

COUNSELING SESSION

"Road safety is a state of mind. Accident is absence of mind." Parivartan, the NSS unit of Mata Sundri College for Women organized a counselling session on road safety on 3rd December, 2021 at 4 PM. Around 41 volunteers attended the event and learnt many measures needed to prevent accidents and be safe on roads. Our speakers for the event were SI Lokesh, SI Ramveer Sharma and SI Ajay Tomar. They imparted immense knowledge to the volunteers about various traffic signals, rules and the most common mistakes people make due to which accidents occur.

Some of their teachings included walking on the extreme right facing the oncoming traffic on roads without a footpath; using zebra crossing, foot over bridges and subways for crossing the road; not crossing the road from blind spots, turning, etc.

The volunteers also learnt about various road signs: Mandatory - informs about the laws and regulations in force, which the road users are bound to obey; warning- warns about the conditions of the road ahead; Informative - informs regarding location of different public utility services. They also informed the attendees about the alarming increase in the number of accidents. Every year, 12 lakh people are killed and crores injured all over the world. It means two lives lost every minute and one injury every second.

In India, around 1,50,000 people are killed due to road accidents. In Delhi itself, around 1200 lives are lost every year. Road safety is of prime importance as road accidents are among the biggest causes of deaths in the country. With the number of vehicles on our roads increasing with every passing hour, it's of vital importance for everyone to have traffic awareness and understand and respect all the road safety rules in India. The volunteers found the session really informative and were motivated to spread the knowledge further.