

REPORT ON “PHIR CHALEIN BHARAT – FEEL THE STEP”

Organised by: NSS Unit “Parivartan”, Mata Sundri College for Women, University of Delhi

In Collaboration with: Kiwanis Club of New Delhi

Occasion: NSS Special/Residential Camp and Awareness Session on Disability

Venue: Mata Sundri College for Women, University of Delhi

The NSS Unit “Parivartan” of Mata Sundri College for Women, University of Delhi, in collaboration with the **Kiwanis Club of New Delhi**, organised an awareness and sensitisation programme titled “**Phir Chalein Bharat – Feel the Step**” as part of the NSS Residential Camp. The programme focused on creating awareness among students about disability, accessibility, inclusion, empathy and the dignity and rights of persons with disabilities.

The session aimed to sensitise NSS volunteers towards the challenges faced by persons with disabilities in their everyday lives. It highlighted the importance of creating an inclusive and accessible society where persons with disabilities can participate equally and independently. Through the programme, students were encouraged to understand disability not merely from the perspective of physical limitations but also in terms of social barriers, lack of accessibility, communication challenges and attitudes prevalent in society.

The “**Feel the Step**” component provided an experiential dimension to the programme, encouraging participants to understand, even briefly, the difficulties that persons with disabilities may encounter while navigating public and institutional spaces. The activity helped students develop greater empathy and sensitivity towards issues of mobility, accessibility and assistive support.

The interaction also emphasised the role of young people in promoting an inclusive society. NSS volunteers were encouraged to become responsible community leaders by supporting accessibility, using respectful and inclusive communication, assisting persons with disabilities when required, and raising awareness about their rights and dignity.

The collaboration with the **Kiwanis Club of New Delhi** strengthened the community outreach component of the NSS initiative and provided students with an opportunity to engage with issues of social responsibility and inclusion. The programme reinforced the NSS motto, “**Not Me But You,**” by encouraging volunteers to look beyond themselves and contribute towards building a compassionate, inclusive and barrier-free society.

The programme concluded with an interactive discussion and a commitment by the NSS volunteers to promote sensitivity, accessibility and equal participation for persons with disabilities in their college and wider community. The initiative was a meaningful component of the Residential Camp and contributed towards developing socially responsible, empathetic and community-oriented youth.

Outcome:

The programme successfully created awareness among NSS volunteers about disability and inclusion and encouraged them to become advocates for accessibility, dignity, empathy and equal opportunities for persons with disabilities.

