## DOCUMENTARY- 15th SEPTEMBER, 2021

Parivartan, the NSS unit of Mata Sundri College for Women organized a 'DOCUMENTARY' under Swachhata Pakhwada on 15th September 2021.

Volunteers were shown a video about how the municipal system is working in India and how is it suffering with example of Delhi. "cleanliness is next to Godliness" is a wise saying that refers to the importance of cleanliness in a person's life.

The meaning of Godliness is the Quality of being Godly or Devoutly Religious. Each one of us enjoys living in a clean environment. We all have the ability to maintain cleanliness as it is not a tough task. Cleanliness is a habitual process that we must do on a daily basis.

For instance, personal hygiene and environmental cleanliness are equally important to lead a happy life.Comparing it to cleanliness refers to the idea that every person must keep themselves and their home clean to be spiritually pure.

When we keep ourselves and our surroundings neat and clean, we purify our body and mind from evil thoughts and negativity. Cleanliness is the mantra to succeed in life as we can only perform well when we are healthy and to stay healthy.

It is essential to remain clean and hygienic. Cleanliness is required for a healthy body and mind. So, it is the primary duty of every individual to keep himself and his surroundings neat and clean.35 Volunteers of Parivartan participated in this event.