

SEMINAR ON SHASTAR VIDHYA, "JAI TE GANG, RABAB TON NAGARE TAK"

Commemorating 550 anniversary of Sahib Sri Guru Nanak Dev ji, The Department Of Physical Education Of Mata Sundri College For Women organized a seminar on “**SHASTAR VIDHYA**”- "JAI TE GANG, RABAB TON NAGARE TAK" in association with **Delhi Gatka association (DGA), Delhi Sikh Gurudwara Management Committee (DSGMC)** and **Tegh Sikh Martial Arts Academy, Delhi(TSMAAD)**. The distinguished guests for the seminar included, **chief guest** - Dr. Sukhpreet Singh Udhoke , **Guest Of Honour** - Paramjeet Singh Rana (President, Delhi Gatka association), Principal ma'am and honourable GB members

The seminar commenced with kirtan, celebrating the creation of Khalsa,
ਖਾਲਸਾ ਮੇਰੇ ਰੂਪ ਹੈ ਖਾਸ ॥ ਖਾਲਸੇ ਮਹਿ ਹੈ ਕਰੇ ਨਿਵਾਸ ॥ ਖਾਲਸਾ ਮੇਰੇ ਮੁਖ ਹੈ ਅੰਗਾ ॥ ਖਾਲਸੇ ਕੇ ਹੋਂ ਸਦ
ਸਦ ਸੰਗਾ ॥

Seeking blessings of Guru Gobind Singh ji Maharaj, the seminar started off with the first performance by JAI TE GANG KAVISHARI JATHA.

Furthermore audience savoured the falavours of bravery stirred by the ballads recited by the jatha.

After that the Principal ma'am spoke to the audience a word of kindness and welcomed everyone.

Next in line was the **NAGARA** performance staged by the students of Tegh Sikh Martial arts Academy, Delhi showcasing how the needful message was conveyed when there were fewer sources of communication

followed the lecture of our distinguished and renowned scholar of Sikh artefacts and history, **Dr. Sukhpreet Singh Udhoke** whose influential presence the audience were privileged to enjoy.

. Audience were much delighted to have an insight into his knowledge. In a very short span of time, Dr. Sukhpreet Singh ji managed to pack the audience with priceless facts and stories about Sikh Gurus and shastar vidhya.

Following the lecture **the students of Mata Sundri College** displayed a wonderful **shastar act**, spinning weapons, kirpans, jamdarh, gurj and bhala. It was a treat for the eyes and the ears to watch the girls smartly dressed in gurumukhi bana deliver

such a daring act alongside the recitation of Chandi di vaar by shaheed Akaali baba Foola Singh ji.

with a vote of thanks by **Ms. Charanjeet Kaur (Convenor)**, the seminar reached to a close.