Mata Sundari College for Women, University of Delhi **In association with:** Udmodya Foundation and Samarth Bharat

Resource Persons: RN Glitz ,Ms Ratleen Kaur

Duration –

28 September 2026 to 14 October 2026 (30 hours)

Participants: 36 students

The Career Development Cell of Mata Sundari College for Women, University of Delhi, in association with Udmodya Foundation and Samarth Bharat, organised a 30-hour certificate-style skill development course in Nail Extension and Nail Art. The course was designed to equip students with practical, job-ready skills in the beauty and personal grooming industry, and to encourage entrepreneurship and self-employment among young women.

2. Objectives

- To provide hands-on training in professional nail extension and nail art techniques.
- To build employable skills that open pathways to jobs, freelancing and self-owned ventures.
- To promote financial independence and entrepreneurship among students.
- To familiarise students with industry-standard tools, products and hygiene practices.
- To strengthen the college's skill-based and career-oriented learning initiatives.

The training was conducted by **RN Glitz . Ms Ratleen Kaur**, who guided students through both the theoretical and practical components of the course, offering individual attention and demonstrations throughout the sessions.

4. Course Details

The course ran from 29 September 2026 to 14 October 2026, with a total of 30 hours of instruction. A total of 36 students enrolled and took part in the programme.

The curriculum covered the following areas:

- Introduction to nail anatomy, nail health and common nail conditions
- Tools, materials and products used in nail extension
- Hygiene, sanitation and safety practices for clients and practitioners
- Nail preparation and application techniques for extensions
- Shaping, finishing and maintenance of extended nails
- Nail art design techniques, colour combinations and creative styles
- Client handling, pricing and basics of starting a nail service business

5. Student Participation and Kits

The programme saw enthusiastic involvement from all 36 participants. In recognition of active participation and engagement, **nail extension and nail art kits were provided to students**. These kits enable the students to continue practising independently and to begin offering services professionally.

6. Outcomes

- Students gained practical competence in nail extension and nail art.
- Participants developed confidence to take up freelance work or start small ventures.
- Awareness of professional hygiene and safety standards increased.
- The provision of kits supported continued practice and early entry into the profession.
- The course reinforced the college's commitment to skill-based, career-oriented education.