

## **WEBINAR (INTERNATIONAL YOUTH DAY)**

**Parivartan, the NSS unit of Mata Sundri College for Women organized a WEBINAR on 'Get Educated-HIV is a silent killer on the occasion of "International Youth Day". The event was held on the 12th of August, 2021 at 4 pm on Google meet. The guest and speaker of this event were HEMA BISHT. She is the District program manager for the Delhi state AIDS control society. The main motive of this event was to make everyone aware of HIV and AIDS and how it affects the human body. 43 volunteers participated in this event.**

**This webinar touched on a number of important issues among youth living with HIV, including stigma and self-stigma, balancing concurrent health conditions, accessing mental health services, self-care, and U=U. HIV targets the immune system and weakens people's defense against many infections and some types of cancer that people with healthy immune systems can fight off. As the virus destroys and impairs the function of immune cells, infected individuals gradually become immunodeficient. The agenda was to make youth aware of the signs and symptoms, the transmission, risk factors, and diagnosis of HIV.**