

Mata Sundri College For Women

(University of Delhi)

Mata Sundri Lane, New Delhi- 110002

MSC/NAAC/2025-26/Parivartan, The NSS Unit

Prithvi Samvad National Seminar

Parivartan, the NSS Unit of Mata Sundri College for Women, in collaboration with the eco club participated in the prithvi samvad national seminar held in our college on the occasion of Earth day.

Date: 22nd April, 2026

Time: 10:00 AM

Venue: Mata Sundri College

No. of Volunteers Participated: 50

Programme Officer: Dr. Uzma Nadeem

Parivartan, the NSS Unit of Mata Sundri College for Women, in collaboration with the eco club participated in the prithvi samvad national seminar held in our college on the occasion of Earth day. A seminar was conducted to spread awareness about the responsible use of natural resources. The main focus of the seminar was to educate students about how overconsumption of resources is affecting our planet. The speakers explained the importance of protecting the environment and encouraged everyone to adopt eco-friendly habits in daily life.

During the seminar, volunteers spoke about organizing plant drives and promoting composting at home and in schools. They explained how planting more trees helps reduce carbon dioxide levels and improve air quality. Composting was highlighted as an effective way to manage kitchen waste and reduce landfill pollution.

The session also covered different ways to prevent various types of pollution, such as air, water, and land pollution. The volunteers suggested reducing plastic use, saving electricity and water, recycling waste, and using public transport. They emphasized sustainable practices like conserving resources, reusing materials, and supporting environmentally friendly products to ensure a healthier planet for future generations. The seminar was informative and inspiring. It helped everyone understand that small individual actions can make a big difference in protecting the Earth.