

Report on NSS Orientation Programme

Date: 25 August 2026

Organised by: NSS Unit “Parivartan”

Venue: Mata Sundri College for Women, University of Delhi

The NSS Unit “Parivartan” of Mata Sundri College for Women organised an **NSS Orientation Programme on 25 August 2026** to familiarise students with the objectives, functioning and activities of the National Service Scheme. The programme aimed to encourage students to actively participate in community service and develop a sense of social responsibility, leadership and commitment towards society.

The orientation programme provided students with an understanding of the **vision and objectives of NSS**, with particular emphasis on the motto “**Not Me But You.**” The volunteers were apprised of the importance of community engagement, volunteerism, discipline, teamwork and active citizenship. The session also highlighted the role of NSS volunteers in addressing social and community-related concerns through awareness campaigns, outreach programmes, cleanliness and environmental initiatives, health-related activities and other service-oriented programmes. The volunteers were briefed about the various activities planned by the NSS Unit during the academic year. They were encouraged to participate enthusiastically in upcoming programmes and to take responsibility for different organisational and logistical tasks. Emphasis was laid on punctuality, coordination, communication and maintaining proper discipline during NSS activities.

The orientation also served as an interactive platform where volunteers could understand their roles and responsibilities within the NSS Unit. Student leaders and volunteers were encouraged to work collectively and contribute their ideas for making future activities more meaningful and impactful. The programme concluded with a message encouraging all volunteers to actively engage in NSS activities and uphold the spirit of **service before self**. The orientation successfully motivated students to become responsible and socially conscious citizens while strengthening their commitment towards community service.

Outcome: The orientation successfully familiarised volunteers with the functioning of NSS, its objectives and the activities of NSS Unit “Parivartan”. It also helped establish greater coordination among volunteers and prepared them for active participation in forthcoming NSS initiatives.

