

Report on “Beyond the Invisible: An Awareness Session on Human Trafficking”

An awareness session titled **“Beyond the Invisible: An Awareness Session on Human Trafficking”** was organised on **21 August 2026** at **Mata Sundri College for Women, University of Delhi**, with the objective of sensitising students about the serious issue of human trafficking and creating awareness about its various forms, causes, consequences and preventive measures.

The session was conducted as an important awareness initiative to help students understand that human trafficking often remains hidden from public view and can affect individuals from vulnerable sections of society. The session highlighted the importance of awareness, vigilance, empathy and collective responsibility in identifying and preventing trafficking.

The resource person for the session was **Ms. Heenu Singh, Operations Head, Vihaan Delhi**, who delivered an informative and engaging lecture on human trafficking. She discussed the different dimensions of trafficking, including exploitation, vulnerability, coercion and the various ways in which individuals can become victims. She emphasised the need to recognise warning signs and encouraged students to remain alert and responsible members of society.

Ms. Heenu Singh also highlighted the importance of educating young people about their rights, personal safety and the mechanisms available for seeking help. Through practical examples and an interactive approach, she encouraged students to look beyond the visible aspects of the problem and understand the social and human realities associated with trafficking.

The session provided students with an opportunity to engage with the issue from a social, legal and humanitarian perspective. It reinforced the message that combating human trafficking requires not only institutional intervention but also awareness and participation from students, educators and the wider community.

The programme concluded with a note of appreciation to **Ms. Heenu Singh, Operations Head, Vihaan Delhi**, for sharing her valuable insights and for contributing to the sensitisation of students on this critical social issue. The session was a meaningful step towards creating an informed, aware and responsible student community committed to promoting human dignity, safety and social justice.

Glimpse of the event



