

ARTFUL EXPRESSIONS

RED RIBBON CLUB

Parivartan, the NSS unit of Mata Sundri College for Women organized an event "Artful Expressions", under Red Ribbon Club. Red Ribbon Club is a voluntary on-campus organisation with the aim to generate awareness about the high-risk perception and preventing HIV as well as promoting voluntary blood donation among the students.

The event was organised on 3rd October 2021, in this event, everyone had to send in their creative entries of face painting and nail art on the theme of 'Awareness about HIV'.

HIV (human immunodeficiency virus) is a virus that attacks the body's immune system. If HIV is not treated, it can lead to AIDS (acquired immunodeficiency syndrome). There is not really any effective cure currently but with proper medical care it can be controlled. HIV came back around the late 1800s from chimpanzees to humans. It was probably passed to humans when humans hunted these chimpanzees for meat and came in contact with their infected blood. Some of the symptoms of HIV are Fever, Chills, Rash, Night sweats, Muscle aches, Sore throat, Fatigue, Swollen lymph nodes, and Mouth ulcers.

The volunteers were provided with a google drive link where they could send us their entries. This event's main purpose was to educate or aware people about HIV and also to destigmatise this topic. 24 Volunteers participated in this event and made it a successful one.